The Matrix &
the Sanskrit Texts

by V. Susan Ferguson
The Matrix produces the hologram for the Oneness.

The external world of objects is ‘real’ enough to the five senses.

The five senses transmit signals/waveforms of sound, light, etc. to the brain, which acts as a receiver.

These signals carry the appearance of duality, multiplicity, differentiation.

This ‘appearance’ of multiplicity is the job, the function
of the five senses.

*The five senses are the tools of the Matrix.*

*In Sanskrit the Matrix is termed Maya, meaning the power of creative illusion, or Matrika in Kashmir Shaivism.*

*She is the feminine polarity, the Yin side, and she produces the hologram for the Oneness as the Observer that dwells in the Heart.*

*This Heart is not the physical heart that pumps blood around your body; it is the seat of consciousness in your being.*

*The Observer within you remains connected to and united with the Oneness; it remains pure – untouched by any act good or evil.*

*The Observer is the ATMA/Soul or Spirit/Purusha.*

*Identify your consciousness with that Observer within you.*

*You are That. Tat Tvam Asi.*

*You have always been that. Remember.*

*Thus non-duality, meaning the Oneness, and duality, the appearance of multiplicity in the hologram, do exist simultaneously.*
The hologram is temporal, fleeting – the Oneness is eternal.

Consciousness Congeals in the Shape of Time & Space

Shiva Sutra 3.17 - Svamatra-nirmanam apadayati

Svamatra means “the essence of consciousness that coagulates, i.e. that creates. [Jaideva Singh]” This universe, everything we experience via the five senses and the mind, is the coagulated energy of the Oneness. When you look out at the external, whatever is around you in your room, driving in a car, or walking up a mountain trail – everything you perceive, see, hear, smell, touch, and taste, are the temporal forms of God’s coagulated energy and consciousness.

“Beneath the curtain of each atom lies concealed the life increasing Beauty of the face of the Beloved.” [Mahmud Shabistari] Objects are
coagulated consciousness. “Objects are determined by Consciousness.”

The cosmic ‘stuff’ that underlies the forms that appear solid is compared to water - and all that appears solid is compared to snow as condensed and crystallized water. In Tantra it is said that for the one who “realizes what reality lies in water and its solidified formation snow, nothing remains undone in this world.”

In essence there is no difference between water and snow. Snow is coagulated frozen water. Another way of understanding this is to see the vast ocean. Waves are continually forming, cresting and subsiding on the ocean. In the same way, in the ocean of consciousness waves are forming the appearance of temporal solidity, cresting, crossing and interacting with other waves, and subsiding into stillness. The universe is eternally being created, sustained, and dissolved.

For the enlightened yogi who has become immersed in God consciousness, who has dived into that ocean of nectar, “he can create whatever he thinks, whatever he desires.” When we allow the God-within to emerge and we enter into that state of totally independent free will, then we become the ‘player’ in the material and the subtle worlds.

“When one’s own consciousness congeals in the shape of time and space, that is the measure for the creativity of consciousness.” You become one with space and time, therefore you create not from the external, objective universe, meaning the limited, the ‘thing’ side of the manifested material world. In the state of God consciousness, your “reality of being becomes this universe” and you create through subjective consciousness – the God-within.

Because the yogi experiences the objective world as the product, the creation of his subjective consciousness, he can create whatever is desired. The external world is the projection of all the desires of every being throughout the cycles of time. This world exists to fulfill our every desire. This is why the principle of desire KAMA is considered to be so powerful in the Sanskrit texts.

If we do not fulfill our desires in this life, we transmigrate to a body that will provide the abilities, talents, and circumstances to meet our requirements. The consciousness of most humans being is a veritable whirlwind of insatiable desire. Compelled by desire, we want a thing, power, money, or person - and after having achieved that, we move on to the next desire.
All desires have polarity consequences. The nature of Desire is its temporality. Our pleasure never lasts. Our victories simply do not endure. In the end, with the exception of wisdom, death robs us of everything we have gained. This is expressed in the Sanskrit words *sukha-duhkha*, meaning pleasure and pain, which are often written as one word. The ancient seers understood that one follows the other.

In the west, we have been taught to ignore this fact of reality. We have been conditioned to believe that we can ‘have it all.’ However the wise know the ultimate emptiness of being little more than a consumer. Unless we are programmed and entrained, people cannot be deluded and driven into buying the endless do-dahs, the gadgets and trinkets of conspicuous consumption. Things cannot make us happy. Perhaps this current cycle of desire is coming to its end.

The one who has understood that there is no difference between water and snow, between the appearance of the universe and the energies (shakti) of consciousness that form it, for that yogi ‘nothing remains undone in this world. This is his last birth. Liberated, while living (jivanmukta), he won’t again enter into the wheel of repeated births and deaths.’

Krishna asserts this same idea in the Bhagavad Gita VII.2: When Arjuna learns what Krishna is teaching him, when he has realized and understood the truth, then nothing remains to be known in this world. In other words, Becoming God consciousness is all there is to know!

This universe is created solely for the purpose of concealing and revealing the Oneness, the ‘play’ of Parabhairava. “This whole universe has come into existence to carry you to God consciousness.”

Abhinavagupta expresses a similar thought in his ParamarthaSara, verse 81, when he says that – ‘No other aim of life remains to be accomplished after the rise of satisfaction attained through the awareness and Realization of the Truth.’ [B.N. Pandit]

- quotes from Swami Lakshmanjoo, Kashmiri Saint
Religion does not have much to do with the timeless Primordial Metaphysical Truth that supports this vast universe. It is the 'job' of all religions and religious dogma to close all inquiry and hold us in the holographic matrix. We are the projecting source of this temporal illusory holographic universe; therefore if everyone achieved God-Realization simultaneously, the universe would collapse. So religions serve to close down the doors of perception. That is their function.

The ancient Sanskrit texts in fact told their readers that the 'gods' are there to keep them in delusion and bondage.

For those with 'the ears-to-hear':

*Brihadaranyaka Upanishad, I.iv.10

And to this day, [those] who...know the self as I am Brahman [Oneness], become all this universe.
Even the gods [any other dimensional beings] cannot prevent his becoming this, for he has become their Self.
...if a man worships another deity thinking:
He is one and I am another, he does not know.
He [who does not know] is like a sacrificial animal to the gods.
As many animals serve a man, so does each man serve the gods.
Even if one animal is taken away, it causes anguish to the owner;
how much more so when many are taken away!
Therefore it is not pleasing to the gods that men should know this [that they are Oneness].
We are Chained to the Illusion of Appearances

If you grok this quotation from the Brihadaranyaka Upanishad, you will understand that it does not benefit the ‘gods’ [or any other dimensional beings such as ET tyrant Anunnaki & Reptoids] to have us realize and Remember who we are. In fact it is said that if everyone here in third dimensional planet Earth were to simultaneously become enlightened, the entire temporal illusory universe would disappear.

The 'gods' can’t allow that. They have far too much invested and thus too much to lose in their myriad Loka worlds, where they are enjoying themselves. Thus it is in their interest, in a way their purpose and ‘job’ to keep us deluded and chained to the illusion of appearances, which are transmitted to the brain via the differentiated perceptions of Prakriti’s GUNA-MAYA [the Matrix] and the five senses.

"...it is not pleasing to the gods that men should know this [that they are Oneness]."

The most effective instrument of our bondage is religious dogma, all religious dogma. Dogma closes down inquiry and demands blind faith. ‘Knowing’ as wisdom makes faith unnecessary. Once you know something, you no longer need to believe in it – you KNOW it! You BECOME that Wisdom-Knowledge. First you know it in your head - then you Become it in the Heart.

The endless laws and rules of religious dogma cast a suffocating net of frozen rigidity over the natural inclinations of your imaginative, as Alain Danielou says, ‘transcendental intuition’.

“To the very extent that they are divinely inspired, religions must make every effort to close the gate of liberation.”
-A. Danielou

Most of the major religions in the world today all emerged within the
Kali Yuga, which began in 3606 B.C. after the catastrophic Mahabharata War. There are often reports that the extraterrestrials claim to have introduced these religions to our planet. There is no word in Sanskrit equivalent to religion. The term Dharma is the closest, but is not really similar.

How does the ONE Immeasurable Immensity bind itself in the illusion of a temporal separation? Prakriti’s GUNA-MAYA [the Matrix] must by necessity be an immensely powerful force – SHAKTI power - to veil Isness.

In Kashmir Saivism it is said that when you realize the God-within you and Remember who you are, you will be completely astonished that you could ever have been deluded into thinking you were separate.

Beneath the illusory appearance of endless multiplicity – there is only ONE.

[The Brihadaranyaka Upanishad is said to be the most important of the eleven old and main ones. There are 108 smaller later Upanishads. The word Upanishad literally means 'sitting down near or close' implying an attentive focus on the teacher who would be orally transmitting wisdom-knowledge. This was the only way because there were no books and most could not read Sanskrit.]

The Illusory Holographic Sphere

The energetic source of the illusory holographic matrix is a sphere composed of, and somewhat containing, each human consciousness. The basic ‘map’ of this sphere can be described through the astrological birth chart, by the degrees of its planetary aspects, the inter-actively connected points, which are based on the planet’s position in the various
constellations at the precise moment of each birth.

This temporal illusory spherical map is never static, but in fact is constantly shifting and changing its energetic relationships. Moving though [illusory] time from the moment of birth, this holographic sphere serves as the individual human’s data-collecting vehicle and interacts with perpetual celestial motion, the other surrounding holograms, and the discretely unique, always shifting, frequency levels of its own evolutionary consciousness.

This illusory holographic sphere can be described as a ‘data-collecting vehicle’, because through it, your SELF (ATMA) - the God-within you, who is you - has selected to currently manifest and explore ITs possibilities.

It is conditioned by three primordial qualities, which are forever seeking equilibrium and thus, in perpetuity, constantly shifting in relation to one another. These three primordial qualities are called the GUNAS in Sanskrit. The word GUNA is very interesting because it means ‘cord’ - as in what binds. These GUNAS are what ‘bind’ us all into the illusory hologram. Etymologically the term GUNA applies to the idea of the tension in a bowstring - implying the physics of tension, which produces action.

In astrology these three GUNAS are: cardinal (rajas), mutable (sattva) and fixed (tamas). Your birth chart contains varying quantities of these three, which determine your current, in this lifetime, personality and character - relative to your consciousness. Everything is Consciousness.

The three gunas are distributed throughout all the degrees of the entire range of Universal Existence. In other words, the various relationships of these qualities, the gunas, exist in all the dimensional realms from angelic to demonic. All beings in the multi-dimensional manifest universe are subject to the gunas.

Permeating the three gunas are the five elements: ether (AKASHA), air (VAYU), fire (TEJAS), water (AP), earth (PRITHIVI).

Ether as the omnipresent, highest and most subtle element dominates all the other elements, and simultaneously envelops and penetrates them.

The remaining four elements can easily be distinguished in the astrological signs, which symbolized the collective energies of the
constellations, for example: Taurus is Earth, Cancer water, etc. These four elements also correlate to the five senses: air to touch, fire to sight, water to taste, earth to smell.

The electro-magnetic emissions within this interactive spherical hologram are interpreted by the five senses as the ‘real world’, as ‘matter’. There is no word for matter in Sanskrit. Through the creative powers of MAYA (Matrix Illusion), these limited sensory interpretations of electrical signals are mistaken for ultimate reality and the Real you – when in fact they are only temporal illusions (MAYA) interacting with the small identity ego-self, which is nothing more than a projection of the God-within you, the eternal, big real SELF, the ATMA in Sanskrit.

Once you realize and accept the idea that everything you perceive through your five senses is nothing more - however wondrous and amusing - than electro-magnetic emissional pulsations (SPANDA), you lift the Veil that had deluded your consciousness and begin to liberate yourself from these very subtle and carefully constructed modes, the instruments and mechanics of Matrix consciousness, which have allowed you to play in the frequencies of this third dimensional illusory realm, a.k.a. Life in human form on planet Earth.

This of course assumes that you are weary playing here in the Twilight of the Kali Yuga and Liberation (JIVANMUKTI) is something you want.

Consciousness shines in various external and internal forms. There is no existence of objects apart from consciousness. Therefore the world is simply a form of consciousness.
- Kalikakrama, as quoted in the Shiva Sutras translated by Jaideva Singh

This whole universe has come into existence just to carry you to God consciousness.
- Swami Lakshmanjoo, Kashmir Saint, The Shiva Sutras
The man of yoga, knowing the truth, knows that while seeing, hearing, touching, smelling, eating, walking, sleeping, breathing, speaking, eliminating, grasping, opening and closing his eyes, he does in fact nothing, as he realizes that it is only the senses operating on their subjects.
- The Bhagavad Gita V.8-9

Maya is like a dream or the jugglery of a conjuror. It pulls and stretches the world …
- Brahma Purana 127.20

All things that appear as multiplicity,
Not simply on this earth,
But even those that seem to belong
To the heavenly spheres –
All are as unreal
As the objects seen by the dreamer
In a dream.
- The Uddhava Gita, Dialogue 8, Verse 31
“By preserving thoughtlessness…one enters into that transcendental consciousness where he finds that this whole universe has come out of sentences and sentences from words and words from letters and letters from the real ‘I’ which is Parama (highest) Shiva [the Oneness in Kashmir Shaivism]. …this whole universe is reflected in his own consciousness…from within rather than from without [Lakshmanjoo].”

The idea that our universe is created from within us is very old in Sanskrit metaphysics. Samkhya, perhaps the most ancient system, says that the universe is made up of consciousness and energy organizing, woven together into the solidification of matter. Each of us is generating our individual hologram moment-to-moment by our own thoughts. Everything that happens to you, you do to yourself; no one is to blame, no one but you is responsible for your life.

Yoga means ‘union’ and union with the Oneness is achieved through knowledge – by a deep love for that knowledge of God. When you study the mechanics of the Matrix you are reading the manual of how you created all this!

When you arrive in God consciousness, you understand that “even though this whole universe has been created, the nature of His Self, which is full of consciousness and bliss, has not been lessened at all. Nothing has happened. He is only residing in His own point [Lakshmanjoo].”

Nothing has happened. You always are that which you have sought. You were never anything other than the One.
The Objects of the Senses:

There is No ‘out there’ out there!

Why does our temporal illusory holographic world of multiplicities appear so solid, dense, and real to us?

Notions of heat and cold, pain and pleasure arise only from contact of the senses with their objects – they are impermanent.
- Bhagavad Gita II.14

The endless polarities we all experience throughout our lives are entirely brought about by the transmission of signals to the brain via the five senses.

Our sense organs (sight, smell, taste, touch, hearing) are individually preconditioned by previous data and experiences from many lifetimes, throughout the Four Cycles of Time in this and other Manvantaras. Our own unique previous responses to such transmitted data can be defined as ‘actions’ that leave behind a tendency or impression in the subconscious mind.

How we perceive the temporal illusory holographic world, and thus our character, is the sum accumulation of these acquired tendencies. If it often seems to you that everyone is living in a world of their own – in fact, THEY ARE! Perception is reality.

As these signals enter our brain they relay information on the particular waveforms received and our brain then arranges these signals into our illusory perception of them as ‘solid’ objects.

Once these signals are perceived and identified by the brain, they are then translated, judged, and classified as belonging to one category of a polarity or another – meaning good/bad, desirable/undesirable, hot/cold,
These translations, judgments, and classifications are wholly arbitrary and based solely on the current consciousness of the person receiving them at the moment the particular signals are received. One man’s delight is another’s misery.

These material sensations are impermanent. What is desirable in one moment quickly becomes undesirable in the next. This is the nature of a polarity universe. We created the world to enjoy it, but not to become stuck in our creation, trapped by our desires for all eternity. In fact the original meaning of ‘sin’ in the ancient Sanskrit texts is attachment.

Why would an eternal being who has the power to continually create everything want to remain stuck, trapped in, and attached to Its own self-created temporal material sensations of illusory objects, which in reality are only electromagnetic signals transmitted to and translated by the brain.

The world is in your brain. There is no ‘out there’ --- out there, meaning the external hologram is illusory, as well as temporal.

These material sensations are impermanent and have no direct contact with the eternal Soul-ATMAN. When you release your consciousness from all attachment to the temporal illusions produced by the contact of the senses on their objects, you open the Door to lasting Freedom.

This condition of non-attachment and the recognition of the mechanics of MAYA’s power to create illusion can only be achieved through self-mastery, total commitment, and watchfulness - and will invoke from the God within your Heart the very necessary revealed Grace-ANUGRAHA. There is no Knowledge without Grace and there can be no Grace without Knowledge. On the Razor’s Edge Path to Liberation-MOKSHA, Grace and Knowledge constantly interplay, entwined in Love in an ongoing exchange in the nectar sweet dance Home.

Become One with the ONE, and you become everything. You literally permeate every universe - that is why Divine Love is the ultimate Freedom.
From the Kashmir Shiva Sutras: One Collective Sound

How does the Oneness manage to bind Itself into limited and differentiated forms?
People who are ignorant of their own God consciousness are called ‘beasts’ (pashu).
What are the ‘mothers of beasts’ in this sutra?
How do our sense organs keep us bound in ignorance?

The answer is sound, which begins as transcendent sound. The supreme energy Shakti, which is always one with the Oneness, and “which is the supreme transcendental speech (Paravak), descends to the field of the universe, she first becomes will (iccha), then knowledge (jnana) and then action (kriya). [Swami Lakshmanjoo]”

Shakti [the Matrix] becomes letters, the vowels and consonants that make up words, and the words that make up sentences. What we think and say, and our investment in the reality of and attachment to what we think and say, actually does serve to bind us in our own self-created illusory webs. The spoken word is sound.

While many of us might consider how we speak in order to improve communication with others and the results thereby achieved - most of us never think about what we say. However, the understanding given here by Swami Lakshmanjoo is on another and far deeper level.

This is my understanding of what he is saying in his explanation of this sutra:

In God consciousness, we are in a state of awareness that receives and perceives sound – letters, words, and sentences – as the fusion, amalgam, and equilibrium of all frequency waveforms of the One. This awareness of the One within each and every frequency of the spectrum of sound liberates us from reacting to what is ‘said’ in ways that would drag us
back into duality.

We understand that on the deepest level, all words are the sounds of the emanations of God consciousness. This awareness keeps us away from the pernicious ‘delusion-thicket’ snare of making judgments – this is good, this is bad. Everything is God. Words lose their power to trigger reactions that bind us back down into polarity and differentiated perception.

“To derive meaning, you have to attach your individual consciousness. When individual consciousness is not attached to these letters, words, and sentences, then you will become one with Lord Shiva (God consciousness, the Oneness). [SLJ]”

The example of two reactions to a simple sentence is given. If someone says, ‘Get a bucket of water’ you can “observe this is only the flow of consciousness in its own nature. The word ‘get’ will have no meaning. It is only the letters g-e-t and nothing else. There is no meaning in the separate letters. To derive meaning, you have to attach your individual consciousness. [SLJ]” This is possible for yogis who have transcended the power that these sounds, as letters and words, have over their consciousness.

The second reaction is one we would consider more ‘normal’ and is seen as the reaction of the ignorant. “For those ignorant people, those beasts, these letters, words and sentences pierce their minds…[SLJ]” Our senses and mind are pierced, penetrated and conquered by these sounds, which cause conditioned and conditioning reactions of various emotions, happy and sad.

The ignorant are like ‘beasts’ and react in predictable, conditioned, habitual, and compulsive behavior patterns.

We have all observed these patterns in our own behavior. The enlightened yogi has the awareness to perceive the sound of letters-words-sentences as being Divine, the Oneness - all sounds are God consciousness. The yogi is no longer ‘played’ by these. These ‘mothers of beasts’ no longer has any power over such a yogi.

Jaideva Singh summarizes this sutra thus: “…even if a person has realized the truth, he is, if he happens to be heedless, deluded by…deities (the sense organs – ‘the mothers of beasts’) governing the limited individuals by means of the application of words that influence his mind.”
There are eight mothers of beasts: the five senses, the mind (manas), intellect (buddhi), and limited ego (ahamkara).

“In the center of the subtle opening in the crown of the head (brahmarambha) is situated the supreme energy (Shakti) of Lord Shiva, (she is) the Divine Mother, surrounded by the eight mothers of beasts. In their hands, they hold the noose, which entangle and bind one with limitation, keeping one from the unlimited state. These supreme terrible (mahaghorda) shaktis create disturbance and ignorance again and again, and are very difficult to conquer.” [SLJ - Timirodghata Tantra]

One collective sound - the Vijnana Bhairava - Verse 41:

In these sounds [of stringed instruments] you will find separate sounds, but if you go into the depth of this hearing, you will see that collectively one sound is proceeding from the instrument, one collective sound.

This can be heard by anyone [but] only the man with awareness can rise with the sound.
It can be heard by anybody, but you have to maintain that awareness. And that collective sound is continuous, without any successive movement.
It is continuous, without breakage, although it is successively put down [sounded], because the player puts that finger successively on those strings.

The one who is one-pointed on that one collective sound, after contemplating on that collective sound, in the end, he becomes one with the supreme ether of consciousness.


Jaideva Singh: Siva Sutras, The Yoga of Supreme Identity, Text of the Sutras and the Commentary Vimarsini of Kshemaraja Translated into English with Introduction, Notes, Running Exposition, Glossary and Index; Motilal Banarsidass Publishers, Delhi, 1979 and reprints.
[In Kashmir Shaivism, SHIVA (literally auspiciousness) and PARABHAIRAVA are the Sanskrit terms which are used to name the Oneness. In Vedanta the Sanskrit word is BRAHMAN. The real enlightened yogis know there are no 'gods' but these words point to metaphysical principles and deeper understandings which cannot be put into linear thinking. They are composites of wisdom-knowledge.]

Swami Lakshmanjoo was the last in the Vasugupta, Utpaladeva and Abhinavagupta lineage of Kashmir Shaivite sages. Every Sanskrit scholar who studies and translates the Kashmir Shaivite texts acknowledges his immanence as the source. Without Swami Lakshmanjoo these invaluable texts would have remained incomprehensible to even Indian scholars because the meaning of Sanskrit words in Kashmir Shaivite texts is often very distinct from their meaning in the texts of other schools.

Jaideva Singh has acknowledged his indebtedness to Swami Lakshmanjoo in the dedications of his various translations of Kashmir Shaivite texts. Boris Marjanovic mentions Swami Lakshmanjoo in his introduction to his translation of the Bhagavad Gita.

Mark Dyczkowski, an Oxford don, is reported to have said, “Somehow he [Swami Lakshmanjoo] sees much more in them than could ever be grasped through mere bookish knowledge and we could feel that behind his words lay another dimension beyond them in which he lived and from which he beckoned us to join him.”

One Being has become many so all beings are equal to one Being

Swami Lakshmanjoo translates and explains the verse by the great sage Shambhu Battaraka found in the Abhinavagupta's Paramarthasara. Herein
a great truth is revealed, we are told that one Being, that is Shiva, has become many. So all beings are equal to one Being and one Being is equal to all beings. There is no difference between all beings and one Being. The fortunate one who has realized what is one Being has realized all beings. That is true knowledge.

‘Mounted on a Machine’: The Wheels of Time & Maya

In the Bhagavad Gita [18-61] Krishna tells Arjuna that the Lord of all creatures dwells in their hearts (HRDDESE TISTHATI), and that by the Power of the Lord’s MAYA each of us is attached to a machine-like mechanism termed YANTRA RUDHANI in Sanskrit, which literally translates as we are “mounted on a machine”. Each of us is held, fixed and attached to one of these machine-like wheels by the creative power of MAYA-Illusion, that causes all beings to revolve throughout Time (KALA).

This sheds light on why we all feel so helplessly compelled by our own nature to repeat foolishly destructive behaviour patterns, even though time and time again we have vowed to change. If self-help books worked there would not be so many of them.

Our individual souls (ATMAN) dwell in the holographic forms of our subtle bodies. Each of these forms has their own unique predestined cosmic pattern. Anyone who has ever seen an (accurately drawn) astrological birth chart will easily understand this concept. It is as if the forms of all people throughout time are always in existence, waiting like a blueprint or matrix to be entered into by an individual soul.

These holographic forms reflect the Cycles of Time. In other words there would be subtle bodies appropriate to each specific cycle of time, from the Krita through the Kali. In the Krita Yuga (the Golden Era) our subtle body would not have as yet settled down into any concept of apparent
solidity. We experience that cycle of time in something closer to ‘light bodies’.

God/Isness is all frequency waveforms and is analogous to a ubiquitous ocean of consciousness that permeates everything, and simultaneously projects portions of Itself into the temporal illusory hologram. The Creator’s energy eternally flows into the always changing, mutating and transforming holographic matrix made up of preconceived and predestined forms – such as you and me. Krishna calls the human body the ‘field’ (KShETRAM). He tells Arjuna that the God-within, the Self/Atman is the ‘guide’ to your field (Bhagavad Gita 13-1).

For the sake of imagining the idea graphically, I visualize these forms to be highly complex and subtle holographic crystals that our souls manifest through. These crystals are somewhat predestined in the sense that our part in the divine Play is loosely ‘written’ for us as the actors who will inhabit them. This weaves into the doctrine of karma that programs the basic role of the forms before we enter our bodies at birth. However there are some 25 possible variations in each Manvantara according to the Sanskrit Puranic texts.

![Image](image.png)

Maya is like a dream or the jugglery of a conjuror. It pulls and stretches the world…
Brahma Purana 127.20

The Power of the Lord’s MAYA is revealed by an intriguing story in the Brahma Purana [121.44-56]. Narada is said to be a celestial sage and the son of the god Brahma. Narada had pleased the god Vishnu and therefore asked him for the boon of knowing MAYA.

Vishnu tells Narada to “sink unto the water and you will know MAYA.” Narada then “dipped himself under water” and was transformed into the daughter of a king. Narada lives the life of this woman who grows up, marries, and has children, and experiences “unsurpassed pleasures” - and inevitably grief as her husband, father, brothers, sons and grandsons are killed in a terrible battle. She herself builds the funeral pyre and in her great misery jumps into it.
“She was then transformed again into the sage Narada. The fire too assumed the pure luster of cool crystal. The full lake appeared and he [Narada] came out of it.”

The Lord Vishnu laughingly says to Narada, “Who is your son? Tell me, O great sage. With your senses gone whom do you bewail?” Thus Vishnu makes it clear to Narada that in the blink of an eye the power of MAYA has placed this enlightened being into an entire lifetime during which even one as great as the sage Narada had no memory of his true self. Vishnu goes on to say that even the gods cannot “comprehend this incomprehensible Maya.”

I like this story because not only does it illustrate how powerful Maya is, but it also gives us a feeling that time is non-existent outside of the temporal illusory hologram. The fact that Narada goes under water to have this experience is most appropriate as bodies of water are analogous to the vast spectrum of frequency waveforms that constitute consciousness.

We exist in an ocean of consciousness, and over and over throughout the Four Cycles of Time we – as a portion and piece of the ONEness – enter into these holographic crystal forms, our bodies, or as I like to call them, data-collecting vehicles. These vehicles are, in a manner beyond the comprehension of our ordinary mind, subtly pre-programmed to manifest in specific patterns. God binds Itself in the temporal illusory hologram by the Power of MAYA, which operates through the three GUNAS.

How can we who are bound by Prakriti’s MAYA and deluded in our limited state of consciousness – falsely believing that we are separate from ONEness, our SELF, the God-within - hope to overpower the power of the Lord’s MAYA?

In fact what do we ever do? The truth is that we are merely the observer of the actions generated by GUNA-MAYA. As Krishna tells Arjuna – you are not the doer (Bhagavad Gita 5-8). It is only the five senses operating on their objects by the power of guna-maya.

The great genius Kashmir Shaivite Abhinavagupta puts it very clearly in the statement “I DO NOT ACT AT ALL”.

So what freedom do you have and how can you make the return Home? When you are weary of having endless experiences in 100s of Manvantaras in 1000s of bodies, you have the freedom to turn inward and
Remember that it was you who bound yourself in the webs of MAYA.

You also have the freedom to choose in every moment what actions will bring you closer to the realization and feeling of Oneness – or on the other hand to choose those actions and thoughts which will further separate you from that, your original state. Actions and thoughts that are ‘good’ will contribute to a higher consciousness, and thus draw you into the frequency waveform known as SATTVA. This state is represented by purity and a serene, calm, focused state of non-attachment and compassion.

When you fall into thoughts that push you down into the lower frequency waveform of Separation, or take actions that are ‘bad’ or ‘evil’, you can learn to feel it immediately. These impure frequencies are the ones of agitation, discomfort, and compulsion that descend and spiral downward into further separation, disease, and death.

It is your choice in every moment. Here in the Kali Yuga Time moves very quickly and you will immediately feel the effects of the choices you make. Your primary freedom is to turn back inward to that which you are and have always been and surrender the delusional thought that you are the “DOER” of anything (Bhagavad Gita 5-8).

As Krishna says: MAM EKAM ShARANAM VRAJA
Take refuge in Me alone – meaning, the God-within you!

It will be the purity of your intention and the intensity of your total surrender to your own Being – the only Real - that will open the floodgates of Grace and Remembrance. Such bring-you-Home Grace will begin the process of lifting the Veil of your self-imposed bondage in the illusion of MAYA. Grace will reveal the Real beneath the appearance of multiplicities in this the temporal illusory hologram we know as Life.
If you are asking yourself why The Creator would make such a universe as this one is, think of it as the supreme and ultimate Adventure! The Oneness is infinite eternal bliss consciousness – Love. Forever knowing Its own Real nature and never deluded by Prakriti’s Guna-Maya, the Oneness dives into the time/space continuum for, as the Sanskrit texts say “sport”!

The adventure must be wonderful in the Krita or Golden Age. We eat from those nectar cups that grow on enormous trees and we manifest whatever we desire in the moment we think of it. The Sanskrit texts say that we spend most of our time in meditation in the Krita Yuga. My own intuition is that this is because we are enjoying various sublimely ecstatic states of union, as our consciousness is still aware of its Oneness with the God-within us all.

As we move through the four yugas, there is still much to be enjoyed. My feeling is that the Treta Yuga is the period of time when women are in our glory, because this is the era of the Hearth. In the Dvapara Yuga the Sacred Warrior protects Dharma, wisdom and truth as is well documented in the epic text the Mahabharata. We can only imagine the pure hearts, the greatness, and heroic deeds of such courageous, knowledgeable, and refined men and their exemplary, steadfast, and virtuous women. This must have been an amazing time when men still had integrity and fought within specific sacred laws only to protect truth.

Of course now we are here in the Kali Yuga and lately, certainly no one would claim this to be a fun time – unless they were on one of those serotonin inhibitors. But in spite of its horrors, the Kali offers the opportunity for enlightenment and Remembrance of the God-within with the least effort. And amazingly according to the Bhagavata Purana, many souls actually look forward to a Kali Yuga for it offers them the experience of immersing themselves in ecstatic Devotion to God in the form of Bhakti Yoga.

Certainly the Kali is the tough time when the Creator – who has wrapped Itself in Maya and intentionally sunk down into delusion – tests Itself and waits to see which parts of Itself, amongst the multitude of Souls that are God expressing in the temporal illusory hologram, will in fact perform
the astonishing miracle of waking up.

It must be like seeing the dearest child or the lover you adore succeed at long last! The joy of watching someone you love overcome obstacles and fulfill their potential is something we can all understand. If we are capable of such a loving participation in the happiness of our loved ones, can God’s happiness be any less?

Surely it must be that the Creator rejoices and fills the firmament with harmonies of sweet bliss the moment any Soul turns inward and begins to Remember the Truth. In the Uddhava Gita Krishna says that these beings ‘sanctify the world’ – which to my mind means that they bring the Light of God as Truth back into the darkness we are now living in.

Here in the Kali Yuga, we have not as evolved as the deluded propagandists who work for the world’s tyrants want us to believe. Is progress really measured by more manufactured ‘things’ to consume? We are in fact living in the most dense and solid and unenlightened phase of the four cycles. All of our attempts to control nature have been mired in greed and are leading up to the final Dissolution of the world. As Rene Guenon says, the end of a world is merely the end of an illusion - and in this kalpa, the 454th illusion.

So what can you do, now as we are in the Twilight of the Kali Yuga? You can wake up! You can cease and desist from weeping and wailing about the dastardly deeds of the ratzoid tyrants who have taken over the world and are destroying the planet. In a way, it’s their job. Someone has the pull the Veil tighter and tighter, and draw us further and further down into density until no one can any longer bear it - and everyone at last begins to ask the big questions.

You have the freedom, right now, today, this very moment, to turn within and embrace the God-within you. You can surrender your small frail identity-self ego that is more than likely making your life miserable anyway, right up into the God-within you. You are the ONE. You didn’t create your ego or the three GUNAS that the Lord’s MAYA runs through you. Give it back to its rightful owner, the God-within. Surrender what you don’t need, in any case. Surrender into the Ocean of SELF, the only Real and find everything you have always wanted.

If you do this you will be accomplishing the single most important and valuable goal of Life. Your realizations will by osmosis radiate out to everyone around you, and they in turn will touch others, and so on and so
on. And one fine day even the tyrants will awaken to the fact that God is within them. Perhaps they will say something patently absurd, like “I forgot!”

Then those who have Remembered and want to leave this ‘sport’ will move onto to other universes, and those who make the choice to stay or are still deeply mired in the illusion can look forward to another exciting, challenging, and compelling adventure in the coming Golden Age. There are no losers here. Everyone is God!

Prakasha in the Kashmir Shiva Sutras

Shiva Sutra 1.14
drishyam shariram

The five senses send electrical impulses to our brain that are transformed into what we experience as everyday reality, meaning material objects, people, etc. The five senses limit us to this ‘appearance’ of our external world and thus conceal the Real.

The yogi who has reached God-consciousness transcends five sense data and experiences the Nectar Ocean of Divine Pulsation (spanda) that pervades and permeates everything and everyone.

“This whole universe is made of that liquid of consciousness and bliss (cidananda)”. There is only the One. This includes the yogi and his/her own body. Therefore this entire world is perceived by the enlightened as an expansion of one's own body.

Floating in the ocean of bliss filled nectar without the appearance of distinctions, differences, and the illusion of separation – the God-Realized ones come to view their body as an object, just like every other object in the external manifested world. The enlightened no longer think,
“I am this and not that.” They know they are everything. They know ahām idam, “I am this whole universe”.

Shiva Sutra 1.15
Hridaye cittasamghattad drisyasvapadarsanam

In Kashmir Shaivism, the Heart (hridaya) is not the muscle that pumps blood through the body. The Heart is an ancient symbol in India and is mentioned in the Rig Veda as that which can see what the physical eyes cannot [Ortega-Mueller].

Here the word means “the light of consciousness (cit prakāśa) which is the background, the basis, of the existence of the whole universe”. The Heart is within us all and simultaneously is the foundation of everything. When we unite our consciousness with the Heart within, we get union with this all-pervading God-consciousness.

I like to say - We meet in the Heart. The Heart is the foundational basis light of consciousness in within each and every one of us. The Heart connects us in God-consciousness. “When you make your mind enter into the light of consciousness (cit prakāśa) then your mind feels this whole universe as one with that universal being”.

Lao Tzu expresses this beautifully in his Tao Teh Ching, verse 47: “There is no need to run outside for better seeing, nor to peer from a window. Rather abide at the center of your being; for the more you leave it, the less you learn. Search your heart and see if he is wise who takes each turn: The way to do is to be.” [Witter Bynner]

What is this ‘within’ that can make us feel that the external hologram is permeated with God-consciousness? Swami Lakshmanjoo, in his explanations of the Bhagavad Gita verse IV.34, reveals the secret of our enlightenment:

Ultimately we are the source of our Liberation.

Everything and every one is the Oneness. In our search for truth we follow many paths and learn from a variety of teachers – all are the One, the same One that we are. In the end, we have to find enlightenment for ourselves alone.

We must go within to make all these teachings into the one-pointed focus that will lead to our final Liberation. The truth is not out there, because
there is no out-there out there. There is only the One, permeating and pervading the All. The ineluctable truth is everywhere for those who can ‘see’ with the Heart!

When you begin to love and want God more than anything, these divine feelings of Love of God will purify your consciousness. That purity is your sacred sword that protects your being. A pure Heart will allow the God-within you to reveal the Wisdom of Truth to you and over time you will become that Truth. No one but you can prevent you from reaching God-consciousness. You simply have to really want it.

Abhinavagupta: “When you become purified by devotion, etc., then your own sense organs…will grant you the knowledge of Reality.” You submit to the One within you. You serve the One within you as all beings. The ‘masters’ you seek out, the ones who know, are within you. In the end, you are your own Master."

[quotes from the Kashmir saint & scholar Swami Lakshmanjoo, 1907-1991]


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The Cycles of Time within the Matrix

All Time is simultaneous...

A YUGA is a cyclical period of time that ‘yokes’ a soul, a piece of the Oneness, into a specific frequency of consciousness, which is embodied as the DNA of the races of man. We function within that frequency spectrum until we Become aware of the limited variables of expression and manifestation.
Thus Becoming aware that the current state of ‘limitation’ is not our Real nature, some will experience Enlightenment. The Light of the Oneness within us, that pervades and permeates all, is revealed. We Realize that we never were anything but the One; and that the feeling of Separation was only ‘apparent’ – temporal and illusory. We have always been the Oneness.

This experience of Enlightenment liberates us from all Cycles of Time. We are Liberated from the ‘yoke’ of all Yugas, periods of time formed in specific frequency spectrums of consciousness.

Thus Enlightened as to our Real nature and origin, we are free to move from one dimension to another. The universe is multi-dimensional. Adepts with mastery over consciousness move easily from one dimension to another. Enlightened masters have access to the entire spectrum of all frequencies of time, which is a function of consciousness. Or you may simply wish to return to the One - Home.

The 4 Ages are:
1. The Krita Yuga, a Golden Age
2. The Treta Yuga, the Age of Ritual
3. Dvapara Yuga, the Age of Doubt: Man loses the sense of the divine reality of the world and grows away from natural law
4. The Kali Yuga, the Age of Conflict and confusion began in 3012 BC and will end with the nearly total devastation of the present humanity.

Duration of Time as a Function of Consciousness & The Four Cycles

When you study the Hindu theory of the Cycles of Time and the yugas, you will find a confusing divergence of opinion concerning the dates of their duration. Considering that we are now living in the Age of Confusion, the Kali Yuga, it is not surprising to find so much disagreement on these matters.

What is more important to me than precise numbers is the fact that we are living in an era where there is almost no memory of the previous cycles of time. Most of us wrongly believe that civilization begins with written history where as writing is actually the symptom of a degenerative culture – because it is sound that communicates meaning, not the markings that seek to represent it.

Reach beyond the limited frequencies of this Veil of Illusion you have
been confined within all of your life. The experience of expanding and projecting your thoughts, consciousness and imagination back into primordial time is in itself liberating, revealing and uplifting.

The realization that time is in fact a function of consciousness will alter your perception of reality. We all experience time relative to our own specific consciousness. You can verify this for yourself by simply reflecting on, for example, how time flies when you are happy - as opposed how time drags when you are stuck in traffic or at the dentist.

Another example would be to consider the consciousness of an ambitious type-A personality, the would-be-executive who runs around non-stop day after day, balancing a bazillion enterprises in order to gain money, prestige and power, keeping busy-busy-busy to avoid any possible solitude or contemplation.

Compare that with the consciousness of a Tai Chi Master who moves so slowly as to defy nature and yet can knockout his opponent from across the room, or an ascetic hermit yogi who never moves, never goes anywhere or does anything, but by remaining at the center of his being becomes One with the Universe.

Time does not exist outside the temporal illusory hologram.

All increments, meaning measurements of time and space, are relative to the consciousness of the perceiver and thus the product of variations in waveform frequencies, based on and the result of the specific degree of the illusion of Separation from Oneness.

This is similar to the quantum physics theory, The Copenhagen interpretation, Part II: Reality is created by observation. Or you might say more accurately, reality is created by the consciousness of the observer.

In ‘While the Gods Play’, the French scholar Alain Danielou explains that the length of a moment is established by the rhythms of consciousness that perceive it:

It is energy, by producing vibratory waves having direction and length, that will give birth to the rhythms whose perceptions will create the dimension of time, the measure of space, and at the same time the structures of matter.

For man, the perception of the dimension of time is determined by his
vital rhythms, his heartbeat…

The duration of each of the four yugas is relative to each other as 4:3:2:1. This implies that the Golden Age is the longest and our current Kali Age is the shortest. Time actually continues to speed up in the Twilight of the Kali Yuga and increases ever more so, as we reach the end. The cycles of time are rather like classical Indian Ragas that begin slowly, serene, increase in tempo and passion, and end in a frenzy of energy.

Alain Danielou’s dates differ from others. Danielou says that the Kali Yuga began in 3,606 BC and most scholars also do agree with this date. However he gives the duration of the Kali as 6,048.72 years.

Danielou says that the Twilight of the Kali Yuga began in 1939 with the discovery of atomic fission. According to him, the final catastrophe will take place during this twilight and the last traces of this present mankind will have disappeared in 2442. This doesn’t necessarily imply that we have an extra 400 years to fool around in. God only knows what earth changes will be taking place on this planet during that time.


**Symptoms of the Kali Yuga**

Writing itself is a symptom of the Kali Yuga. Human beings have been living on planet Earth for 100s of 1000s of years before we have any record of the written word.

Down through the ages, ancient wisdom was orally transmitted and eventually written down in Sanskrit around 500 BC. These sacred texts
give us some idea of the other three cycles of time. Originally orally transmitted, the texts were faithfully memorized and handed down from generation to generation. We no longer possess such an amazing command of memory. Imagine memorizing complete books! What we have available to us now in the Kali Yuga as the sacred texts written in the Sanskrit script was transcribed much later than it was composed – meaning spoken.

Some of these ancient texts accurately predict the conditions we are now experiencing. Remember these are predictions from well over 6,000 years ago – before the advent of writing and written history! The ancients who made these prophecies considered them to be abnormal, unheard-of, and outrageous.

*From the Sanskrit texts the Vishnu Purana & the Linga Purana:

Thieves will become kings, and kings will be the thieves.

Rulers will confiscate property and use it badly. They will cease to protect the people.

Base men who have gained a certain amount of learning (without having the virtues necessary for its use) will be esteemed as sages.

There will be many displaced persons, wandering from one country to another.

Predatory animals will be more violent.

Fetuses will be killed in the wombs of their mothers.

People will prefer to choose false ideas.

No one will be able to trust anyone else.

People will be envious.

There will be many children born whose life expectancy is no more than 16 years.

People suffering from hunger and fear will take refuge in underground shelters.
Young girls will do trade in their virginity.

The god of clouds will be inconsistent in the distribution of the rains.

Shopkeepers will run dishonest businesses.

There will be many beggars and unemployed people.

Everyone will use hard and vulgar language.

Men will devote themselves to earning money; the richest will hold power.

The state leaders will no longer protect the people but, through taxes, will appropriate all wealth.

Water will be lacking.

[And my favorite]: Pre-cooked food will be readily available!

The fact that our food supply contains very little nutrition and is full of toxins reveals a great deal to me about the frequencies of Time we live in.

(The source of this information is in the Sanskrit texts the Vishnu Purana and the Linga Purana; and also a remarkable book entitled, While the Gods Play: Shiva Oracles and Predictions on the Cycles of History & the Destiny of Mankind, by Alain Danielou; Inner Traditions International Ltd., paperback, 1985.)

In 2004 I was deeply studying the Bhagavad Gita, reading as many translations as I could find. In order to understand the Bhagavad Gita the aspirant must learn the mechanics of Maya and her three gunas - rajas,
tamas and sattva. As I learned about Maya's shakti power which Veils the Oneness in temporal illusory multiplicity, I realized that the first film 'The Matrix' [1999] actually contained metaphysical wisdom and so I wrote this article:

The War Within:
Escape the Temporal Illusory Holographic Matrix

The film The Matrix – the first of three - contained some fundamental truths that many around the planet instinctively responded to. The universe is indeed a temporal illusory holographic matrix made up of varying frequencies, waveforms pulsating at specific vibratory rates. Beneath the Veil, the ‘curtain of each atom’, there really is nothing out there but a vast ocean of etheric energy, the AKASHA, the silent unheard sound.

Everything you see or hear or touch is nothing more than electrical signals being transmitted by the five senses through this underlying etheric ocean to your brain. Each of these senses supports the others in the illusion generated by the amazing intensely creative power of MAYA and the GUNAS. These signals are interpreted according to our programming from birth and our DNA.

This first Matrix film revealed far too much truth to suit the ‘darkside’ forces that control this third dimensional earth-plane via their media-entertainment industry. And they quickly realized that the computer related metaphors so brilliantly accessed by the film’s writers had reached the normally impenetrable psyches of too many previously semi-somnolent humanoids. Thus the sequels were intentionally suffused with overwhelming images of helplessness in the face control.

What the first film does convey is the solid gold truth that the matrix isn’t real. This is in complete alignment with timeless primordial metaphysical principles - the truth that understands the real nature of this universe as a temporal illusory hologram.

In the Twilight of the Kali Yuga it is the ‘job’ of the Darkside Forces to continually confuse and numb the inhabitants of this our world. There is a War in the Heavens. The darkside entities are here in ever increasing numbers for the purpose of further deluding us into a complete and total ignorance of the Real. The frequency wave bands emitted from most forms of electrical-electronic appliances and machines excel at this capacity to confuse, delude, and stupefy. The Veil in these last days of
the Kali has indeed become Borg-like.

Unplug!

In the early part of the Matrix film, there is a very grotesque image of Neo pulling those very slimy long tendril-suckers off of his body. This scene is so repulsive to us because it is true. I realize that this is not very pleasant information – but as long as we have no idea what is happening to us, how can we free ourselves? In varying degrees, all of us are ‘hosts’ to these feeder entities. This is why vampire novels are so weirdly popular – people actually have an unconscious sense of what is happening.

Through the lower frequencies of our anger, fear, and addictions, the darkside astral-cooties have attached themselves to us. This is one reason why all spiritual paths emphasize purity of mind and body. Purity simply reduces the ability of the lower realms to connect with you and become attached to you. They cannot locate frequencies they do not resonate with. Know that the Laws of Magnetism dictate that like attracts like - and that location is in fact a function of consciousness. Purity through knowledge and a focused consciousness will keep any unwanted influences out of your auric-field and your subtle etheric body.

Unplug!

Everything you are addicted to has the potential to attach you to a level of these entities. EVERYTHING! I have seen this so often over the years with friends who lost themselves to drugs and alcohol. Some of these parasitical entities are not only highly persuasive, but also very unattractive.

The most ingenious and effective Borg-like waveform-prison is television. Unplug yours, throw them out of your house, give them away, or shoot at them like Elvis did. Not only does TV’s 24/7 programming
transmitted around the planet urge you to become good little consumers, and doom you to the misery of unrealized unrealistic goals, both physical and material - but the box itself emits questionable frequencies that do nothing for your God-given ability to access the Myriad Worlds and Remember who you are.

Newspapers are the same, even the Internet news has become more confused and confusing with 100s of professional disinformation and propaganda wizards, sock-puppets who are handsomely paid to keep you in your miasma of amnesia. This Kali Yuga confusion holds you in a frequency of POWERLESSNESS, because you can’t do anything about what you are reading. So until you actually become powerful in a real sense, as in your inner connection to the God-within you – forget it! Unplug! Get the cooties off of you.

I can tell you what the news will be for the next few years. Lets get it over with once and for all: More heinous wars, more needless deaths, more incurable diseases, more mind-wrenching torture, more oinker-greed and boring tyranny. Nature’s earth will continue to be irreversibly poisoned and her creatures die. Got it? That’s it folks. Now you know everything. So forget it! Unplug!

Are you in love with love? Waiting for that perfect person to transport you into a higher reality and fix everything for you? Romance is candy for your brain – Stuart Wilde said that, but I grok. It’s a bunch of lovely hormones designed to give you a momentary high and get you to procreate. It never lasts. Never! Forget it! Unplug.

If you have a deep love and friendship with someone who is as evolved as you are and you are certain you share a similar frequency – fine, wonderful. But when you bond with someone whose hologram is vibrating at a lower frequency than yours – and remember us humanz are very complex energy patterns full of surprises – then you take the chance of being sucked down into their reality. Casual sex ain’t casual for anyone on the way Home – it’s an elevator going down. Is the temporary fix comfort zone worth it?
All addictions will hold you in the illusion of the polarity Matrix. Attached to each addiction is a direct sucker line to a group of scurrilous entities you would not want to go bowling with. This means ALL addictions, no exceptions. Compulsion is Cootie-Ville. Anytime you feel compelled to consume anything, you are feeding the astral-cooties who need your energy to survive and thrive because they cannot produce their own. Wimps!

Cut them off, pull their plugs off of your body. Raise your frequency and watch them disappear. Addictions are entry points that leave you open for the astral-cooties to come on in and make themselves right at home. This is how so many beautiful souls from the 1960s, many of who were my dear friends and loved ones, were destroyed. I am the witness.

How about some pretty visions to make you think you are so ‘spiritual’? Want to channel one of the 1000s of aliens out there? I can promise you, that’s a learning curve. Certainly not all of these entities are malevolent. They simply have their own point of view, their own agenda, and their own consciousness relative to their level of evolvement. They don’t necessarily know any more than you do.

How about having these ‘cooties’ as your primary relationship? They can appear to you as anything they know you want, even angels, anything that’s already programmed into that very subtle brain of yours – anything. Someday when it is too late, they’ll show you what they really look like – but that would make you throw up now and then you might not want to feed them any more.

Trust only the God-within you.

The vast array of chemicals in your food, air, and water quite literally confuses your endocrine system. EDCs, endocrine disrupting chemicals, mimic estrogen and god-only-knows what else to confuse your own natural hormones. These molecules are diabolical. Not only do they very likely contribute to obesity, cancer, sterility, and memory loss – they also shut down your Third Eye, the pineal gland. Your ability to ‘SEE’ the Invisible Realms is regulated by the pineal and pituitary glands. Because these man-made molecules send confusing signals to them, they can’t work properly. Do you think this is accidental?
Apparently the astral-cooties can’t take classical or meditation music – so play it softly in rooms that you feel are infested. They hate Mozart, so I highly recommend Wolfie and there are at least 3 Mozart for meditation CDs. Hug trees, ask them for their healing energy; they have plenty for you and will happily exchange, as you have something they need. Nature – what’s left of her – is a higher frequency and always has the power to lift you.

A good book for your ensuing cootie battles is ‘Practical Psychic Self-Defense’ by Robert Bruce. If you become complacent, watch the first Matrix movie over and over and over – not the sequel, which has been assimilated, cootiefied. Remember that steak and red wine aren’t real! There’s not much time left to dawdle in the Illusion.

Unplug!

I know this sounds scary; after all we can’t even see these things – what chance do we have? But remember, WE CREATED THEM! They are an integral part of the temporal illusory holographic matrix. As pieces of God-Isness, we created these astral-cootie darkside-demonic entities to help hold together this polarity universe.

But when we created this universe, one of many, we weren’t completely stupid. We left something out of their hologram and thus they are weaker than we are. They don’t understand LOVE, they only grok power, control and manipulation. They have no feelings. And thus through the feelings of compassion, forgiveness, kindness, and love we can move right out of their range of frequencies, beyond the scope of their polarity matrix hologram, into the higher frequencies, beyond their prison - and the whole thing will collapse.

In the Twilight of the Kali Yuga, the world has become a LIE, an expression of the delusion, ignorance, and the amnesia, the forgetting. Everything you see and hear in this illusory polarity matrix is a big fat LIE! Because – and this is simple – the only Real is that EVERYTHING IS LOVE!
ALL polarity paradigms are temporal illusions designed by us, and our helpers the astral-cooties, the forces of the ‘darkside’, to hold together the projected illusion of multiplicity, this temporal holographic matrix, so we can PLAY the game of NOT being GOD! And we are God! Everyone and everything – yes, even the darkside entities.

There are endless, unknown, incredible worlds of Beauty and Love and Light, and every adventure yet even unimagined, waiting for us.

The Matrix is NOT real! Unplug!

I can’t do this for you. No one can. Thank God! If they could, they would own you. Saving or being saved is a slave game – not a God game!

I can’t do this for you. I can get down on my knees and plead and cry and beg you to unplug, to throw out your TVs, to not read your daily dose of propaganda, to kick your addictions – to pull the feeder lines off of your beautiful bodies and out of your auric field.

I can tell you what waits for you. I can tell you of floating in golden light feeling more love than anyone could ever give you. I can describe my visions and feelings and take you to fly through the galaxies. But my experiences will NOT be yours. Why should they be? Why would the Creator ever want to repeat and duplicate Itself?

I can tell you that you are heading for a place where THERE ARE NO REFERENCE POINTS! And that is wonderful! A place where you and the God-within you - as you become ONE - will as they say, create your own reality. A location within where you will have grown beyond both the demons and the angels: A place where you will have earned freedom because you will have experienced every polarity paradigm in all the time-space matrices and you are ready to create your own.

I cannot do this for you. NO ONE CAN! You have to choose it for yourself. Only your own courage can loosen the slimy sucker-tendrils that imprison you and drain your life force. Only the God-within you can know the precise sublime moment when you are ready to emerge from the Matrix – grinning ear to ear as you REMEMBER who you are!

How many of us will escape? I don’t know. I know that underneath our silly small identity egos, there is only LOVE - and that as the Real behind the multiplicity, we all ARE each other. Therefore when any one of us wakes up, it makes it easier for the rest. I know that if enough of us
Remember, then the entire Illusion will collapse – because the darkside won’t have anything to feed on.

What will happen then? No one knows. No one wants to know because then it wouldn’t be any fun. When you normally exist in Eternal Bliss, the exciting thing about a Free Will universe is that there are always at least 25 variations in the cycles of time and you don’t know exactly what will happen. It’s like meeting someone new or starting a fresh canvas - you embrace an entirely unknown realm of possibilities. You learn to improvise and create as you go along.

You and the God-within you – all of us! – will be generating a fresh reality for the ONEness to express Itself in. We will all meet someday. We all realize by now that life on this planet is going to get much worse – the evidence is in. Don’t be afraid of Death – you are an eternal Being. Be aware of the seductive astral-cootie traps. Read the Tibetan Book of the Dead and learn to bypass the Bardo planes! Avoid all those heavens and hells in the Phantasmal Hierarchies – they are illusions. No matter how seductive anyone or anything is, don’t listen! Go directly HOME to the God-within you.

When you see death, hunger, and sorrow try to know that each one of us chose this experience, even if we don’t now remember making that choice. Compassion is important and very distinct from anxiety, worry, fear and anger. These fear frequencies are all food for the astral-cooties, the mind parasites. As they say at the zoo: Don’t feed the animals!

UNPLUG! The temporal holographic matrix is illusory!

I’m only beginning to lift the Veil. But from my heart, I hope one sweet day to see you all in the wild blue yonder of the immense immeasurable within.

Your safety and ‘salvation’ can only be achieved by you, and through your own endeavors to create for yourself the consciousness of the Real, your Source, that eternal Oneness that we all are ‘beneath the curtain.’

http://www.metaphysicalmusing.com/articles/unplug.htm

The idea that the world is sound is an ancient one in the Sanskrit texts.
An understanding of this will helps us to grok why what we say and think in every moment is so important. Our speech reflects our consciousness and influences our temporal holographic reality. Thus even the words that come from our lips are crafting the world we live in. The relentless spewing poison propaganda emitted from the monopoly media TV is intentional and demonic. Sound is POWER!

WIKI:
Nāda yoga is an ancient Indian metaphysical system. It is both a philosophical system, a medicine, and - as the name suggests - a form of yoga. The system's theoretical and practical aspects are based on the premise that the entire cosmos and all that exists in the cosmos, including human beings, consists of sound vibrations, called nāda. This concept holds that it is the sound energy in motion rather than of matter and particles which form the building blocks of the cosmos.

Nāda yoga is also a way to approach with reverence and respond to sound. Sound and music is in this context, something more than just the sensory properties and sources of sensuous pleasure, sound and music is considered also to play the role as a potential medium to achieve a deeper unity with both the outer and the inner cosmos.

Nāda yoga's use of sound vibrations and resonances are also used to pursue palliative effects on various problematic psychological and spiritual conditions. It is also employed to raise the level of awareness of the postulated energy centers called chakra.
The World is Spirit Clothed in Sound

The Real is an Ocean of Consciousness, undifferentiated light pulsations (spanda-prakasha), the plenum.

Objects are Spirit covered by sound.

Sound is the cosmic process measuring out form (rupa).

Sound the primordial word (Vâk) becomes multiplicity, we experience manifest creation through five-sense differentiation, perception.

All gross material and subtle forms are temporal holographic appearances, Spirit covered, encased, enclosed, clothed, embraced in myriad Sound frequencies, waveforms, the primordial covering.

Sound freezes, coagulates, solidifies Spirit in Time.
What you don’t know can hurt you: Invisible waveforms, ET and other Transmissions

There are a multitude of other dimensional worlds most of us humans remain unaware of because we are currently limited in our perceptions to the five senses. At every moment we are both surrounded by and permeated with a multitude of waveforms moving throughout this illusory holographic universe. Our five senses constantly interpret and translate only a small portion of these waveforms. We mistake the data from the five senses as the only accepted ‘real’. Thus deluded we miss most of the universe, the Invisible Realms and the Myriad Worlds.

We are nonetheless affected by these waveforms, which are beyond our perceptions. Anyone who realized this basic metaphysical truth would understand that it is possible to use various types of ‘emitters’, human or otherwise, to generate waveforms of a specific frequency. These frequencies can have a wide spectrum of effects. They can uplift, calm, heal and nourish – or they can be used to entrain human consciousness, to dominate and control the hologram and everyone who is susceptible within it.

If your own level of consciousness does not vibrate at a frequency above these emitted waveforms - not on 'higher ground' - then you might be confused and deluded by them. You could remain vulnerable to such manipulation if you had not yet realized the mechanics of the temporal illusory hologram - MAYA & the GUNAS. Or perhaps you are completely unconscious of the existence of the underlying waveforms that weave our universe into existence.

You would therefore be picking up these transmissions and mistaking them for 'reality'.

Your acceptance of various waveforms is completely up to you. So here we are in the Twilight of the Kali Yuga, hidden in our data-collecting
vehicles (human bodies), trying to Remember who we are - lost in the miasma of amnesia generated by the emitters of MAYA.

Enslaved couch potatoes are evidence that TV is one such emitter. Or the emitters of frequency that effect human consciousness could be even more bewilderingly sinister - radio & microwave towers, HAARP, perhaps large scale emitters from off-planet. Or is the current consciousness on the planet coming from something more hidden and occult --- something that gets its power from ritual, from 'sacrifice', from pain, fear and war.

Even though most of us are unaware of the Invisible Realms and the hierarchies of beings that exist and have always existed all around us, there are many, many entities transmitting all kinds of information. From angels to ETs we are faced with a multitude of sources often fascinating and revealing, while other transmissions are just plain perilous to your soul.

ET transmissions often contain a plethora of potential confusion - and may even have dangerous consequences. Such material can be misunderstood and used for the most obliquely tyrannical purposes.

On sober and mindful consideration, it becomes evident that the various ETs, who are currently interacting with third dimensional planet Earth, will of necessity only have access to and memory of those 'fields of consciousness' they themselves possess.

If they themselves are not living within a waveform of enlightenment, they consequently will have NO knowledge of a higher consciousness of ONENESS and will behave accordingly from their own perspective and with their own agenda. Like any being in any dimensional realm, the ETs will behave according to the level of their understanding of universal metaphysical Truth.

Just because some of these ET possess what appears to be advanced technology to us humans, does NOT mean that these beings are evolved - nor does it mean that they have our Earth-based interest at heart. It could be more a case of the soldiers who offered the Native American Indians horses and bourbon for their land. We all know the end of that story – genocide!

In this Cycle of Time, the Law of Dharma has all but disappeared from the earth plane. This is the time of the false prophet as people become
more fearful, more desperate, and easy pickings!

Whatever these ETs or ‘angels’ or whatever transmit into our human awareness will only be a reflection of their own limitations relative to the precise vibratory frequency of their own consciousness and dimensional LOKA world. They are part of the external and temporal illusory hologram.

Trust only the God-within you, the SELF, your ATMA.

http://www.metaphysicalmusing.com/articles/emits.htm

ALL magic, occultism, and sacrificial rites for personal gain fall into the category of manipulating the Temporal Illusory Realms and are a complete waste of your time.

Unless you enjoy being one of those little silver balls in a pinball machine.

Just as laboring to acquire the Siddhic powers, that will unfold quite naturally as you evolve, is a waste of time and effort.

Just as channeling ETs, spirits, and angels is nothing more than a time-pass. How can they gift you with the enlightenment they themselves do not possess?

Only the God within you can bring you Home.

Withdraw from the objects of the senses, and turn your complete and total attention to the God-within your Heart.
Sacrificing and renouncing your attachment to the temporal illusory hologram based on Knowledge of the Real will bring you liberation.

Why settle for the small results today or tomorrow, when the Eternal Oneness of Union awaits your call!

http://www.metaphysicalmusing.com/articles/waste.htm

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**Systems Management**

All the systems of philosophy, religion, and metaphysics available in printed form are reflections of Truth at various moments necessary to fulfill the needs of a particular time.

It is not useful to permanently ATTACH your conscious awareness to any of these systems. Learn from them and realize that new forms need to emerge.

The forms that exist are still useful for many. Pre-history or lost forms more than double the now existing ones.

Truth is Truth is any ‘present’ moment of apparent existence regardless of the form it manifests. The form is subject to both the need and determined by capacity for reception of an existing group of beings relative to the frequency level point in their evolution.

Life is truly an open-ended realm of possibilities. It is the limited human mind that wants to close Life into some system.
In fact all systems will do.

But once a man clings to any system, he begins to be pushed to the edge of that system into the abyss …
So that he can experience the exact polar opposite of whatever system his mind (buddhi) has ‘attached’ him to …
So that eventually he can realize the positive/negative nature of manifestation and experience his true Self as being totally Free within that.

http://www.metaphysicalmusing.com/articles/systems.htm

There is only the ONENESS!

I believe that the enormous complexity of Hinduism causes most of us in the west to give up understanding her. A friend of mine used to say … "Hinduism? There's no such thing!" I feel there is a form of Hinduism for each of us - which is a way of expressing how India allows everyone to follow their own path.

The Sanskrit texts reflect the acceptance of an ongoing INQUIRY, a never ending questioning concerning man's relationship to the Cosmos. Nothing is finally nailed down ever. It's not meant to be - this would bore God! The Indian seers and pundits loved to argue and in even held philosophical/metaphysical contests. Various seers and scholars would meet and engage in heated discussions, and the losers had to accept the ideas of the most powerful persuasive thinkers.

Where as in the west, we have been conditioned not to question our priests, teachers, and leaders. But in India and especially Kashmir, the great minds understood that 'Truth' is an inquiry, not a destination. This is why there are so many Sanskrit texts and even countless more
commentaries on them. Hundreds of texts have been lost or destroyed and there are thousands of Sanskrit texts which have yet to be translated. India was never a land of 'primitive' villagers. It was a land of Kingdoms. For millenium India has nurtured great art, music, poetry, drama, philosophy, law, science, astronomy, mathematics, and of course metaphysics.

One of the greatest of all Indian Seers was the Kashmir Shaivite, Abhinavagupta (990-1015 AD), who was not only an enlightened master, but also a monumental genius. He wrote 40+ books on many subjects, including works on drama, poetry, aesthetics, as well as his encyclopedic TANTRALOKA [which remains to be properly translated].

Kashmir Shaivism is a repository of Wisdom-Knowledge and Abhinavagupta is one of her brightest stars! The difficulty is that Kashmir Shaivism has its own usage of Sanskrit, which differs from other schools. Therefore it takes a great deal of effort to penetrate the vast array of technical terms. It was intentionally obscured, like a code, to protect the teachings from invaders.

Abhinavagupta's wonderful PARAMARTHASARA was written for beginners and is a very simple introduction to Liberation in this particular school. What follows is a discussion of one of my favorite verses from the Paramarthasara - which means The Essence of the Highest Reality or The Real Truth about Everything!

“All Such Theories are Mere Suppositions & Imaginary Concepts of Thinkers”

Once you begin to consider the nature of your relationship to the universe and the origin of both, it is quite natural to want to systematize your findings to both share and clarify. Ever since we lost the memory of our absolute nature, we began this process.

In the Hindu tradition this was done through the enlightened inner revelations of great seers, the Rishis and others. SAMKHYA is an
amazing repository of such thoughts and has influenced almost every philosophical and metaphysical system in India’s great history.

When you read these books you become aware that there are differences of opinion and arguments concerning the sequence and mechanics of Prakriti’s manifestation of the universe and her relationship to Purusha (the Soul). One venerable scholar even calls another a blockhead!

While I was at first disturbed by these differences of opinion, I realized the truth from reading Abhinavagupta’s PARAMARTHASARA – a Sanskrit word which means the real truth!

Abhinavagupta, the enlightened genius Shaivite, plainly states that all such theories are “mere suppositions and imaginary concepts of thinkers.”

Why? Because – “No diversity is the real truth.”

27. The Buddhist thinkers maintain that the constant flow of momentary consciousness is the only reality. The Vedic thinkers say that the single self, penetrating inside pervading, directing and governing all minds, is the ultimate reality.

Some Upanishadic thinkers take the power of animation as the ultimate truth, while other such thinkers say that one universal ATMAN, shining as all phenomena, is the only reality. Some other thinkers take either the psycho-physical organism or the generalities or lastly the individual as the ultimate truth.

But all such theories are merely dialectical speculations useful in discussions and debates. None among such entities has a real existence, as all these are mere suppositions and imaginary concepts of thinkers.

28. In the same way that matters like piety and sin, heaven and hell, birth and death, pleasure and pain… and so on, do never exist in reality, but appear in the Self on account of delusion (MAYA).

No diversity is the real truth. Its existence is simply apparent. It shines in the ATMAN as reflections shine in a mirror. All this appears to be a bonded being on account of the delusion caused by MAYA.

As I consider Abhinavagupta’s enlightenment to be beyond question, I feel I can draw certain conclusions from his emphatic statements:
*There is Oneness and the temporal perception of apparent multiplicity.
*The domain of multiplicity (the Matrix as Maya's PRAKRITI) is the ‘appearance’ of transitory multiplicity in the form of the temporal illusory hologram and its matrix (both produced by Prakriti’s GUNA-MAYA).
*Therefore the mechanics of this multiplicity can be described in many diverse ways depending on the consciousness of the experiencer.

Throughout the four Cycles of Time we all have recognizable differences in the way we perceive life. Our holograms are not identical, as I am sure you have noticed. Thus when any one of us goes traveling into the inner worlds of our Soul, we all come up with our own versions of how the universe is constructed and manifested. None of which are any more real than the temporal illusory hologram itself - and none of which is any more real than another. However some do have a higher consciousness and are more useful than others.

Each is a product of the individual’s consciousness based on his or her state of balance among the three gunas. Prakriti’s GUNA-MAYA manifestations are all a part of the illusion of multiplicity - even when they are grand and enlightening illusory thoughts.

If it is true, as Abhinavagupta says, that all such theories are “mere suppositions and imaginary concepts of thinkers” then why should you read these wonderfully arcane and often complex metaphysical systems that take great pains to delineate the mechanics of consciousness?

The study of these metaphysical systems lifts your consciousness up into the higher frequencies out of the mundane and into the ‘sacred’.

These seers are in the higher waveform frequencies that you want to be in. Immersing yourself in their consciousness through reading their thoughts will bring your consciousness closer to theirs.

Consider the simple comparison of the potential influence on your consciousness of a best-seller paperback novel or even the nightly news, in contrast to reading the Bhagavad Gita or Lao Tzu. It doesn’t take a
rocket scientist to figure out the variants of effects here.

You will still have to ‘experience’ what you read. Just reading or hearing the truth is not enough. You must intuitively perceive, know, and feel these teachings in your soul. They must become a part of you deep inside – experientially. This is why so many diverse forms of spiritual practices have developed. These practices are an effort to allow you to make the knowledge a reality that has the power to release you from bondage of delusion.

Enlightenment can only come when you are fully engaged in the SATTVIC GUNA. You need to train your mind, body, and being to remain in a state of harmony and balance, a sort of focused alert intelligence that studying these teachings can give you. If you are restless (rajas) and lazy (tamas) you will not be able to access the waveform frequencies that open the door to liberation (moksha).

The aspirant needs to have some knowledge (jnana) of what you are going through. JNANA is knowledge that removes suffering brought about by ignorance. What are the rules of the universe and your relationship to it?

If you don’t understand the experiences your long hours of meditative practice are bringing you, then you will not be able to fully utilize their value. Without the knowledge of understanding, your hard earned inner revelations will wither on the vine and dissipate.

You must have a users manual of some sort.
Pick the one you resonate with.

An Evolving Synthesis

I will here paraphrase the enlightening thoughts of the brilliant and wonderful French Sanskrit scholar Alain Danielou from his classic book ‘The Gods of India’: The modern western world prefers to be analytical
and to place religious and philosophical ideas in separate compartments.

In Hinduism the preference is cosmological. The tendency is to relate any new system of thinking to their ancient traditions – particularly to the Sanskrit texts the Vedas, the Mahabharata (which contains the Bhagavad Gita), the Upanishads and the Puranas. This cosmological approach to new ideas reflects a desire to embrace all knowledge as being an ever-evolving Wholeness.

Thus fresh evolutions of the ancient understandings and primordial traditions are accepted as additions to the total body of knowledge and incorporated into the whole. Seers and enlightened beings that came along with their unique and insightful revelations were accepted because they were viewed as useful clarifications on the ancient roots of these primordial traditions.

In other words, a new version of truth was accepted as long as it emerged from the older venerated truth and if it brought new light into the world because of its relevance to current times.

The enlightened revelations of such sage beings often take the form of commentaries on the principle texts. For example the Shaivite (Shiva) Abhinavagupta and the Vaishnavaite (Vishnu) Ramanuja both wrote their brilliant reflections on the Bhagavad Gita and both commentaries are insightful and useful to the reader.

As Alain Danielou explains, it is only in the Kali Yuga (our current Age of Conflict & Confusion) that religions become mutually exclusive. This isolation of creeds brings out the worst in man – “My god is God!” - and has led to endless horrors of war, and demented monstrosities such as the Inquisition, that have left their trail of suffering and blood across the pages of written history – the duration of the Kali Yuga.

Hinduism is based on what it calls SANATANA DHARMA a Sanskrit term that means the eternal religion. This principle recognizes the truth that expressions of our relationship with our Creator and that which is sacred within each of us will evolve, change, and develop relative to each of the Four Cycles of Time, and the cycles within cycles of each age.

As Krishna says in the Uddhava Gita:
‘In any one part, the other parts are present.’
Withdraw from the objects of the senses

The idea of withdrawing from the objects of the senses is one of the most subtle ideas in the Sanskrit texts, which are always talking about Renunciation, meaning withdrawing from the objects of the senses.

Implying that objects 'belong' to the senses.

My way of understanding this is not that you deny yourself what you are not ready to give up, but that you lose interest when you realize they are temporal illusions that come and go.

The Meaning of Renunciation

The etymology of the word renunciation is to send back a message. In this context, the message is made up of the signals transmitted to the brain through the sense organs. The sense organs were created by the God-within, who is the actual owner and recipient of all such transmissions.

Therefore when you ‘renounce’ this world, you are simply sending back to God what always belonged to God - even though you were under the delusion that the objects of the senses belonged to you. Attachment to the temporal is a lack of wisdom.

This process of renunciation will clarify your own comprehension of your true identity, meaning who you really are beyond the fleeting ego-self. Renunciation will strengthen your Union with God within your Heart.
As you remove the five senses from their objects and return their transmissions to their Creator, you give up what was never yours anyway and return to that which you truly always are.

You awaken from this enchanted Labyrinth that is spellbound by the deluding power of ‘I and mine’ and renounce the temporal illusory hologram and come Home!

Now in case you are wondering if all this talk of realizing the God-within you is going to lead you to become an ash-smearèd celibate recluse who never participates in any worldly matters, keep in mind that the most revered Sanskrit text, the Bhagavad Gita, is a user's manual for warriors.

The supernal jewels of wisdom in the Bhagavad Gita are revealed in the middle of a battlefield. The greatest warrior of the age, Arjuna, has thrown down his arms in despair and slumped into the bottom of his chariot. He does not want to kill men, family & teachers he has known all his life who have turned against him and become the enemy. He has lost courage. Both armies are poised ready for battle on either side while what must be the most famous spiritual dialogue ever, is given. Krishna, his charioteer, advises Arjuna to get up and fight.

Real courage to overcome all demonic forces comes from WITHIN, the eternal adamantine in the Heart.
The World Tree - Axis Mundi & Attaining the Supreme

In Chapter XV of the Bhagavad Gita, Krishna uses the metaphor of an upside-down tree to explain the Matrix. Krishna teaches his friend Arjuna the understanding of the Tree of the Universe or the Tree of Samsara. Samsara is this relative universe with its endless cycles of births and deaths. This tree is upside down (XV.1). Its roots are above and its branches below.

"The eternal Asvattha Tree has its root above and branches below. That root, indeed, is called the Bright That is Brahman, and That alone is the Immortal. In That all worlds are contained, and none can pass beyond. This verily is That."
- Katha Upanishad II.iii.1

Asvattha is the Sanskrit name for the Peepal (ficus religious) fig tree and is familiar to all Indians. It has heart-shaped leaves and its fruit is purple when ripe. The Peepal tree was first depicted on a seal discovered at Mohenjodaro, a city of the Indus civilization (3000 BC - 1700 BC).

Its leaves are applied to wounds after being heated in ghee. It sends its branches down to the earth below, and is also the Buddha’s Bodhi tree.

Krishna says that the leaves of this metaphorical tree are the sacred hymns of Vedas. Its branches are nourished by the three gunas (sattva, rajas & tamas) and its twigs, which sprout branches are said to be the objects of the five senses.

In Samkhya, the things of this world are never separate from the senses, through which they are perceived. It is the ‘operation’ of the five senses on ‘their’ objects that makes the temporal illusory hologram perceptible to our human consciousness.
The roots of the upside-down Tree of Samsara stretch downward from above as our desire-based actions bind (karma-anubandhini) us to this earth, the human world (manusya-loke). The upside-down tree is also a metaphor for the mirror image of the unreal which is only a reflection of the Real.

The trunk is formed by ‘the various subtle bodies of living beings’

This Tree of the Universe (Samsara) is said to be noisy ‘constantly reverberating with the tumultuous’ sounds that arise from the cacophony of all human activity. Its trunk is formed by ‘the various subtle bodies of living beings.’ Its growth is fed by desire and its fruits are the Lokas, the worlds of the afterlife, which are experienced as the reward for actions.

Thus the longing for results, the fruits of our acts, engenders the roots which reach down into the earth plane and further bind human consciousness in the temporal illusory hologram.

The form of the Tree of the Universe cannot be known by living beings here on earth (XV.3). It has no beginning and no end, nor can its continual existence be perceived. This Tree forms the link between the transcendental worlds and the phenomenal ones.

The Sharp Axe of Detachment

The Tree of Samsara is an illusion, the projection of the Immutable Immeasurable Imperishable Oneness. When Souls are weary of enjoying the experiences provided by transmigration through a myriad of births and deaths, they must learn to discern the eternal Real from the effects of guna-maya and cut down this Tree. The only way to cut this upside-down Tree is with the Axe of Non-attachment (asange-sastrena).

The Sanskrit word ASANGE means that which is opposed to desire, and SASTRENA is an axe or knife like weapon. Dispassion and renunciation of the signals which transmit the perceptions of the five senses to the brain, become a mighty weapon because they detach human consciousness from the world of desire, attachment and aversion, likes and dislikes, pleasure and pain.

An eagerness for Knowledge of the Supreme Self makes this Axe strong and the repeated practice of Discriminations between the eternal Real and the temporal unreal, produced by Prakriti’s guna-maya, sharpens the weapon that cuts down our attachment which binds us in the temporal
illusory hologram.

Becoming God-Consciousness within you will not make you are reclusive coward - far from it. Attaining these higher states will give you access to the knowledge, wisdom, and courage to restore this Earth to her Primordial Harmony. You will Know!

The World Tree - Axis Mundi

Krishna’s Asvattha Tree, the Tree of the Universe or Samsara, is none other than the World Tree, the Axis Mundi known in every metaphysical understanding through the ages around the planet. The brilliant French metaphysical writer Rene Guenon says that Krishna’s upside-down Ashvattha tree refers to the primordial traditions symbolized by the sacred oak for the Celts, the lime tree for Germans, and the ash for Scandinavians ['Man & His Becoming According to Vedanta'].

Guenon explains the upside-down position of the tree as ‘analogy, here as everywhere else, [that] must be applied in an inverse sense.’ Like the Hanged Man card in the Tarot, what is true for the inner spiritual reality is inverse to the external material one. Guenon says that the roots are above because they stand for ‘the Principle’ and the branches spread out below to ‘represent the deploying of manifestation’.

There is only the ONENESS.

The Matrix as Prakriti (the material nature), Maya-Shakti and her three gunas, is the instrument through which the Oneness generates the temporal illusory hologram, meaning the universe.

_There is only the Oneness._

_One Soul. God-Consciousness._
Therefore any and all manifested forms are only the temporal APPEARANCE of separation from the Oneness. Just as we only 'appear' to be separate from the ONE. In many of the Sanskrit texts, the goddess (metaphorically speaking) states that she is not different from her male partner, for example Shiva-Parvati.

Here is what Krishna says about the Matrix as Prakriti's three Gunas [sattva, rajas, tamas] in the Bhagavad Gita:

VII.12
And those states of being which are sattvic,
And those states which are rajasic and tamasic,
Know that they proceed from Me (the Oneness).
They are in Me; but I am not in them.

The author of the Bhagavad Gita has Krishna to speak as the Oneness, the God-within all of us. He is the 'charioteer' of Arjuna and thus the inner guide of us all.

Here Krishna says that all these three states proceed from the Oneness, which encompasses the entire creation - however the Oneness is never limited to any of Its parts.

VII.13
All beings are deluded by these three states of being,
Composed of the qualities (the Gunas).
They do not recognize Me,
Who am higher than these, and imperishable.

The Oneness Veils Itself in the Matrix, Maya's creative power of Illusion, and using the three Gunas produces the temporal holographic universe throughout the Cycles of Time. Even the universe does not recognize the eternal Oneness within the Matrix.

XVIII.40
There is no being, either on earth,
Or yet in heaven among the gods,
Which can exist
Free from these three qualities (the Gunas)
born of material nature (Prakriti).
The Bhagavad Gita here states that all beings are subject to these three perpetually varying qualities, the Gunas. This includes all the various beings in all the dimensional Myriad Realms, including all ETs, angels, demons, etc.

Life is a Multidimensional Fabric Woven of Electromagnetic Charges, forming Fields within Fields

* Beneath the curtain of each
  Atom lies concealed,
  The Life increasing Beauty
  Of the face of the Beloved.
  - Mahmud Shabistari, 14th century Sufi

A polarity Universe is made up of positive and negative charges. Your physical/subtle body is spheroid, a walking satellite system of charged particles - a Field. The entire visible world is manifested and supported by electromagnetic forces that sustain its very temporal holographic existence.

The nature of your sphere is relative to its charge – meaning your consciousness. Once you realize this you will know the eternal Secret of the Ages: Change your consciousness and you gain the power to change your hologram, your life.

In the treatise ‘Cosmos Without Gravitation’, the great iconoclastic thinker Immanuel Velikovsky states that: Sun, planets, satellites (moons, etc.), comets are charged bodies. As charged bodies they are interdependent.

As Spirit inhabiting human bodies, we are each similar to such ‘charged’ bodies. Velikovsky uses the term circumduction to describe the electromagnetic interaction of celestial bodies. Circumduction would
imply moving around an object in a circular or spherical manner. If you imagine yourself and those around you as unique spheres of electromagnetic energies, the term circumduction becomes a more accurate and less linear description of our everyday lives.

We are all interacting with each other in every moment, not just in physical passing, say in the market or street, but also at a distance as we think of people or they think of us, or we read another’s thoughts or they read ours. Life is a multidimensional fabric woven of electromagnetic charges, all forming fields within fields.

In the ancient Sanskrit text The Bhagavadgita, Krishna tells Arjuna: This body is called the Field, and the ones who know this call the one who knows this Field the Guide to this Field. The term Field is a wonderful description of our being, both as it is used in physics or more simply as a place to plant and to reap.

"The body is called the Field, and he who knows this field, the learned call the Knower of the field. Know Me [the Oneness] as the Knower of the field in all fields; the knowledge of the field and its knower, and know that through this knowledge alone I [the Oneness] can be realized." Bhagavad Gita XIII.2 & 3

Krishna is saying that within your body, your Heart, there is a user’s manual for the field and this is what he terms the guide. The guide is the God-within you, the SELF or ATMA in Sanskrit. This guide knows everything you need to know about you and your field.

In this Age of Confusion, the Kali Yuga, we are all desperately looking to any and all external manifestations for answers, cures, and salvation. Our wild-horse GUNAS are incessantly nagging, demanding, distracting us from the only Real. In stealth, ineluctable death chases us down - but we are too busy, deluded by multiplicity, and unaware. We don't have time to contemplate the Real. While in fact our personal guide, the God-within us all is patiently eternally waiting, ever ready to share and reveal our unique user’s manual to us. As Krishna says – this is knowledge indeed!

Our physical/subtle bodies are the result of our consciousness and make up the totality of our being. This totality-of-being is an illusory temporal holographic matrix, a spherical Field made up of dazzling, coalescing, rainbow electromagnetic charges.

The God-within each and every one of us remains completely unaffected
by any act generated by our temporal illusory holographic spheres.

"This imperishable self is transcendent because of its beginning-less-ness... Although present in the body, it does not act… this self, while present in every body, is not affected."
BhG. XIII.32

Reason this for yourself: If the God-within us could be affected or somehow altered by human consciousness for a New-York-minute, the entire universe would have disintegrated eons ago. The God-within us is eternal, immutable and immeasurable. While we mistakenly identify with our holographic sphere, the small identity ego-self and all of its endless preferences, we are NOT that. The small ego-self is a temporal illusion. As long as we mistake the illusory for the Real, we remain bound within the hologram.

As we begin to wake up to the Invisible Realms and to lift the curtain, we realize that we have only been flying on one engine, supercomputers with no user’s manual. In the Kali Yuga the human Field has become a mere shadow of itself. We need to charge our particles! And this is where spiritual practices come in. Meditation can literally charge the Field with energy, brilliance, and creativity.

The God-within knows every aspect of your blueprint and is the only true source for your own fulfillment.

Believe me when I say that I understand that quieting the noisy mind and achieving levels of focused attention is not easy. But unlike everything in the external world, which always inevitably leads to disappointment – making a solid gold connection to the God-within you is the ultimate reward, the elixir of Life, and the Secret Key that opens the Door to the Real!

*Mahmud Shabistari: The Secret Garden*
*Translated by Johnson Pasha*
*Octagon Press; 1969, London*

*The Bhagavadgita in the Mahabharata*
*Translated by J.A.B. van Buiten*
*University of Chicago Press, 1981*
Prakriti is the Matrix

Prakriti is the uncaused, unmanifest Nature, the Matrix as womb. She produces the entire fabric of creation which lies within her as the insentient unconscious Matrix and operates through the three gunas - rajas, sattva, and tamas. Prakriti is the uncaused cause of all entities and has no existence apart from the gunas.

This Universe the womb is where I plant
Seed of all lives! Thence comes
Birth to all beings!
- Bhagavad Gita XIV.3

The etymology of the word ‘matrix’ is womb. The Sanskrit for womb is yoni. The womb of this universe is described as maha brahma which the scholar Krishna Chaitanya/KK Nair reads as the Great Nature. The Kashmir Shaivite Abhinavagupta reads maha brahma as Shakti, the instrumental power to create the entire universe. This Shakti is the womb and is svatantrya-shakti, the Lord’s ‘Great Power of Freedom’ (B.Marjanovic). The Supreme Being places the seed (grabham) in the womb (yoni) as the origin (sambhavas) of all beings (sarva-bhutanam).

The Supreme Lord [the Oneness] is the father (pita) who sows the seed (bij-a-pradah) in all wombs (yonis) from which every form and image (murtayas) emerges (sambhavanti). It is the nature of Shakti to ‘manifest
the universe’ (B.Marjanovic), therefore she is called the Mother.

*The 3 gunas - sattva, rajas & tamas

Prakriti possesses the three gunas - sattva, rajas and tamas. The gunas are the basis of everything produced in the temporal illusory hologram. All that is perceivable by the five senses are her effects.

While you read this teaching of the gunas and their distinctions, bear in mind what the Abhinavagupta says - “No diversity is the Real Truth!” The One as Paramatman is Atman, the appearance of myriad Souls. The Atman is Purusha once it inhabits a form. The Oneness is Prakriti whose three gunas are activated by the presence of Purusha to produce the universe via the five senses operating on their objects. All are but aspects of the One.

During a Dissolution the gunas remain in balance. Their nascent imbalance ensues with the beginning of any creation in any of the first Cycles of Time. As the cycles proceed, the gunas move further into imbalance and it is this imbalance that causes the projection of an expression or manifestation out into the hologram.

The three gunas, sattva, rajas and tamas born of Prakriti bind down the embodied and the imperishable dweller in the body ...
- BhG. XIV.5

The gunas integrate the human body; adhering to the subtle form, they ‘conduct’ the body. Our individual gunas may be described by the planetary placements in our birth chart. The Cardinal signs are rajas, the mutable are sattva, and the fixed are the guna tamas.

The gunas serve to limit us from the infinite. As our consciousness moves through the Cycles of Time, we become more and more limited by the increasing imbalances in the gunas which are governing our corporeal existence. Eventually the adventure is less than fun and we land in a Kali Yuga rut as the repeating downward cycles of the same-old same-old boring experiences hurl us into the proverbial brick wall and we are force to think. It is perhaps time to wake-up.

Oneness pervades!
It is the presence of Purusha [the indwelling 'soul' as individual &
-witness] in proximity to Prakriti and her gunas that kindles, impels, and
instigates the emergence of her effects in the hologram. Prakriti is the
‘final substratum of all empirical realities,’ however her unmanifest is not
different from her effects.

‘What was subtle and undifferentiated is called effect when it becomes
manifest and differentiated’ (Chakravarti). On the highest level of the
Real even the cause, Consciousness as Purusha, is not separate from her
or her effects.

God is All - Vasudeva sarvam iti
- BhG.VII.19

As you absorb an understanding of the Gunas - also termed modes or
qualities - you can begin to identify your patterns, those endless mood
swings, proclivities and compulsions as nothing more than these GUNA
Matrix 'things' which are in fact on automatic. The Sanskrit term is the
YANTRA RUDHANI - translated by VanBuitenen as a water wheel.

How many people do you know who are really in control of their moods,
their habits and compulsions? Most of us don't know ourselves well
enough to notice our repeating patterns. We continually weave webs in
and around our hologram. Over time hopefully we come to realize that
we have crashed into the same brickwall over and over - and it just
becomes flat-out boring.

I think it helps if you know your astrological birth chart, but only in the
sense that the chart lays out some of our patterns for us. The cardinal
signs are rajas, the mutable sattva, and the fixed are tamas. Our current
incarnation identity is a prison matrix that we ourselves created over
many lifetimes to 'play' in - as the Cycles of Time move ever onward
toward Density.

Know Thyself!
Self mastery will come when we develop NON-ATTACHMENT to our Gunas, which are only operating on 'their' objects. We do nothing. Everything is God. You are not the Doer!

Abhinavagupta:
"How can the actions performed by the sense organs - which are entirely different from my own Self [the God-Within, the Oneness] - affect me who am identical with Atman [the Oneness]."

Bhagavad Gita V.8
The man of Yoga [in union with the One, YOGA means union], knowing the Truth [that he is that Oneness], knows that while seeing, hearing, touching, eating, walking, sleeping, breathing --- he in fact does nothing!

Understanding the “Harvesting of Souls” from the teachings in the Sanskrit texts

The archaic phrase “harvesting of souls” is in fact specious, wrong and misleading. There is only the One. There is only one Soul. We all share the same Soul, the Oneness.

“I am the same in all beings.” (Bhagavad Gita IX.29)

What appears to transmigrate, to move from one material body to another, is a portion of consciousness in the form of the subtle body. Psychics or Seers can easily see this body and read its condition.

The word “harvesting” is also misleading. No one can ‘take’ you or make you do anything unless you yourself have generated a consciousness that resonates with a particular force, a waveform that would then magnetize
you into its similar frequency.

Therefore a deeper understanding of the mechanics of this process will relieve you of fear and help you to realize why it is imperative to generate a high consciousness at every moment.

The Subtle Body

As you incarnate in Time and Space, you build a subtle body. Some term it the spirit or astral body. In Kashmir Shaivism it is called the puryashtaka rupa (Sanskrit). Like the physical body, the subtle body contains a complex nervous system.

These “nerve currents are called Hita Nadas (Sanskrit) and they are very fine in structure, finer than even the thousandth part of a hair. Through these very fine, subtle nerve currents pass the serum of the essence of the human individual…” (Krishnananda, Brihadaranyaka Upanishad).

These subtle nerves store the impressions of your lives and your thoughts. Every thought, every experience is stored in this the subtle body that carries your individual consciousness from one life to another. This individuality is only apparent, for beneath the appearance of Multiplicity is the Real - the One.

It is this aggregate, this cumulative consciousness that determines your next incarnation. You inevitably become your own self-created, self-generated consciousness. You are drawn to the external holographic manifestations of your own thoughts. There is no one to blame. It is all your doing. You are a portion of the Oneness playing in Time and Space, like everyone else.

The eternal, imperishable, immutable Oneness takes the ‘appearance’ of a fragment of Its Self as the individual soul. When you move into a new physical body and when you leave, meaning die, you do so in this subtle body. Your current data-collecting vehicle, your subtle body, carries the five senses and the mind, the impressions (samskaras) of your experiences as “the wind carries scents.” (Bhagavad Gita XV.7 & 8)

Like attracts like!

From an understanding of the subtle body, we realize that no one can ever actually ‘take’ or harvest our soul. What will happen is that our subtle body, which has been built by our own consciousness, will be magnetized...
to where and what it resonates with. Like attracts like – that simple!

Location is determined by your consciousness

Consciousness determines everything. In the Bhagavad Gita, Krishna says that the god worshippers go to the gods, the god worlds; those who worship the ancestors go to them, the ancestral realms; those who sacrifice to the spirits go to the spirits (bhutani), the shaman worlds; and those who Know and Become the One merge into That. (BhG IX.25)

There is nothing wrong in any of these forms of worship. However, these approaches are only “partial manifestations of the highest reality.” (Abhinavagupta, Bhagavad Gita VII 21-23)

The Invisible Realms

In previous Cycles of Time, we were not limited to the five senses and we were aware of these realms now invisible to most of us. We may have played in these realms before and we may have bonds with them. However it is up to you to decide what you want and where you want to arrive.

Why do you need them?

The so-called extra-terrestrials are merely the inhabitants of the Myriad Realms. They may have grand technologies and may be very pretty, but are they enlightened? If they were enlightened would they be in these phantasmal realms? If they are not enlightened, if they do not have the understanding of the One, if their consciousness has not reached eternal Wisdom, if they have not Become the One – then why do you need them? Ignore them!

You would not walk up to any stranger on the street and give your life over to them, would you? Why trust these myriad spirit guides, ETs, etc. when you have no idea who or what they are? Ask yourself what does “saving” you mean. Exactly where will they take you?

Tat Twam Asi

Only the God-within you will lead you Home. You are perfectly capable of saving yourself. God resides within you and waits patiently, eternally.

The quotation from the Brihadaranyaka Upanishad at the top of this
website says it very clearly. These myriad realm beings in all their phantasmal hierarchies do not want you to know that you are the very Soul permeating this entire universe. You are that Oneness. You are That. As they say in Sanskrit, Tat Twam Asi - That thou art!!


Abhinavagupta’s Commentary on the Bhagavad Gita GITARTHA SAMGRAHA
Translated from Sanskrit with Introduction & Notes by Boris Marjanovic
Indica Books; 2004, Varanasi India

The Bhagavad Gita
Translated by Winthrop Sargeant
State University of New York Press, 1994
Who the ETs are & What is up there on our Moon?

The purpose of Life in this polarity universe is the enjoyment (Sanskrit BHOGA) of the world through the ‘Veiling’ of Oneness into the illusion of separation and multiplicity, and eventual Remembering, Liberation (APAVARGA or MOKSHA) and return to that same Oneness.

This universe is composed of an infinite number of Loka-worlds that have emerged over the cycles of time within the Manvantara. As projections of our consciousness, they are our own creation and we have all spent time in many of these myriad realms, in accordance with our correlative consciousness at the time of our death.

A person always becomes what he thinks of when he at last relinquishes the body.
- Bhagavad Gita VIII.6

Location is a function of consciousness, therefore you find yourself in the particular Loka-world that you resonate with. God worshippers go to the gods. Those who worship their ancestors go to them, and those who revere the demons and ‘ghouls’ go to those worlds. [Bh.Gita IX.25]

According to the Bhagavad Gita no creature in this universe is free of the GUNAS - not only those of us here on earth, but also the gods in the heavens are under the power of GUNA-MAYA. [Bh.Gita XVIII.40] These Loka-world realms are temporal and they are destroyed at the time of the Dissolution.

In life we accrue what is termed ‘merit’ in the Sanskrit texts. This merit determines the length of our stay in any realm, heaven or hell. Once that ‘merit’ is finished, we are compelled to reincarnate back into a human body, back here on earth. All the worlds, even the world of Brahma - which is the highest but nevertheless also temporal and phenomenal - return eternally. [Bh.Gita VIII.16] This means that everyone must eventually leave the pleasures of the heavenly realms - and more happily,
escape the less than pleasant lower realms.

In Hindu metaphysics it is the human body that contains the most auspicious possibility to achieve realization of the totality of the universe and the Remembrance of the God-within.

The Self (ATMA) is most easily realized in the human form…
[Uddhava Gita Dialogue 2, Verse 21]

… in the human form… the Self can most easily be attained.
[Uddhava Gita, Verse 22]

To JIVAS (embodied souls who are invested with a body in every birth) the attainment of a human body, is very difficult yet valuable (as it serves a means of liberation from SAMSARA (rebirth on the Wheel of Existence).
[Bhagavata Purana, Skandha XI, Ch 2, Verse 29]

The human body contains a system of seven chakras (wheels of energy) that correlate with the seven higher and seven lower Loka-worlds. Perhaps in the golden Krita Yuga these realms were originally emitted from these chakras. Even if some may have forgotten due to their own guna-maya delusion, the inhabitants of these heavens and hells know that sooner or later they too will be recycled back into flesh and blood. Therefore it would be quite natural for them to take an interest in the human experience.

It does seem however that some entities do not have to leave their respective Loka-worlds and reincarnate here. Perhaps these beings never incarnated into human bodies on third dimensional planet Earth and chose to create their own Loka-worlds in the Krita Yuga - the Golden Age, before the Fall, when we all still remembered that we are pieces of God - and simply remain there. An occult technique for prolonging time in these realms, according to an old book on the Tarot (by Mouni Sadhu), was to preserve the physical human body on earth. According to this text as long as the body remained in tact, one did not have to reincarnate - and thus the Egyptians and others who knew this secret went to extremes to keep their discarded physical shell from decay.
If you accept the possibility that the term extraterrestrials (not of terra) may in fact refer to the inhabitants of these myriad worlds --- then it is also possible that everyone of us here on planet Earth is in fact one of these beings - an ET. This surprising conclusion is based on the metaphysical reality that we have all spent time in many of these worlds and thus have memories of our experiences. Where have all the wonderfully imaginative science fiction stories come from? Many of us now remember past lives on other planetary systems. Perhaps this is all quite natural and would be known to us in any other cycle of time – other than the Kali Yuga where we are deluded and engulfed in confusion.

These Loka-worlds are what we would call hyper-dimensional or other-dimensional in the sense that they are not on the same vibrational frequency as we are. The entities in these realms do not have dense physical bodies, although some are seemingly ‘more dense’ than others. All these worlds are lit from within, meaning they do not have reflected light as we do here.

VAYU Purana, Part I, Chapter 53 – Arrangement of Luminaries
73. There are crores (correction from isangard: crore = 10 million) of constellations and as many stars too.
75. The stars occupy their own abodes. These luminaries are the abodes of pious persons.
76. The abodes are created by the Self-born Deity at the beginning of the Kalpa. They stay up to the dissolution of all living beings.
77. These are the abodes of the deities in all Manvantaras. These deities identify themselves with these abodes and stay till the final dissolution.
78. The abodes of those who have gone have vanished.
79. In this Manvantara, the planets reside in aerial cars.
   (This is a particularly intriguing verse because it suggests the idea of planets as space ships or a giant space station-mother ship that might not require an orbit.)
83. Svarbhanu…being a demon, harasses all living creatures.
   (There are myriad demon worlds as well, perhaps Reptilian or Borg-like.)

VAYU Purana, Part I, Ch. 1, Verse 93.
The stars in the form of constellations are mentioned along with the planets wherein are situated the residences of the gods who have performed meritorious acts.

These Loka worlds are all contained within this universe – the Cosmic Golden Egg known as Hiranya-garbha. The Puranas say that there are
seven higher worlds and seven lower, but within these divisions are contained thousands of cities of the Nagas (serpents), Danavas (giants), Pisacas (eaters of raw flesh), and Raksasas (demons), and a multitude of other beings in a variety of possible existences.

All of these temporal illusory realities would correlate to some frequency of consciousness that was once emitted here on third dimensional planet Earth. These worlds all seem to have their own code of life that they adhere to, their own dharma, and the gods are often fond of the demons and have respect for them – when they are not at war with them, which happens repeatedly. Thus the primordial idea of The War in the Heavens is a frequent subject in the Sanskrit texts. These wars are often reflected here on planet Earth.

The Puranas also say that there are thousands of crores (millions) of these Cosmic Eggs!

The American Indians used to say that the Moon is a crazy man who runs all over the sky. If over time you have ever watched the Moon move across the sky, you will have noticed that every night its path changes considerably. The region of the sky that has been displaced by the moon’s eastward movement in one day is called a Nakshatra (Sanskrit). The moon passes through these Naksatras, which are all constellations. For example Arcturus, Altair, the Pleiades, Regulus, etc. and these constellations that might be identified as the source of the interfering ET races that are carrying on their interactions with humanity in terms of influencing our consciousness, offering technology in exchange for DNA, and engaging in the ongoing hybridization programs based on countless abduction reports.

The universe is a temporal illusory hologram made up of varying frequencies as waveforms. Let’s imagine that our Moon is in fact an artificial satellite designed as a sort of command center for the ETs to emit specific waveforms onto our planet, for a variety of reasons, and also to observe. The satellite could be programmed to have an orbit that would pass through the various constellations involved in order to allow their individual frequency waveforms to permeate the planet through the Moon, which as a giant emitter transmits these selected frequencies down
onto our planet and us. In other words the Moon would serve as a sort of two-way interdimensional radio between Earth and these rest of the universe, specifically those ‘alien’ cultures that have an interest in us.

Others have suggested this idea that the Moon is a transmitter of frequencies. Perhaps in the earlier cycles of time, this operation was controlled by the more highly evolved and benevolent beings. However it may be likely that during the Kali Yuga, command and control of the emitters on the Moon were lost to the Darkside – an unintended consequence and side effect of the Wars in the Heavens.

Certainly these aliens would not wish to have our military in any form snooping around their technologies on the Moon. And if Ingo Swan’s report is accurate, this unfriendly attitude is confirmed. Ingo Swann is the original remote view-er and worked with The Stanford Research Institute, SRI, and many government agencies for years. In his book Penetration: The Question of Extraterrestrial and Human Telepathy, Swann tells of his involvement with a very secret government agency that asked him to remote view the dark side of the Earth's Moon. He saw extensive buildings, roads, and human forms digging.

Swann makes it very clear that our government is very much intimidated by these ETs. He says to the government agent: "They've somehow got you by the balls, haven't they? That's why you are resorting to psychic perceptions...They are NOT friendly are they?"

On reflection this does not indicate that if there are in fact aliens living on our Moon, they are necessarily evil. Would you want any of the earth-side military in your house or backyard? Even if the beings are very highly evolved, say Etherians or other enlightened entities - it is realistic to imagine that they might prefer their privacy.

My understanding is that these beings do have the ability to materialize in our dimension and if there is ‘solid’ evidence, such as craft or other technology, then they must have either been trapped here or intentionally entered our waveform frequencies. No one has ever shown us the credible physical remains of an extraterrestrial. Yes, I have seen that film of the
alien operation. But let us agree that we have been inundated with so much disinformation on all aspects of the subject of the ETs that there is very little we can believe with any confidence. If we no longer trust our governments, the blame sits directly on their shoulders for lying to us for over 50 years, when half of us have seen UFOs with our own eyes.

Every UFO that I have ever seen was either somewhat etheric in nature or its apparent ‘solidity’ defied natural laws by its ability to achieve instantaneous speed, or it disappeared in front of me. I assume they move in and out of our dimension. All of the ‘beings’ I have ever seen or been in communication with, were experienced through the Eye of my Mind, and/or were of translucent and transparent light, never solid flesh & blood beings.

So where is there any evidence that all these beings are anything other than hyper-dimensional metaphysical ‘astral’ entities? I doubt that any threat-assessment-minded secret government agency would have the slightest clue about metaphysical truth.

Swann also describes his encounter with a live alien in a Los Angeles supermarket and confirms that ET civilization has been infiltrating the Earth in humanoid bodies. Swann's friends warn him: "There are a lot of THEM, you know, and many of them are bio-androids...they realize that Earth psychics are their only enemies."

The metaphysical reality seems to be that they can and do incarnate into human bodies, but that they are not successful at transplanting the human experience and our genome in their bodies. This universe just isn’t designed that way.

The implications of these metaphysical understandings from their Sanskrit sources might lead to the conclusion that because every human being here on planet earth has spent time in the various Loka-worlds - the other dimensions as planetary realities - we are all thus in fact ETs.

This idea that there are many groupings of extraterrestrial beings all incarnating over and over here on third dimensional planet earth opens up a new perspective on the ET phenomena and can explain many mysteries. Consider how different we all are. Perhaps the racial diversity around our
planet reflects these various myriad Loka-worlds, meaning the extraterrestrials on millions of other planets. This could also explain the vast complex differences in belief systems, and why so many of us sadly misunderstand and hate each other. In a sense, we really do come from different planets.

It also might explain why there is such a rush for entrainment as the various ETs groups must be calling their own to return to them when the final dissolution of this world occurs. Religions, cults, and every kind of belief system are springing up - and more will emerge the closer we get to the end. Those entities that are more conscious of their origins could be anywhere, in any institution acting upon their point of view, their agenda ---seeking to gather their own in what may be termed a ‘harvesting of souls’!

Time is simultaneous. Even when the illusion of time apparently ends, within these Loka-worlds there will still be temporal holographic durations available for the completion of residual experiences. To each his own!

Toward the close of the four yugas, in the Twilight of the Kali, the Veils begin to come down and what has been hidden is revealed.

The VAYU PURANA, Part I
Translated & Annotated by Dr. G.V. Tagare
Motilal Banarsidass Publishers; Delhi, 1987

The Uddhava Gita, The Final Teaching of Krishna
Translated by Swami Ambikananda Saraswati; 2002, Ulysses Press

The Bhagavadgita in the Mahabharata
Translated by J.A.B. van Buitenen
University of Chicago Press, 1981

The BHAGAVATA Purana Part V
Translated and Annotated by Dr. G.V. Tagare

http://www.metaphysicalmusing.com/articles/k-moon.htm
**VIMANAS: India’s ancient relationship with UFOs & ETs**

The Sanskrit word VIMANA is sometimes translated as temple, but more often as aerial ship – meaning a craft that flies high in the sky. The ancient Sanskrit texts are full of references to these flying VIMANAS,

For example in the MAHABHARATA:

… they again took to their city and employing their…wizardry flew up to the sky, city and all…their celestial, divinely effulgent, airborne city, which could move about at will. Now it would go underground, then hover high in the sky, go diagonally with speed, or submerge in the ocean.
[3(35)170.20-25]

On this sun-like, divine, wonder-working chariot [Arjuna] flew joyously upward, while becoming invisible to the mortals who walked on earth, he saw wondrous airborne chariots by the thousands.
[3(32)43]

India never rejected the so-called paranormal because its holy' men & women have been achieving these SIDDHIS - as these powers are termed in Sanskrit - for centuries, even today with India’s high-tech revolution. A similar case could be made for Russia, which has a long tradition of psychics and other paranormal achievers.

We here in the west were 'cleansed' of much of this ability - which lies in the DNA and is passed through the mother - by the witch-hunts primarily in Europe, but also in colonial America. The church literally killed off those who could 'SEE'. A tyrannical priest-craft burned specific DNA. Many indigenous populations with their beliefs in the invisible worlds and their shamans have suffered similar fates.
As Ingo Swann, the father of remote viewing at the Stanford Research Center, said: "Psychics are their [the ETs] only enemies."

The immense catastrophic problems our world is facing are in fact METAPHYSICAL in nature. As long as our blinded-by-science experts ignore the invisible-only-to-us realms, we will remain dupes - unconscious victims.

Remote Viewing:

Remote viewing is the so-called paranormal ability to see and hear things ‘at a distance’ and is in fact one of the ancient SIDDHIS or mystical powers, which are a part of the teachings in Hinduism.

The Sanskrit term for remote viewing is SRAVANA DARSHANAM. It gives the ability to hear and see from a distance. The SIDDHIS or mystical powers are a by-product and consequence of perfecting a pure focused meditation.

In the Sanskrit text The Uddhava Gita, which is found within the Bhagavatha Purana, Krishna explains these SIDDHIS to his disciple Uddhava. Krishna says that these powers are either granted to one by him – meaning Krishna as God – or they flow naturally from the pure GUNA, which is SATTVA.

In other words, the higher your consciousness becomes and as your entire being evolves - these SIDDHIS come naturally to the aspirant.

This is very different from one who is involved in magic, or is actively seeking occult powers to make him or herself superior to others and to enhance the small personal ego – which only serves to bind your consciousness deeper into the illusory holographic matrix.
I would also suggest that the natural evolutionary flow of mystical powers is quite distinct from the tedious repetitive techniques currently used in these schools – based in fear and control - by many governments and their military to spy on possible enemies.

Other SIDDHIS include:
* establish contact with the sense of creation
* enjoy all that is seen and heard, the visible and the invisible
* direct MAYA (the art of Illusion) according to one’s wish
* move the body with the swiftness of the mind
* assume any form desired
* die according to one’s own will
There are more…

[For many years now, ever since I first read J.A.B. Van Butinen's translation of the first five books of Sanskrit epic, The Mahabharata, I have wondered about these verses. What particularly intrigued me was the detailed description of the "deep masses of clouds...wreathed (encircled?) with lightning." Even before Fukushima, it seemed obvious to me that the writer was talking about atomic-nuclear radiation cloud formations. Why would he bother to include such a variety of descriptions?]

At the Time of the Great Dissolution of the Universe

Excerpts from the Mahabharata 3[37]186.55-75
SECTION CLXXXVII

Then the virtuous king Yudhishthira in all humility again enquired of the
illustrious Markandeya, saying, 'O great Muni, thou hast seen many thousands of ages pass away. In this world there is none so long lived as thou!

… at the time of the great dissolution of the universe, when this world is without sky and without the gods…

… all creatures with soul rapt in meditation and entirely swallowed up in Him!

… thou hast many a time witnessed with thy eyes, the primeval acts of creation…

… When neither the sun, nor the moon, nor fire, nor earth, nor air, nor sky remains, when all the world being destroyed looketh like one vast ocean…

Markandeya replied…

… the Great, the Incomprehensible, the Wonderful and the Immaculate. He is without beginning and without end, pervades all the world, is Unchangeable and Undeteriorating. He is the Creator of all, but is himself uncreate and is the Cause of all power.

… towards the end of those thousands of years constituting the four Yugas and when the lives of men become so short, a drought occurs extending for many years.

… men and creatures endued with small strength and vitality, becoming hungry die by thousands.

… seven blazing Suns, appearing in the firmament, drink up all the waters of the Earth that are in rivers or seas.

… everything of the nature of wood and grass that is wet to dry, is consumed and reduced to ashes.

… the fire called Samvartaka impelled by the winds appeareth on the earth that hath already been dried to cinders by the seven Suns.

And then that fire, penetrating through the Earth and making its appearance, in the nether regions also, begetteth great terror in the hearts of the gods, the Danavas and the Yakshas.
consuming the nether regions as also everything upon this Earth that fire destroyeth all things in a moment.

And that fire called Samvartaka aided by that inauspicious wind, consumeth this world extending for hundreds and thousands of yojanas.

And that lord of all things, that fire, blazing forth in effulgence consumeth this universe with gods and Asuras and Gandharvas and Yakshas and Snakes and Rakshasas.

And there rise in the sky deep masses of clouds, looking like herds of elephants and decked with wreaths of lightning that are wonderful to behold.

And some of those clouds are of the hue of the blue lotus; and some are of the hue of the water-lily; and some resemble in tint the filaments of the lotus and some are purple and some are yellow as turmeric and some of the hue of the crows' egg.

And some are bright as the petals of the lotus and some red as vermillion. And some resemble palatial cities in shape and some herds of elephants. And some are of the form of lizards and some of crocodiles and sharks.

And, O king, the clouds that gather in the sky on the occasion are terrible to behold and wreathed with lightnings, roar frightfully.

And those vapoury masses, charged with rain, soon cover the entire welkin.

And, O king, those masses of vapour then flood with water the whole earth with her mountains and forests and mines.

... urged by the Supreme Lord those clouds roaring frightfully, soon flood over the entire surface of the earth.

And pouring in a great quantity of water and filling the whole earth, they quench that terrible inauspicious fire (of which I have already spoken to thee).

And urged by the illustrious Lord those clouds filling the earth with their downpour shower incessantly for twelve years.
And then… the Ocean oversteps his continents, the mountains sunder in fragments, and the Earth sinks under the increasing flood.

And then moved on a sudden by the impetus of the wind, those clouds wander along the entire expanse of the firmament and disappear from the view.

And then, O ruler of men, the Self-create Lord--the first Cause of everything--having his abode in the lotus, drinketh those terrible winds and goeth to sleep!

- Internet Sacred text Archive: The Mahabharata of Krishna-Swaipayana Vyasa, translated by Kisari Mohan Ganguli [published between 1883 and 1896]. The Ganguli English translation of the Mahabharata is the only complete one in the public domain.

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**ET-Astral Manipulation of Third-Dimensional Planet Earth Through the Cycles of Time**

What follows is my own understanding based on my many years of experiences in meditation, reading 100s of books on metaphysics, and my own inner visions. It is not intended to frighten anyone. Keep mind that everything is the Oneness, everything is a temporal illusory hologram and no Loka world is more real than another.

As we move through the Cycles of Time, these invisible-only-to-us beings play their part in holding us in the illusion that becomes more powerful, solid and dense as time moves through out the cycles leading up to the Twilight of the Kali Yuga – now.
It also explains in part the Brihadaranyaka Upanishad quote that has puzzled me for so many years:

And to this day, [those] who...know the self as I am Brahman [Oneness], become all this universe.
Even the gods [any other dimensional beings] cannot prevent his becoming this, for he has become their Self.
...if a man worships another deity thinking: He is one and I am another, he does not know.
He [who does not know] is like a sacrificial animal to the gods. As many animals serve a man, so does each man serve the gods. Even if one animal is taken away, it causes anguish to the owner; how much more so when many are taken away!
Therefore it is not pleasing to the gods that men should know this [that they are the Oneness].
- Brihadaranyaka Upanishad, I.iv.10

My understanding is that there are many beings of varying states of consciousness that for literally millions of years have interacted with this planet. Some might call them gods, while others may know them as etheric beings or perhaps extraterrestrials - a word that only means not of this earth, extra-terra.

“The stars in the form of constellations are mentioned along with the planets wherein are situated the residences of the gods who have performed meritorious acts.” [VAYU PURANA 1.93]

There are seven higher worlds and seven lower worlds in Hindu metaphysics. These LOKA worlds reflect a wide spectrum of consciousness, as they are made up of specific frequencies of waveforms. Perhaps the demon worlds of the Sanskrit Puranic texts, the anti-gods, the Asuras and Raksasas, are reptoid or Borg-like extraterrestrials.

The VAYU Purana contains amazingly detailed descriptions of an eighth world, dazzling and bejeweled, inhabited by hybrid beings, meaning for example half-lion and half-human.
VAYA PURANA, Chapter 39

[230] Beyond Brahmaloka and beneath the upper crust of the Cosmic Egg – in between these two is the PURA (Shiva’s city), his divine abode MANOMAYA (consisting of the mind).

[238] The city shines much with scattered diamond dust.

These worlds are light from within, meaning their reality does not consist of reflected light, as does our solid five-sense material world.

[239-42] … there are divine lotuses… made of gold… their inner surfaces are very tender. The lotuses covering up the whole place seem to be so many umbrellas.

Are these gold umbrellas some sort of protective technology? Are these beings vulnerable to Cosmic Rays, Gamma and X-Rays as we are?

[260-263] Some [of the inhabitants] are… horse-faced… a few have the faces of the lord of the beasts; other have faces and bellies like those of elephants, others are elephant-faced; a few are lion-faced and tiger-faced… others can assume any form they wish.

If this had been translated before today’s science began to fool around with genetic manipulation, naturally these creatures would have been seen as ‘mythology’. The same images of human bodies with animal heads are sprinkled on the ancient Sumerian and Akkadian cuneiform tablets.

[264-266] Lord Mahesvara [the transcendent Lord Shiva] of ten arms sports therein… He is being respected and diligently worshipped by those people moving about in aerial chariots.

These gods have their own space ships.
The Phantasmal Hierarchies

My understanding is this: As the frequencies continued to fall through the Cycles of Time, there emerged beings of both a higher and lower consciousness. The various entities, some who are very compassionate and others tyrannical, began to project astral-world realms out into the hologram.

I have named these worlds the Phantasmal Hierarchies from the word phantasm, which according to the Oxford Etymological Dictionary of the English Language, 1974, means a spectre. A phantasm-agora is a collection of spectres as shown by a magic lantern.

These hierarchies are temporal illusions.

Down though time, the elaborate rituals of the Treta and Dvapara Yuga turned into belief systems. The beings involved projected an assortment of hierarchical worlds related to the specific frequencies generated by their thoughts. Keep in mind that everything is a temporal illusory hologram and no world is any more ‘real’ than another. Only the Oneness is REAL.

With the creation of these Phantasmal Hierarchies, certain individual gods came to dominate others - and in a way, utilize their energy. Obviously these are not all beings of the highest consciousness, but they are a part of Oneness nevertheless and we have moved out of the golden era and the collective understanding and memory of our Oneness.

I suggest that many of these entities are the so-called extraterrestrials and are from lower Loka Worlds. By exploiting the use of ritual, the manipulative tyrant beings pass themselves off as gods and trick us humans into worshipping them and giving them our energy. By these occult, a term that simply means hidden, means these entities thus generated an abundant energy source that has been used to build the so-called astral worlds and enhance the splendor of the Phantasmal Hierarchies.

Perhaps you can equate this bow-down-and-worship practice with the act of giving up your own hard earned money. When you worship another you literally give up your power, your energy, your ability to think for yourself to whatever you worship.

God is within us all. The SELF/ATMA dwells in the Heart of everyone.
So even though we may respect and love many - why would we worship any other than the God-within?

Now I would suggest that the idea of BHAKTI and the term devotion, as it is used by Krishna in the Bhagavad Gita, are very different from the concept of worship. To me Bhakti Yoga implies Union, the act of becoming one with that which you already are. Worship might be defined as an act limited to energy focused on external entity – not the SELF/ATMA within - to achieve certain results.

Rituals can be very beautiful and can unite us in feeling, giving us an opportunity to express our Love for the Supreme Being. But rituals are not meant to be a substitute for the experience and knowledge of Oneness. Rituals will tie you into the temporal illusory hologram, but not liberate you from it. To make way for the return of the Golden Age, the Satya/Krita Yuga, we need to remember that God lies within the Heart of every man, woman and child.

In the Bhagavad Gita, Krishna very clearly disdains the practice of making sacrifices to achieve certain worldly results or to spend time in any of the heavenly realms. He says that he cannot be seen with the aid of the Vedas, austerities, gifts, and sacrifices. He can only be seen through the practice of BHAKTI [Bhagavad Gita XI.52-55], which to me implies UNION, the act of becoming ONE with that which you already are and have always been. To become One with the Self/ATMA that dwells in your Heart, you do not have to perform ritual sacrifices.

In the Uddhava Gita Krishna says that the wise understand that the rewards of heaven, which are promised by religious rituals are as transient as pleasures on earth. [Dialogue 14.18]

Even the higher heavenly worlds of the gods, rishis, seers, saints and angels are temporal:

…the rewards of those of little wit are ephemeral : God worshippers go to the Gods. [Bhagavad Gita VII.23]
As an artist I have loved and studied religious iconography all my life. I love the images of religious faith and passion. And as someone who is naturally drawn to practice BHAKTI yoga, I love the representations of the gods in Hinduism and Buddhism. I myself have many of these, but from my own experience I realize how easy it is to project my feelings into these images and then over time forget that they are only stone, wood & metal. I leave a part of myself there, waiting, and having thus externalized my consciousness, I neglect the SELF/ATMA within my own Heart.

A similar process takes place with the winners of fame, although perhaps on a less perilous level. These days the public worships a wide spectrum of famous people from those who are rich and powerful, to rock stars and athletes. For example with film stars, people tend to see themselves in these wonderful actors and either love or hate them accordingly. But in truth, the public does not know the actor – you only know what the directors and writers have projected into them, along with what you see of yourself in them. This ability to perform a wide spectrum of human nature is the actor’s talent – but it is not who they are. Only their close friends and family ever know them.

While it is lovely and uplifting to have ceremonies, rituals, and prayers to higher beings – it is crucial, especially in this moment in time, to remember the God-within, the SELF/ATMA.

We become as little children, to regain our primordial innocence – we do not wish to remain childish, forever waiting for parental care and handouts.

The nature of the Golden Age is that we all Remember who we are, we know that we are Oneness, and thus there is no reason to worship anything or anyone.

How can we move into a Golden Era when we are still externalizing our own God-SELF?
"This whole universe has come into existence just to carry you to God consciousness." - Swami Lakshmanjoo, The Shiva Sutras

Waveforms in the Afterlife

This universe is made up of waveforms of varying frequencies, layers upon layers of Divine pulsation (SPANDA). The waveforms of the so-called afterlife are no more real than the more familiar waveforms - the apparent solidification of matter - in our third dimensional planet Earth.

Once you leave the physical body, your consciousness as Purusha, the Soul, disengages from this ‘data-collecting vehicle’ which might be seen as a sort of discarded used-car. If you, as the Purusha/Soul consciousness, correctly so identify with the Real, with the God-within, the SELF/ATMA – that connection in frequency will lead you to the path to freedom, MOKSHA.

If Purusha mistakenly continues to identify with Prakriti’s MAYA-GUNAS and the waveforms emitted during your lifetime by the small identity ego-self, then as Purusha, your consciousness becomes enmeshed in the appropriate correlative fields of experience, the Loka Worlds or Phantasmal Hierarchies - and another lifetime.
Remain conscious at the moment of death

In the Bhagavad Gita, Krishna says that a person always becomes whatever he thinks of as he leaves the body, [VIII.6]. Your last thoughts at this moment will generate frequencies that cause and create your ‘location’ as you leave the corporal body. You might consider the possible consequences of being on drugs or drunk when you die. The way hospitals treat the dying might be seen as a symptom of the Kali Yuga. Battlefields or other scenes of violent and unexpected death are often haunted by confused souls caught in shock frequencies.

Location is a function of consciousness

This is why it is so important to establish an adamantine connection with and to the Oneness, the God-within you now, while you are still capable of being conscious, healthy, and clear minded. As you leave your body, call out for the God-within you so that you will find yourself within that HOME frequency waveform. In the moment of your passing generate that pure frequency that you have cultivated - the God-within.

This world and those of the afterlife are all temporal illusory holograms that emerge from the ethers within the polarity Matrix through the Cycles of Time. All are temporal – thus not eternal. Beyond the illusion of multiplicity, within the Heart, the door to the eternal, the God-within that simultaneously permeates this entire universe, waits.

Universe contains

"Universes Float Like Bubbles in an Ocean ..."

Maya [the Matrix], the divine power of the Lord, reflected by him externally appears …

The Lord, covering Himself with it, conceals his nature of absolute purity
and divinity.

… He sees everything through of viewpoint of diversity and forgets the divinity of His I-consciousness.

Besides, Maya-tattva serves as the inanimate objective substance out of which all other insentient elements evolve.

It is thus the substantive cause of numerous universes floating in it like bubbles in an ocean.

Excerpt from:
Essence of the Exact Reality or
PARAMARTHASARA of Abhinavagupta
With English translation & notes by Dr. B.N. Pandit
Munshiram Manoharlal Publishers; 1991, New Delhi

We are now in the Twilight of the Kali Yuga
This is my view, my conclusion.

We are in the Twilight of the Kali Yuga.
These are the dark days that precede the close of this Cycle of Time.

I fully understand and realize that the authorities on the ancient Sanskrit texts in India do not agree with what I have just said. However I have at last become completely convinced. The reason for my certainty is that the most trusted disciple of the enlightened master and Kashmir Shaivite, Swami Lakshmanjoo, has shared this knowledge with me and given me permission to tell those who will benefit. We are in PRALAYA, the eternally repeating process of the Dissolution of this cycle of time.

In 1991, I read Alain Danielou’s brilliant ‘While the Gods Play, Shaiva
Oracles and Predictions on the Cycle of History and the Destiny of Mankind’ (1985/Inner Traditions). Over the years I reread this book many times. It has taken me multiple readings, along with many related texts and my own experiences, to absorb what he said. To find out something about his life, I also read all of Danielou’s books that have been translated from the French into English.

Danielou said that he was taken into the trust of a group of Shaivites [not Kashmir] who were rather secretive. Unlike so many other ambitious gurus, they did not head for the west to promote their sacred teachings. Danielou had taught himself Sanskrit; but for whatever reason, these Shaivites trusted him and initiated him into their metaphysical system that included the theory of the Cycles of Time. ‘While the Gods Play’ contains a clear explanation of that school of Shaivite knowledge.

As I have related to you previously on this website, Danielou gives 1939 as the date of the beginning this Twilight of the Kali Yuga. He connects this to the ‘discovery of nuclear fission’ perhaps because it will be various forms of nuclear fission, including nuclear power facilities, which will be instrumental in the end.

Danielou tells us, “The final catastrophe will take place during this twilight. The last traces of this present humankind will have disappeared in 2442.”

Why Dissolution?

Why create the universe and then dissolve it again at the end of the Four Cycles of Time? The Creator dissolves and disintegrates the universe in order to move beyond the appearance of separation, to become whole and to integrate once again.

From the deluded and confused perspective of the small-identity ego-self, run by the GUNAS and the limitations of the Five Senses, we view the so-called End Times with fear and apprehension.

While the truth is that within the increasing chaos, the unceasing devolution into density, and the inevitable destruction of our world, lies
the Creator’s call to ITSELF - in all its myriad forms - to return Home.

The dissolution of the temporal illusory hologram is in fact the movement of God back into ONENESS.

What we think of as LIFE in our universe takes place within only one of innumerable Cosmic Eggs. There are many other Cosmic Eggs, which also contain universes based on other matrices. The polarity-based temporal illusory matrix is only one possibility.

We have deluded ourselves into believing that we are nothing more than our small-identity ego-self, limited to the physical body. We are neither our body nor are we limited to this small-current-identity personality self, with all its likes and dislikes, its endless judgments and desires.

We are the God-within, the eternal ATMA/SELF - that which does not die.

We have deluded ourselves into the misconception that this one life is all we have. Such time-based desperation makes us fearful and vulnerable to the manipulation of tyrants everywhere. In the Kali Yuga we have bought into the idea that tyranny and greed are good; and that it is acceptable to take what we can now for ourselves, to trample life’s losers. In self-created fear we are herded to consume, to shop, and live life from the shallow view of the five senses. We have lost our way in Mall World.

In the west, we are ignorant of the Cycles of Time. We are not even aware of their existence. We do not remember that in the Twilight of the Kali Yuga, the Age of Conflict and Confusion, ISNESS is calling ITSELF Home.

Stretch your imagination beyond your personal day, Mall World, the six o’clock news, and think of time in a new way:

*The Four Yugas make up a MAHA-YUGA. The Four Yugas are: the KRITA (or SATYA), the TRETA, the DVAPARA, and our current yuga, the KALI.

*71 MAHA-YUGAS make up a MANVANTARA (an EON) and we are in the 28th MAHA-YUGA of this MANVATARA.

*14 MANVANTARAS make up ONE 'Day of Brahma' (a KALPA) and we are now in the 7th MANVATARA.
The MAHA-YUGAS within MANVANTARAS, extend back and forwards in time. Most of us are only aware of our current one life, in one Yuga, in one Maha-Yuga, and one Manvantara!

These divisions within the Cycles of Time repeat and are described as having limited variations – 20 or so. In other words, this polarity-based Matrix is a Game to Play within, a game with certain rules, a Cosmic Game both sublime and supernal. As Einstein feared - God does throw the dice with the Universe!

This repetition within the Cycles of Time is a reflection of the idea that ALL the cycles are taking place simultaneously. Time is also an illusion.

The Matrix of this polarity-based universe is an illusion created by the power of SHAKTI/MAYA and is formed within our particular Cosmic Egg on what is called the Axis of the World. This Axis is a vast column of Light and Power from which all the myriad worlds (LOKAS) are formed.

At the end of a MAHA-YUGA these worlds are drawn back into the Creator, as God is breathing in. You can play in this Cosmic Egg for as long as you like. But once you are weary of this Divine Play (LILA), you begin to realize that what you mistakenly took for solidity and reality is all illusion - illusion that repeats over and over. You RECOGNIZE your SELF as a piece of the Creator. Your consciousness moves to separate itself from the small personality self and the GUNAS. You head towards Home. It is time to play in another universe, another Cosmic Egg.

The temporal illusory world dissolves and disintegrates in order to INTEGRATE with its true SELF back into ONENESS. No Creator would ever leave ITSELF trapped for all eternity in any illusion.
MAHAR: A Genetic Ark

Most of us can really not imagine the total destruction of our world, our planet Earth. And yet one of the most popular modern myths is that of Superman and the annihilation of his home planet Krypton. Is the universal appeal of this story merely Superman’s ability to save us from the bad guys? Or is there something deeper and profoundly fundamental to our unconscious memory in the meme of the total destruction of a home-world planet?

The idea of the cyclical, eventual, and inevitable dissolution of the world within Four Cycles of Time is basic to Hindu metaphysics:

"What is called accidental or provoked destruction (of living species) takes place at the end of...the cycle of Yugas. Therefore it concerns the human species. It takes place when the creator can no longer find any remedy apart from a total destruction of the world to put an end to the disastrous and unplanned increase in the number of living beings." [Mahabharata 12.248.13-17]

Did you ever wonder - 'What is all this life on Earth for?' What does the Creator want? Hindu metaphysics tells us that the God-within, the ATMA/SELF, is never affected in the slightest by anything we have ever done. Reason it for yourself – if we could alter IS-ness in anyway, for even a NY minute, we would have destroyed the entire universe eons ago. Look what we have done recently to our planet and to each other for the past 6,000 years!

In his famous interview with Art Bell, the UFO informant John Lear says that the ETs refer to us humans as ‘containers’ and even though he does not seem to understand the implications of his statement – he knows that this entire experience has something to do with our SOULS. These containers, the human body or - as I like to say - our data-collecting-vehicles, are illusory temporal homes for our souls.

The soul is eternal, immutable, and perhaps seeking evermore interesting
vehicles within which to express and experience indefinite possibilities. So imagine that you are a ‘higher’ being who is in charge of cooking-up some new and more interesting data-collecting-vehicles in the universe. You pick a planet from millions and you arrange for a myriad of species to donate their DNA into the experiment. Over time more and more souls incarnate, because this intensely polarized place is so endlessly fascinating - while you wait to see what will happen.

You don’t judge anything or anyone in the experiment! You just never know what will happen - meaning from whence that great gene code will emerge. Sometimes the most worthless rogue and blackguard will resurrect itself like the Phoenix, and become an unexpected brilliance beyond your wildest dreams.

After a time, for example four cycles of time, you see what will be worth saving. It’s like deciding what to pack when going on a vacation – or more dramatically and relevant, choosing what to take on the proverbial Noah’s Ark. You wouldn’t take anything you couldn’t use or things that will weigh you down. Carefully, you only take what you will need for the trip. You retrieve the most interesting and fertile gene codes for the next probable future.

"When the dissolution of the world seems immanent, some people abandon the earth during the last days of the Kalpa and take refuge in the world of Mahar [the extraplanetary world] and from there will return to the world of life" (janaloka)."
[ Linga Purana 1.4.39-40 ]

The Kashmir Shaivites see enlightenment a little differently. You don't have to 'give up' ANYTHING. You only have to Know that it is ALL the Oneness - which of course it is. Giving stuff up implies you haven't mastered it and are seeing it as something separate from you which
immediately means that you don't consider yourself the Oneness. This is why all those Shaivite sadhus dance around half-naked smeared with ash smoking and drinking and ... They are laughing at all the goody-two-shoes who don't grok that Everything is the Oneness.

Of course you have to 'BE' in that state of consciousness 24/7 and that's the trick. Still if we have reptilian nano-goo and vampire squid illuminati chasing us, we might be motivated to seek refuge in the God-within our own Heart. I believe this is why it is said in the Puranas that the Kali Yuga is the easiest Cycle of Time to Remember who we are!

Knowledge of our essential Oneness is hard to come by in the Kali Yuga. Beneath the curtain of multiplicity – there is only ONE! This means that behind the apparent diversity of seemingly billions of individuals living on planet Earth, they are all only One. All are ISNESS.

For those of you who have remembered past lives, you may have noticed a striking perplexing similarity in the basic character of each life. There may be certain repeating flaws and compulsions, traits or qualities that you begin notice have shown up over and over in lifetime after lifetime. You may be a high priest in Atlantis, or a dancing slave girl in 8th century Kashmir – but there is a pattern that continues throughout all your lives. This is because the genes in your current physical body are the latest ‘product’ of a long line of many bodies, lineages. You have access to the memories contained within the DNA of the body you currently inhabit.

It is as if the Creator generates certain rays or waveforms, which contain qualities of expression that remain in the genes throughout the cycles of time. As time descends down through the yugas further and further into density, ever more variations of expression are created, such as habits, impulses, likes & dislikes, etc. etc.
But underneath all this temporal multiplicity is the Oneness that we all are: meaning you and me, factory workers in China and the farmers of rural India, the world leaders and corporate tyrants, the Aborigines in Australia and the Pigmy tribes in Africa!

We are all ONENESS beneath the temporal illusory Curtain of Multiplicity. This knowledge of Oneness has been hidden from us in the Kali Yuga, but once you truly Realize the God-within, you will Become that which you always have been.

The floodgates of Knowledge and Love will open - and you will never be the same. You will never be able look at another human being without compassion and you will never again judge them – for you will KNOW that YOU ARE THEM! As you judge them, so you judge and condemn yourself. And it turns out that as harrowing, dreadful and boring as the Kali Yuga is – in fact it is the fast lane to God Realization. The intensity of the Kali pressures you to WAKE UP!

Time does not exist outside the temporal illusory holographic matrix. Thus the Four Cycles of Time are simultaneous as are all your so-called ‘past’ lives.

Acceptance of the theory of the Cycles of Time might lead you to a sort of complacent resignation. After all, if we are ineluctably snared in the frequencies of confusion - then why bother?

Because what is really exciting about the Kali Yuga is the understanding that in fact it is the easiest cycle to Remember who you are.

The end of the Kali Yuga is a particularly favorable period to pursue true knowledge. Some will attain wisdom in a short time, for the merits acquired in one year during the Treta Yuga can be obtained in one day in the age of Kali. [Shiva Purana, A. Danielou]

[Lingga Purana, Section 1, Chapter 40]
45. Hence during the Kali longevity, strength, and features become less and less. Men attain perfection within a short time.
46-47. What is gained by the practice of dharma for a year in the Treta...
Yuga is attained by the practice of it for a month in the Dvapara Yuga. In Kali an intelligent devotee attains the same in a day by practicing Dharma strenuously.

It’s a Cosmic Bargain Sale of sorts! Therefore, take up the challenge to Remember who you are! Do not give in! So, the Darkside is fulfilling its own kind of dharma, doing its job of spreading the hand of tyranny over the planet and poisoning everything in its wake. What will you do? In these moments of challenge, of sorrow and of awakening consciousness, how will you behave? Can you find courage within yourself and compassion for others? Can you master the divine detachment that comes from knowing that what is unfolding is the grand Cosmic Design. Can you remember that every one and everything is God, Isness – and this Oneness is you.

You are this world, and you are the Love that breathes this temporal illusory holographic matrix out into multiplicity and inhales it back into quiescence - and back out again, eon after eon after eon. World without end! This universe is here for us all to play in. Surely, when you look at your life or perhaps many lives, in spite of all the pain, you do recognize the grand beauty of Creation.

So the question is what will you do now in this intensified exciting moment? And are you ready to move on into one of the 1000s of other universes – some without polarities or even time - all waiting, inviting you to come to yet another magnificent adventure in consciousness.

*While the Gods Play: Shaiva Oracles & Predictions on the Cycles of History & the Destiny of Mankind
Alain Danielou
Inner Traditions, 1987
"Instead of forcing our mind and the five senses to reject every aspect of the Life we ourselves have created for our own enjoyment, perhaps it is better – even more masterful – to live in such a way that we see God, the Oneness in every act. ... Surely the higher state of consciousness and self-mastery is to be found in embracing every moment knowing that it is God."

**Why Do Great Masters Fall?**

We often see our spiritual mentors and teachers revealed as less than perfect. Clay feet are exposed as the dark secrets of the guru seep out through the inner-circle, and leave us heart-broken and disillusioned. There are too many to name and I don’t wish to bring attention to any particular human being, but rather to consider why this occurs so frequently.

In his book on the Yoga Sutras of Patanjali, Swami Krishnananda offers a very down-to-earth explanation. Those of us who have been practicing meditation for many years will understand how difficult it is to control the mind and the five senses.

It is our nature (Prakriti) to think of one thing and then desire it – and then another and another. The mind is constructed to form thoughts that will lead us into the temporal illusory hologram, that wonderful adventure we know as Life. When we become weary of chasing our desires, we seek liberation (mukti) from the endless cycles of death and rebirth. We begin on our Path Home.

We learn to walk on the Razor’s Edge. To avoid falling into the Abyss, slowly over time, we endeavor to become master of our self through a real understanding of who we are - and therefore our thoughts. This is not an easy task, but most of us are driven to it because we have lost interest in everything else.
This apparent loss of interest can be deluding, because the forces that have been put in place to drive us into expressing in our hologram will remain in our spirit or astral body (purvaSTaka rUpa) – what I like to term the data-collecting vehicle - and this is the source of our trouble. If we simply suppress our desires, they may come back to torment us like the proverbial woman who has been scorned and hell hath no fury like her!

“… the starved emotions and the frustrated desires have a strength of their own. They are not weaklings.” (Krishnananda on Patanjali’s IV.27)

In fact, these forces of Nature – Prakriti’s gunas – are the instruments we ourselves designed to explore and experience this universe. They are our own creation. They are very powerful and we must respect them. The human will cannot undo so quickly what the God-within has created.

Krishnananda’s solution is simple – he advises more meditation. He defines meditation as the search for the God-within and I find this an excellent characterization of a word that has come to mean many things. The idea of a direct return to focus on the immutable and imperishable internal is useful here.

However, I believe that there is another solution based on a slightly more refined understanding, which I have come to in reading the great Kashmir saint Abhinavagupta and related texts, such as the Shiva Sutras.

The Shiva Sutras tell us that we don’t have “to lock ourselves in a room and plunge into a trance in order to realize the delight of the Self (the God-within). He can find delight in the ordinary, normal course of life if he is mindful…”

In fact often what we see in cases of people who deny themselves any ordinary joy, there is a terrible rebellion that ensues and is often sadly destructive to the otherwise dedicated soul. Instead of forcing our mind and the five senses to reject every aspect of the Life we ourselves have created for our own enjoyment, perhaps it is better – even more masterful – to live in such a way that we see God in every act.

As they say in India: “God is the cooking pot!”

Surely the higher state of consciousness and self-mastery is to be found in embracing every moment knowing that it is God. When you wash the
dishes, know that they are God. When you embrace your love, love the God-within them. When you are kind to a stranger, see them as God and realize that you are being kind to God. Thus the highest challenge is to be profoundly aware of God in EVERYTHING at all times.

This will not be so easy and it may prove to be more arduous than giving things up. Consider the thought that the rejection of Life is more Kali Yuga confusion. Would we have even needed to meditate in the Satya Yuga, the Golden Age? Would we not have simply continuously been in the highest state of consciousness.

When you know you are everything in this universe and that you as the God-within created it all, then what is there to be afraid of? What attachment can possibly bind you? What remains to desire?

“… if on the occasion of every bit of knowledge, he looks within, he will have a feel of the Self which alone makes that knowledge possible. In that feel of the Self, he will experience the perennial joy of I-consciousness. This is the ever-present joy of samaAdhi … His delight is infectious.” (Shiva Sutras I.18)

If we can live in this way, constantly aware that God is everywhere, ubiquitous, then perhaps we will not make our consciousness vulnerable to blowback. The very mechanism that we created to explore this amazing Earth plane will not overwhelm us and leave us in pain, once again lost.
There is no reason to believe that we cannot reach Home.  
We are the Oneness.  
That dwells within us all.  
It always did and it always will.  
We just have to want it more than anything else.

The God-within waits patiently ...

And so the hide and seek continued ...  
Till I wearied of the chase,  
And turned to see You waiting  
Inside me all the while!

What were You doing all this time?

* There is no Time for me, beloved.

Could You not stop me searching madly?

* I hoped you would slow up and See ...

How could I be so foolish, Lord?

* You are not foolish, my beloved. You ARE ME!!!
The Silence in the Heart

The Silence in the Heart is
Eternal
An unending Stillness
Imbued with the Power of the All, the One.

The Silence in the Heart waits
for everyone
weary,
weary of temporal illusions
weary of win and loss
empty victories, painful pleasures.

Vast, dark, as the good earth
we emerge from, beneath our feet
The Silence in the Heart is
Our source, sustenance.
We cannot bear its absence for long.

Our hopes lie here.
This silence that warms us
Embraces us as the Ancient Womb,
the Matrix, the Force.
Dark is where the seed grows.

The Silence in our Hearts melts,
fuses us, dissolves our skin,
Reconnects - and reborn, renewed,
we are better, metamorphosing,
Forever blissful in the Calm.
According to the concepts of the Samkhya, the universe is made up of two fundamental elements - consciousness and energy, which are complimentary and interdependent.

Matter is merely organized energy. There is no material element that exists without being inhabited by consciousness. No element of consciousness exists without an energy-giving support.

Space represents pre-matter, the substratum in which energy can be manifested in the form of vibratory waves and magnetic forces which give birth to the element, to the appearance of matter.

Time is born of consciousness, since measurement only exists through the perception of duration.

quoted from:
While the Gods Play: Shaiva Oracles & Predictions on the Cycles of History and the Destiny of Mankind
Alain Danielou
Inner Traditions, 1987
Apavarga of SAMKHYA, the Door to Liberation

"The man of yoga, knowing the truth, knows that while seeing, hearing, touching, smelling, eating, walking, sleeping, breathing, speaking, eliminating, grasping, opening and closing his eyes, he does in fact nothing, as he realizes that it is only the senses operating on their subjects."
Bhagavad Gita V.8-9

What follows it is not a theoretical concept, not a mere verbal dissection of a phenomenal philosophy, and requires a conscious focused will to understand. These ideas are practically unknown in western thought and can only be assimilated through your own silent meditation, your own spiritual practices – which in Sanskrit, is called SADHANA, the act of mastering Yoga, meaning Union.

Knowledge of this metaphysical mechanism is a sort of ultimate users’ manual for the human being, as the amazing supercomputer we all are and have always been. This knowledge is my understanding of ancient Hindu metaphysical principles and reveals the ‘mechanics’ of the human experience in the temporal illusory hologram and therefore allows us to grasp the very means of our own enlightenment.

Hinduism – although not always under that name - has been around for millennia and thus is made up of immense rivers of thought from hundreds of brilliant seers and thinkers all offering and arguing their ideas of metaphysical exactitudes over thousands of years.

SAMKHYA and VEDANTA are but two major currents of Hinduism. Both of these deal with Knowledge as Wisdom. Vedanta is said to have taken wing and flowered from the SAMKHYA, but even this simple statement would elicit many conflicting opinions.

Reading these texts can definitely stimulate certain electrical currents and hormonal reactions in your brain that will bring about your own understanding and the very real possibility of liberation – JIVAN
MUKTI, meaning liberation in life, or the completion, APAVARGA as it is known in SAMKHYA.

The historical origins of SAMKHYA are vague, as are the origins of the VEDAS. Hindu metaphysics reaches back in time before the advent of the Kali Yuga and written history – and happily so. For in my mind the possibility that this system of metaphysical thought comes from a previous cycle of time endows it with the potentiality of power and Truth. SAMKHYA lays down the mechanics of acquiring real Knowledge, realizing your true nature, and liberating you consciousness from the temporal illusory hologram.

Here is my simplified version:

Let’s imagine that we are back as the Oneness, before the appearance of multiplicity. As that Oneness, we create this universe to play in and we separate – or rather we take on the illusion of separation into order to experience the various modes of our Total Being, which is an immeasurable immensity. These beings under the veil of illusory separation begin to manifest the world and it is a thing of beauty – resplendent, glorious, and seething with waveforms of varying frequencies, which reflect the possibilities of the supernal eternal Oneness that pervades all.

The created world is so lovely, so enticing that as the initial beings we desire more direct contact with what we have created. We want more than to observe, we desire to touch our earth and to walk among the trees. To achieve this new and more intimate relationship with our creation, we begin to emit specific waveforms, which have the power to envelope us in bodies. These bodies are still subtle and have the ability to interface with the temporal illusory hologram – the world. These bodies consist of layers, as sheaths that permit this desired interaction and will soon become what we know as physical. The solidification of matter is part of the illusion of Time.

Sometimes you’re a particle, sometimes a wave…

On one level of perception all of the body’s layers are One-ness, while on another they have taken on the illusion of division and separation. Thus
the differences I am about to delineate are not real - they are self-imposed temporal illusions assumed for the sake of enjoying the world. Here a description is useful in the sense that a thread wisely laid down in a maze can lead one, who is lost, back out.

Within the center of your body – and simultaneously permeating the entire body and being - is the original portion of Oneness, the ATMA or SELF, the God-within. Layered around the ATMA/SELF is the Soul, the Universal Being, known as PURUSHA in Sanskrit. The Sanskrit texts say that, ATMA dwells within Purusha.

Purusha is light, but not reflected light, rather the light within, light as Knowledge, light as pure consciousness. Because this is a polarity universe, Purusha requires another principle to interact with – even though this interaction or correlation is illusory as is the entire temporal hologram. In order to manifest the varying frequencies as waveforms that become the illusions of the created world, Purusha needs PRAKRITI [the Matrix-Maya].

This stuff Prakriti is a very subtle undifferentiated primordial substance (R. Guenon) and is not to be confused with matter. Prakriti is not conscious, but is activity. In action, Prakriti is the power of MAYA, which is not merely illusion – but a great deal more. Maya is power in the sense of creative Art, the power to generate the hologram. Maya’s tools are the three Gunas – RAJAS, SATTVA, and TAMAS, which operate through the five senses.

Prakriti thus through GUNA-MAYA generates experiences for Purusha. Prakriti is a sort of data-collector and stores all experiences in the DNA of the individual bodies. This is why you have access to the so-called past life memories of your current body. All of us are functioning within these incessant interactions between Purusha, as our Soul, and Prakriti with her powers of GUNA-MAYA. Depending on its accuracy, your astrological birth chart is a representation, a blueprint of your individual Prakriti and the GUNAS your current body is operating through.

This complimentary analogue between Purusha and Prakriti generates the temporal illusory hologram. The pieces of Oneness now have manifested bodies that allow us to interface with creation - and interface we do. The more attached we became to our creation - the more we lost ourselves in it.
Sinking deeper and deeper down into matter through GUNA-MAYA and the five senses, propelled by the force of Time our consciousness became cooked to the point of Forgetting who we are. At every moment we have the opportunity to Remember and wake up, but the forces of Darkness are increasing and it becomes harder and harder to see through the Veil, so that most are befuddled, trapped by desires, by greed and fear.

So where’s the Door?

The purpose of Prakriti is solely to provide Purusha with the enjoyment (BHOGA) of the world. The data-collecting vehicle Prakriti has been exploring the temporal illusory hologram through GUNA-MAYA and presenting Purusha with experiences. But there is an intermediary between Purusha and Prakriti and this is known as BUDDHI. The Sanskrit word BUDDHI – not to be confused with the person Gautama or his religion – is derived from BUDH, meaning to know. This Buddhi factor is the discriminating principle that allows Purusha to gain self-knowledge.

What is very interesting about Buddhi is that it communicates Prakriti’s information to Purusha in the form of ‘feelings’ - thus there can be no spiritual experiences without feelings. I suggest that this is what makes the human being uniquely valuable and why many of the so-called extraterrestrials are covetous of our DNA and hormonal secretions. The Vishnu Puranas texts say that the gods do not have feelings, that only human beings have feelings.

Purusha has been enjoying (BHOGA) the world through Prakriti. Experiences are played over and over through the yugas in different lifetimes as male and female identities. Purusha thus begins, through the mirror of Buddhi’s intelligence, to realize the rules of the Game, the 'play' of the One, the Divine LILA.

Purusha then realizes that, confused and deluded by MAYA, he has mistakenly identified his consciousness with Prakriti’s activity. He Remembers and thus regains his true nature, which initiates the return to Oneness. This Realization is the result of Purusha’s power to discriminate and discern the Real behind the Illusion.
Purusha now Knows that he is neither the data-collecting vehicle nor the data. Purusha is pure and was in truth never affected by Prakriti. Upon his realization, Purusha is no longer afflicted by the polarities, such as pleasure or pain. He withdraws himself from the province of Prakriti and is liberated – APAVARGA!

As there is no longer any purpose for Prakriti’s GUNA-MAYA, she ceases to act. Her reason for being has been to provide experiences for Purusha so that after enjoying the world he may, through discriminative knowledge, return to his true state. Prakriti has been recognized and known by Purusha, and so he loses interest in her – thus she ceases her MAYA, as there is no further need. She is compared to a dancer who having performed then graciously leaves the stage.

"Just as the dancing girl ceases to dance after having exhibited herself to the spectators, so also the Prakriti ceases to operate after having exhibited herself to Purusha."
SAMKHYA KARIKA of ISVARA KRSNA . 59

Many have often said that no matter how arduously they have endeavored at their spiritual practices in the fervent desire to achieve liberation, the truth is that the moment of realization seemed to come only through God’s Grace. I agree – because this universe is electric and our temporal illusory hologram is solely made up of varying frequencies as waveforms. Feelings of selfless-ness, love, surrender and devotion are all within the frequency band of the GUNA SATTVA (illumined knowledge).

It is only by remaining in such a consciousness that we can climb above the polarities of RAJAS (force) and TAMAS (delusion). These SATTVA frequencies will lift our consciousness up to the higher realms and beyond, and head us toward the Real, towards true Knowledge and Home.

The spiritual path is often called THE RAZOR’S EDGE and with good reason. The abyss lies on either side and as you climb higher in consciousness, the fall looming beneath you gets deeper and more perilous.
Too much devotion can lead you to a state of giddy childish stupor, robbing you of your Will and your need to refine your discernment. Too much knowledge can lead to a heartless stagnation in an icy realm of eternally conflicting theories.

Even when you begin to Remember and realize your true Oneness, the small identity self can rear its ugly head and call the old Maya-Gunas back into play as you find yourself the spiritual leader of your needy flock who adores your clay-feet! Spiritual pride is a real killer. Head for Home, trust the God-within and remain vigilant. Hungry ghosts and the forces of Darkness would love to reclaim you. A fallen aspirant makes a real feast for the Phantasmal Hierarchies!

ATMA – the SELF, a piece of Oneness within man; ATMA dwells in Purusha.

PURUSHA – the individual Soul; pure consciousness that is the passive observer and does not act; remains pure and unaffected

PRAKRITI – actively generates the temporal illusory hologram through the creative power of MAYA and the GUNAS (sattva, rajas, and tamas), which operate within the five senses; Prakriti is not conscious.

BUDDHI – intelligence; the Will that allows Purusha to experience the feeling of pleasure & pain (the polarities); this feeling takes place in the Buddhi.

BHOGA – is the enjoyment of the universe that Prakriti is manifesting presented to Purusha

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The Meaning of Peace in the Bhagavad Gita

The superb Sanskrit text, The Bhagavad Gita, is an amazing guide and in my view the ultimate “user's manual” for the human adventure. This ancient text is a dialogue between two mighty heroes: Krishna and Arjuna. Krishna represents the God within us all who is always waiting patiently to guide us - if we can listen. Arjuna is the greatest warrior of the time and Krishna is his charioteer in the battle of life. He will steer Arjuna through, if Arjuna hears and understands.

The entire dialogue takes place the middle of a battlefield where Krishna and his best friend Arjuna are getting ready to fight a monumental battle between the two opposing sides of the same family. Arjuna has lost his courage and cannot accept the thought that he must kill members of his own family and friends in this terrible bloody war. He has thrown down his weapons and is sitting depressed and dejected in the bottom of his chariot.

Inner Wars

The Sanskrit word Shanti means peace, but what is Krishna saying in the Bhagavad Gita when he uses this word Shanti? Are there not many wars
going on within us all, wars raging in our own hearts and minds? These inner wars cloud our thoughts, consume our energies and make us stupid.

Krishna tells his good friend Arjuna that no man can know happiness without peace (II.66). In fact the sequence of our compulsions is quite predictable. We start thinking about a particular thing and from those thoughts, we want it. If our desire for the thing is frustrated, we become angry. Once we are angry, our ability to reason and think clearly is skewed.

From this anger rises delusion. We tell ourselves all kinds of absurd things. We deserve that thing and we will do anything to get it, no matter what the consequences, no matter what our actions might do to our soul. We forget that perhaps the thing is not ours to have, or that we don’t deserve it; or that it may not be the right time for us to have such a thing, it might bring us harm.

From Anger arises Delusion

Thus from anger arises delusion, and from delusion loss of memory - what we call denial - and from loss of memory we begin to lose conscious awareness of and contact with our own soul, the God-within, the Oneness. Krishna calls this the ‘death of the spirit’ which leads to real death.

Uncontrolled desire leads to death.

Krishna points out the wiser way. Instead of allowing our desires to devour our peace of mind, the man of wisdom develops an evenness, a subtle intelligent detachment and disinterest in the objects of the senses.

These objects are thrown at us 24/7 on our television screens. We are told we can only be happy when we have this car, or that cell phone and the latest techno-gadgets. We must be thin and young, we must endlessly consume products that will make us happy winners.

By the time we are in our 30’s most of us know that none of these things have made us happy. In fact we tire of them very quickly and must have more, more, more. Ah, the next thing we desire will finally bring us that elusive happiness we have been chasing.

But it never happens.
Lasting happiness is not to be found in the external world. Temporal experiences of joy and suffering are in abundance, but real lasting peace and understanding are only found within. When Time makes us wise and weary of being fools, we turn within and begin to question everything.

We begin to understand how our unruly desires have run us, controlled us, made us act compulsively, and left us even emptier than before. We begin to observe this process. We see how our five senses have drawn us into this delusion and we consider the idea of practicing an enlightened control.

The peace that surpasses all understanding

The continued practice of observing the reactions of the senses and controlling our own thoughts in the mind will inevitably lead us to inner peace. This is ‘the peace that surpasses all understanding’ (Philippians 4:7) and this Peace is our Home, the Source of our Real Self and the entire universe.

This is the Sanskrit 'Shanti' that Krishna speaks of in the Bhagavad Gita. For as Krishna says, the mind that allows the senses to carry off his or her capacity for insight - literally looking within - is as helpless as a ship caught in a storm at sea.

Krishna teaches Arjuna how to act wisely and gives him the knowledge he needs to understand his place in the universe. Krishna tells Arjuna that whoever has purified his mind in the fires of Knowledge and mastered his senses will obtain this Peace (IV.39).
And to this day, [those] who...know the self as I am Brahman [the Oneness], become all this universe. Even the gods [any other dimensional beings] cannot prevent his becoming this, for he has become their Self. ...if a man worships another deity thinking: He is one and I am another, he does not know. He [who does not know] is like a sacrificial animal to the gods. As many animals serve a man, so does each man serve the gods. Even if one animal is taken away, it causes anguish to the owner; how much more so when many are taken away! Therefore it is not pleasing to the gods that men should know this [that they are the Oneness].

*Brihadaranyaka Upanishad, I.iv.10*

It's amazing, isn't it?
I mean here we have the oldest most respected Upanishad telling us flat out that the 'gods' don't want us to wake up and Remember that we are the Oneness.
This always intrigued me and when I understood....
I have had this placed at the top of my website for many years now.

http://www.metaphysicalmusing.com/

So on one level the 'gods' are the senses that hold us in this temporal holographic illusion and on another level the 'gods' are all these other dimensional beings, astral cooties and ETs etc. who feed off our delusion. They literally can't exist unless we are in a state of delusion, which is called MOHA in Sanskrit.

In that wonderful image called the Nataraj, the metaphysical principle of Destruction, Shiva (literally means 'auspicious'), is dancing on the dwarf of Delusion destroying our Ignorance, our non-Wisdom, our deluded states of consciousness!
But when we Become 'their' SELF, in other words we Become the Oneness - which is what they are because there is only ONE Being - we Become, as in Wake-up and Remember, that which we always are, were and will be, which dwells in our Heart and simultaneously permeates and pervade All, everyone and everything throughout all universes! They can no longer 'play' with us.

Feeling tired, fed-up, weary & bored with the world is NOT depression!

When you are world-weary, you will know it is time to come Home. The desires that once ensnared you, no longer hold any interest for you. You somehow feel that you know what everyone is going to say even before they say it. Neither praise nor criticism has influence over you. You seem to know the ending to every story.

You’ve heard it all before too many times.

This is not depression, as the current propaganda would have you believe so they can sell you some quick fix. This is the soul’s natural evolution to a higher consciousness. Your soul is talking to you, perhaps telling you that - because this is the 454th Kali Yuga of this cycle! - you have been here in exactly this same moment 454 times!

Your soul is urging you to turn inward and come Home.

It is as if all the world’s promises and illusions no longer have their power over you. Prakriti’s Maya, the Matrix is weakening, heading for her last performance. You are drawn to solitude, to the silence of your
own interior place. The noise of the crowd is just noise and a bore that no longer compels. Preferring to be alone, you seek your Source in quiet places.

Using our natural inclination to express love, Devotion to the Oneness that dwells in our Heart keeps our consciousness focused on the God-within. Such continuing devotion (madbhakto) will purify our mind and Heart (hrdaya). Krishna compares it to the elements wind and fire moving through the Heart leaving it clean. The desires that once cluttered our consciousness are blown away by the wind and burned to ash by fire – for only the Self dwells in the Heart.

Jesus: Blessed are the pure in heart: for they shall see God.
Matthew 5:8

The focus of our consciousness shifts from the temporal illusory hologram and all its endless multiplicities – as if a switch had been silently gently touched – into the inner realms that were always there, always waiting, waiting patiently for us to simply turn and Become aware of the only Real once again.

We experience Home and with time begin to learn how to keep our consciousness there, and remain immersed in the Heart.
Immersed in the Heart: Why Devotion works in the Kali Yuga

Truth is arduous if not impossible to come by in the Kali Yuga. The written word is a ‘symptom’ of the Kali Yuga because writing does little to convey the true deepest essence of realities beyond apparent density. Sacred texts can be altered by what one scholar describes as ‘additions, interpolations, abridgement, omissions, etc.’

In other cycles of time, for example the Krita-Satya Yuga, the Golden Era, we communicate mind-to-mind and thus lies are not possible. But here in the Kali, lies dominate our current temporal illusory hologram, liars rule our world, and sadly people have come the ‘prefer false ideas’, which is yet another symptom of our current Age of Confusion.

The only remaining pure frequency is the Love of the Heart

Perhaps it is true, as some scholars say, that some of the missing years in the life of Jesus were spent in India and Kashmir. If many of the texts on his life and teachings we now have available to us had not been altered or destroyed by tyrants over the centuries, there might be teachings concerning God Realization through Devotion - known in Hinduism as BHAKTI YOGA. Fortunately the Sanskrit texts have been safely preserved to give us insight into the power of devotion and what Krishna calls the religion for the Kali Yuga.

God dwells in the Heart of each and every man, woman, and child. Thus it is through the frequencies of love and devotion, of subtle inner feelings and emotions – not dependent on external polarities - that we may reach the eternal Home within us.

This is what Bhakti Yoga has come to mean to me personally and how it works in my life.
Remember how you felt when you ‘fell in love’? If you can recreate those feelings in your imagination and direct them to the God-within you, you will be well on your way to understanding Bhakti Yoga. These feelings of love are the most powerful energies in our world. Love is the underlying frequency of everything.

Love created this universe. Love is the source and inspiration of all great works of art, music, and literature. When you are ‘in love’ you think of nothing else but your beloved. Thus your consciousness is totally focused with a fierce intensity perhaps quite impossible in any other experience.

Become God Intoxicated!

When you are ‘in love’ both reason and practical caution are suspended. You foolishly live in a world of your own, a world of bliss, delight, and sweet imaginings – your consciousness is completely altered. You shine, you literally glow with love, and others wonder what’s up with you. Your feelings are contagious. ‘All the world loves a lover’ because we all long to be in that state – forever. This is what Bhakti Yoga is all about. The aspirant uses the feelings of love, adoration, and devotion to achieve higher states of consciousness and ONENESS with the Beloved, meaning the God-within you.

One of the greatest wonders and mysteries of this life is that God has left us all with a secret longing in our hearts that allows us to reconnect with our Source and Home.

Again take a moment and recreate for yourself, those sublime feelings you experienced when you lost yourself to another and happily fell madly, crazed, head over heels in love. You idealized a person to be perfect, their eyes, their hair, that smile, even and especially their fragrance. When you really love someone, they smell so good to you. Unaware of time, you could spend days just looking into their eyes or touching their skin. Who can recall the exact words lovers whisper to one another? Sweet nothings evaporate in the intoxicating fervor of the moment. Everything in your life becomes focused on feeding the flames of your tender feelings, your ardent passions, your unbidden devotion to your ideal, your Beloved.

Then time passes. It may take only a moment, maybe a week or a year – and suddenly that very same person is perceived as less than ideal. For example, the moment you saw him or her snuggle up to your best friend
in a slightly seductive manner, you became disillusioned. As if a large rock has fallen on your head and into your heart, suddenly love hurts - and suddenly you see the imperfections. The same person who a moment before could do no wrong, now snores, likes all the wrong things, and has absurdly stupid opinions!

Bewildered, you ask yourself – What did I ever see in him or her? And the answer is: You saw your SELF. You idealized a part of your Self, the God-within you, and externally projected these ideals onto that person, who was clueless about the complexities of your inner and probably unexpressed expectations.

I would suggest that at this point in the Kali Yuga, almost no one sees anything outside of our own hologram. We only see through the filter of our own limited perceptions, perceptions imprisoned and totally ruled by the unseen forces of GUNAMAYA. Unless another person reflects the frequencies of your own hologram, you have no idea what they are about. You never even ‘see’ them, not as they are – only as you imagine them to be.

When you ‘fall in love’ what you are really doing is projecting a portion of your unrealized Self onto an unsuspecting other.

Therefore you can utilize this most powerful reflex mechanism to focus on the God-within you. Simply think of everything you idealize and love in your perfected paradigm of the Beloved and use those thoughts to remain immersed in the God-within.

A continuous experience of an intensely focused immersion in the Divine Love of God will purify your mind more effectively that reading 100s of spiritual books or any ritual. People who seek spiritual powers first do not understand that these abilities are the natural consequence and result of our Union with the God-within us. Paranormal powers are not the purpose of jivan multi, Enlightenment, they are its side effects.

In the Kali Yuga, being immersed in God’s Love is the safest, easiest, most assured and blissful way Home. The spiritual practice of Union achieved in Devotion works!

If you LOVE God, the Oneness with every fiber of your being, all your mind and heart, then nothing can harm you, death will hold no fear, and the adventure of the Eternal is yours!
What is there to lose when you have Become the ALL.

There is No Need to Ascend Anywhere!

The etymology of the word Matrix is Latin meaning womb or any cavity in which anything is formed. Just as the pod carries seeds within it, so the seeds of ideas of all possible occurrences of the totality of this universe are always contained within her Matrix. These seeds are the particles and potential spawn that simply await a resonant frequency to produce the correlative hologram.

Hiranyagarbha is the Golden Egg or Golden Embryo that contains the Matrix of this universe. This symbol of a ‘World Egg’ is cosmogonic and occurs in many other primordial metaphysical traditions.

The cosmic egg was filled. Never was it a void.
- The Shiva Purana, Rudra-Samhita Section I, Verse 33

The Sanskrit word hiranya means golden and garbha means womb. The Hiranyagarbha matrix already contains the possibilities of every yuga in all the Maha-Yugas in all the Manvantaras, and in every Kalpa.

With the explanation of one manvantara all the manvantaras have been undoubtedly explained.
- Linga Purana Section 1, Verse 95.

This world is indeed without end in the sense that the Cycles of Time are eternally occurring. There are according to the Linga Purana 25 possible differences, meaning variations within the Matrix.

What happens in one set of four yugas is repeated in the other cycles of four yugas in the same manner and at the same time as well as in the same order. The differences that occur from creation to creation are
limited to twenty-five, neither more nor less. The kalpas too have the same characteristics as the yugas. The same characteristics mark all the manvantaras also.
- Linga Purana Section 1, Verse 86-92

Thus all the Cycles of Time are the same or at least so similar that the very real possibility exists that when you recall or access a ‘past life’ memory, it might be from this cycle of time or from one in another Manvantara. All the cycles are occurring simultaneously within the holographic matrix, like the classic metaphor of onionskins, as waveform frequencies one within another. Time only exists as illusion and is relative to consciousness.

We are currently in the 28th Maha-Yuga (made up of the four yugas) of this Manvantara, and we are now in the 7th Manvantara of the 14 Manvantaras make up a Kalpa, meaning one 'Day of Brahma'. To me this means that I have already repeated, many times, experiences within this temporal illusory holographic matrix. If some things are familiar to you, apparently there is a preponderance of dang good reason.

Experiences emerge within the hologram when a resonant frequency is emitted from a consciousness and therefore has the correlative ‘Key’ to produce or ignite them. Thus Purusha [ATMA] as the soul and Prakriti [the Matrix] as the forces of nature (Maya-guna) are interactive. In fact on the highest level, beyond the illusion of separation, Purusha and Prakriti are ONE in the same. All are Oneness, ATMA, Paramatman, which is the Supreme. Sanskrit offers so many lovely words that describe various states of consciousness.

Once you know and realize this, you can access any part of the hologram. This is the point in your unfoldment when you naturally begin to acquire the Siddhis, meaning yogic (union) powers such as remote viewing, etc. Enlightenment truly does await any being who can by their own efforts access the dormant holographic treasure of true Knowledge.
My understanding of Krishna is that he is God totally realized within the body of man, similar to what some term "Christ Consciousness". For me it is simply enough that I have supernal treasure of the Bhagavad Gita to read and learn from. In the Gita, Krishna says

“Even if you are the worst criminal of them all, you will cross over all villainy with just your lifeboat of knowledge.” [IV.36]

To me this means that we all have the God-given right to Liberation!

The entire hologram is within every part of the hologram. There is no need to go to any sacred site on the planet as ‘sacredness’ is within you. Your location is a function of your consciousness. God is everywhere not just in grand cathedrals or lovely temples, and not only in religious statues or idols, or any other symbols that may represent God to the human mind and heart.

There is no need to ‘ascend’ anywhere – except in your own consciousness. You only need the force of your own focused Will and by your own efforts – which naturally evoke the concomitant Grace (ANUGRAHA) of the God-within you – generate the resonant frequency to activate the latent energies ‘sleeping’ within the holographic matrix to access all encoded primordial Wisdom-Knowledge and happily your enlightenment.

The Kashmir Saivism of Abhinavagupta tells us that there is no need to ascend to anywhere:

The state of liberation is not confined to any special abode, nor does it necessitate any ascension (towards any celestial abode). Liberation is the illuminining of one’s divine potency attainable by the means of resolving the knots of ignorance.

Fully liberated beings do not have to ascend to any divine abode, that in my understanding are the illusory waveforms – however enchanting or sacred – of the Phantasmal Hierarchies and the myriad LOKA worlds.
Ignorance regarding one’s real nature, consisting of supreme and divine potency, is bondage and as soon as such ignorance is annihilated, one’s really natural purity and divinity shine through the spiritual luster of his own pure consciousness and that is liberation. Such a being is liberated even while living in the physical form.

A person who realizes his real nature does not feel any dread from any quarters because everything is his own SELF. He does not experience any grief because, in reality, there is no death or destruction.

A person becomes liberated even while residing in a mortal form when the knots of his ignorance are resolved, his doubts are removed, his delusion eradicated - and his piety and sin are perfectly consumed.

When the impressions of the correct knowledge of one’s real nature become deeply impressed on his person, his ignorance, his doubts, his delusion etc. become annihilated and his good and bad deeds lose their power of fructification. Since it is ignorance with it results, which is bondage, such a person attains liberation even while living in the mortal world and is consequently known as a JIVAN-MUKTA.

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Part I & II

The Bhagavadgita in the Mahabharata
Translated by J.A.B. van Buitenen
University of Chicago Press, 1981
Man and His Becoming According to the Vedanta
Rene Guenon, 1925
Sophia Perennis, 2001

Expanding into the Entire Universe

Our Real nature is God Consciousness, the Oneness, Parabhairava.

The Sanskrit word BHAIRAVA is an acrostic word:
BHA indicating bharana, maintenance of the world
RA, ravana or withdrawal of the world
VA, vamana or projection of the world
In one sublime word the principles that create, support, and destroy our universe are contained.

As we move along on our journey Home, our Real nature within continues to expand, moving our awareness ever further and deeper out into this entire universe.

Everything and everyone in all the myriad worlds, even energies we might judge as evil or negative, all are manifestations, extensions of the one God consciousness of which we as individuals have always been a temporal expression.

“Whatever is found in this universe is existing in universal consciousness. So there is nothing to eliminate, nothing to separate from your consciousness. [Lakshmanjoo]”

The Sanskrit word jagrat means the ‘waking state’ - and for the yogi who has understood the Reality of the ubiquitous all-pervading Oneness, the
waking state is just another form of God consciousness and an expanded awareness of our Self.

“In speaking of the waking state, the dreaming state and the state of sound sleep are also included. So for such a yogi, these three states, which are experienced in daily life, are not other than universal God consciousness. [SLJ]”

There comes a moment in our journey when every moment and everything in life becomes sacred. God is everywhere, permeating everything. Even the simplest acts and perceptions of our daily routine life can be experienced as God consciousness and therefore can provide entry into the subtle blissful states of our Real Being – Samadhi.

*Play each note as if it is a universe ...*

India’s traditions consider the world sacred. In a recent biography of the greatest living master of the bamboo flute, the bansuri, Hariprasad Chaurasia, there is a wonderful example of this understanding of the sacred in the mundane.

In search of the deepest subtleties of classical Indian music, the raga, Hariprasad found his guru in Annapurana Devi, the wife of the famous sitar player, Ravi Shankar. Hariprasad was already quite successful and famous in India’s film world when he approached this reclusive lady for instruction. She made him prove his dedication as if he were a beginner, making his every effort an arduous challenge. His patience was rewarded with her superlative wisdom.

Annapurana taught Hariprasad that he must play each note as if it is a universe.

How would this kind of superhuman concentration and focus of our five-sense attention manifest in our own everyday life? Wouldn’t time slow, and each and every moment become the potential for God to reveal its concealed beauty and bliss in every bit of sensory data transmitted from the external world to our brain.

We would see and hear God everywhere.
We would move through our days nestled in peaceful bliss.

“Beneath the curtain of each atom lies concealed, the life increasing
Beauty of the face of the Beloved."
God is not found only in places of worship, in grand cathedrals or magnificent temples; nor is God confined to our limited ideas of what we imagine to be sacred. God is everywhere. Everything and everyone is sacred. When the Heart is opened - the universe and every atom in it, is felt sacred.

*The universe is the Creator’s Cosmic Sacrifice.*

God ‘sacrifices’ Its Oneness in the expanding and contracting, revealed and concealed manifestation of infinite energies, power and will. When we offer God anything, our prayers or a flower, we are returning that ‘sacrifice’ to the Source of its origin.

When we surrender our small identity ego and offer our limited consciousness to the God within, we are returning the sacrifice of what is manifested into the Ocean of Consciousness. We are going Home.

“In this universe, there are only two aspects found – energy and the energy holder. Of these two, it is energy that is held in each and every part of the universe because this universe is, in fact, the existence of energy. And the energy holder is Maheshvarah (the Great Lord, the Oneness) himself alone."

- *Sarvamangala Shastra – Swami Lakshmanjoo*

When you become that which you always were and are, God Consciousness, you will not need to read or listen to the Sanskrit texts or other sources of wisdom. They will no longer hold your interest.

In the Bhagavad Gita II.52, Krishna says:

When with an enlightened intelligence (buddhi), you have crossed over the delusion-thicket (moha-kalilam), then you will be disenchanted – the Sanskrit word actually translates as disgusted - with the teachings you
have already heard, and even those you have yet to hear.

As Swami Lakshmanjoo has said:
When you actually understand what I am teaching you, then you will not want to listen.

One of the biggest control mechanisms in the current Kali Yuga Matrix, if not the biggest is the FEAR of Death. Especially in the West where the understanding of the transmigration of the Soul has been obliterated. How can anyone in only one lifetime achieve much of anything. From genius to sainthood, would one life account for the innumerable variances in all of us?

*May all be liberated from the Fear of Death!* 

This idea that some astral entities snatch our memories in the "light" is repeated by many channels. Remember that we are all operating at different frequency levels of consciousness. If you accept this idea, then you are operating in a frequency of helplessness.

Being a successful astral projector does not mean that you are an Enlightened Master. Indeed one who is enlightened would have no need to project their consciousness all across the universe. They would have Become ONE with it.

Not "all the Spirits in the Afterlife are still in enslavement" - in fact there are many realms that hold great adepts and enlightened ones, thousands of Bodhisattvas, Taoist and Sufi masters, who desire to help us who are here in Density, Maya's Matrix, evolving at a multitude of levels of consciousness as we make our way Home back to that which we have always been ---- God-Consciousness, the Oneness.

This said 'vampire stripping' of your memory is a fearful teaching, and as such will hold you in fear. Knowledge of the occult is still differentiated perception and will hold you in multiplicity. What is important is the establish an adamantine 'relationship' with the God-within you - that
Oneness that dwells in the Heart and simultaneously pervades and permeates All. Recognition that you are in fact the Oneness and always have been will carry you safely across.

"And at the hour of death, he who dies
Remembering Me [the Oneness],
Having relinquished the body,
Goes to My [the Oneness] state of Being.
In this matter there is no doubt."
- Bhagavad Gita VIII.5

Sources:
The Brihadaranyaka Upanishad, Swami Krishnananda; The Divine Life Society, Uttarakhand Himalayas, India, 2006.
What Happens When We Die – Part One

Brihadaranyaka Upanishad IV.iv.1

The Brihadaranyaka Upanishad is thought to be one of the oldest of over 100 Upanishads. It is dated somewhere between the 8th and the 5th century BCE and is often said to be the most important. There are many highly intriguing verses, which in the west might be called ‘occult’ or esoteric. But surely we all have the right to know what happens when we die.

In the Bhagavad Gita (II.28), Krishna tells his friend Arjuna that death is certain for all. The beginnings of beings are unmanifest, their middles are manifest, and their ends are again unmanifest. Then he adds – Over this, what complaint?

Death comes to us all. No one escapes this experience. So let us look at what the Brihadaranyaka – the great wisdom of the forest – has to say about what happens when we die and the process of transmigration.

We all know that the physical body begins to fail and normally there are varying degrees of pain, but what is occurring in our consciousness? What is the subtle body experiencing? The Brihadaranyaka Upanishad states that the five senses move into the heart and we can no longer see with our physical eyes.

What are the five senses? In Sanskrit they are known as the indriyas and are said to be gods, deities representing specific principles of energy. Indra is the king of the gods and thus the five senses are termed indriyas. The senses are also described as tejomatrah or particles of light. Tejo represents brilliance, light and fire; and the etymology of matrah is mother.
In Kashmir Saivism the word ‘mother’ can mean the mother of all sound that generates the world. It is the power of sound that produces this entire universe. From intensely concentrated energy waves, heat and sound pour out into Space and Time. This heat and sound are not what we experience with of senses. We cannot hear this sound with our physical ear; it is said to be ‘the unstruck’ sound. These sounds are waveforms that become our senses.

“It is the particles of sound floating as ether in space that carry the light of intelligence within them, which they instill into inert matter to animate it into a living being which then enjoys life for a limited period of time.” (The Rig Veda, Shyam Ghosh)

Our five senses are described as particles of Light (tejomaträh). They are the mechanisms by which electrical impulses send messages to our brain. The world is in our brain. It is the brain that interprets these impulses according to our individual conditioning, based on various factors, including previous lives. We see only what we are capable of seeing; and we all see, hear, etc. quite differently.

Like our computers we are all programmed, and the five senses continue to program us as we move through our life. A man is what he thinks and believes. (Bhagavad Gita XVII.3)

In the heart

We are told that as we die, we lose the ability to see, hear, etc. The five senses (indriyas) move into the heart (hrdaya). We are not talking about the physical heart, but rather the heart chakra, the Anahata-chakra. When our senses move here, we are told that we lose consciousness of external forms. The subtle body wants to leave the physical one.

Brihadaranyaka Upanishad IV.iv.2

In the next phase of dying, all the senses move into the Heart. The ability to see, touch, hear, taste, smell move out of the physical body and become centered in the Heart chakra, wherein resides the Soul (jiva) in the subtle body. We are no longer conscious of the external world. Our loved ones may be standing around our deathbed, but we cannot experience them through the physical body.

When the senses have all been centered in the Heart, what occurs is a
burst, a flame at the top of the Heart, which creates a portal through which the Soul/Self can depart. It is said that then we can depart through any part of the body. The point of departure reflects the world (loka), as a consciousness, we are drawn to. Those who leave by the top of the head are said to be rising to the higher worlds, the heavenly ones. And naturally the lower exits lead to locations of a lower consciousness.

Whatever we have done, thought, and felt in this body will be the fuel that thrusts us toward the next. Our feelings are the primary fuel that builds the ‘fragrances’ (Bhagavad Gita XV.8) we carry with us from one life to another.

In Sanskrit these accumulated impressions are known as Samskaras or Vasanas. They are like self-generated magnets that compel us into the next temporal illusory hologram. Thus we move from body to body in the endless quest of fulfilling our own desires – until we Remember that we are the God-within and not these temporal identities that drag us though Time and Space. When we are tired of playing, we begin the adventure of waking up to what is Real!

Brihadaranyaka Upanishad IV.iv.3

These impressions, Samskaras or Vasanas, carry what we have experienced, what we have learned, what we know. It is obvious that some are born with great talent, gifted in math, music, or art, while some are born ‘leaders’ and those around them recognize their destiny. These skills were acquired in other lives and it seems that little or no effort is required to utilize them.

“The soul goes from the body accompanied by the mind, the vital force, the senses, knowledge and the subtle elements.” (Sivananda)

Those who ‘speak’ with the dead report them saying that they are exactly the same person as they were when they occupied their body. There is no change. You remain you, made up of whatever you have achieved, whatever cumulative consciousness you have become.

The precise frequency of your consciousness, as a collection of your experiences, feelings, and knowledge will propel you to various planes, other realms, until you are pulled by your own proclivities back into a physical body.
Those who are attached to the ancestors, the manes, meaning their genetic lineages, the clan, race or tribe, will be drawn into those correlate worlds (lokas). According to the verse, there are worlds of music (gandharvam) and many others. There are heavenly and not so heavenly worlds. Those who are intensely attached to their own delusions of anger and greed can fall into “unclean” worlds, hells (Bhagavad Gita XVI.16). Based on our consciousness at the time of death, we go to our own belief systems.

What Happens When We Die – Part Two

Brihadaranyaka Upanishad IV.iv.4 & 5

The One dwells in the Heart of all beings (Bhagavad Gita XV.8). Your soul is an ‘apparent’ portion of the One-ness – this is only the appearance of separateness, a temporary perception, as the One remains one. The soul is called the Self/Atman and when it departs the current body it does so in the vehicle of the subtle body (puryastaka). The subtle body retains the mind and the five senses that operate through the physical body, and the subtle elements that produce it. (Abhinavagupta, Bh.G)

As gold can be melted and one ornament transformed into another, so our new physical bodies are created from the subtle elements and reflect the impressions (samskaras) of our previous lives, those ‘fragrances’ we carry with us as the wind carries the scents of a garden (Bh.G.XV.8).

We are the One-ness, we are Brahman

This Self/Atman that transmigrates from one body to another, via the subtle body, is none other than the all pervading One. That which seems far away is in truth, ever so near in the Heart. Even as portions of the One, our essence is never lost. We are always part of the imperishable
totality that is our source.

In this text the One is termed Brahman. Brahman is not the deity Brahma, who is the Creator god and generally depicted as a wise old man sailing about the cosmos in a perfect lotus.

Brahman is the principle of Fullness that creates Space and Time. The universe cannot exist without space and time. Brahman is the great Immensity, the equilibrium between the centripetal and the centrifugal, between concentration and dispersion, between the forces of creation and those of destruction, between light and the darkness. Brahman is the principle of Space-Time. (Alain Danielou)

The Self-Atman is Brahman. We are that Brahman!

The Subtle Body - Puryashtaka

As the soul leaves the body, it can no longer use the data-collecting mechanisms of the physical body, i.e. the five senses, seeing, hearing, smelling, tasting and touch. The subtle body (puryashtaka) is our vehicle between lives. It functions as a magnet and attracts whatever it resonates with – like attracts like. Whatever we have thought, whatever acts we have done while in the physical body generated the impressions (samskaras), which have formed the subtle body.

The subtle body is made up of desires (kama). The One-ness manifested this universe to play. This ‘play’ or the Divine Lila, as it is called in Sanskrit, exists for the fulfillment of our desires. As long as you want to play in Space-Time, you will return through endless cycles of death and births (samsara) to fulfill your dreams.

Desire (kama) is the powerful driving force fueling your continued existence in this universe. Kama is often depicted as a deity who is not easily overcome by the puny human mind. Our desires constantly delude us. Essentially, we can rationalize anything we want.

It takes a great will to overwhelm the desires that are programmed into our DNA. Sometimes they lie latent for life times, even in the most advanced souls. Sometimes as you reach the end of your journey Home, they are fulfilled in the most surprising manner, and once fulfilled they can be easily renounced.
All acts are born of desire (kama) and every act leaves an imprint on and subtly alters the DNA, thereby passing on through the generations of bodies, corporal forms allowing every kind of experience. The soul (Atma) transmigrates to those bodies it resonates with based on similarity of consciousness and utilizes the DNA to create a fresh holographic reality. The subtle body carries these desires. Eventually through experience, we come to understand that no desire can fulfill. What we were desperately seeking externally, resides within us from the start.

The Pain of Death

The amount of pain experienced at the time of death is said to reflect the level of attachment to those desires that have been driving us throughout life. Individuals who are holding onto to the anguish of unfulfilled desires are said to endure greater pain.

This is one reason why forgiveness is often urged at the time of death. Those who are stuck in the desire of exacting revenge on others are themselves more vulnerable to suffering. We all know that some pass peacefully, while others suffer in agony. Desires based in greed, anger and hatred produce great pain.

The path to a painless death is said to be renunciation of desire. The more you “let go” of your attachment to things and people based on your attitude towards them, the less painful will the moments of your death be.

The letting go of your desires, and not wanting anything, is not likely to occur at the last moment of your life unless your have cultivated this understanding via your thoughts. This consciousness of non-attachment develops over time in the mental renunciation of all desires, through practice and your actions in daily life.

What you do in every moment every day contributes to the totality of your consciousness. That totality generates the quality of your death and the location you will find yourself in after you leave this plane.

The Objects of the Senses

The physical body operates through the five senses, which transmit information to the brain via electrical impulse. The five senses are always searching for an object of desire and in the Sanskrit texts, objects
themselves are often referred to as “the Objects of the Senses.” This phrase encourages us to recondition our thinking into a higher understanding, which leads to wisdom and liberation.

“The object also promises a tentative satisfaction on account of the misconceived affection which the senses have for the object. But no object can satisfy any sense, because the senses are mere agents of the desires that exist inside. The senses themselves are not responsible for our bondage. They are used as tools …” (Krishnananda)

We have forgotten who we are. We have forgotten the God-within us. We have become identified with our desires and their objects of the senses. We are deluded, lost. In this state we transmigrate endlessly in the ocean of death and birth (samsara).

We are like children playing in the twilight. The night is coming and our Mother calls us to come inside. We sigh and beg – “Only a few more minutes, Mom.” And wisely our Mother allows us more time, until we see the darkness moving in and weary of playing, come inside. It is up to each one of us to decide when to come Home.

What Happens When We Die – Part Three

Brihadaranyaka Upanishad IV.iv.6

From the previous verses we have understood that when we leave the body we take a subtle form of the mind and the five senses with us. After their death, people realize that they are the same person as when they were in their body; only they can no longer use the body to interact with the living. They can see and hear us, even though most of the living cannot see and hear them. They have become invisible, and they cannot touch or taste anything in this material plane.
The subtle body is made up of our desires, and the five senses are the mechanisms through which we fulfill those desires. Thus the subtle body requires the mind and the senses to experience the various worlds we are drawn towards after one life has ended - heavens and otherwise. The subtle body, its desires and the technology of the mind & its senses will also draw us into our next incarnation as we transmigrate through Space-Time.

“The mind, which is the ruling principle in the subtle body, carries with it the results of its actions…” (Krishnananda). We cannot shake off anything we have done; and those acts, which are the expressions of desire, must find completion in a new lifetime and a fresh body. For example, we may for a time find ourselves in bodies made up of light. There are myriad worlds in which we can exhaust the results of our actions. However, eventually we return here to this world, the earth plane, because this world is the microcosm of all the others.

Liberated from Desire

Those who are attached to the results of their acts are caught up in endless cycles of transmigration. But what of the few who have come to the end of their desires, who are weary and long to return to their Source? The few who understand that everything in this universe is God, and who have therefore become solely devoted to the Self, the God-within, they have no desire other than the Self/Atman. They experience death in a very different manner.

When you Know as experiential knowing that God pervades and permeates the All, then temporal desires cease to compel you. You simply lose interest. You are no longer ‘owned’ by the objects of the senses. No external and material things can hold our interest in the best of circumstances.

Why would you want to possess incremental fragments of this universe when you are Becoming the Creator of it? Real gold lies within in the Heart. Real happiness and fulfillment are within each and every one of us, waiting for us to turn inward, to Remember who we are.

“Desire cannot be satisfied unless it is directed to the Self … If your desire is for anything other than the Self, it is not going to be fulfilled, because you are asking for that which is not there.” (Krishnananda)
It is not there. Everything you are experiencing with the mind & senses is your own self-generated temporal illusory hologram. The world of desire is not the Real. When you understand and shift your consciousness into this higher, deeper Truth, you lose interest in external desires.

You only desire the God-within you. This frees you from all other desires, which will literally back away from you. Freedom is salvation! Once you have seen the Real, the objects of the senses turn away from you (Bh.G.II.59). You have lost interest and therefore you no longer magnetize them into your consciousness. We only think about what we want.

There is no need to act - and no need not-to-act (Bh.G.III.17). We no longer need other people (Bh.G.III.18). We have Become that which is the Source of every person and thing. All our desires are fulfilled because we have Become “merged in the Universal Self” (Krishnananda). As desire-less beings, we no longer need the vehicle of the subtle body, the mind & the senses. We do not require a new data-collecting vehicle to inhabit in order to work out our previous actions.

We are liberated from the illusions we have created to play in. Our subtle body and its mechanisms get dissolved “like bubbles in an ocean”. (Krishnananda)

Why are we driven by Desire?

All of us to one degree or another are ‘owned’ by what we want. At times it seems that our possessions own us far more than we own them. Who has not experienced wanting some thing or someone for what seems like an eternity and then once we have gotten the thing or the person, we slowly but surely lose interest. Our passion for it fades. What is it that drives us to want what never can fulfill us anyway? Are we just stupid?

There is a terrible longing in all of us. This longing gets masked and confused as the need for power and possessions. Our consciousness becomes deluded as to the real nature of the longing, and it is transferred and projected out into the external. We want lovers, gold, power,
Most humans idolize the rich and famous, and yet how often do we learn that so many of our idols are never satisfied. The stories of beautiful unhappy women are endless. Great athletes, politicians, and financial wizards are never what they appear to be – and occasionally worse than we could imagine. As long as the media can make money off these people, they will continue to be raised up and then vilified; but it is only about profit.

What are we missing? An earlier verse in the Brihadaranyaka Upanishad (II.iv.5) answers this question and is interpreted beautifully by the astutely wise Krishnananda. Everything is consciousness. The mind is nothing more than a state of consciousness that has been formed over many lifetimes. Its job is to allow the soul to explore the adventure of Space-Time through the senses. The mind is made up of defined proclivities that draw its attention to specific objects or people. The mind is directed outwards to the external.

As we progress over many lifetimes through the Cycles of Time, the external, the temporal illusory hologram we ourselves have projected, distracts us. We forget that we are the creators of all this. We lose our Joy, that sublime feeling of being immersed in the God-within us. We begin to feel isolated and alone. The emptiness inside of us grows and we flail around seeking anything that will ease that restless ache.

As we transmigrate from one body to another, we long to fill that yearning. When our desires cannot be realized, we become angry. Desire (kama) and anger (kroda) go hand-in-hand. Anger leads to more delusion, to hatred, to war, and the litany of greed and violence that make up our written human history, the last 6000 years.

We have forgotten that we are the source of all we seek. We have forgotten the God-within. The form our mind’s consciousness has taken is the cause, the reason we are magnetized to one object or person and not another. We all are attracted by a wide variety of different objects of desire. In astrology this is easy to see. We are constructed to have certain likes and dislikes based in our past life experiences, those fragrances, impressions (samskaras) that follow us down the pathways of Time.

The person we fall in love with holds the promise of fulfilling our emptiness. But this can never be. For what we want is ‘completeness of being’ (Krishnananda), not the person or object. They too are seeking this
‘completeness’ and so how would they be able to give it you? There is a temporary satisfaction, which is merely the result of the feeling that we have won the thing. This never lasts.

“… nothing external can give you happiness … You have missed the point in asking for the things of the world. … it is a wild goose chase from birth to death …” (Krishnananda)

Everything in the external world will leave you. This is inevitably a world of sorrow, the proverbial valley of the shadow of death. The people you love will die, you will die, and thus lose the possessions you have sold your soul for. There is something particularly insidious and evil about advertising in this regard, as people cannot be urged to conspicuous and compulsive consumption when they have recognized this truth. Things promise us eternal youth?

We do not understand that finite objects “are only appearances of a single Reality” (Krishnananda) which we in fact are!

As we descend through the Cycles of Time, these truly hardened beings have so immersed themselves in their own selfish desires that they have Forgotten all memory of and connection with the Oneness, the God-within them.

Every dark cruel act draws the Veils more densely over their consciousness and their subtle body becomes laden with anger and deluded confusion - a magnet that draws them into even more unfortunate incarnations.

Drowning in a miasma of amnesia, they are wretched indeed. They are lost, fallen into demonic frequencies of consciousness. They have Forgotten the Oneness within them.

They too can Remember who they are and wake up at any moment.

Even the worst can Remember.

Even they are that Oneness, but they are free to pursue their desires - just
as we are.

Sometimes it is up to us to protect the innocent from these fallen beings. We need to know when to stand and fight - and when the greater wisdom is to smile and walk away. The Bhagavad Gita is a guide for warriors.

I know this one is very hard, but think of it like this... There can be nothing that is not the Oneness. This is a polarity universe.

The Mega-Rich: ‘Strangled with Hundreds of Nooses of Expectation’

‘...their dreadful actions are capable of destroying this world.’

Did you ever wish you were one of the mega-rich? You know, one of those billionaires with their 40,000 sq ft houses hidden behind great walls of gated communities, those men and women who now control our world, oblivious to the toxic legacy they are leaving our planet --- along with the destruction of what perhaps was once the world's most successful democracy.

Praised and exalted as they are by our degenerate culture, it wouldn't be unusual to envy them or unconsciously desire, however obliquely, to be born into their world.

In the ancient Sanskrit text the Bhagavad Gita, Krishna tells the warrior Arjuna the fate of these bloodlines:

"Puffed up by their egos, arrogant, drunk with wealth and pride, they offer up...[charity]...out of sheer vanity. Embracing egotism, overbearing strength, pride, desire, and anger… Those hateful, cruel, vile, and
polluted men I hurl ceaselessly into demonic wombs... birth after birth..."

Not all who are wealthy are bad. There are those who have learned to use the freedom and independence money can bring to further their own spiritual evolution and hopefully, the well being of others. They have developed humility and compassion. There are others however who have come to believe that ‘greed is good’ - and that their delusional sense of superiority to others, entitles them to use and abuse not only human beings, but also the Earth and her resources.

Krishna tells Arjuna that because these people resonate with the negative polarity, they have no understanding of their relationship to the universe. Their lives are not built on Eternal Truth – on DHARMA. They are lost, living in a demonic hologram with little enlightenment and, as is all too evident from the poisoning of the planet, ‘their dreadful actions capable of destroying this world.’ [38.16.10]

Compulsively moving from one insatiable desire to the next, these sad beings are intoxicated by their ephemeral delusions of power. Think tanks daily produce new false doctrines to support the misdeeds of greed and avarice. Notions such as the bottom line, the trickle down theory, and the end justifies the means are spun into fresh webs of confusion to justify any action and bewilder the herd.

Lies are truth and truth is a lie – and so it goes spiraling down. One of the predicted symptoms of the Kali Yuga from the Sanskrit Linga Purana is that – ‘People will prefer to choose false ideas.’

Don’t imagine that these ones who are puffed up with their self-importance are happy and at peace with themselves. Addicted to power with the hounds of hell ever at their backs, they are always aware that another warrior will one day come along and conquer their kingdom. So they worry, to remain in the lead they become workaholics. There is no escape, never enough money, and no relief for their fears. Indulging in consumption for relief, for reward, they buy yet another villa, another yacht. Will one more do it for them? How many deals, takeovers, and whores will it take to make them relax, to forget, to satiate their desires for a New-York-minute? And all the while, Death is silently coldly breathing down their necks.

Krishna says in their desire and anger, they are – ‘Strangled with hundreds of nooses of expectation…’
Every day they count their victories – as the saying goes, Money is the scorecard. Every act is justified by their delusional sense of power and importance over others. As masters of this world, they deserve what others do not. When they give, it is most often to bolster their own self-esteem, to give more than their rivals. This is not charity – as Krishna says, this is vanity.

Magnetism is the Law in the Invisible Realms where like is drawn to like. Krishna tells Arjuna that he ‘hurls [them] ceaselessly into demonic wombs.’ Meaning they are drawn to similar bloodlines to be born into. Thus they are brought up with the same values, a reverence for power and control, and a lack of love that leaves them empty, craving.

Following the path of self-delusion, these unfortunates may, according to Krishna, eventually ‘lose their wits’ and fall into the temporal illusory holographic matrices of various Demonic Worlds, such as the Rasatala and Patala Lokas --- but not for all eternity. Remember these LOKA Worlds are temporal and thus, along with the rest of the hologram, will be dissolved at the end of the Kali Yuga. The Creator is Love and never so cruel as to doom any being forever. These arrogant deluded ones are after all playing their part. They are in their way holding the temporal illusory hologram together until the time of dissolution.

But in the Twilight of the Kali Yuga, there most assuredly is no need to envy these who are strangled with the hundreds of nooses of expectation.

*The Bhagavadgita in the Mahabharata
Translated by J.A.B. van Buiten
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Anyone who isn’t angry is probably asleep!

Frustrated Desire turns to Anger & Traps us in the Temporal Illusory Hologram

According to Hindu metaphysics the nature of life is desire, KAMA. Life is not merely suffering as some say, but desire (kama) and enjoyment (bhoga) experienced through guna-maya, the Matrix. Eventually our fulfilled desires begin to bore us or turn sour in one way or another – as the current saying ‘been there, done that’ indicates.

The Kali Yuga, our current cycle of time, the Age of Conflict & Confusion is highly conducive to anger. Anyone who isn’t angry is probably asleep! Who wouldn’t be angry as you become aware of the ever-increasing worldwide insanity in this frequency of time when ‘kings are thieves, and thieves are kings’ and ‘people prefer false ideas’?

But anger is a big trap for your consciousness.

In the Kali Yuga our desires and dreams often go unfulfilled and unrealized. We are tempted, seduced and enticed to allow the demonic energies of anger to take over our consciousness and delude us, drawing us ever further down into the sticky web-like confusion of the temporal illusory hologram.

Chapter Three in the Bhagavad Gita reveals the nature of anger and how to release your consciousness from anger’s imprisoning tentacles. Anger (krodhas) is the companion of arrogance and pride. Anger occurs when we don’t get what we want.

Anger contaminates the intellect and our ability to discern energy levels. Anger effectively and efficiently deludes us and in our confusion, we blame someone else – like our parents, the boss, the government, the new world order, or those ominous secret societies. We seek revenge on the external rather than looking within.

This ‘deluding & confusing’ of consciousness by anger could be precipitated by the loss of any desire, anything, a job or money. But let us take the classic poignant example of losing your lover to another. Your pain at being rejected, abandoned, and made to feel ‘less-than’ consumes you. As these feelings build, along with your fears of being alone, your anger often becomes directed at the person who stole your beloved and...
their image enrages you. Fear and anger are two expressions of the same frequency waveform.

You suffer every variety of anger, jealousy, self-pity, etc. You alone suffer. More than likely, the newly paired ones are off in their own hologram having the time of their lives, while you are holding onto anger or more accurately, anger holds you in its pernicious steadfast grasp. Your hologram transforms into your own personal pity-party with just you and your demons hanging out together!

Displaying your anger or sharing it with (the unlucky) others only seems to feed the flames of your rage. The Bhagavad Gita says that anger is an insatiable fire that can never be satisfied. This burden skillfully and proficiently destroys the peaceful (sattva) frequencies of your consciousness. Anger deflects any chance you might have for happiness - not only in this world, but also in the next as like attracts like.

Your SELF/ATMA, the God-within becomes more difficult to access because your anger makes your consciousness increasingly dense. Anger interferes with the silencing of the mind and veils the Real - the still small voice within.

The SELF/ATMA is the Real and connects with Its creation through the intellect, the mind, the five senses and their objects --- in that order. The SELF is not the illusion of multiplicity, which is but a reflection in the mind of external objects as perceived through the five senses.

The SELF, the Soul, the One that dwells in the Heart is eternal, not a temporal polarity. ATMA is never disturbed or deluded by anything. Thus anger is false and only resides within the frequency waveforms of the illusion. Anger is experienced through guna-maya, the Matrix, the temporal data-collecting vehicle that the small-identity ego-self falsely identifies as the real you.

Therefore Remember and realize the Illusion of Separation. Know that you never lost anything or anyone. Everything belongs to the eternal Real, the God-within.

In trust, surrender everything – especially your anger – up into the God-within you, the Oneness. Anger is delusion based on the illusion of separation. It is insatiable and will bind you into the temporal illusory hologram.
We are the Oneness Playing...

Beneath and within the 'appearance' of all multiplicity - there is only the One.
We are that Oneness.
We have always been That, and always will be.
This is our "Play" - and we are creating it moment by moment.
Therefore we can change it.
But change must come from the place of Knowing we are the Oneness.
Self-mastery in the temporal illusory holographic matrix will come from Remembering who we are.
If it comes from duality, from differentiated perception, from anger, revenge, and hate - then whatever we do will be in vain.
"In reality we are none other that the Oneness, having taken up such form of the bounded being. It is the basic nature of the Lord, the Oneness, to appear playfully as the finite-being and to revolve in the cycles of transmigratory existence."

- from 'The Essence of the Exact Reality' or PARAMARTHASARA of Abhinavagupta
  With English translation & notes by Dr. B.N. Pandit; Munshiram Manoharlal Publishers, 1991, New Delhi.

[For those of you who can find a way and a time to be in solitude...]

*The Real Armageddon: Learning how to be Alone!*

You have to do this alone!
If you want to liberate yourself from the trap of the temporal illusory hologram, you have to learn how to be alone.
When I say alone – I mean literally, absolutely, physically and mentally alone.

Here’s the eternal Secret of the Ages:
For at the very least 3 days isolate yourself, preferably in Nature.
For 3 days remain totally alone – no people, no family, no lovers, no close friends, no drugs or alcohol, no meat, no telephone calls, NO TV!,
no radio, no internet or computer, no newspapers or magazines, etc. 
Unplug!

For 3 days stay alone!
Teach yourself to withdraw your energy from the external illusory reality 
and detach your consciousness from the five senses.
Remain in meditation for as long as you possible can.

Get ready for the Battle of your Life!
This is the real Armageddon – the one that rages within!
Your GUNAS are going to do everything they can to hold on to you.
Remember that everything is God/IS-ness and therefore the GUNAS 
themselves are also God.
In fact IS-ness created the GUNAS to bind ITSELF within the illusion of 
this polarity based hologram.

Ask the God-within you for help, for GRACE.

Your stubborn persistence in the face of an all out assault by the five 
senses will be living proof to the God-within you that you are ready for 
GRACE, ready to move beyond the bonds of the illusion. If you feel or 
see demons or other unpleasant energies, brush them away as illusions – 
that’s all they are!

You will be amazed at how desperate you become to feed the small 
identity-self’s ego. A zillion thoughts will trample through your brain 
urging you back to your habitual compulsions. This will be the moment 
you begin to learn something about yourself – this will be the real test of 
your courage. Nothing you have ever done in your life will be as difficult 
as this process of learning to be alone. Nothing can really prepare you 
except an unquenchable desire for the Truth and for Liberation (JIVAN 
MUUKTI) from Illusion.

Truly you must want this more than ANYTHING else.

When you are at your wits end, and you will be, you can use inspiring 
music – music that is uplifting and has a higher consciousness, music 
without words to stick in your head. I recommend OM, Mozart or Indian 
RAGAS, if that resonates with your own being. Learn to listen to sound 
as waveforms, sound as singular tones of a specific frequency. Float in 
water in the dark, go for walks alone and look up at the sky, follow the 
night’s gentle shadows and watch the stars move across the heavens, 
smell the cedar & pine trees, stretch your weary body out on the earth,
hold the dirt in your hands. And you sing! Use tones to focus. OM is excellent. Experiment – the God-within will guide you.

Take with you the Bhagavad Gita, the original writings of Lao Tzu, or the work of the Sufi poet Rumi – or all three. When your noisy mind is harassing you with torrential nonsense, read these works over and over. They have a frequency of higher consciousness and will lift you into truth even if you don’t yet understand them. I have been reading the Bhagavad Gita for 30 years now and I am still in the process of understanding its timeless and profound meaning.

Unless you were born enlightened – and then you probably wouldn’t be reading this – it is almost impossible for anyone to begin to access their inner-world surrounded by the constant distraction of other human beings.

Every day in every moment you are being bombarded by the GUNAS, the Matrix, as waveforms emitted from the temporal illusory holograms of everyone around you. The small personality selves of the people you know and love, or hate, are incessantly mixing with your own – until most of us have no idea where our thoughts come from, meaning we don’t know if a thought is our own or coming from someone else.

Get rid of the TV!

This includes the media in a monster way! These machines possess the power to emit waveforms that permeate your consciousness. Therefore it is crucial to unplug these frequency emitters in order to establish a tender subtle connection to your own Within. Especially the TV - and after you become more sensitive, you will realize that your television emits a waveform that effectively entrains you into a specific state of consciousness – more a state of unconsciousness, I would say, designed to leave you feeling insecure, mildly fearful, and ready to go out and buy things you don’t need to pad your comfort zone.

You will not have to become a hermit forever, just now and then. I realize that many of you have families, beloved ones, and adored children. But if you really want to give the ones you love something that is truly valuable, something that will endure, something eternal - then give them your higher consciousness!

Learning to be alone will at first seem like the worst poison, but after a time it will turn into the sweetest Divine Nectar you ever tasted.
Krishna in the Bhagavad Gita:
“…at first seems like poison but as it matures is like Elixir, the happiness which springs from the serenity of one’s own Spirit.” 40[18].37

My favorite translations of the Bhagavad Gita:

The Bhagavadgita in the Mahabharata
A Bilingual Edition
Translated & Edited by J.A.B. van Buitenen
The University of Chicago Press, 1981
(This translation uses very accessible clear English. I love it!)

The Bhagavad Gita
Translated by Winthrop Sargeant
State University of New York Press, 1994
(This wonderful edition gives you the Sanskrit Devanagari characters, their Sanskrit transliteration and the English translation.)

Abhinavagupta’s Commentary on the Bhagavad Gita
GITARTHA SAMGRAHA
Translated from Sanskrit with Introduction & Notes by Boris Marjanovic
Indica Books; 2004, Varanasi India
-Abhinavagupta wrote in the years 990-1015 A.D. and is widely acknowledged as one of India’s greatest minds. A brilliant, highly esteemed, enlightened Kashmir Saivite, his insights into the Gita are gems - especially useful for anyone who is actually practising meditation. Boris Marjanovic’s translation is accessible. Includes the Devanagari characters and English, but not the transliteration.
The SELF-ATMA, the God-within is the Real Teacher of All People

Do you need to find a living, breathing, flesh & blood teacher in order to become enlightened? In ancient times, sages and seers orally transmitted the primordial metaphysical principles that underlie the temporal illusory hologram through the generations. Even during most of this Kali Yuga the sacred Sanskrit texts were available only to the Brahmin priests who were educated to read and recite them.

It has only been in very recent times that many of these texts have been translated – some by a few westerners who actually had an open mind towards their content. The fact that they are currently available to anyone is likely symptomatic that we are approaching the end of the Kali.

Of course, who wouldn’t want to be near an enlightened master?

But the plethora of greedy, deceitful, self-interested charlatans passing themselves off as avatars and enlightened gurus is only surpassed by the numerous innocent and confused souls who are now channeling aliens in the belief that these entities hold the secrets of the universe. The extraterrestrials are often far from enlightened and all appear to have their own agendas – which frequently include various forms of subtle mind control.

I certainly learned a great deal from my own contact. The most important lesson I gained is that my multidimensional selves are not the God-within me. They may be projections of my SELF-ATMA, or of the larger Isness, but does not make them or their agendas superior to my own spiritual path. Trust the God-within you. There are 1000s of entities ‘out-there’ in the Myriad Worlds literally advertising to get your attention and energy. The endless astral realms are merely more of the projected holographic Illusion.
In a similar manner, many gurus and teachers either have very material interests, or they may be ones who have achieved a fragment of insight and have decided to make a profitable career of those experiences.

I would suggest that finding a pure and enlightened teacher in the Twilight of the Kali Yuga is akin to the old ‘needle in the haystack’ metaphor. One of the symptoms of the Kali is that people will prefer to choose false ideas. This is the Age of Confusion after all.

In the Uddhava Gita [Dialogue 2, Verse 19 & 20], Krishna tells his friend and disciple Uddhava that there are many who by their own efforts have realized the truth and that the SELF/ATMA – meaning the God-within - is the real teacher of all people.

We are all constantly learning and anyone or anything can be a teacher to you. Even the false guru can teach you a lot – perhaps especially a false guru. But ouch! We learn from Nature, from the song of a bird, the sound of the wind, the movement of water. We can learn from the rich man’s greed or the poor man’s dignity. Often as we progress along the path we learn to look for these ‘lessons’ in our everyday ordinary life – because we realize that God is within everything and emerges for us as we seek the truth beneath the illusion of multiplicity.

So my view – which many would disagree with – is that, in this Twilight of the Kali Yuga, trust the God-within you to teach you whatever you need to learn and bring you Home. If you find yourself in a cult of mind control and co-dependency, then learn whatever it is you need to learn - say thank you and quickly move on.

If you find yourself in the presence of a truly realized soul, then bask in their frequency – but know that it is still BY YOUR OWN EFFORTS that you will achieve your goal. No one can touch you with a magic wand and make you enlightened except the God-within you, who knows you better than anyone and knows exactly what you need at the moment you need it.

God dwells within the Heart of each and every one of us. We don’t have to ask permission of anyone to access the love and knowledge waiting for us there – we only have to want it more than we want the external illusory hologram, and turn inward to discover the love we have always sought.
The end of the Kali Yuga is a particularly favorable period to pursue true knowledge. Some will attain wisdom in a short time, for the merits acquired in one year during the Treta Yuga can be obtained in one day in the age of Kali.
[Shiva Purana, A. Danielou]

45. … during the Kali… Men attain perfection within a short time.

46-47. What is gained by the practice of dharma for a year in the Treta Yuga is attained by the practice of it for a month in the Dvapara Yuga. In Kali an intelligent devotee attains the same in a day by practicing Dharma strenuously.
[Linga Purana, Section1, Chapter 40]
The objects of the senses

The five senses make their contact with the external world and its objects, and send their information-impulses to our brain, allowing us to experience the polarities of pleasure and pain, sukha-duhkha in Sanskrit. These experiences are impermanent and are to be endured, for what is temporal has no ‘real’ existence and is unreal (Asat) in the sense that it is fluctuation and change (Bhagavad Gita II.14-16). While the real (Sat) always exists, as the 14th century Sufi poet Mahmud Shabistari says, ‘beneath the curtain of each atom.’

It is not that the external world has no value as some believe. However, its state of constant change makes it the unreal (Asat) in the sense that it is impermanent. The external reality is very real to the five senses, but there is so much more to our world than what we can see, hear, touch, etc. Everywhere there is the Imperishable (akshara) that permeates, supports and sustains the temporal illusory hologram.

Deluded fools

Without Knowledge of this eternal, immutable, imperishable Real - we are lost, floating on a sea of delusion and ignorance that tosses us around at whim and fools us into thinking that possessions and pleasure can give us meaning.

Krishna teaches his friend that this universe is pervaded by that which is indestructible and Arjuna has no power to kill that. The body may die, but the soul (Atma) never dies. It simply transmigrates to a new body, just as we get new clothes when our old ones are worn out. (II.17-22)
When our body is worn out we move into new forms that resonate with our thoughts, new data-collecting vehicles to expand our expression of the God within us all. The realization that you never die changes your entire attitude towards living and you have the opportunity to become less attached to the perils, failures, and successes of your current identity self.

Being in Wisdom

There comes a time when you are in Wisdom - and will not care if you have been immortalized by the media. Your search for meaning will not be based on the approval or disapproval of others. You will care more about doing what is right, taking action with the greatest integrity and knowledge you have available to you in that moment, and that knowledge will always be changing as you continually reevaluate its worth.

You will ask yourself, not so much, what did I accomplish - but rather what consciousness was I in when I acted. When that time comes you will have Wisdom, you will have imperishable Peace.

TAT TVAM ASI

Thou are That!

You are the Oneness.
Can the ancient seers be any more direct?

- Chandogya Upanishad 6.8.7

WIKI: It says literally 'That thou are'.
In other words that Brahman [literally Brahman translates as the expansive Fullness, the Oneness] which is the common Reality behind everything in the cosmos is the same as the essential Divinity, namely the Atman, within you.
It is this identity which is the grand finale of Upanishadic teaching

Who is this 'Thou'?
'Thou' stands for the inherent substratum in each one of us without which our very existence is out of question.
It is the innermost Self, stripped of all egoistic tendencies. It is Ātman.

The entity indicated by the word 'That' according to the notation used in the Vedas, is Brahman, the transcendent Reality which is beyond everything that is finite, everything that is conceived or thought about. You cannot give a full analogy to it and that is why the Vedas say words cannot describe it.

A waste of time...

ALL magic, occultism, and sacrificial rites for personal gain fall into the category of manipulating the Temporal Illusory Realms and are a complete waste of your time.

Unless you enjoy being one of those little silver balls in a pinball machine.

Just as laboring to acquire the Siddhic powers, that will unfold quite naturally as you evolve, is a waste of time and effort.

Just as channeling ETs, spirits, and angels is nothing more than a time-pass. How can they gift you with the enlightenment they themselves do not possess?

Only the God within you can bring you Home.

Withdraw from the objects of the senses, and turn your complete and total attention to the God-within your Heart.
Sacrificing and renouncing your attachment to the temporal illusory hologram based on Knowledge of the Real will bring you liberation.

Why settle for the small results today or tomorrow, when the Eternal Oneness of Union awaits your call!

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**Falling back into Maya’s Webs of Illusion**

Shiva Sutra 3.24
In this sutra we again are reminded that even after experiencing God consciousness, the yogi may fall back into differentiated perception. The universe operates through the modes of continual expansion and contraction. Our journey Home seems to follow along similar lines.

“Due to God’s energy of Maya, the minds of yogis are diverted by force towards worldly pleasures and away from God consciousness. [Lakshmanjoo – Svacchanda Tantra]”

God’s energy of Maya [the Matrix] is the same power of illusion that binds our consciousness in the temporal hologram. My own intuitive reflection on the reason for this is that when we enter into God consciousness, Maya’s powerful energies, which produce the differentiated perceptions that serve to bind us in time and space, remain in their momentum. Maya is accustomed to perpetually generating these deceptions. Neglected, Maya has no way to release and express its power. When we fall back into her influence, it may feel even stronger than before.

It is said that when you reach enlightenment you will be astonished that
you ever forgot - and amazed at the intensity of effort it takes the Creator to bind itself in delusion and separation. There is no source of power in this universe other than the Infinite Immeasurable Immutable power of the Oneness. What God has Veiled and concealed by Its own free will, cannot be unveiled and revealed by our small personality ego-self.

When we fall back under the influence of Maya’s illusion, we are counseled to think: “This whole universe is one with myself,” and perceive the “fullness of God consciousness in each and every object…” In this way we again become “one with the glory of God consciousness. [SLJ]”

Everything is consciousness. By redirecting our consciousness into immersion in the Oneness that dwells in our own Heart, we return to the state of God consciousness.

There is a similar understanding in Abhinavagupta’s Paramartha Sarasara. We are told that we must constantly think:

“I am infinitely potent and absolutely pure consciousness. All this is my divine play. It is being manifested by me through my divine powers. I am all this… [B.N. Pandit]”

One of my favorite verses in the Bhagavad Gita is XII.7. This verse contains the Sanskrit phrase: mayyavesitacetasam. The pronunciation is mah-yee-ahvay-sheetah-chay-tah-sam.

It means ‘those whose consciousness has entered’ into the Oneness. In other words when you direct and immerse your own consciousness into God consciousness you are Home.

Once you are ‘inside’ you will understand and feel that there never was anything other than God consciousness.

As the waves on the ocean continually rise and fall, the dance of history and all innumerable variations of temporal appearances are nothing more than the cyclical motion of God’s play in Time and Space. Here there is no fear, no death.

Only eternal Bliss will remain.

- Swami Lakshmanjoo: Shiva Sutras, The Supreme Awakening, With the...
"... these unfortunates who have been blinded-by-science should be regarded as what they are – beings whose God-given ability to perceive what lies beyond the five senses has atrophied, become functionally extinguished, and is now dead & gone!"

In modern times we have all accepted a reality based solely on and limited to the five senses. During the past 6,000 years, the period known as the Kali Yuga, our innate abilities to perceive the Invisible Realms have atrophied to the point that most humans are incapable of even a remote awareness of, much less the Joy of interacting with, that which we cannot see, hear, touch, etc.

It is therefore understandable why most simply deny the very existence of such realities. They are not capable of perceiving them. The result of this disastrous defect of our comprehension has produced the ludicrous concept of ordinary life or real life, which in its absolute denial of anything beyond the five senses engulfs us all in total delusion.

Tragically, anything that is perceived beyond the accepted norm is regarded as weird, strange & bizarre, and is consequently relegated to a sort of carnival-freak-show, yellow-journalism state of mind, which derides believers for indulging in childish entertainment and titillation.
Such a deluded error is not only adolescent in its comprehension, but is also the densest of illusion because it ignores the underlying metaphysics that are the actual source of the external holographic matrix which we, in our limited state of consciousness, mistake for reality.

This confused and confining insistence on ordinary life has become more severe as time has drawn us down into the final stages of this cycle of time. As the Veils of Illusion have solidified around us, human consciousness on this planet has successfully degenerated into the aggressively empty, heartless, consumer society we currently inhabit barely half-alive.

The term ‘get real’ is symptomatic of the toxic soup our brains are submerged in. We are mired in an integrated perceptual structure, a gestalt, an invisible sea of delusion that so completely permeates our thinking and our consciousness that we do not even begin to realize how cut off we are from our true nature and the multitude of Myriad Worlds. Rene Guenon uses the term "multiple states of being".

We have become engulfed in 'quantity', in enumeration. We are devoted to measuring the endless surfaces of what we imagine to be solid matter. We have lost all connection to any truth beyond what we have come to accept as the human state. Frightened by what we consider non-human, or above human, supra-human, we term these experiences unreal and, to our great detriment, allow only what we judge to be real and sensible into our hologram.

Thus we have fallen into density and allowed our consciousness to be programmed and brainwashed. Human consciousness has become limited to the point of extinction.

The progressive degeneration of science and philosophy has brought us down to a common, as in mediocre, level of understanding of this world. In thus reducing everything to human terms, we have moved from rationalism to materialism. We are not merely human.

We are the precious fragments of the Oneness projected into Time and Space through the data-collecting vehicle that can be described as human, but is not limited to that. This gestalt of ignorance of our true being has, as Guenon brilliantly says, penetrated and impregnated the whole nature of the individual. We are completely submerged in our ignorance.

We have locked our consciousness in a very small, moldy, dark basement
- a frequency prison created by us. This acceptance of quantifying surfaces as the be-all and end-all of knowledge has brought us to mechanism and materialism, and has given the priesthood of this absurdly limited so-called science an inordinate and totally undeserved control over our lives.

We believe almost anything our blinded-by-science hierarchal PhD priesthood imposes upon us. Despite the fact that these factual scientific oh-so-holy proclamations change almost daily in a never-ending mega-ego battle for warlike intellectual dominance and desperation for funding, we hang on to every soap-opera word of the latest ivory tower edicts.

Rene Guenon tells us that truth in modern times has been lost and replaced by utility and convenience. Science is no longer the pure search for truth, but the slave of commerce and industry. Science has become the servant of our consumer cravings and is dependent on producing profitable results for its survival.

Rather that holding these minions of corporate industry in high esteem and allowing them to dictate the atmosphere of our very being, these unfortunates who have been blinded-by-science should be regarded as what they are – beings whose God-given ability to perceive what lies beyond the five senses has atrophied, become functionally extinguished, and is now dead & gone!

Like stubborn children competing with each other for parental attention, these priests of science have become so blind that they are incapable of considering any idea outside of their own ego driven turf. They seem to have lost the ability to think in any other way.

The measurement of that which can be registered by the five senses, in the guise of modern science, may indeed go on ad nauseum forever; but in doing so, leaves us all skating on the thin ice of a miasma of amnesia - and in no way reflects the totality of existence.

The quantification of the material world without an understanding of the Invisible Realms that support it, which in fact are the actual Source of such apparent solidity, is the degenerative path to the catastrophic conclusion of this cycle of time, the Kali Yuga, our current Age of Conflict and Confusion.

The Reign of Quantity and the Signs of the Times
Rene Guenon  
Originally published in French, 1945  
Sophia Perennis, 2001, Ghent, NY

[I highly recommend that you read 'The Reign of Quantity'. Guenon was French and the master of that kind of slicing-to-perfect intellect. He is frankly not easy to read. I am not a scholar and there were days I read and re-read one page or paragraph over and over. But Guenon is worthy of your time and you will never regret reading this.

The Reign of Quantity will change the way you think. In spite of all the high-tech doo-dahs which are simultaneously poisoning and imprisoning us, we are far from evolving and in fact moving further and further away from our Source ever deeper into the Density of Ignorance. The west is not the champion of progress --- and like David Icke, Guenon will lift the Veils of Delusion for you.

Guenon wrote many great books on metaphysics, including two scathing books denouncing Theosophy. He became a Sufi, moved to Egypt where he married and died.]

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**The Hologram: Every Truth is Truth!**

If you’ve ever been driven crazy by the sheer multitude of diverging opinions and revelations concerning God - and who hasn't? - then you will find the following a welcome relief. Beyond the appearance of illusory multiplicities, the tedium of dueling doctrines is perfectly understandable.

I have long felt that IS-ness would not have created this exciting journey and return Home if Remembering who we are, was going to be a repetitious bore! Meaning I firmly believe that each of us must find our
own delightful path. When we begin to live spontaneously in every moment, the God-within us, the ATMA-SELF, will lovingly reveal IT-self to us in a manner wonderfully unique to the waveform of our Soul.

In the Uddhava Gita, Krishna tells us -
"In any one part, the other parts are present."

In a hologram, the entire hologram is contained within every part – and so it is with the Oneness. Viewed from the SELF, the Universe is just ONE big pulsating vibrating golden ocean of potent possibility. It's the GUNAS and their five senses that create distinctions and the illusory appearance of multiplicity.

Each and every belief, doctrine, dogma, and understanding of the Oneness is the expression of the temporal identity-self that experienced it. It is a portion of the Totality. In our search for the return Home throughout time, we human beings have reflected the Oneness through the filtered lens of our own hearts and mind. These conflicting and clashing flavors of faith have emerged naturally over time within historical and cultural contexts.

The sooner we realize this and cease foolishly hating and persecuting others for their differences, the sooner third dimensional planet Earth will be able to take its place with the rest of the universe!

Every truth is truth --- and as such a joy to the Creator.

*The Uddhava Gita, The Final Teaching of Krishna
Translated by Swami Ambikananda Saraswati; 2002, Ulysses Press
Quantum Physics, Vedic Thought, and Schrodinger’s Wave Equation

The Austrian physicist Erwin Schrodinger - of Schrodinger’s Cat fame - ‘devised the wave equation every quantum system must obey’ and represented ‘quantum stuff as a waveform’ [N. Herbert].

Profoundly influenced by Vedic thought, Schrodinger kept copies of the Sanskrit texts by his bed - the Bhagavad Gita and Upanishads.

Would modern science have ever embraced quantum physics without Schrodinger’s understanding of Vedic thought?

Subhash Kak, both a scientist and an Indologist, has written a most interesting article on Schrodinger’s involvement in Vedanta suggesting how modern thought has been influenced by Vedic traditions. Professor Kak tells us that:

"... before he [Schrodinger] created quantum mechanics he expressed his intention to give form to central ideas of Vedanta, which, therefore, has had a role in the birth of quantum mechanics."

In 1925, before his revolutionary theory was complete, Erwin Schrodinger wrote:

“This life of yours, which you are living, is not merely a piece of this entire existence, but in a certain sense the ‘whole’; only this whole is not so constituted that it can be surveyed in one single glance.

“This, as we know, is what the Brahmins express in that sacred, mystic formula which is yet really so simple and so clear: tat tvam asi, this is you. Or, again, in such words as I am in the east and the west, I am above and below, I am this entire world.”
In 1944 Schrodinger wrote the influential book, What is Life? which everyone agrees used Vedic ideas. A clear continuity exists between Schrodinger's understanding of Vedanta and his research, according to his biographer, Walter Moore:

The unity and continuity of Vedanta are reflected in the unity and continuity of wave mechanics. In 1925, the worldview of physics was a model of a great machine composed of separable interacting material particles. During the next few years, Schrodinger and Heisenberg and their followers created a universe based on superimposed inseparable waves of probability amplitudes. This new view would be entirely consistent with the Vedantic concept of All in One.

In another online article on Erwin Schrodinger, Dr. C. P. Girija Vallabhan, a professor at International School of Photonics at Cochin University of Science and Technology, the influence of Vedanta on Schrodinger’s quantum theories is described:

Schrodinger read widely and thought deeply about the techniques of ancient Hindu scriptures and reworked them into his own words and eventually came to believe in them. This was evident from many of his writings.

Erwin Schrodinger when he devised his wave equation leading to discovery of wave mechanics. He found the reality of physics in wave motions and he also based this reality on an underlying unity of mind. Schrodinger was well versed in the techniques of Bhagavat Gita…

According to Dr. C. P. Girija Vallabhan, in autumn of 1925 Schrodinger wrote:

"Vedanta teaches that consciousness is singular, all happenings are played out in one universal consciousness and there is no multiplicity of selves."

HE [Schrodinger] fully acknowledges Sankara's view that Brahman is associated with a certain power called Maya to which is due the appearance of the entire world. … Schrodinger did not believe that it will be possible to demonstrate the unity of consciousness by logical arguments. One must make imaginative leap guided by communion with
nature and the persuasion of analogies.

Erwin Schrödinger on Quantum Theory:
What we observe as material bodies and forces are nothing but shapes and variations in the structure of space. Particles are just schaumkommen (appearances).

The world is given to me only once, not one existing and one perceived. Subject and object are only one. The barrier between them cannot be said to have broken down as a result of recent experience in the physical sciences, for this barrier does not exist.

*Voices from the Four Cycles of Time*

*Satya Yuga*

In the Beginning, there is no beginning,
Only the Solitude - the One.
The One Being, Emptiness, the Void,
Space filled with Ether.

An eternal Hunger resides in the Silence of Space.
Hunger moves, growing, longing to be filled,
Tension becoming agitation, vibration.

Water forms in Ether,
Fire emerges within Water.
All is vibration - pulsation,
Waveforms born from Hunger in the Solitude, the One.

We are the One enjoying the appearance of Separation.

_Treta Yuga_

We are beginning the Forgetting.
Our perceptions are now altering, falling down in frequency.
Our bodies becoming less luminous, solidifying into the density
that will inevitably be flesh and blood.
The Fall is subtle. Some are not even aware of the shift.

We begin to quarrel.
We are hungry and for the first time in Time,
we must work with Nature’s elements to provide for ourselves and our
children.
Women now come into their season once each year.
The wise ones say that soon we will be tied to the cycles of our Moon,
and thus there will be more and more children to love, to feed.

The task of preserving the eternal Knowledge that is Wisdom must not be
lost,
must continue, be passed on.
Our lives still revolve around the Perennial Wisdom - the basis for this
universe.
All over this planet are the superb domes, translucent and bright,
where we gather to Remember.

We communicate as before, mind to mind.
We require no writing, only a few encoded supernal symbols that please
us.

_Dvapara Yuga_

I am sage and Seer, born in the ancient lineages of the Sacred Warrior -
and the war is coming.
We all are keenly aware of its presence.
We can feel war beginning, impinging on our world.
We smell the demons who have come to destroy our race.
The Sacred Warriors must all vanish - and yet even knowing our fate,
we will fight to win to the last man.

Time eats everything. Time cooks consciousness. 
Time is irresistible, inevitable, inexorable, ineluctable, overwhelming all.

*Kali Yuga*

I am suffocating. I am born, I live and die again and again.
Lost in time, tossed about by my own compulsions, I no longer Remember Truth.
There is no Love, only need and temporal possession.
There is no Love, only wars.
Cities and civilizations rise up, and fall again in endless repetition.

Our world is beginning to die. 
We are trapped in the webs of our self-created Illusions.
The fabric of our own dark consciousness has encased us in the sheaths of Forgetting.
We know not who and what we are.
I am suffocating.

[I meant to do more of these, but simultaneously splitting my consciousness into these four distinct frequencies was somewhat overwhelming and I gave up.]

*My respect for the Bhagavad Gita*

The Bhagavad Gita is the ultimate user's manual for our Liberation from the Matrix. It is one of the greatest, most profound books ever written. Anyone who reads this ancient sacred text realizes that the Gita possesses a unique level of wisdom rarely expressed in our times.
It is my understanding that the consciousness in the Bhagavad Gita is that of the Dvapara Yuga, the cycle of time that precedes our current Kali Yuga, the Age of Conflict and Confusion. Therefore the ideas, circumstances, and characters in the Bhagavad Gita - which is an integral part of the great Indian epic, The Mahabharata - give us a glimpse into human potential, meaning what is possible and also what was perhaps normal before our consciousness became ‘cooked-by-time’ in the dense frequencies of the Kali Yuga.

My relationship with the Bhagavad Gita goes back to the 1960s; and throughout my life I read the Bhagavad Gita and attempted to grasp its subtle meaning. Each reading of these powerful words always left me feeling somehow lifted, my consciousness purified. However, I did not truly understand. Still I knew an invaluable treasure lay within this book and I was not to be discouraged. I would stubbornly say, “Someday, I will understand this.”

In the summer of 2004, I read the Chicago University Press J.A.B van Buitenen translation, The Bhagavad Gita in the Mahabharata. I recommend this translation as a first time read because it is very accessible, especially to all who have a western mindset. The forward written by Haven O’More rather shockingly states that J.A.B. van Buitenen’s translation is “... Raw. It means without bullshit, without mystification.” At first I felt this was a bit harsh for academia; but as I read numerous other translations, I realized that many are nothing more than various teachers bending Krishna’s words to reflect their own belief systems and schools. With J.A.B. van Buitenen, the reader has a cleaner chance, without indoctrinating filters, to make his or her own beginning at understanding this profound text - which does have the power to Enlighten.

I remember so well those hot summer days in 2004 reading on the screen-porch in the dappled shade of cedars, maples, and pine trees. Day after day I would listen with my heart to Krishna’s words of wisdom to his friend Arjuna, and I would cry and cry and cry the sweetest tears. Tears come easily when you feel the presence of the Oneness, the God-within. I felt as if I were being given the eyes-to-see and the ears-to-hear. Even now when I think of that time, tears can pool in my eyes and my heart is filled with joy and gratitude.

We do have India to thank for the safekeeping of the Bhagavad Gita in her sacred language Sanskrit. Eternal India is a boundless reservoir of
wisdom, beauty, brilliance, and complexity. What a legacy she has kept protected throughout time for the rest of the world.

Before one can begin to understand the Bhagavad Gita, the Hindu concepts of Purusha and Prakriti, and the 3 gunas - raja, tamas and sattva - must be assimilated.

My recent years have been solely devoted to reading the Sanskrit texts, to absorb and become these teachings, and to do that I have been a bit of a hermit.

In my own words and simply summing up of the Bhagavad Gita is this:

We all have God dwelling within our Heart.
We can realize that God not only dwells within us, but within everything. God is ALL!

**VASUDEVAH SARVAM ITI**

Each of us has the opportunity to align our consciousness with the Oneness, the God-within, or we can reject this ‘partnership’ and go our own way. This is the intriguing and somewhat mysterious freedom that God has given mankind.

If we choose to align with the God-within us, something wonderful happens: This realization generates within us as individuals, a deeper sense of connection and communion with others. (Bh.G. VI.31) This is not the instinctual bond of clan or tribe, but this is the product of our own earned enlightenment. Our inner illumination that God pervades All and the Knowledge that we are One with the universe, moves us to identify our own ‘Self’ with the world and all creatures.

**LOKA-SAMGRAHAM**

This gives Karma Yoga a new meaning. Empowered by real Wisdom-Knowledge (Jnana Yoga), we now have the spontaneous and joyous impulse to venture forth and work for the well being of this world. We are free to act without entrapping our consciousness in the spider-like webs of the holographic matrix.

Krishna does not assure us that we will succeed. We will in fact be met by the warp-and-weave of the acts others have already set into motion. But in the adamantine knowledge of the God-within us, we will act
selflessly and without attachment to the results of our work to hold the world together. (Bh.G. III.25)

The future of our world appears grim at best. Those of you who are reading this are well aware of the condition of the environment and the changing weather patterns, which can only be a tragic reflection of our human consciousness. These days are dark and on the deepest level of our being, we all sense the world to be moving ineluctably towards some as yet unknown and terrible events. After years of studying the evidence in terms of the lies, the greed, and what can only be an utterly blind arrogance by those who are in power, I decided that my only recourse was to retire for a time and be alone to make a connection to ‘a greater power.’

I would not say these have been easy years - and yes, there were days when self-doubt or indolence overwhelmed me and I fell off my path. But as Krishna says, the happiness that springs from knowledge and the serenity of your inner spirit, at first seems like poison, but with perseverance becomes nectar, AMRTA, the elixir of Immortality (Bh.G. XVIII.37). This has been my experience.

Out-of-control consumption is leading the Earth to her final days. Shallow pleasures are ephemeral and leave a bitter emptiness. Finding God within you lasts forever. Finding God within gives you the courage to work for the well-being of the world.
The Matrix GUNAS Rule You

The war of the ancient Sanskrit text the Mahabharata is a war between two factions of one family – thus brothers will kill brothers, cousins will slaughter cousins, friends will slay friends and teachers, etc. With both armies massed on either side of a great battlefield, Arjuna, the greatest living warrior and archer, freezes, freaks!

The sight of all his relatives arrayed on the battlefield weakens Arjuna's resolve and he tells to his friend Krishna that the sight of his family has made him lose his nerve. He trembles at the thought of killing his own and cannot what good will come from this terrible war.

His heart anguished, his eyes filling with tears, Arjuna lets go of his arrows & bow, and sits down in the pit of his chariot. He prefers to be killed, unarmed and defenseless, rather than to fight.

Thus the most perplexing question ever asked in written history is posed in this Sanskrit text, the Bhagavad Gita, providing the superb opportunity for Krishna’s even more baffling, enigmatic and mysterious answer, which has confounded the finest of minds for centuries. Sooner or later, every intelligent thinking person attempts to read the Bhagavad Gita, which is contained within the Mahabharata. From saint to sinner, scientist to priest, the Gita has traditionally been seen as a profound key to understanding the meaning of life. Or to put it in more current terms: What are the rules?

Krishna is an incarnation of the god Vishnu, who protects and sustains the universe. Krishna’s first response to Arjuna is to inquire why this mood come over him at such a bad time. Derisively Krishna urges Arjuna not to act like a eunuch.

Still parked in the middle of the battlefield between the two armies of
thousands of warriors, the armies of all the great kings of that time, their chariots, horses, and elephants all poised to commence a World War, Arjuna stubbornly decries that he will not fight!

Krishna tells him that he is wasting his sorrow, but his question – why should he fight? – is nevertheless based in eternal wisdom. He tells Arjuna that all these men here arrayed on the battlefield have always existed and always will.

Krishna then proceeds to explain to Arjuna that:
Action without attachment to their fruits, meaning their results, bears no consequences.

Why?
The answer is that whatever ‘act’ you might imagine you are doing or have done is in fact not done by you at all.
You are not the ‘doer’!
Only the deluded imagine they are doing anything – rather it is the three Forces of Prakriti, Nature, the Matrix GUNAS that are acting.

These three forces of Nature (Prakriti) are called the GUNAS, which in Sanskrit means ‘cord’ – as in a rope, that which binds, or as a bowstring that creates tension to compress waveforms. The GUNAS are forces that serve to distinguish you as an individual piece of God and therefore purposively ‘limit’ you from the infinite and immutable immensity.

In the first Cycle of Time, a golden age, the GUNAS would have served us well as instruments of exploration in time and space. But as the cycles move further into density and the solidification of the world, the GUNAS become tyrants that rule us. We are not even aware that the GUNAS exist, and that we are controlled and compelled by our own compulsions.

Disconnected from our Source, as we are here in the Kali Yuga, the GUNAS have become those polarity limitations we all falsely identify as ‘who & what’ we are. Our GUNAS are those endlessly multiplying and repeating downward cycles of the same-old-same-old and by now, very boring experiences inevitably leading you to that infamous brick wall. There hopefully, you are at long last forced to think, to rethink, and confront the in-your-face factoid that you are in a heinous rut that is growing progressively more unpleasant.

_Pain is the warning_
Your pain is a warning, an alarm, and you must confront the delusion – for it is delusional to imagine that you, as the small identity ego-self, can affect anything! As long as you believe and ‘think’ that you are SEPARATE from the God-within, the SELF-ATMA, then you have no power to control the GUNAS – yours or anyone else’s! The GUNAS are on automatic, Borg-like.

Even though another's hologram may temporarily seem to resonate with yours, you cannot change anyone or give them ‘the ears to hear’, or affect their illusory hologram one iota – unless the God-within them, through grace, ordains it to be so.

Krishna tells the warrior Arjuna that he may have become the greatest archer in the world, but he cannot make his enemy stand in one place to, as it were, await the arrow to hit him in the forehead!

If you or any of us could affect, God forbid, anyone or anything without their conscious or unconscious consent, from the very limited state of the small ego-self - the entire universe would collapse under the monstrous imbalances we in our state of ignorance and delusion would generate.

Thus deluded and unaware, we remain utterly helpless as our GUNAS, which are forever and perpetually seeking their primordial balance, shift from one imbalance to another, seemingly digging themselves down into deeper and deeper confusion, anger and sorrow.

The SELF-ATMA within is beyond the GUNAS - and as the creator of them, remains completely and totally unaffected by them. Nothing you have ever done or ever will do has ever diminished or affected the God-within you for a NY-minute! EVER!

The three GUNAS are:
SATTVA – illuminating, binds the souls by means of an attachment to joy and an attachment to knowledge.

RAJAS – are characterized by passion, arises from an attachment to craving and binds the soul by an attachment to action (activity, restlessness, enterprise and greed).

TAMAS – arises from ignorance and deludes the embodied souls and binds through absentmindedness, sloth, and sleep (obscurity, indolence, neglect and delusion arise when ‘tamas’ prevails). [My intuition tells me that ‘tamas’ is the waveform generated by the EMFs coming off our TVs,
which reportedly place most in a depressed state within 15 minutes!]

For those of you who understand astrology, SATTVA is correlated to the mutable signs, RAJAS to the cardinal, and TAMAS to the fixed. The four elements of air (touch), fire (sight), water (taste), and earth (smell) play through the GUNAS in a multiplicity of variations. A fifth element, ETHER, pervades the other four, and corresponds to hearing and sound: thus the universe is emitted from sound as pulsating waveforms.

In this the Twilight of the Kali Yuga, as you may have noticed, the small identity ego-self, you falsely imagine you are, is not in control of these GUNAS - which are in fact generating your illusory hologram. Until you reconnect with the God-within you, the real SELF-ATMA, you will never control them or become the master of yourself.

Krishna tells us that no matter what we think we are doing, we in fact DO NOTHING. Our perception of reality is only the five senses operating on their objects.

It is not a matter of a judgment call of right or wrong when it comes to being attached to the results or fruits of your actions. It is DELUSIONAL! It is delusional to believe that the small ego-self is the ‘doer’ and such a belief will draw your consciousness further down into density. The wise KNOW they do nothing! The only ‘Doer’ is the God-within, the SELF-ATMA.

- From The Bhagavadgita in the Mahabharata
Translated by J.A.B. van Buiten /University of Chicago Press, 1981
Reversals on the Journey & Shiva Sutra 3.41
- The Final Return

The third section of the Shiva Sutras teaches us that the aspirant will experience reversals. The old adage for the spiritual seeker is ‘one step forward, two steps back’ and the Shiva Sutras explain this in precise detail. We learn that we may expect these reversals back into differentiated perception and delusion on our journey Home even at the higher levels of consciousness.

In sutra 3.19 we are told that even after experiencing the pure Knowledge of the Self, when the yogi allows this knowledge of his real being to subside then the sense organs once again will overwhelm him and make his consciousness ‘just like beasts.’

The sense organs are the five senses, the mind, the intellect (buddhi), and the limited ego, meaning the small personality identity-self we wrongly identify with. These sense organs respond to the sounds of letters, the Matrix, Sanskrit matrika, and is called ‘the mothers of beasts’ – beasts are the ignorant human beings.

In Kashmir Shaivism ignorance relegates human beings to the equivalent of beasts. The world is entirely made up of consciousness and only a higher elevated consciousness will lift you above the compulsions and robotic reactive impulses that characterize the herd mentality.

These ‘mothers of beasts’ [the Matrix] are said to rob the yogi of the “reality of consciousness” and “take charge of holding them.” [Swami Lakshmanjoo]

The yogi again attaches his consciousness to the sound of letters that are words, and the words that make up sentences, and these sounds influence
his consciousness pulling him back into differentiated consciousness and delusion (moha).

Sutra 3.24 explains that when the yogi comes out of Samadhi, bliss consciousness, he must learn to maintain awareness of God consciousness in the external objective world.

At this point the energies of Maya’s power of illusion [the Matrix] may divert the yogi’s attention to the external manifested illusory differentiated-perception five-sense based hologram, and away from God consciousness.

The yogi must insert his own experiences of God consciousness into the external objective world, which is in fact nothing but God consciousness, the Oneness, Parabhirava.

Sutra 3.35 reveals that the yogi who does not maintain awareness of God consciousness is shrunk by illusion and becomes the ‘plaything’ of pleasure and pain. When his “God consciousness has been destroyed by the illusion of duality” [SLJ], his own past, present, and future actions, his karmas, will make him their ‘plaything.’

He becomes “an absolutely unfortunate being.”

And finally in 3.40 we are told that the yogi who falls from God consciousness, experiences the five-sense realm as only pain. At this stage of the journey, when the yogi loses his awareness and reverts to the external manifested world to fill up feelings of imagined emptiness – he will find only pain.

Nothing in the temporal five-sense world can again bring him pleasure. Kalikakrama Shastra: “When by means of differentiated thought (vikalpa), that self is covered by ignorance, then he is unable to perceive this whole universe…as one with God consciousness…he becomes the object of the two states, good and bad, and this causes him to experience only pain in his own nature. Thus even pleasure is experienced as that pain…they experience only pain and sadness.”

Why do these reversals take place?

An essential aspect of God consciousness is described by the Sanskrit word VIMARSHA. In his book ‘The Triadic Heart of Shiva,’ Paul Muller-Ortega’s explanation of vimarsha is thus:
“Vimarsha can be understood as a doubling back of consciousness on itself...consciousness is always self-referential.”

Consciousness expands itself by being “self-referential, it is turned back on itself.” It literally doubles back on itself in order to assimilate, blend, and merge its existent waveforms.

Paul Muller-Ortega: “Vimarsha can be understood as a doubling back of consciousness on itself in which the internal wave motion (spanda) inherent in consciousness is in synchrony with itself...imagine that one particular ‘current’ within the ocean of consciousness surges onto another current of consciousness, the two currents, or more precisely, the movement of the various Shaktis (forces-powers), blend in synchronized fashion. This process results in an evenness, a perfectly synchronized blending and merging of these currents in a balanced way…”

Consciousness doubles back on itself - and so we might imagine that as we approach the final Liberation, our path is not direct straight Home; but rather doubles back to assure an ‘evenness’ pervades as our journey is woven into the ultimate immersion in the Ocean of God consciousness.

Shiva Sutra 1.2
jnanam bandhah

This universe is the expression of God’s Love.
The Oneness covers Its ubiquitous immensity in the Veils of Forgetting (kanchuka) and throughout returning Cycles of Time, enjoys the journey of sweet Remembering by Its own Grace (anugraha).
This playful concealing and revealing of the Oneness is the sole purpose, meaning the one and only reason for the existence of our lives and this entire universe.
We are all this Oneness.

That Absolute Oneness ‘lets go’ and ‘pours forth’ (sristi) the plenum eternally implicit, immanent and inherent within It — and takes on the appearance of Separation.

The Veiling process or bondage consists of limited differentiated knowledge, the appearance of distinctions, differences. Bondage is also ignorance of your real eternal state, not knowing that your consciousness is in fact undifferentiated knowledge, the One.

How does the Oneness veil Itself?

By the infinite power of Its own Freedom (svatantrya), the Oneness ‘appears’ to become temporal multiplicity. Knowledge of endlessly mutating, fractalizing, replicating differences and distinctions is bondage.

A verse from Abhinavagupta’s PARAMARTHASARA, is translated by Dr. B.N. Pandit in this interesting way:

*Abhinavagupta, the enlightened genius Kashmir Shaivite, plainly states that all metaphysical and philosophical theories are “mere suppositions and imaginary concepts of thinkers.”*

Why? Because – “No diversity is the real truth.”

Or as Swami Lakshmanjoo might say - ultimately there is only undifferentiated knowledge.
Dr. B.N. Pandit's translation of Abhinavagupta:

The Buddhist thinkers maintain that the constant flow of momentary consciousness is the only reality.
The Vedic thinkers say that the single self, penetrating inside pervading, directing and governing all minds, is the ultimate reality.
Some Upanishadic thinkers take the power of animation as the ultimate truth, while other such thinkers say that one universal ATMAN, shining as all phenomena, is the only reality.
Some other thinkers take either the psycho-physical organism or the generalities or lastly the individual as the ultimate truth.

But all such theories are merely dialectical speculations useful in discussions and debates. None among such entities has a real existence, as all these are mere suppositions and imaginary concepts of thinkers. In the same way that matters like piety and sin, heaven and hell, birth and death, pleasure and pain… and so on, do never exist in reality, but appear in the Self on account of delusion (MAYA).

No diversity is the real truth.
Its existence is simply apparent. It shines in the ATMAN as reflections shine in a mirror. All this appears to be a bonded being on account of the delusion caused by MAYA.

No matter how many systems you master and regardless of the great heights of worldly brilliance you rise to, if you have forgotten that there is only the One – you are in bondage. Therefore the state of being unaware that everything and everyone that exists is not separate from you, as the Consciousness of the One Self, is bondage also. Not knowing ‘undifferentiatedly’ is bondage [Swami Lakshmanjoo].

This differentiated knowledge includes those ways of thinking that you consider to be inferior, stupid, or evil. They are also a manifested projection of the Oneness through whatever vehicle has construed them. This is why making judgments traps you. When you judge others you are drawn into a lower frequency of consciousness that does not admit and include Oneness. Judgment will hold you in a limited frequency.
Discernment is necessary, but must carry no attachment and entrapment through emotional charge. Discernment is closer to a detached observation.

Swami Lakshmanjoo says, ‘impurity is ignorance’ and sin is only the ignorance of your true identity, meaning how far your consciousness imagines itself to be separated from the Oneness that you are and always have been.

Sanskrit word definitions from the Jaideva Singh translation of the Shiva Sutras:
Kanchuka: The coverings of Maya, throwing a pall over pure consciousness and thus converting Shiva [the Oneness] into jiva [individual soul].
anugraha: Grace.
svatantrya: Absolute Freedom of Will [of the Oneness].

Essence of the Exact Reality or PARAMARTHASARA of Abhinavagupta
With English translation & notes by Dr. B.N. Pandit
Munshiram Manoharlal Publishers; 1991, New Delhi

May the Oneness who has entered into us as us, everyone and everything, everywhere, make obeisance by Itself, to the Oneness who is extended as the universe,
by means of the Highest, the Absolute
who is his own manifesting principle that is the Matrix/Maya/SHAKTI,
in order to remove all obstacles which are but Himself.

- Somananda in Shivadrsti (S.D. I, 1); quoted in Abhinavagupta:
Paratrisika-Vivarana, The Secret of Tantric Mysticism. [my interpretive rendition]

In other words, meaning in my words:

May the Oneness

- who in the spirit of ‘play’ has become us (the Subject)

- and is projecting the hologram, the universe, as the appearance of
differentiation within the Illusion of Separation

- may the Oneness honor Its own Self/Being/Existence through the
requisite waveform in consciousness, that purifying vibrational-
frequency, that humble surrender of the small identity ego which arises
from Knowing the Truth

- and as that very same Oneness (as us) by means of that aspect of the
Oneness, which is the Matrix-Shakti-Maya (which offers us the endless
opportunities for Self-Recognition in the external manifested world)

- in order to remove all obstacles, the Veil of Forgetting, which are
created by the Oneness and are in fact nothing other than the Oneness!

We are worshipping, praying to, asking for help and liberation from that
which we always are!
We are the Source, the Real, the Veil, the Delusion, the obstacles, and the
Liberation!
We are Consciousness.

In the first Cycle of Time, the Golden Age or Satya Yuga, we all know
this — we all know that we are the Oneness.
There is nothing else.
There is only the One.
You are That!

This entire universe is an endless array of opportunities to come Home —
to Recognize the God-within you, Self-Recognition (Pratyabhijna).
This is why there are so many ways to adore and revere God, so many
paths to enlightenment.

At every point there exists the possibility of Remembrance and Return to
the eternal Oneness within — that which you have always been and will
always be.

We are playing.
You can choose to Forget, to struggle, to suffer — until you are weary,
bored, and ready to Remember.
At that moment when you cry out to your real Self, you will begin the
Journey Home.

Abhinavagupta: Paratrisika-Vivarana, The Secret of Tantric Mysticism;
English Translation with notes and running exposition by Jaideva Singh;
Sanskrit text corrected, notes on technical points and charts dictated by
Swami Lakshmanjee (Laskhmanjoo); Motilal Banarsidass Publishers,
Delhi, 2000
Abhinavagupta: A Historical & Philosophical Study; K.C. Pandey;
Chaukhamba Amarabharati Prakashan, Varanasi, India; 2000
We are the Borg: The Temporal Illusory Hologram is Insentient

Did you ever have the overwhelming feeling that the universe is completely indifferent to your personal strivings and tragedies? Well, you were quite correct. The temporal illusory manifested holographic universe is insentient, meaning lacking feeling or consciousness. The hologram we mistakenly accept as solid reality is comparable to a primordial, megalithic, cosmic computer program that is set on automatic and simply runs its course through the Four Cycles of Time.

The external illusion, produced by Prakriti’s guna-maya, the Matrix, has no feelings or ‘consciousness’ in the sense that we assign to human consciousness. Prakriti, the Matrix, simply follows her Cosmic Programs from one Yuga to the next. The Wheel of Life contains myriad worlds, vast wheels within wheels that are set to run eternally with or without our consent and approval.

Prakriti’s guna-maya Matrix is an insentient program - subtle beyond ordinary comprehension - that incessantly transforms the signals received in the mind via the five senses as they operate on their objects. This phrase ‘operate on their objects’ refers to the idea that we each perceive the external world through our unique individual gunas and therefore all ‘objects’ are modified accordingly by the current predisposition and character of our senses. When we perceive these objects, we do not see what is there. We only see through the ‘lens’ of our own gunas.

These objects are those 10,000 things we are always observing, evaluating, and desiring. Those things we become so attached to, things that we steal and kill for, that eventually break our dreams and hearts – illusory ‘things’ that hold us deluded in the hologram. Prakriti, the Matrix, is aloof and indifferent to our precious attachments, as she has neither feelings nor consciousness.
Sentience and consciousness are found within, in Purusha, your Spirit-Soul, Self-Atman. The power of Love is beneath the illusions generated by guna-maya. Love is the only Real. These feelings of Love are not those of possession and sentiment - which are as easily lost to the fickle mind, as they were acquired. Real feelings of Love are unconditional, unselfish, and do not fade with time. When we are cut off from the God-within, we are cut off from the eternal and true power of Love.

We are the Borg

Ironically it is we humans that are becoming the robots we fear. As we descend further down into the lower frequencies and density of the Kali Yuga, we are more and more cut off from any awareness of the God-within, of Purusha (our soul) and Self-Atman. Without access to the healing and nurturing feelings of Love, we harden and develop robot-like behavior. This is why with each passing day it feels as if our world has become more heartless.

Without Love to hold us in the light of Truth, we are more easily programmed by deceptive propaganda and sick advertising. Without Love, we give in to our obsessive selfish drives and compulsions that condone the current phrases so symptomatic of the darkside – phrases such as greed is good, calling someone less fortunate a loser, it’s all about me, etc. We become isolated self-absorbed robotic fools.

Cut off from the Spirit within, this kind of self-centered narcissism leads to brave-new-world tyranny and the Rise of the Insentient Machine as a paradigm for life and living. It may be that the final years of the Kali will be a truly terrible new world order controlled by inconscient tyrants. We may find ourselves trapped in a loveless world, each of us, all desperately focused only on the empty shell of our own fragile, brittle, and feeble small identity-self egos. A world without Love, where petty cruelty and inhumane self-interest is accepted as the ideal, would hardly be worth living in.

Fortunately such a world could not survive for long – although it might seem an eternity to those imprisoned in it. Such a heartless diseased structure would have an inherent and terminal flaw of fatal weakness. A world without Love would soon collapse, implode, and crumble of its own frailty. The small identity-self ego has no real power. Just ask Shelley's Ozymandias. The Yugas will come and go leaving no trace of the tyrannical and deluded polarity illusions of those who in fear became nothing more than robotic slaves to their own gunas. Only Love is real.
power and only the Real - the Self-Atman, the Spirit within us all - has that power.

"The unreal never is.
The Real never ceases to be."
- Bhagavad Gita II.16

Without Remembrance (SMARANA) of the Self-Atman within, the small identity-self ego can only operate within the confines of Prakriti’s insentient machine. The Wheels of Time (KALA) are eternally unstoppable, unrelenting wheels within wheels. The ego, that falsely imagines itself to be separate from the Oneness, is helpless to do anything but continue to be swept along in MAYA’s waves (SAMSARA), her endless production of frequency waveforms. Only when the ego realizes that it’s going no-where and surrenders totally to the God-within, the Self-Atman, can you access the Love that has always been flowing within you and all around you – ubiquitous!
Shiva Sutra 2.2
Prayanah sadhakah

Once again we are reminded of the intense effort required to achieve God consciousness. There must be no pause in our effort [Swami Lakshmanjoo]. We could not expect the One, who created this entire universe for concealing and revealing Itself, to make this adventure in consciousness easy.

In the Bhagavad Gita, Krishna tells Arjuna that only very few succeed who try to reach God consciousness - and yet he also promises that none of our efforts are lost. Eventually all will reach the goal throughout the cycles of time.

For those who are ready now to come Home, weary of the repeating play in space/time, their efforts must be without any pause. Our western way of thinking is essentially compartmental. We have been taught to keep church separate from state. Church is on Sunday and the rest of the week, most do not think of God.

Kashmir Shaivism teaches that we must become aware of God consciousness not only permeating this entire universe - but in our every act, our every thought, in every moment throughout our days and nights, even in the dream state. No matter what we are doing, we need to remain undistracted from our goal and saturated with an unrelenting effort to find God within and indeed everywhere.

This “pauseless effort” is most easily achieved when we are “filled with intense desire and fervent longing” [SLJ]. Even the most intellectual erudite Kashmir Shaivite masters have written inspiring love poems to God. For example Abhinavagupta’s Abhinavastotravalih and the Shivastotravali of Utpaladeva. This longing for God is known as Union through Devotion, or Bhakti Yoga in other systems.

We have all been in love, I hope at least once, and we know from our own experience that when we are in this wonderful state of sweet
madness, we think of our beloved and nothing else. We happily remain in a delightful perpetual self-created euphoria by always remembering, dreaming of and longing for the one we love.

When we want God as much as we have ever wanted anyone or anything, then such ‘pauseless’ effort is not so difficult. Krishna tells Arjuna that by devotion and love of God we come to know and realize God in Truth, and this knowledge creates our entrance into God consciousness [Bhagavad Gita XVIII.55].

As Swami Lakshmanjoo says, an “intense desire and fervent longing…originating from the center of your heart. By that force, this great yogi directs his mind to that point of supreme God consciousness.”

The Fate of Men in the Kali Yuga: Invisible Prison Webs of Tyranny

*A spider towers above the man bound in the sticky silver strands of a silent web. He struggles to escape, while empty, indifferent, uncaring eyes fix upon him coldly watching his terror. His writhing and twisting bind him, ever more tightly deeper into the spun web of a slow death.*

The fate of men in the Kali Yuga has been no better than that of the women. In spite of the appearance of greater freedom, men in their own way have been just as oppressed and limited. Tyrants are never happy and all men have suffered greatly as a consequence of the suppression of women. None can be whole cut off from memory of Spirit -- of Source.

For the past 6,000 years men have been forced to choose between becoming tyrants or the slaves of tyrants. With endless wars raging
around the planet, men have been subjected to the horrors military life. They have been trained to reject emotional information, to endure pain in silence, and never cry. A man separated from his mother at an early age has little opportunity to cultivate tender feelings and makes a better warrior. Just as a woman separated from her father is more easily dominated, manipulated, and always seeking the lost father, she makes a better whore.

As cannon fodder the motto of men was often, “Ours is not to question why. Ours is but to do or die.” I sometimes wonder how many 1000s of men have spent days, wounded, lying on battlefields fighting off vultures and praying for the mercy of death – lifetime after lifetime.

The ancient Sanskrit PURANAS tell us that in the Kali Yuga: ‘Men will devote themselves to earning money; the richest will hold power’ – as if this is something bizarre, an anomaly. In today’s world a man is measured by the size of his bank account.

Young men, who do not have the opportunities that come with money, continue to join the armed forces. For a man the choice still lies somewhere between being a beggar and becoming a tyrant. But spending a lifetime in a giant corporation for a pile of possessions and a mortgage just doesn’t appeal to every man. Some dare to wonder why they should work all their lives at a job they hate and that bores them only to acquire stuff.

The purpose of life could not be merely acquiring things. There has to be something more than consumption. One might aspire to create beauty, to contemplate the universe, or the meaning of life. Surely there are other pursuits just as valuable to a civilization than making mountains of money. A man who felt inspired to think, even driven to contemplate and meditate on the meaning of existence is out of luck.

The bitter truth these days is that, more and more, there are only two choices: join the corporate work force, or what is euphemistically termed the ‘service industry’. The millions who join the herd and get a job working for a corporation end up commuting for hours in toxic traffic to then sit in a cubicle in front of a computer all day. Most decide it is better to give up their right to choose how they spend their time, their life, than to go hungry. And of course there is the great compulsion of consumption.

Where in the Bible or any Sanskrit text, Hindu or Buddhist, or in the
Torah or the Koran is the command that mankind must go forth and consume vast quantities of things? Why would any man give up every shred of individual expression and conform to a Borg-like existence in order to consume?

Is the world moving away from democracy? Are the giant corporations, who flagrantly control political parties with the big bucks that finance election campaigns, creating an environment tending toward plutocracy and oligarchy? Rule by and for the Rich!

For many years now there have been reports that the human race is poisoning the planet, the water, land, air, and food. Uncontrolled consumption is inadvertently killing animals, the fish and the coral reefs. The Earth is warming, the ice is melting, and no one has any real idea what this will mean for the future – or if there will be a future.

Only a few have ever dared question the fact that getting money has completely surpassed every other motivation. The old tyrant-priest caste has been replaced with tyrannical modern economists - all screaming their doctrines over the airwaves. Specific television stations are solely devoted to financial markets and many hang on every word spoken by the high priests of money.

Strangely the true genius of the most esteemed high priest of economics is his tireless ability to drone on and on in monotony, while he reveals almost nothing - just like a priest! Mysteriously and perhaps quite correctly, the Federal Reserve Building in Washington DC is decorated with rather sinister wrought iron black griffins.

Is our current Economic Era a subversion of a more natural cosmic order? The Age of Conflict and Confusion is the densest and most deluded cycle of time. Most people have no knowledge of the Cycles of Time, even though they are living within the fourth one. If this knowledge had not been intentionally hidden, everyone would remember that in other Eras, life on planet Earth was very different - better.

Contrary to blinded-by-science propaganda, the human race has not continually and constantly evolved as we have been told. The truth is just
the opposite. The fact that economists have become priests is itself an excellent, if somewhat darkly humorous, leading indicator of a devolved state.

People have come to measure human progress by the systems of the distribution of wealth. We have become so lost, so clueless we no longer ask the essential question: What is the meaning of life?

The entire civilization seems to be in some kind of mass hypnosis. The altar of materialism brings forth more density, more delusion, as people’s thoughts have become solidified into the holographic reality. The more people embrace the religion of economics and its priesthood, and the more of their time they surrender to the pursuit of money, the more Mammon devours their lives -- until its power becomes so great people cease to ask why.

The idea of economics as a ‘sublime and sacred destiny’ would have been an absurd joke in another cycle of time. Humans with a higher consciousness would have never considered the current obsession with the hierarchies of money as their destiny and dharma.

People continually argue about which economic system will bring them more money and more things. The culture now worships any fool, any blackguard and thief who can amass ridiculously enormous fortunes - when every day countless numbers of children on this planet starve to death.

The fractious arguments, asserting that one system is better than another, miss the point. People need to realize that they are under a spell, choking in a miasma of amnesia. The delusional myths of economics dominate our lives, to the exclusion of meaning.

There are very few places left on the planet that have not been intruded upon and have not yet experienced corporate hegemony. These few remote areas have yet to be inundated with consumer propaganda, raped and pillaged. Only small pockets of consciousness, isolated tribes, remain free from the tentacles of consumption.

However these may also vanish from the planet -- and soon, at the rate the multinationals are taking over the world. As predicted, the entire world population will find itself in an invisible prison – a prison of waveforms, thought frequencies, controlling and limiting human experience.
The human body contains seven energy centers of power, the chakras. These seven centers of power contain unlimited possibilities, now unknown to most. In previous cycles of time, we experienced far more than is currently programmed on our TVs.

In the time before Forgetting, when we were all still conscious of our being the ONEness, the birth of the galaxies, nebulae, stars and planets was experienced as if we were those cosmic creations. The experience of being the birth of the cosmos was surely a sublimely transcendental ecstatic orgasm!

All our lives we had been told that thanks to the miracles of production and capitalism everything is getting better for us. But every improvement seems to bring another, even deeper form of enslavement. Human consciousness is so completely inundated with propaganda that most no longer bother to question. Questioning the benefits of consumption today could be considered unpatriotic.

But is life better? No one has any time and everyone is busy-busy-busy working, participating in the economy. The family for better or worse seems to be disintegrating. If people really are happier now, then why are so many chronically depressed and why are 1 in 4 (now half?) people in the United States obese? Not fat – obese. Including children.

Fast food is actually a symptom of the Kali Yuga, as predicted in the ancient Sanskrit Puranas!

The same food people ate before the 1940’s is now called 'organic' and costs a lot more. People who care and understand are forced to seek out food that is hopefully not toxic. The ingenuity of modern chemistry has produced a scary food supply generously inundated with insecticides, preservatives, growth hormones, antibiotics, and EDCs, endocrine disrupting chemicals.

The best in people often emerges only under duress. Heroes simply do not thrive in a culture of numb, narcotized, passive, fat couch-potatoes. Millions consume what are deceptively called life-style-drugs. Not only
do these manmade molecules weaken the individual will, they also successfully prevent individuals from the experiencing their lives and being able to grow from these experiences. However, they do keep the pharmaceuticals rolling in money.

The world seems chained to the machinery of economics. Even the entrepreneurs, the Type-A guys, the CEOs who run things have no true freedom. Like all tyrant-warriors over the past 6,000 years, people with huge levels of ambition are only ‘happy’ when they are winning and trouncing their opponents. Material ambition is like a drug, and just like a drug it leaves people empty, fearing old age, weakness, and death.

The fear of death drives men to leave their wives, to seduce and marry younger women. The rich and the powerful today insist that their females, who they see as trophies of their success and as property, remain young looking so they won’t be reminded of their own mortality. Plastic surgery is flourishing in the Twilight of the Kali Yuga.

Can any amount of material possessions be worth sacrificing one’s independence for? Is the quest for the means of subsistence meant to consume one’s entire life? When did people come to value things more than their freedom, more than their dignity – more than love, kindness and compassion?

At some point the goal of life became the production and consumption of more-more-more -- no matter what the cost to the environment, to people all around the world, and to the planet herself. The Earth apparently cannot sustain what the West has conditioned people to desire.

The trap is set and unlimited growth is the grail. Unlimited growth sounds more like a sort of cancer. Every day environmental scientists are warning that the planet will not sustain the ongoing impact of consumption. And yet these warnings go on - unheard.

When men begin to see beyond the choice between being a beggar and becoming a tyrant, and when once again we all begin to look within for insight, answers and an understanding of our relationship to the Cosmos, there will be hope on the horizon for the emergence of a higher consciousness, Love, and the soft golden light of the next cycle of time.

[Even though I wrote this 15 years ago, nothing has changed.]
Kundalini: Running Rivers – the Creator Energies of God as Shimmering Snakes of Living Light in the Time before Forgetting

In ancient times, times far beyond the present understanding, Time itself moved in a rare and singular rhythm, a distinct atavistic frequency unknown to written history. In those long forgotten misty realms, people were not as they are now. They were not sleeping in a numb miasma, zombies hypnotized by shallow meaningless entertainments, consuming and consumed by endless ephemeral nothings that poison the earth, the body, and starve the spirit.

In the Time gone, Earth’s inhabitants were still awake, truly alive, and each human being knew that its essence was of God, the Oneness. No, not that one was more God than another - but rather that everyone and everything, the whole wonderful hologram of Life they themselves had projected, was the Oneness.

In that time now vanished, every living being was still connected to its Source, aware of its divinity, and consciously manifesting this temporal holographic universe. The centers of power placed along the spine, up into the neck, the head and above, were running rivers – the Creator energies of God.

The potent essence of creativity, the kundalini fire fused into streams of pulsating light that rippled up and down our bodies like flames in a raging burning forest, tidal waves of energy - snakes of living light. Cascading rainbows of photons swirled around and out of our heads in unimaginable radiance. Each nuance of thought reflected in the glistening fiery spray, each emotion igniting a resonance of Beauty in Light.

It was a wonderful time - the Time before Forgetting. One wonders if and when the approach of ensuing cycles was sensed. For inevitably and imperceptibly, the frequencies of the temporal illusory hologram shifted,
changed, becoming gradually diminished and dulled. The brilliance of the seething snakes of light from the kundalini force dimmed, and as consciousness descended further into matter, was suppressed, cloaked - choked.

We humankind began to forget. Not all at once, but slowly and sweetly our tender focus on what we had created distracted us from our Source. We began to forget. Some sooner than others, and the ones who still Remembered were there to remind them, to whisper in dreams ... Remember who you are! But still the ineluctable Forgetting pushed, forced somehow, and moved itself downward into the approaching cycle of time.

The few who quite reasonably, desperately clung to what had been before were still able to see the snakes of light writhing from the heads of beings that possessed Real Power. But most could not. Most did not remember their own flames of thought, the once radiant wild spraying photon rivers, the shimmering snakes of light.

And they began to be afraid.

The frequencies of fear lead human consciousness further into isolation, separation, density and delusion. Cut off from the true memory of Oneness, this world descended into violence fed on the contagious miasma of fear. The Sacred Warriors of better times, whose dharma was to protect Truth, left the Earth.

As time crawled inexorably on, fear and greed became the norm. We the creators, who had forgotten who we are, in delusion inserted unending wars into the astonishing hologram called Life. Thus began thousands of years of senseless, intentional, unstoppable killing - taking what others created and loved. Endless wars soaked the earth with blood and the once visible luminescent snakes of light vanished.

Thus began all of written history.
The First Cycle of Time: SATYA or KRITA YUGA, the Golden Age

The first cycle is called THE AGE OF WISDOM, the Golden Age or in Sanskrit, the SATYA or KRITA YUGA.

Pressed by Desire, the Creator emits the Illusion of Separation and Multiplicity. On one level these emissions are abstract metaphysical principles, cosmic stations containing the spectrum of all frequencies, all possible waveforms. While on another level of perception, they become temporal creator entities as beings and we are all latent within these primordial beings.

As they emerge from the Oneness, so we emerge within them. As they are the Oneness, so are we. TAT TWAM ASI - That thou art! There is no hierarchy as yet and these beings are all equal. They begin to manifest the desired forms of multiplicity in order to play in this universe.

They KNOW who and what they are - meaning they have the conscious awareness knowledge that they are a projected part of Oneness. The Veil of Forgetting has not yet fallen.

The LINGA Purana (Part I, Chapter 39) says that in the Golden Age there is no need for any basic social system and only as time decays, does the need for such a system arise. Time is of a degenerative nature and by the time of the Kali Yuga (our current cycle) DHARMA, meaning that which upholds or sustains the positive order of things, is nearly vanquished. As time further decays through the cycles, it is no longer possible even to
maintain a sustaining social system.

The Golden Age is the age of goodness. Meditation is the main activity. Beings who are still fully connected to Source spend their time in meditation simply for the ecstatic bliss of doing so, or enjoy creating temporal illusory multiplicity in the hologram. Perhaps they create other worlds and travel through time and space to visit them - as people do today when they have out of body experiences.

Our lifespan in the Golden Age is about 4,000 human years. Each Yuga is successively shorter in duration as is human life span. The way we experience time literally increases in speed as the cycles proceed.

In this golden SATYA Yuga Age, people are born in pairs and their livelihood consists in reveling in the taste of what exists right before their eyes. All creatures are satisfied, always, and take delight in all enjoyments. There is no distinction between the lowest and the highest - all are good, all equal in their life span, happiness, and form. [Linga Purana, Part I Ch. 39]

People go wherever they wish, constantly rejoicing in their minds. They do not engage in any actions, good or bad. There is no system of separate classes and stages of life. They have no preferences, nor do they experience the opposing pairs of emotions. They do not hate or get tired. They have no homes or dwelling places, but live in the mountains and oceans. They have no sorrow, but consist mostly of goodness and generally live alone. [Linga Purana, Part I Ch. 39]

The VAYU Purana says that in this Golden Age, people have equal forms, features, and longevity. Their bodies themselves are probably not solid as ours are. People are highly powerful, very strong, and perpetually delighted in their mind. They experience neither gain nor loss, have neither friends nor foes, neither likes nor dislikes. Everyone still knows that they are the Oneness and the emission of that.

There is no death, no human labor, no buying and selling. In this first Age we manifest freely. Whatever takes form within the mind appears.

Interestingly it also says that objects function according to their minds – implying that their thoughts are creating the external reality which can be thus be altered whenever and however they like. This seems to me to be a better, more subtle version of the Star-Trek Replicator.
The Vedas do not as yet exist – except perhaps in the ethers of the eternal indestructible AKSHARA - as there is no need for them.

Time in this Age is equivalent to Virtue!

This SATYA Yuga is also called the eon of the Winning Throw. In the Puranic texts, creation is often compared to a cosmic game of dice.

The hierarchies of gods and other beings have not yet come into existence.

We all know and Remember who we are - but we will soon become attached to our creation and begin to feel a sense of loss and longing for our original state.

The Second Cycle of Time, the TRETA YUGA, the Age of Ritual

The hierarchies that did not exist in the previous golden SATYA YUGA begin to take form in the second cycle of time, the TRETA YUGA, the Age of Ritual.

The TRETA is the age of energy (RAJAS), and of the three ritual fires and the hearth. It is a time of sedentary agricultural and urban civilization. It seems reasonable to assume that the Goddess became paramount in the TRETA. It was perhaps an era in which women were honored, respected, and even exalted.

Ritual became necessary in the TRETA Yuga because as the pieces of God, the Oneness – now caught up in the Illusion of Separation - descended further into time and space, their ability to consciously focus thought and thus manifest their desires weakened. Ritual is the intermediary mechanistic tool to manipulate creative power from the
As density increases, rituals are used to bridge worlds and to direct etheric energies into becoming form within the temporal illusory hologram. Rituals allow access to raw power (SHAKTI) from the unformed, from the ethers.

The Linga Purana (Ch. 39) says that in this second age, the Treta Yuga, the Age of Ritual, we began to no longer revel in the taste of existence and when that fulfillment was lost, another sort of fulfillment was born. Rain was born and as soon as the surface of the earth was touched by rain, trees appeared. These trees became houses for the people. We lived inside what must have been enormous trees and used these trees for our livelihood and enjoyments.

Referred to as ‘wishing trees’ these friendly trees brought forth clothing, fruits and even jewelry. On the very same trees there would grow, in bud after bud, honey made by no bees, powerful honey of superb aroma, colour and taste. People lived on that honey, lived happily all their life long, finding their delight and their nourishment in that perfection, always free from fever.

So for a time in the Treta, we lived in trees and ate honey produced by them. But then one day, the text says that people became greedy and lopped off the limbs of the trees and took by force the "honey that no bees made". As a result of that crime committed in greed, the magic trees, together with their honey, vanished, first here, then there, and as time exerted its power, very little of that fulfillment was left.

As time continues to move down through the Treta Yuga into density, the solidification of matter increases the intensity of polarities. As this Age of Ritual came on, the opposing pairs of emotions arose, and people became quite miserable as a result of the sharp cold and rain and heat. We began to wear clothes to keep warm and to look for dwellings that would protect us from the elements.

As time moved on, the force of the Treta - which is also the age of energy
(RAJAS)- altered the frequencies of the temporal illusory hologram. Water became scarce and had to be ‘lifted by hand’. Those who wanted to sustain themselves began to practice agriculture. The experience of having to work in order to eat somehow contributed to the fall of human consciousness, because people then became lustful and greedy.

In the Treta the subjects in their fury seized on another, even their sons, wives, riches, etc., forcibly. Such was the characteristic of that yuga.

Knowing all this, the lotus-born lord (Brahma) created the KSATRIYAS (a class of noble warriors), to protect people from wounds and injuries and also for establishing the rules of conduct. [Linga Purana, Ch.39.48-49

These warriors cannot be compared with what we know today. They were not mercenaries. They were men of knowledge, culture, the arts, and had powers of ‘wizardry’ that would seem out-of-this-world to us. They were Sacred Warriors sworn to protect the DHARMA. They remained on this earth until the end of the third yuga.

Thus as far back as the second cycle of time, The Treta Yuga, the Age of Ritual, there is the need for a warrior class in this, a polarity universe. We had devolved to the point of requiring rules and thus by means of his own brilliance, the god Brahma brought forth the Vedas.

The Sanskrit Epic, The RAMAYANA takes place in the Treta Yuga. There is no written word in this era. Writing is developed later on and is considered a symptom of the yet to come fourth cycle, our present Kali Yuga. People in those eras had amazing memories and were able to recite entire epics of hundreds of verses from memory. Obviously that kind of memory no longer exists and seems superhuman to us now.

The Ramayana is the story of Rama (an incarnation of the god Vishnu, the Preserver) and his wife Sita, and their struggle against the rather amazing demon Raksasas King, the Ten-headed Ravana. Ravana, who has his own aerial celestial chariot, is a ‘foolish man-eater’ who despises humans. Ravana lusts after the lovely Sita and kidnaps her. Rama must rescue his wife, but a major theme of the story is the enormous courage
Sita wields to resist Ravana’s intense advances and defend her honor by an ordeal of fire.

Rama of course must fight the heinous Ravana and his demon armies. Rama has the help of the Monkey King warrior, Hanuman and his vast and skilled armies. I suggest that the existence of an entire race of beings that are half-man and half-monkey is not mythology and perhaps does beg the question of the possibility of genetic alteration in the ancient times.

Ravana is quite the ascetic, who has performed unimaginably intense austerities and therefore has been granted certain boons. The idea of performing austerities to receive boons from the 'gods' is very important in Sanskrit literature and demonstrates the very real relationship that exists between all the worlds.

One of the most interesting and amazing descriptions in the Ramayana is of the magical military ‘wizardry’ the demon king Ravana has at his disposal to fight Rama. This is a war of created illusions designed to disorient the enemy.

Ravana has the power to bring his dead warriors back to life, right then and there on the battlefield with all their weapons. He can manipulate the hologram. Ravana can also assume the shapes of Rama, Rama’s brother and generals to confuse Rama’s armies. Fortunately our virtuous hero Rama has his own wise 'wizard' advisor who tells him to go ahead and slay even those who look just like him and his brother.

The battle is eventually won only when Rama recites the mysterious mantra Brahma Spell. We are not actually told what this spell was, but whatever it was, it enveloped Ravana in a fiercely blazing fire and he was ‘toppled in all the five worlds’ by its power! Rama’s great purity of being did not allow for either his defeat or death by the hand of one such as Ravana.
In the Sanskrit text The Mahabharata - a very long epic, which occurs in the following cycle of time, the DVAPARA YUGA - the Monkey King Hanuman appears as a vision. Hanuman describes all four yugas and emphasizes the variations in the experience of time from one yuga to another.

Hanuman explains that he cannot manifest the form he took during the previous TRETA YUGA because no one in the DVAPARA has the capacity to perceive it. No one could see his previous form, when he was with Rama, because Time is different in each of the yugas. Everyone, it seems, even the gods and great seers, must ‘adjust to time from eon to eon’ and so Hanuman’s original form no longer exists. Worlds such as Avalon do disappear.

According to Hanuman, the Sacrifice appears in the Age of Ritual and the Law, meaning Vedic law and the Dharma, is diminished by one quarter. Men are truthful, devoted to the Law of Rites. Sacrifices are made and all manner of Laws and rituals come into being and are motivated by specific purposes, which give rise to acts and their ‘fruits’ or results. [Mahabharata, 3(43)148]

The Mahabharata also contains two very intriguing passages that clearly suggest that the 'gods' did incarnate into human bodies:

"Take ye form on earth with all the hosts of the gods… mighty and able to assume any shape… Thereupon the gods… all took pleasure in descending to earth with varying portions of themselves… to make successful the mission of the gods.” [The Mahabharata 3(42)260.7-10]

“… then made a covenant… the gods they would descend from heaven to earth with a portion of themselves… so the celestials in succession descended from heaven to earth, the for destruction of the enemies of the gods and the well-being of the worlds.” [The Mahabharata 1(6)59.1-5]
Source texts:
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In the Markandeya Purana, there is an intriguing verse regarding the
transition from the Satya Yuga (Golden Age) to the Treta Yuga (The Age
of Ritual):

"...men fell down from the sky"
"As the people died in the course of time, so their property gradually perished everywhere; and when it had altogether perished, men fell down from the sky."
-Markandeya Purana, Chapter 46.29-30

To me this can mean that in the beginning we were etheric beings, akasha, and not yet solid enough to walk the earth. Or it could refer to a colonizing extraterrestrial race that slowly over time came down from our 'aerial cars' - the term most commonly used in the Sanskrit texts to describe VIMANAS, flying ships.

This passage in the Mahabharata where Hanuman (monkey hero of the Treta Yuga) meets Bhima (hero of the following Dvapara Yuga) always fascinates me. He says that in the Dvapara Yuga people no longer have the capacity, the ability, the sense perceptions required to see his form as it was in the previous Treta Yuga.

I believe that this understanding of varying perceptions in specific Cycles of Time is the clue revealing that ....

The Cycles of Time are dimensions. They are multiple dimensional realities that are occurring simultaneously. Each of us is now existing not only in all of our incarnations, but simultaneously in all the Four Cycles of Time. Most of us have no access to our 'projected' selves in other dimensional Time frequencies. Probably too much information.

Who sees UFOs in our current era? My experience is that more often than not it has been sensitives and people who meditate who see UFOs. Perhaps this is changing as we approach … ?

Around 1987 I was in a vast primeval-like forest in the Colorado
wilderness. For some reason (I never know what triggers these things!), I was given the vision and feeling of being myself in the Satya Yuga. I felt keenly passionately affectionate towards the forest, the trees, and everything around me that I viewed as "our" creation. I was delighted to be walking in, smelling, and touching these majestic trees. I felt no sense of "I" as separate from everyone and everything, including the sky and forest, as "We".

You can do this!
You can project your consciousness back into that cycle.
You were there. We were all there.
On some level WE ARE ALL STILL THERE!

Over the years, I 'switch' my consciousness back into that Satya Yuga state so that I can get some perspective on the sheer utter absurd temporality of our current jittery modern catastrophic era.

In the Sanskrit text The Mahabharata - a very long epic, which occurs in the following cycle of time, the DVAPARA YUGA - the Monkey King Hanuman appears as a vision. Hanuman describes all four yugas and emphasizes the variations in the experience of time from one yuga to another. Hanuman explains that he cannot manifest the form he took during the previous Treta Yuga because no one in the DVAPARA has the capacity to perceive it. No one could see his previous form, when he was with Rama, because Time is different in each of the yugas. Everyone, it seems, even the gods and great seers, must ‘adjust to time from eon to eon’ and so Hanuman’s original form no longer exists. Worlds such as Avalon do disappear.
More passages in the Mahabharata that totally get me wondering are …

The Mahabharata also contains two very intriguing passages that clearly suggest that the 'gods' did incarnate into human bodies:

"Take ye form on earth with all the hosts of the gods… mighty and able to assume any shape…
Thereupon the gods…
all took pleasure in descending to earth with varying portions of themselves…
to make successful the mission of the gods.”
[The Mahabharata 3(42)260.7-10]

“… then made a covenant…
the gods they would descend from heaven to earth with a portion of themselves…
so the celestials in succession descended from heaven to earth, the for destruction of the enemies of the gods and the well-being of the worlds.”
[The Mahabharata 1(6)59.1-5]

The Third Cycle of Time: The DVAPARA YUGA, the AGE OF DOUBT

The third age is called THE AGE OF DOUBT, or the DVAPARA YUGA, a mixture of energy (RAJAS) and darkness (TAMAS). Rules and rituals replace all Knowingness as spiritual and moral decadence increase.

The Lingapurana, Chapter 39, says that in the Dvapara Yuga people have developed different inclinations – mentally, verbally, and physically. In
other words, as the illusion of multiplicity increases, human beings become more individualized and as such they are less able to find agreement and more likely to disagree. Agriculture seems to have become more labor intensive and arduous; thus our bodies are vulnerable to the strains of physical labor. The life span shortens.

Covetousness, service on wage basis, business, fighting, indecision about principles, division of the Vedas, confusion of Dharmas, destruction of discipline among the four castes and stages of life, lust and hatred – these are specifics pertaining to that age. [Lingapurana, CH. 39, 54-55]

… Ritual becomes multitudinous and bent upon austerities and gifts, the creatures fall under the sway of the Constituent of Passion… there is now a collapse of truthfulness, few abide by truth. [Mahabharata 3(33)148.27-30]

It is evident that humans have in fact sacrificed animals and men, women & children to their 'gods'. While I am certainly not advocating this perplexing practice, it remains a part of human heritage and our collective subconscious memory. Perhaps these cruel deaths can also be seen as part of the force that draws us down into the lower frequencies of density as the yugas proceed.

In the Dvapara Yuga, Age of Doubt, passion, greed, and drunkenness arise. Greed in all its endless forms and variations is said to be THE primary source of all evils through out the Sanskrit Puranic texts. Thought, speech, and acts bring about and cause the suffering of drought, death, disease, and other plagues. The result is that one becomes numb, indifferent – meaning our consciousness is further reduced and lost in the limitations of a miasma of doubt, as our memory and awareness continue to diminish.

From this indifference people begin to think about the possibility of liberating themselves from the pain and misery. This desire for release leads to a certain detachment and thus the ability to analyze their faults.

They begin to realize the deformities and defects in the world. Thanks to this perception knowledge becomes possible in Dvapara. [Lingapurana, Ch. 39, 66-70]

I often wonder if we humans were telepathic throughout this third Dvapara Yuga, the Age of Doubt. In the cuneiform epic Gilgamesh, his
friend Enkidu was able to communicate mind-to-mind with the animals on the steppes until a priestess seduced him and changed his consciousness.

There is, of course, still no written word until the fourth age, the Kali Yuga.

The Sanskrit Hindu Epic, THE MAHABHARATA takes place in the Dvapara Yuga. If anyone asked me the old question ‘if you were stranded on a desert island, what book would you want?’ - I would reply, The MAHABHARATA! This would be mildly tricky on my part because the Mahabharata is composed of 18 volumes. Although its sheer size may make this Sanskrit treasure appear somewhat inaccessible, these interdimensional tales are the wonderfully cosmic and enlightening stories of our human and far-beyond-human drama.

The translations of the first five books by the Sanskrit scholar J.A.B van Buitenen are delightfully readable to the modern reader. Unfortunately and tragically, Prof. Van Buitenen died before he could complete the entire Mahabharata. However we are fortunate to have his translation of the BHAGAVAD GITA, which is contained within the Mahabharata. There are also the various condensed versions in English.

If you want a sort of beginners opening into this wondrous ancient kingdom, then I recommend that you watch Peter Brook’s film, which is available on DVD. Although it is, by necessity, a shortened version of this vast epic, the actors who play the various characters are well chosen and will give you a solid feeling for the main characters – such as…

*Yudhishtira - The Lord of Dharma who must learn how to play the cosmic game of ‘dice’ properly
*Arjuna - Krishna’s friend and the famous warrior of Bhagavad Gita fame
*The lovely Draupadi - with 5 husbands, she was evidently the only female around with acceptable DNA

There is also a made for TV Hindi version of the Mahabharata with
English subtitles, produced by B.R. Chopra & Ravi Chopra. With 94 episodes, the pace is very slow - but the stories are excellent as always and the characterizations, costumes, chariots, golden crowns and massive pearls (for men!) are rather fun.

Here are a few of my favorite passages:

From The Book of the Forest 3(35)170
Arjuna said: … I saw another great city, divine and resplendent like fire and sun, which moved freely, abode of colorfully jeweled trees... made of divine gems...

Matali said: This lovely airborne city, with the splendor of good works, piled with all precious stones and impregnable even to the Immortals... free from sorrow and disease... The Immortals shun this celestial, sky-going city... called Hiranyapura, the City of Gold... is defended by [those who] cannot be slain by any deities.

Arjuna: “Go quickly to the city... for surely these... are in no wise inviolable to me!” Matali drove fast to the environs of Hiranyapura on the celestial chariot... again they took to their city and employing their... wizardry flew up to the sky, city and all... because of the boon given to them [they] easily held their celestial, divinely effulgent, airborne city, which could move about at will. Now it would go underground, then hover in the sky, go diagonally with speed, or submerge in the ocean.

The Book of the Beginning 1(6)59
Indra then made a covenant... that together with the Gods they would descend from heaven to earth with a portion of themselves. Indra himself gave orders to all the celestials... And so the celestials in succession descended from heaven to earth, for the destruction of the enemies of the Gods and the well being of the worlds; thereupon they were born in the lineages of Brahmin seers and the dynasties of royal seers, at their own pleasure... even in their infancy they stood in strength.

The Book of the Forest 3(37)186
When the close of the thousand Eons has come and life has been spent, a drought of many years drives most of the creatures... to their death on the face of the earth... Seven scorching suns drink up all the water in the oceans and rivers... The Fire of Annihilation then invades with the force of a gale, a world that had already been desiccated by the suns. The fire
splits the earth, spreads to the underworld and strikes terror in the Gods...
It burns down the world of the Snakes.

Wondrous looking huge clouds rise up in the sky, like herds of elephants, in the finery of garlands of lightning... clad in garlands of lightning, the clouds rise up... In their terrifying shapes with their horrible echoing blasts...the terrible thundering clouds inundate everything... till the ocean rises... mountains are sapped and collapse, and earth itself collapses. Then sudden winds whirl around the skies and under the hurricane gusts the clouds are torn to shreds. And the self-existent God... drinks up these winds and lies sleeping on the Lotus of the Beginning.

These are glimpses into what I consider one of the greatest books ever written in the entire history of the planet. The Mahabharata largely deals with the fates of the Sacred Warriors as they leave the earth plane to make way for the next cycle of time – the Kali Yuga. These amazing super-men and even their enemies, who are bringing the Dvapara to its end, have an enlightened code of ethics no one in our present day world would ever dream of. By the end of the epic, these sacred warriors and their lineages are all dead.

The Bhagavad Gita is primarily the conversation that takes place between Krishna and the warrior Arjuna before a great battle between members of the same family. Once Krishna succeeds in convincing Arjuna that it is his dharma to fight this war, Yudhishthira – who is the king of Dharma and Arjuna’s brother – proceeds to take off his armor, put down his weapons, and walk over to the side of the enemy. There he asks for the consent of his teachers (gurus) who by the chance of fate are now his enemies.

It is said that in a former age, when a man openly did battle without first seeking the consent of his gurus, he was despised by his betters. But if he did seek their consent and then fought his betters, his victory in battle was assured.
[Bhagavad Gita, 6(4)41.15-20]

As Sacred Warriors these men obeyed a sort of Cosmic Law when it came to the arts of war. Yudhishthira’s teachers, whose loyalty was pledged to the enemy’s side, nevertheless all give him their consent because they know he is in the right and they in fact want him to win – even if it means their death. They tell him right there on the battlefield that because of this virtuous act, Yudhishthira’s victory is assured.
The Dvapara Yuga, the Age of Doubt, comes to an end when Krishna leaves the earth plane. This is described in many Puranic texts, but I find Krishna’s words to his friend Uddhava the most intriguing.

When I (Krishna) leave this world darkness will descend: The dreaded Kali will begin… Do not remain here when I have gone. You are a worthy soul, but in this darkness which is to come People will indulge in all that is unworthy.
[Uddhava Gita, Dialogue 2. 4-5]

Text sources:
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Translated by a Board of Scholars and Edited by Prof. J.L. Shastri
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2002, Ulysses Press
The Fourth Cycle of Time, the KALI YUGA, the Age of Conflict & Confusion

‘cooked by time’

The Kali is the only yuga most of us are familiar with because we have been living all our lives within these dense frequencies. Our minds, the way we think, and thus our perception of ‘reality’ has literally been cooked by the vibratory frequencies of time within the Kali Yuga. We humans have been ‘cooked by time’ to the point that only the five senses remain available to us to understand the world around us. The five senses are easily confused.

The five senses can indeed be programmed and tricked by tyrannical wizards who want to control our lives. Today’s monopoly media is very aware of how to entrain and manipulate the five senses. In our modern world most of the information received around the planet suits the agendas of the multinational corporations, who also happen to own the monopoly media.

The five senses are vulnerable to deceit and manipulation by any and all. In other cycles of time, information gathered solely by the five senses would have been highly suspect. ‘SEERS’ – those who see – were trusted as the source of wisdom concerning mankind’s future and our interconnection with the Cosmos.

It is only the ‘SEER’ within you, the one who has quieted the mind and achieved a connection to the God-within, who can offer insight into the true nature of reality. Only an inner-knowingness can lead us out of our current predicament – out of our miasma of amnesia, the soup we are still ‘cooking’ in. Only by transcending the illusory powers of the five senses, and an understanding of GUNAMAYA, the Matrix, will we human
beings return to the Real.

There are numerous descriptions of the symptoms of the Kali Yuga in the ancient Sanskrit Puranic texts. Bear in mind that writing is itself a symptom of the Kali Yuga. These texts were composed and transmitted orally in the previous cycles of time and handed down through memory, based on verbatim repetition, from one generation to the next. It was only in 500 BC that the grammarian Panini codified the Sanskrit language and these memorized texts were put into the form of writing. Sanskrit’s arduous precision was intentionally designed to protect the ancient knowledge from the confusion ensuing in the Kali Yuga.

The symptom that completely convinced me that the Cycles of Time were true was this: “Ready cooked food will be on sale.” [LINGA Purana Ch. 40] The ancients foresaw ‘fast food’! They knew that pre-prepared food loses its nutritional value.

By the time a genetically-altered chemically-sprayed vegetable has been shipped from California, packaged and processed with more chemicals as additives and preservatives in New Jersey, shipped on an air-polluting diesel truck to Kansas or Mississippi, where it is inundated with microwaves in an oven and placed in an endocrine-disrupting-chemical styrofoam package to await your arrival – there is very little ‘goodness’ left. The year 1990 was the last time I ate a burger-what’s-it. The thing had obviously been the victim of a massive chemical assault and burned the inside of my mouth. I recovered in a few days, but that toxic memory has kept me way away from the drive-thru line!

The Kali Yuga is the Age of Darkness. The Light is primarily unmanifest, meaning not completely gone, just veiled and hidden in the Kali - and the Darkside rules. You can lighten the world around you by realizing and Remembering the God-within you, and by letting that frequency flow out around you. Even if people don’t accept what you say, they will be
uplifted by your silent consciousness.

However don’t expect them to love you or even like you. Their Kali Yuga egos are firmly enthroned and will feel unconsciously threatened by your presence. The small identity-self ego has no wish to give up its power and if the person is unwittingly hosting denizens of the Phantasmal Hierarchies – perhaps in the form of an addiction to drugs, alcohol, or tyrannical power – then these parasitical entities will attack you and do just about anything to get you away from their ‘food’ supply!

The Kali seems to actually reward the Darkside, those ruthless ratzoids that are weak and greedy, liars without any integrity, morals, or principles often succeed. While the maverick thinkers, who possess a quiet sense of honor, who feel compassion for others, and respect primordial truth, are quickly pushed aside and berated, often brutally and publicly, by the elite.

In today’s culture almost everything that is being held up to us as great, desirable, and worthy is a short-term fix and sadly - rubbish. All of the power and money in the world will not give you the Rembrance of Oneness. The fastest red-hot racecar available will not bring you to the destination of enlightenment and liberation – JIVAN Mukti. The pleasures enjoyed with the most gorgeous super model, male or female, will soon become tiresome and a burden. As Krishna says, both pleasure and pain reside in the objects of the senses.

… the pleasures that spring from sense impressions are sources of unhappiness, because they have beginnings and ends.
- Bhagavad Gita V.23

Another strange phenomenon of the Kali Yuga is the externalization of faith to such an extreme that people became obsessed and crazed with their individual belief systems. For 1000s of years now human beings have, in the name of their various interpretations of God, inflicted endless stupid destructive wars on each other – mass murder, torture, theft, and slavery all in the name of God!

When you realize that God is within each and every man woman & child, the idea of forcing any religion upon another is the height of absurdity! Corrupt priests have been the willing accomplices to such heinous
conflicts. They often became the imaginative torturers of non-believers and even sold tickets-to-heaven in the form of ‘indulgences’ to the rich, to line their own pockets, and build enormous, however lovely, cathedrals and temples while many of the common people remained perpetually close to starvation.

The Symptoms of the Kali Yuga from the Sanskrit texts the Vishnu Purana and the Linga Purana

Symptoms of the Kali Yuga

Writing itself is a symptom of the Kali Yuga. Human beings have been living on planet Earth for 100s of 1000s of years before we have any record of the written word.

Down through the ages, ancient wisdom was orally transmitted and eventually written down in Sanskrit around 500 BC. These sacred texts give us some idea of the other three cycles of time. Originally orally transmitted, the texts were faithfully memorized and handed down from generation to generation. We no longer possess such an amazing command of memory. Imagine memorizing complete books! What we have available to us now in the Kali Yuga as the sacred texts written in the Sanskrit script was transcribed much later than it was composed – meaning spoken.

Some of these ancient texts accurately predict the conditions we are now experiencing. Remember these are predictions from
well over 6,000 years ago – before the advent of writing and written history! The ancients who made these prophecies considered them to be abnormal, unheard-of, and outrageous.

From the Sanskrit texts the Vishnu Purana and the Linga Purana:

Thieves will become kings, and kings will be the thieves.

Rulers will confiscate property and use it badly. They will cease to protect the people.

Base men who have gained a certain amount of learning (without having the virtues necessary for its use) will be esteemed as sages.

There will be many displaced persons, wandering from one country to another.

Predatory animals will be more violent.

Fetuses will be killed in the wombs of their mothers.

People will prefer to choose false ideas.

No one will be able to trust anyone else.

People will be envious.

There will be many children born whose life expectancy is no more than 16 years.

People suffering from hunger and fear will take refuge in underground shelters.

Young girls will do trade in their virginity.
The god of clouds will be inconsistent in the distribution of the rains.

Shopkeepers will run dishonest businesses.

There will be many beggars and unemployed people.

Everyone will use hard and vulgar language.

Men will devote themselves to earning money; the richest will hold power.

The state leaders will no longer protect the people but, through taxes, will appropriate all wealth.

Water will be lacking.

[And my favorite]: Pre-cooked food will be readily available!

The fact that our food supply contains very little nutrition and is full of toxins reveals a great deal to me about the frequencies of Time we live in.

(The source of this information is in the Sanskrit texts the Vishnu Purana and the Linga Purana; and also a remarkable book entitled, While the Gods Play: Shiva Oracles and Predictions on the Cycles of History & the Destiny of Mankind, by Alain Danielou; Inner Traditions International Ltd., paperback, 1985.)

I have always particularly appreciated the accuracy of these four Kali Yuga symptoms:

*Thieves will become kings, and kings will be the thieves.
*Rulers will confiscate property and use it badly. They will cease to protect the people.
*People will prefer to choose false ideas.
*Base (low minded) men who have gained a certain amount of learning (without having the virtues necessary for its use) will be esteemed as sages.

Remember that these are ‘predictions’ that were seen and composed before the Kali began. The Vedic and Puranic texts were transmitted orally and held in memory from other cycles of time, and only written down after writing came into use.

Here are just some of the symptoms of the Kali Yuga from the BHAGAVATA PURANA, Skandha XII:

Chapter Two
1. Thereafter, day after day, under the force of the inexorably powerful Time, righteousness, truth, purity, (both physical and mental), forbearance, mercy, duration of life, physical power, and sharpness of memory shall go deteriorating.
2. Wealth alone will be the deciding factor of nobility of birth, righteous behaviour or merits. And only brute force will be the only standard in the arrangement or decision of what is righteous or just.
3. …cheating is the order of the day in business relations; satisfaction of the sexual pleasure is the only consideration of masculine or feminine excellence and worthiness
4. Justice has become weak, [and is based on] bribes.
5. Want of affluence is the cause of one’s impiety or bad name, while hypocrisy is the index of goodness.
6. The highest purpose of life is to fill one’s belly and arrogant audacity is regarded as veracity.
7. It is for self-advertisement of one’s fame of piety that righteous deeds are to be performed… the whole world will be populated by wicked people.
13. When (in the Kali) religion will be predominantly heretical, and kings as good as robbers and men will be enhancing their livelihood by theft, (economic offenses), mendacity, wanton violence to life and such other pursuits.

Chapter Three
25. In that (Kali) age, people will be greedy, take to wicked behaviour, will be merciless, indulge in hostilities without any cause, unfortunate, extremely covetous for wealth and women (worldly desires) and higher social status…
30. When deceit falsehood, lethargy, sleepiness, violence, despondency, grief, delusion, fear, poverty stricken-ness prevail, that is the Kali Age which is characterized by TAMAS [the GUNA of ignorance, delusion,
and indolence].
31. As a result of the Kali’s influence, mortal beings become dull witted, unlucky, voracious, destitute of wealth yet voluptuous, and women wanton and unchaste.
37. In the Kali Age, men will abandon their parents, brothers, friends and relatives and establish their friendliness on sexual basis. [They] will be miserable.

*From The Concise SRIMAD BHAGAVATAM
Even trees will become stunted on account of their ruthless exploitation by unrighteous men.

And two from the Mahabharata:
[The world will be] Overrun by many imposters... discussing the virtues of great meals.
- The Mahabharata, The Book of the Forest 3(37)186.43

The countryside will bristle with towers.
- The Mahabharata, The Book of the Forest 3(37)186.37
This could either refer to tall buildings in industrial parks and their adjacent apartment complexes - or perhaps more on the 'bristling' side, to the towers that transmit radio and microwaves, or even those monster electric tower grids.

The Age of Confusion is mobbed by – yes, confusion! Practically everything you have ever read is clouded over by the miasma of Kali Yuga fog. As the saying goes: History is written by the conquerors - while the loser’s side of the story is routinely forgotten.

When you think about it, throughout most of written history all the great works of Art are the symbols of propaganda bought and paid for by ruling tyrants and religions seeking to dominate the world’s populations. Just ask Leonardo da Vinci who worked for the likes of Cesara Borgia, or Michelangelo who labored under the iron hand of a Vatican priest. Today’s artists are answerable to the power of big money from the multinational corporations that own our world.
Even the wonderful descriptions of enlightenment that give us all hope were not experienced in the density of time we currently are living in. With no disrespect intended, it occurs to one that Lao Tzu, Jesus, and Buddha did not have to fight off chemtrails, microwaves, endocrine disrupting chemicals, or childhood television programming! These days, in the Twilight of the Kali Yuga, it’s the Razor’s Edge – every step of the way Home.

Knowledge of our essential Oneness is hard to come by in the Kali Yuga. Beneath the curtain of multiplicity – there is only ONE! This means that behind the apparent diversity of seemingly billions of individuals living on planet Earth, they are all only One. All are ONENESS.

For those of you who have remembered past lives, you may have noticed a striking perplexing similarity in the basic character of each life. There may be certain repeating flaws and compulsions, traits or qualities that you begin notice have shown up over and over in lifetime after lifetime. You may be a high priest in Atlantis, or a dancing slave girl in 8th century Kashmir – but there is a pattern that continues throughout all your lives. This is because the genes in your current physical body are the latest ‘product’ of a long line of many bodies, lineages. You have access to the memories contained within the DNA of the body you currently inhabit.

It is as if the Creator generates certain rays or waveforms, which contain qualities of expression that remain in the genes throughout the cycles of time. As time descends down through the yugas further and further into density, ever more variations of expression are created, such as habits, impulses, likes & dislikes, etc. etc.

But underneath all this temporal multiplicity is the Oneness that we all are: meaning you and me, factory workers in China and the farmers of rural India, the world leaders and corporate tyrants, the Aborigines in Australia and the Pigmy tribes in Africa!
We are all ONENESS beneath the temporal illusory Curtain of Multiplicity. This knowledge of Oneness has been hidden from us in the Kali Yuga, but once you truly Realize the God-within, you will Become that which you always have been.

The floodgates of Knowledge and Love will open - and you will never be the same. You will never be able look at another human being without compassion and you will never again judge them – for you will KNOW that YOU ARE THEM! As you judge them, so you judge and condemn yourself. And it turns out that as harrowing, dreadful and boring as the Kali Yuga is – in fact it is the fast lane to God Realization. The intensity of the Kali pressures you to WAKE UP!

Time does not exist outside the temporal illusory holographic matrix. Thus the Four Cycles of Time are simultaneous as are all your so-called ‘past’ lives.

Acceptance of the theory of the Cycles of Time might lead you to a sort of complacent resignation. After all, if we are ineluctably snared in the frequencies of confusion - then why bother?

Because what is really exciting about the Kali Yuga is the understanding that in fact it is the easiest cycle to Remember who you are.

The end of the Kali Yuga is a particularly favorable period to pursue true knowledge. Some will attain wisdom in a short time, for the merits acquired in one year during the Treta Yuga can be obtained in one day in the age of Kali. [Shiva Purana, A. Danielou]

[ Linga Purana, Section 1, Chapter 40]
45. Hence during the Kali longevity, strength, and features become less and less. Men attain perfection within a short time.
46-47. What is gained by the practice of Dharma for a year in the Treta Yuga is attained by the practice of it for a month in the Dvapara Yuga. In Kali an intelligent devotee attains the same in a day by practicing Dharma strenuously.

*It’s a Cosmic Bargain Sale of sorts!*

Therefore, take up the challenge to Remember who you are! Do not give in! So, the Darkside is fulfilling its own kind of Dharma, doing its job of spreading the hand of tyranny over the planet and poisoning everything in its wake. What will you do? In these moments of challenge, of sorrow and of awakening consciousness, how will you behave? Can you find courage within yourself and compassion for others? Can you master the divine detachment that comes from knowing that what is unfolding is the grand Cosmic Design. Can you remember that every one and everything is God, the Oneness – and this Oneness is you.

You are this world, and you are the Love that breathes this temporal illusory holographic matrix out into multiplicity and inhales it back into quiescence - and back out again, eon after eon after eon. World without end! This universe is here for us all to play in. Surely, when you look at your life or perhaps many lives, in spite of all the pain, you do recognize the grand beauty of Creation.

So the question is what will you do now in this intensified exciting moment? And are you ready to move on into one of the 1000s of other universes – some without polarities or even time - all waiting, inviting you to come to yet another magnificent adventure in consciousness.

*Source texts:
While the Gods Play: Shaiva Oracles & Predictions on the Cycles of History & the Destiny of Mankind
Alain Danielou
Inner Traditions, 1987

The Uddhava Gita, The Final Teaching of Krishna
Translated by Swami Ambikananda Saraswati; 2002, Ulysses Press

The Bhagavadgita in the Mahabharata
Translated by J.A.B. van Buitenen
The experiences that we have on the way Home are sweet, indeed wonderful.
They really cannot be described.
So mystics often end up writing love poems.
As did St. John of the Cross in his Dark Night of the Soul.
Sufi and the Hindu Bhakti Yoga traditions are filled with beautiful love poems to the Beloved.
You cannot help it.
You want to express the very subtle feelings.
The light that is everywhere.
The subtle feelings that leave you sleepless, smiling in Joy.
Ecstasy?

I am inviting you to come back "inside" ...  
It's waiting for all of us.  
Here's is something I wrote ... the Oneness speaking with me.


Stolen Moments ...

You long to be alone with Me.  
My Grace falls all around you,  
As My winds move your linden leaves.

Solitude is all you are seeking  
In the Now of Becoming Me.  
Intruders steal us from our Rapture.

Your voice calls clear.  
Hasten to Me!  
Our separation shall be ended,  
In this afternoon, we Became as One.

You ask what to call Me?  
Just say that I’m the ONE!  
The One not as in a pointing gesture,  
But the One in Union with All Others.

The One who calls you Home  
Beside Me,  
Who seeks embrace with All.

Do not hasten to unveil Me,  
Our secret Knowledge is of day by day.  
Each hour draws us closer to the knowing  
That Time dissolved for us so long ago.

I do not know what others think about you.  
I only long to hold you close,  
And in the holding become the Song of Morning.

My memories of you draw me to that place  
Where lovers tell their secret tales,
Where stars will burn out in their rapture
And peace gives into solid core.

There shall we be as no others,
You beloved one, and Me.
I will wrap you in the evening
For all heaven’s company to see.

In the days to come, My angel,
You shall see what you desire.
You shall be what each soul longs for …
Dancing through Eternal Sky.

I move your hand along this page …
To tell you of another song,
One that morning sunlight captures …
One that moves your Heart along.

There is no other than the ONE.

When examining the dates of the Cycles of Time, I find it useful to keep this in mind:

All increments, meaning measurements of time and space, are relative to the consciousness of the perceiver and thus the product of variations in waveform frequencies, based on and the result of the specific degree of the illusion of Separation from Oneness.
Duration of Time as a Function of Consciousness & The Four Cycles

The 4 Ages are:
1. The Krita Yuga, a Golden Age
2. The Treta Yuga, the Age of Ritual
3. Dvapara Yuga, the Age of Doubt: Man loses the sense of the divine reality of the world and grows away from natural law
4. The Kali Yuga, the Age of Conflict and confusion began in 3012 BC and will end with the nearly total devastation of the present humanity

When you study the Hindu theory of the Cycles of Time and the yugas, you will find a confusing divergence of opinion concerning the dates of their duration. Considering that we are now living in the Age of Confusion, the Kali Yuga, it is not surprising to find so much disagreement on these matters.

What is more important to me than precise numbers is the fact that we are living in an era where there is almost no memory of the previous cycles of time. Most of us wrongly believe that civilization begins with written history where as writing is actually the symptom of a degenerative culture – because it is sound that communicates meaning, not the markings that seek to represent it.

Reach beyond the limited frequencies of this Veil of Illusion you have been confined within all of your life. The experience of expanding and projecting your thoughts, consciousness and imagination back into primordial time is in itself liberating, revealing and uplifting.

The realization that time is in fact a function of consciousness will alter your perception of reality. We all experience time relative to our own specific consciousness. You can verify this for yourself by simply reflecting on, for example, how time flies when you are happy - as opposed how time drags when you are stuck in traffic or at the dentist.

Another example would be to consider the consciousness of an ambitious type-A personality, the would-be-executive who runs around non-stop day after day, balancing a bazillion enterprises in order to gain money, prestige and power, keeping busy-busy-busy to avoid any possible
solitude or contemplation.

Compare that with the consciousness of a Tai Chi Master who moves so slowly as to defy nature and yet can knock out his opponent from across the room, or an ascetic hermit yogi who never moves, never goes anywhere or does anything, but by remaining at the center of his being becomes One with the Universe.

Time does not exist outside the temporal illusory hologram.

All increments, meaning measurements of time and space, are relative to the consciousness of the perceiver and thus the product of variations in waveform frequencies, based on and the result of the specific degree of the illusion of Separation from Oneness.

This is similar to the quantum physics theory, The Copenhagen interpretation, Part II: Reality is created by observation. Or you might say more accurately, reality is created by the consciousness of the observer.

In ‘While the Gods Play’, the French scholar Alain Danielou explains that the length of a moment is established by the rhythms of consciousness that perceive it:

"It is energy, by producing vibratory waves having direction and length, that will give birth to the rhythms whose perceptions will create the dimension of time, the measure of space, and at the same time the structures of matter.

"For man, the perception of the dimension of time is determined by his vital rhythms, his heartbeat …"
Heavens & Hells are Illusions Mind-Created in Time

Heavens and hells are nothing more than temporal holographic ILLUSIONS in the astral planes, created by the mind of man throughout the Four Cycles of Time. Just as the worlds (LOKAS) of the gods (DEVAS) and extra-terrestrials are locked in their own durations of time, and have a Beginning and an End, these heaven and hell holographic matrices are temporal and not eternal.

The wise must understand that the rewards of heaven …are as transient as pleasures on earth.
The Uddhava Gita, Dialogue 14.18

The gods, or cosmic deities, also belong to the phenomenal world… the attainment of oneness with them (astral entities)… cannot destroy the miseries of SAMSARA [the illusory holographic matrix]. … the aspirant, seeking liberation from phenomenal suffering, should realize the Supreme Brahman [IS-ness] as his own self and the self of all beings.

- Swami Nikhilananda
The Upanishads Vol. 3, AITAREYA UPANISHAD, Chapter II

There is an intriguing prayer that the genius Indian composer and Sufi AR Rahman has set to music:

"O God, if I worship Thee for fear of hell, then burn me in hell. And if I worship Thee in hope of paradise, exclude me from paradise. But if I worship Thee for Thy own sake, grudge me not Thy everlasting Beauty."

The prayer reflects the Razors Edge quality of the individual seeker who prays for the single-minded focus back into the God-within, that piece of the Oneness that you are, your own Soul – the ATMA, your Divine SELF.

The most important task you now face is to form a solid-gold relationship with your own Soul, a relationship you can count on to carry you through whatever may come.

Establishing this relationship with the God-within you is far more
important than any comprehension of the endless schemes & conspiracies of the Darkside, which are in effect designed to hold the hologram together until the close of this cycle.

When you leave your body, unless you have already achieved UNION with Oneness, you will encounter a realm that precisely reflects your own consciousness. Your conscious and unconscious thoughts do generate and manifest your holographic reality.

There may be many entities - and there are millions of them - who will be inviting you to go with them, to join them, to play, to hang out with them, to come under their ‘influence’. These entities may even be your loved-ones or may in fact be ‘hungry ghosts’ only masquerading as your loved-ones. In effect, they will be aggressively ADVERTISING their particular realm within the Phantasmal Hierarchies as seductively as any late-night car dealer!

Buyer, beware!
When you leave your body I suggest that you IGNORE ANY and EVERYONE! Even those you love.

First and foremost from your Heart chakra, call forth your OWN Soul, the God-within, as distinct from your current small identity-ego-self, which is generated by the GUNAS. Do not become distracted by these Myriad Worlds - however splendid, alluring, and comfortable.

Only your own Soul, the God-within you, knows ANYTHING relevant to your recent disembodiment and your posthumous state.

Imagine that at the end of the Kali Yuga, many beings who have been incarnating through the Four Cycles of Time will prefer to not be in vulnerable corporeal bodies. They will be perhaps rather bored and sitting it out on the 'sidelines' waiting for the close of the Kali Yuga and the Dissolution of the World, this current illusory holographic matrix.

Once your subtle body has made the conscious 're-connection' with your Soul, you will KNOW your Path.

Trust ONLY the God-within you!
Who are You? The Deeper Meaning

In the Bhagavad Gita Krishna has warns Arjuna that those who chase only after the gratification of the senses, live in vain (III.16). Lost in the myriad of holographic illusions, they fall under the influence of those who have partial and limited knowledge. Like attracts like. Ignorant of their true state, these lost souls are cut off from the bliss consciousness that is always waiting within.

They run from one sense object to the next, empty and desperate, always hoping that this money or that person, another possession or one more ambition, will bring the happiness that eludes them repeatedly.

Amrita: The ever-present Nectar

The feeling that is produced from the closeness, contact, and ineffable intimacy with the God within you is subtle. Yes, there are ecstatic moments and experiences that will change you forever; but the ever-present nectar (amrita) must be recognized over the glare of the five senses and this power filled sweetness requires a vigilant cultivation.

Krishna says that just as the contact of the senses on their objects initially seems like nectar, but in the end feels like poison - so it is that these subtle feelings of happiness (sattva) which, because they must be tenderly nourished and cherished through your devotion to disciplined practice, in the beginning feel like poison, but in the end become nectar (XVIII.37-38)

Suffused in the nectar of the God-within, we no longer feel compelled to grab for those external illusory desires to fill up our empty heart. We no longer need more - more money, more things, more lovers, more inebriation, more external gratification of the senses. Our compulsions subside and we understand that all our lives, we have been under the
tyrannical sway of our own self-created guna-maya, the Matrix.

We are no longer ‘mounted on a machine’ and compelled by the perpetually revolving Yantra-Rudhani to act unconsciously. There is no longer any need to do anything nor is there any need to do nothing! Now we only act as the purposeful wholehearted expression of the God-within, and without any attachment or expectation (III.17-18).

True Independence

We no longer need any other being to give us what we lack, because we lack nothing and therefore are truly not dependent on others for ‘any purpose whatsoever’ (III.18). We cease to be needy. We transform from whining energy vampires, always trying to force others to give us what we need and live up to our expectations, into sovereign beings who emit the frequency of limitless peaceful power that quietly nurtures others.

This experience of realizing you no longer need anyone does not mean that you will be alone for the rest of your life. Once you are united with God, you are never alone. And there can be many people in your life, many relationships; but you will no longer be dependent on them for your happiness. Your happiness will come from within. You will be ‘contented in the Self alone’ (III.17).

Why do anything?

So now that you have achieved the experience of union with the God-within and are Becoming accustomed to feeling and living with real Knowledge, the question is why do anything? Why not simply seek higher and higher states of bliss consciousness and isolated, live in various nirvana-like states for the rest of your life. This is an image that has been fed to us in the West as a kind of mystical ideal and one that I myself was actively pursuing until I read the scholar, Krishna Chaitanya/KK Nair, who opened my heart to the deeper truth of Lord Krishna’s song.

Krishna tells Arjuna that if he, Krishna, did not perform actions, the universe itself would collapse (III.23-24). As God realized in man, there is no need for Krishna to do anything for himself. He certainly is not needy! But he understands that as an enlightened being he sets a powerful example and thus he acts without attachment to sustain the lokasamgraha,
the welfare of the world (III.25). Abhinavagupta in his commentary points out that the enlightened must act because their inactivity will bring harm to those who have yet to become purified by Knowledge (Boris Marjanovic).

Think of it this way - we all are pieces of the Creator who manifested this universe for the purpose of enjoyment (bhoga) in the veiling and then revealing of our true being. It is clear that in spite of our current lack of consciousness and general tendency to depression, we love this world, we love the Earth and everything she affords us. Since we created this world for our own enjoyment, why would we abandon it to return and remain in the state of Bliss that is our eternal ‘normal’ state? Bliss consciousness is always there for us - always!

Once we have learned to access the power of the Bliss within, through knowledge and meditation, we then have access to the wisdom and authentic power to live in a way that will bring our beloved world back into alignment with Truth and a higher consciousness. We will regain the Knowledge of the now invisible workings of this universe and our relationship to it. We will relearn the ancient Wisdom Knowledge of those eternal primordial metaphysical principles that are always functioning to produce the four Cycles of Time, so that we may in human form enjoy our excursions into Time and Space.

Enlightenment is not escapism

As enlightened beings we do not abandon the world in some blissed-out state of meditative escape from our responsibilities. This has been perpetuated by those who misinterpreted Krishna’s words, and was a terrible legacy for my own generation who thought that ‘turn on and drop out’ was their highest purpose. Many of them perished in that confusion - some were ones I loved dearly.

In The Betrayal of Krishna, the Indian scholar Krishna Chaitanya/KK Nair makes a clear case that Lord Krishna’s message in the Bhagavad Gita has been misunderstood. His book is a very precise and exact detailed study of those who followed in Krishna’s footsteps, from the court poets to Sankara and others.

We are not intended to abandon this world. Yes the universe is a temporal illusory hologram, but that does not mean that we abandon it or that it is our religious duty to escape back into that same Bliss consciousness from
which we emerged to dive into multiplicity.

See God in Every Eye

Once you realize that the God that dwells within your heart is the very same God that is in every man, woman, and child on this planet - you will understand that whatever you do for them, you do for your Self. Your greatest happiness will lie in acts that serve the God within you and therefore the God within All.

Enlightenment is an ongoing movement, an always deepening and ever increasing state that never ends. God has no end. What you do as you become more and more enlightened is totally up to you, and between you and the God within you. You will Know what your path is. It will feel right.

Clark Kent

As enlightened men and women, we do not need to wear arcane and mysterious robes that set us apart from others. We need not display ourselves conspicuously in a public place, covered in crystals and feathers, our hair unkempt and matted, while we repetitiously chant inscrutable words. Nor do we engage in any other kind of behavior that isolates us in a kind of superior priestly pride, intrusively declaring - I know and you do not! This path is more comparable to say Superman disguised as Clark Kent and we are the secret agent of the God within, working unobtrusively and selflessly for the well being of the world (lokasamgraha).

Passion without attachment: We do nothing!

Krishna advocates a course of action that is no different in intensity and passionate dedication than those acts performed by the ignorant, who have not yet understood metaphysical truth and whose desires compel them to fulfill personal ambition. The difference lies in consciousness. Those who are enlightened act without attachment and for the good of the world (lokasamgraha), not merely for their own self-centered ego gratification (III.25).

As enlightened beings, we acquire the art of remaining in a state of non-
attachment to whatever we do because we have realized that in fact, we do nothing! Those who are deluded by the cyclical play of pleasure and pain (sukha-duhkha) in the external hologram imagine, ‘I am the doer!’ (kartaham iti manyate; III.27). The gunas are always working on and among the gunas - rajas shifting tamas, tamas pressing down on sattva, etc., etc. The wise know that all actions are only Prakriti’s three gunas acting and interacting, propelled by the power of Maya’s creative illusion.

We learn to recognize that the Self (Atma), the God-within, is distinct from and remains eternally untouched by the Matrix, Prakriti’s guna-maya. Through an unrelenting vigilance, we must work to prevent our consciousness from being muddled and confused by the wild-horse whirlwind gunas of those who live and work around us. This includes the mass consciousness generated by the media on television and now through the computer.

Surrender all actions to God

Krishna gives Arjuna a method to achieve this state of acting in the hologram without attachment. He tells his dear friend, ‘Surrender all actions to Me.’ In other words, to the Oneness, the God-within (III.30).

If you are worried that it might be impossibly arduous to think of God in every act you do, in every moment of your life, simply remember that God is Everything. There is nothing that is not God, therefore every action you take in each moment of time is in fact God. The distinction here is that you maintain conscious awareness of what is already true in any case, by surrendering whatever you do to the God-within you, the Self (Atma).

Maintaining your consciousness in this state requires the courage of a warrior. Abhinavagupta’s commentary suggests that our dedication to selfless acts without attachment may be compared to one who is fighting a war. Only when our consciousness is firmly established in the knowledge that we are not the ‘doer’ will we be free from the bondage of action performed with attachment creates, and we will no longer lose Remembrance of who we are in the temporal illusory hologram. Then we are Home!

The User’s Manual
Once you come to an understanding of the three gunas, you will begin to observe how they have controlled not only your own life, but the lives of everyone. Observing the mechanics of the gunas with a relentless and keenly critical intelligence is the key to understanding the Yoga of Knowledge, and in my view the reason why many western interpretations of eastern metaphysics fail when put into practice.

Until you read the user’s manual and fully comprehend the mechanics of consciousness, there is no way to finally liberate your being from the inexorable laws of Nature (the Matrix, Prakriti). You and every other living being acts according the perpetual fluctuations, set into motion through imbalance, of the gunas acting on the gunas (III.33).

Nature (Prakriti) is the Matrix of this universe and all beings are subject to her laws. This applies to the beings who live in the Myriad Realms, and therefore the so-called extraterrestrials or any other being in any other world. Even those who are enlightened in this world are subject to the gunas; but through self-critical observation and non-attachment to their actions, they learn to free themselves from the enslavement of the gunas’ compulsions and Become their Master.

‘Who will stop them?’

Prakriti is the Matrix of Power (Shakti) that sets creation into being and no one could possibly master her awesome forces without this knowledge. Those who remain in ignorance of their Real Self, and who are unaware of the gunas power to compel them here and there in the most unconscious manner, have no choice but to follow her laws. Nothing could restrain them (III.33), or as J.A.B van Buitenen puts it in a more colorful translation: ‘Who will stop them?’

Surely all of us at some time have tried in vain to convince another that the course they were on was wrong-headed and self-destructive. No matter how hard we tried to show them the error of their thinking, he or she remained unconvinced and stubbornly moved towards their own personal catastrophe.

I am equally certain that many of us have endeavored to stop our own behavior that we knew only brought us over and over to the same abyss of pain. And yet somehow again and again we forget, as though in some strange fog, lost in a miasma of amnesia, we do precisely what we have
always done and end up cruelly in the same lonely empty place. As Krishna says, ‘Who will stop them?’

To Thine Own Self Be True

Krishna tells Arjuna that it is better to perform your own Dharma, even if you do so imperfectly, than to imitate the Dharma of another (III.35). This is similar to Shakespeare’s, ‘To thine own self be true.’ Dharma is a very subtle word that has multiple meanings. I interpret Dharma here as the Law of Being, a sort of personal blueprint, that we bring with us into every life and that is solely unique to us. Our Dharma is always changing and as the cumulative result of all our many lives, is reflected in the DNA of our current body. Part of our life’s purpose is to discover our own Dharma and to live it. Krishna says that death is better than attempting to live another’s Dharma. The door to our enlightenment lies in living our own Dharma.

Fandom

One of the most destructive influences in our modern world is the epidemic need people have cultivated to be like the rich and the famous. From movies stars to moguls, in our worship of fame we have become a culture of fandom - and fandom is a very insidious and dangerous energy.

Nothing removes you from your Self quite so efficiently as fandom. The word itself is derived from fanatic, which the Oxford Etymological Dictionary defines as the religiously insane. Being a fan requires and implies that you are focused on some external being or value that only represents you in fantasy. Fandom is all about illusions and delusion. There are some interesting and rather frightening books about fandom; the internet has brought fandom to a new level.

I do understand loving someone who at least on the surface is gifted, beautiful, and blessed with good fortune. But the image of these people that is projected through the media is completely false. Image is all about money and based solely on the need of those parasites who benefit monetarily, and does not necessarily reflect the real nature of the person. Therefore fandom is from the beginning based in falsehood. Movie stars are particularly vulnerable to fandom because such a skewed perception of their lives has a tendency to distort their own sense of self and in the long run is often devastatingly injurious.
Schadenfreude

Fandom carries with it a kind of carnivore’s delight. The word for this is ‘Schadenfreude’ and means that we take pleasure in the misery of another. All who have been elevated by fame know how quickly the mood of their fans can change to hatred and derision. Anger at their own emptiness, and the sheer amount of time spent, makes fans feel that they have the right to rage and rant against the one who fails them. Fans place their ‘stars’ on pedestals and ruthlessly tear them down again.

Being a fan can prevent you from ever having to look into your own heart and mind, and discover who you might be. Wanting to be rich and famous like whoever you idolize will surely distract you from directing your attention to your own God-given talents, which require time, effort, and your tender care to grow and bloom.

This loss of Self also applies to advertising which thrives on herding people into product identification. You can only be cool if you buy the same products as this or that famous movie star or athlete. Does the media realize how thoroughly such subliminal indoctrination crushes the spirit and soul? Or are they just as caught up in the pernicious repercussions of this ubiquitous mendacity as the general public.

The Deeper Meaning: Who Are You?

Krishna says that death is better than trying to live another’s Dharma (III.35). I say that in many ways, our current times are a kind of living death. A million possessions, the latest electronic gizmos or whatever, will not open the door to your inner being and give you what we all of truly want. We all want and need meaning in our life.

Be true to yourself no matter what that may bring and you will find your way Home. Follow your own Path! Mimicking others will only bring you anger and frustration. Your Dharma is your path; it holds the key for you to your enlightenment.
We are ONE.
There is only ONE Soul.
The Oneness - us! - creates the appearance of Separation to play!

All multiplicity is only temporal 'appearance' in the holographic illusion we know as Life.
As long as we are stuck in the belief that only the five-senses are 'real'
then we are trapped in differentiated perception.

This is why when we Become reconnected to That, we can go anywhere,
remote view, and know everything, read minds at any distance!
In the Satya Yuga no one would be able to LIE, because we were all telepathic.

The Truth does set us free.

We are always the Oneness, always have been, and always will be!
Eventually everyone will Wake-Up!
Even the darkside ...
They are also the Oneness - however lost, playing in delusional multiplicity.
We can have compassion for them.

Now we just need to work on our own consciousness and Remember who we are!
Know that God dwells within the Heart of everyone.
Nothing exists that is not God Consciousness

Shiva Sutra 3.30
svashakti-pracayo’sya visham

Jaideva Singh defines the Sanskrit in sutra 3.30 as:
visham – universe
sva – his
shakti – power
pracayah – unfoldment, elaboration

The enlightened master perceives this whole universe as “the embodiment of, and not separate from, his innumerable energies. So as that master is said to be just like Shiva (the Oneness, God consciousness), this whole universe is his own collective energy. [Swami Lakshmanjoo]”

Everything is everything. There is nothing but the Oneness. All appearances of form, sound, etc. are temporal manifestations on the Ocean of God consciousness, perceived by our sense organs that transmit data to the brain. Beneath all ‘appearances there is nothing but God consciousness.

The enlightened feel that they are one with the universe, one with the All. “Consciousness shines in various external and internal forms. There is no existence of objects apart from consciousness. Therefore, the world is simply a form of consciousness. [Jaideva Singh – Kalikakrama]”

The enlightened become unlimited. They are said to posses all knowledge and this “knowledge is found everywhere, inside and outside, because without knowledge, an object cannot exist. [SLJ – Kalikakrama]”

Knowledge itself is here equated with God consciousness. Everything is God consciousness therefore all objects are filled with knowledge and could not exist without this knowledge, which is God consciousness.

“If you think that in practicing yoga, God consciousness is to be possessed and that which is other than God consciousness is to be
discarded, that is not the proper understanding…you must unite these two together. [SLJ – Kalikakrama]”

The enlightened know that the external world is not separate from God consciousness. The external world is the manifested temporal appearance and ‘play’ of the Oneness. The two are not separate. The mundane is also sacred. God consciousness exists within everything.

“Beneath the curtain of each atom lies concealed the life increasing Beauty of the face of the Beloved. [Mahmud Shabistari]”

The realization that each and every experience in our everyday life is sacred, offers us the opportunity to find God consciousness everywhere in every moment. Thus our lives become a continual intimacy with that which we have always been.

You may find entry into God consciousness in the simplest act.

As they say in India, God is the ‘pot’ and when you wash dishes you may find God shining there. When you dust, you may see God in the dust. The birds are God singing to you and the plants in your garden are also pulsating with God.

A favorite love song becomes God whispering of Its love for you and this world. The stars in the dark night are shinning twinkling with the Light of God consciousness. The sounds of a rushing river and the tides of the ocean are resounding the energies of That which dwells within your Heart. You will find your own Self as God consciousness everywhere and that makes life beautiful and perfect beyond all imagination.

Shiva Sutra 3.31
Sthiti-leyau

For the enlightened yogi God consciousness is found everywhere, and in every state of consciousness. God consciousness exists in the waking state, the dreaming state, and the dreamless state of deep sleep; and it is the state in the gaps between these three called TURYA state.

Nothing exists that is not God consciousness.

There is no existence apart from God consciousness.
This world is said to be three fold. The state of creation is the objective external world, which shines “vividly in your sphere of organs” [SLJ]. We perceive the external world through the five senses that transmit data to the brain. The brain receives and sorts these electric signals with the mind-buddhi-intelligence as solid, cold, etc., determined by our individual proclivities accumulated in previous lives.

The enlightened yogi feels that he is one with this vivid state of creation, and also with that God consciousness which appears in the mind as ‘impressions’ of this objective world. “Initially, this universe is revealed to you by the energy of action. And after this universe shines before you, the knowledge of the universe remains for some time as an impression in your objective consciousness. [SLJ]”

This universe is seen by an enlightened master as not only the “expansion of his energy in its creation, it is also the expansion of his energy in the impressions of the objective (external) world left in your mind and in the void state where these impressions are absorbed. [SLJ]”

When these impressions are dissolved and there is nothing but Voidness, God consciousness remains. The enlightened are also one with this state where there is nothing. “For such an elevated soul, these two states (the impressions of the external world and the dissolution of all such impressions) are only the expansion of his energies and nothing else. [SLJ]”

The enlightened are said to experience their real nature, which is God consciousness, expanded everywhere in these three states: the created objective external world, the impressions that remain in the mind of this objective world, and in Voidness when all impressions of all created objects have been dissolved.

Wisdom is within you...

In the end, it’s not about the sacred texts ...

In the Uddhava Gita, Krishna tells his disciple Uddhava that the scriptures or sacred texts are ‘under the sway of the gunas’ – meaning the writings we are studying and absorbing are as vulnerable to the fluctuations of Maya’s three gunas as everything else in the external manifested hologram.

In the later stages of your journey, studying these texts will not get you enlightenment. They will lead the way and direct your consciousness into understanding Truth, but they will not be the final moment for you. In fact it is suggested that they can become an impediment.

Therefore do not get trapped in them. Do not become attached, especially to the idea that your knowledge of metaphysical systems makes you superior. Spiritual pride is deadly and subtle.

I once heard an Indian guru say to a group of his students that if they thought learning Sanskrit would enlighten them, they were wrong. He told them plainly that the sacred meaning of the Bhagavad Gita would not be revealed to them merely because they knew Sanskrit. God Realization is not the inevitable consequence of intellectual learning.

The ancient Druids did not believe in writing down their metaphysics. Remember that writing itself is a ‘symptom’ of the Kali Yuga. Writing is in fact evidence of a lack of wellness and wholeness in a degraded cycle of time. In the end, your return to that which you have always been, your own Self Recognition is not about the sacred texts.

In the Bhagavad Gita, Krishna tells Arjuna that for the enlightened ones who Know — the texts (Vedas) have as much value as a small well in a
place flooded with water overflowing on all sides (BhG. II.46).

The Kashmir sage Swami Lakshmanjoo told his disciples that when they actually realize what he is saying to them – they would not be interested in listening to him!

Do read the Sanskrit texts. They are in my view, the treasure of wisdom I was searching for all my life. However at some point you will have to go beyond them and move into your own into the God-within you, which permeates the All.

I like to say that there is a form of Hinduism for everyone. The Sanskrit texts are unbelievably diverse and yet all say one thing. Down through the centuries there are many teachers who have left us their experiences to learn from. These wonderful texts will serve to guide you on your way Home, but at some point the journey is only about you and the God-within you. Then you can laugh a lot.

Only the wise know
That what is called
The individual, or time, or the scriptures,
Or even the heavenly spheres,
All of that
Is the undivided and complete Self
Under the sway of the gunas.

The Uddhava Gita is contained within the Bhagavata Purana; this verse is contained in Canto XI.10.34 in the Motilal Banarsidass, Delhi edition, 1997. In that version, it is translated thus:

34. When there is an imbalance in the three gunas of Maya (and there is agitation of the gunas), ignorant people call me [the Oneness speaking as Krishna] by various names such as Time (Kala), Soul (Atman), scriptures (Agama), the World (Loka), the Nature (Svabhava), and Dharma.

ABHINAVAGUPTA’S Commentary on the Bhagavad Gita, Gitartha-Samgraha; Translated from the Sanskrit with Introduction and Notes by Boris Marjanovic; Rudra Press, 2006

Shiva Sutra 3.24
Matra-svapratyaya-sandhane nastasya punarutthanam

In this sutra we again are reminded that even after experiencing God consciousness, the yogi may fall back into differentiated perception. The universe operates through the modes of continual expansion and contraction. Our journey Home seems to follow along similar lines.

“Due to God’s energy of Maya, the minds of yogis are diverted by force towards worldly pleasures and away from God consciousness. [Swami Lakshmanjoo – Svachchanda Tantra]”

God’s energy of Maya (the Matrix) is the same power of illusion that binds our consciousness in the temporal hologram. My own intuitive
reflection on the reason for this is that when we enter into God consciousness, Maya’s powerful energies, which produce the differentiated perceptions that serve to bind us in time and space, remain in their momentum. Maya is accustomed to perpetually generating these deceptions. Neglected, Maya has no way to release and express its power.

When we fall back into her (the Matrix) influence, it may feel even stronger than before.

It is said that when you reach enlightenment you will be astonished that you ever forgot - and amazed at the intensity of effort it takes the Creator to bind Itself in delusion and separation. There is no source of power in this universe other than the infinite immeasurable immutable power of the Oneness. What God has Veiled and concealed by Its own free will, cannot be unveiled and revealed by our small personality ego-self.

When we fall back under the influence of Maya’s illusion, we are counseled to think: “This whole universe is one with myself,” and perceive the “fullness of God consciousness in each and every object…” In this way we again become “one with the glory of God consciousness. [SLJ]”

Everything is consciousness. By redirecting our consciousness into immersion in the Oneness that dwells in our own Heart, we return to the state of God consciousness.

There is a similar understanding in Abhinavagupta’s Paramarthasara (meaning The Real Truth about Everything!). We are told that we must constantly think, “I am infinitely potent and absolutely pure consciousness. All this is my divine play. It is being manifested by me through my divine powers. I am all this… [B.N. Pandit]”

One of my favorite verses in the Bhagavad Gita is XII.7. This verse contains the Sanskrit phrase: mayyavesitacetasam. The pronunciation is mah-yee-ahvay-sheetah-chay-tah-sam. It means ‘those whose consciousness has entered’ into the Oneness. In other words when you direct and immerse your own consciousness into God consciousness you are Home.

Once you are ‘inside’ you will understand and feel that there never was anything other than God consciousness. As the waves on the ocean continually rise and fall, the dance of history and all innumerable variations of temporal appearances are nothing more than the cyclical
motion of God’s play in Time and Space. Here there is no fear, no death. Only eternal Bliss will remain.

Pratibimba: The Theory of Reflection

The Universe is God Enjoying Itself in the Mirror of Consciousness

The Creator is full. God is Fullness itself. The Void is not empty - it is the plenum.

It contains everything in this universe embedded, encoded, in seed form within Its infinite imperishable, immutable potent potency of potential. It is expanding - bulging, exploding-imploding, bursting, expanding-contracting with Its own infinite unending energy, power, and Free Will.
It enjoys everything about Itself, absolutely everything – from angelic ascension to demonic Armageddon. The creator is All of it, every single expression of and in Its Totality, each vibratory wave generating countless forms - the good, bad, and the ugly.

The Oneness enjoys all.

This eternal expansion and contraction of Its fullness is the nature and source of Its need to create the universe over and over – and when it runs-down, begins to decay, and rots beyond redemption, the Creator destroys Its manifested holographic external Self in all Its differentiated forms, thoughts, and feelings … so that IT can be recreated again and again, from yuga to yuga, in one kalpa and another, throughout the endless cycles of time - world without end. So it is and so it always will be.

The Creator is “digesting” and savoring Itself.

Think of the confluence of forces that impel a young man or woman to leave everything they have ever known, the safety of family and friends, home and the ‘known’ - and jump off the proverbial abyss into the unknown. One day they just pack up and sail away, catch a plane or train, hit the road. The far horizon beckons and they don’t look back.

Impelled by forces they can scarcely identify, they seek to express and fulfill their own urging talents, god-given gifts, and potentials. They seek the journey of chance. They seek the revealing to themselves of their own hidden energies. Those secret longings, silently hatching, demanding, emerging in their heart and soul, drive them on into dark and distant concealed mysteries.

So it is with God. We are the fragment-portions of that Oneness seeking to express the seed-germ of our own essence in time and space. Our lives are the expressions of the Creator enjoying, consuming, digesting Its infinite possible potential. That is what this ‘play’ is all about. God as us is enjoying Its vast spectrum Self in all Its inconceivable, unnamable, unlimited perfection in the external extruded temporal illusory hologram, as the ‘appearance’ of what can be conceived, named, and limited into differentiated perception.

This universe is nothing but that terrible, mad, horrendous, magnificent, splendid JOY of God’s Love for Its own Being.

If we can tune into that, and harmonize the frequency of our
consciousness with that, even for a second of earth time, then we come to the understanding that all questions disappear. In God consciousness there are no questions – only stark raving bliss-filled JOY and the endless ecstasy of Supernal Love. The question of ‘why’ vanishes into Oneness. This universe is just God’s play.

The universe is God admiring Itself in a mirror. This universe is the reflection of the Oneness in the mirror of consciousness – the ultimate expression of “I am”! Life is the ecstatic Love of the Highest Self, the Oneness, for Its SELF as all Selves, as all of us, all beings, everyone and everything – the All.

*Related Sanskrit words:
Aham: “I am” – there are two “I”s, the lower small personality self, the individual ego. This small “I” is deluded by the power of MAYA and thinks that it is separate from the Oneness. The higher “I am” Self, the Paramatman, is the supreme Self, the Absolute, the all-pervading Oneness, God consciousness.
Brahman: the ultimate reality, the Fullness, from the root word brih meaning “to expand.”
Abhasas: Appearances, caused by Maya.
Achalam: Unmoving, immovable.
Achintyam: Unthinkable, inconceivable, surpassing thought.
Aksharam: Imperishable, unchanging.
Ananda: Bliss.
Anirdeshyam: Undefinable, inexplicable, incomparable.
Avyaktam: Unmanifest, unseen.
Avyaya: Eternal, imperishable.
Bindu: The compact mass of spiritual power or energy (Shakti) gathered into an undifferentiated point, ready to manifest as the universe.
Hrdaya: The Inner Heart, the Light of Central consciousness which is the substratum of all manifestation; within each of us and simultaneously ubiquitous.
Sarvatragam: all pervading, omnipresent, “everywhere going.”
Pratibimba: The Theory of Reflection.

This universe is found in the reflecting mirror of God Consciousness. The mirror is the absolutely independent Free Will (svantantra) of God. Unlike an ordinary mirror, in God Consciousness only the reflection exists and not anything that is separate and reflected. Whatever God wills appears in the mirror of his consciousness. In reality, only the reflection exists and not anything that is reflected. The universe is contained in seed form in God’s Free Will.


Sources:
Jaideva Singh: Siva Sutras, The Yoga of Supreme Identity, Text of the Sutras and the Commentary Vimarsini of Kshemaraja Translated into English with Introduction, Notes, Running Exposition, Glossary and Index; Motilal Banarsidass Publishers, Delhi, 1979 and reprints.
The Bhagavad Gita & the Flawed Creed of the Entrepreneur

Since the end of WWII, the entire planet seems to have adopted the philosophy and creed of American entrepreneurship, however from the metaphysical perspective this creed religion-ideology is deeply flawed.

I grew up with the ideal of the individual entrepreneur. Like most Americans, I never questioned its value or how the creed of entrepreneurship was affecting the world - because I lived in it. I remained unconsciously inundated with no possibility of any objectivity. The American entrepreneur was embedded in my psyche as the ‘good guy,’ the hope of humanity, the ‘can-do’ man who takes charge and leads the world into a better life, and promises the freedom provided by common sense capitalism.

Now as the American Empire is beginning to unravel before our eyes, it seems to me a good time to understand the limitations and flaws of this American religion - the entrepreneur. A brilliant insightful analysis is found in a translation of the Bhagavad Gita, interpreted by K.K. Nair/Krishna Chaitanya.

K.K. Nair/Krishna Chaitanya

K.K. Nair was an intellectual sage and one of my favorite Indian thinkers. His pen name was Krishna Chaitanya and I have gone to great lengths to acquire everything he ever wrote, because sadly his books are now out of print. His was a mind capable of absorbing all the ideas of this world, both east and west. He had not only read everything of any consequence written in the western world, but also in the east including the Sanskrit texts.
K.K. Nair elucidates the flawed reasoning behind the American creed/religion of the entrepreneur in his wonderful commentary on the Bhagavad Gita – The Gita for Modern Man. In chapter three, he exposes the development of this ideology that had mesmerized my psyche since childhood and even today holds millions of others trapped in the ‘holy grail’ illusions of its limited webs.

The discussion begins with an analysis of verse 15 in Chapter III of the Bhagavad Gita. Krishna tells Arjuna that the origin of all ‘acts’ is the Oneness. The Oneness is termed as Brahman in the Gita, and here Krishna defines Brahman as that which is imperishable and all pervading. In other words, God is Everything, there is nothing in this universe except God consciousness, the Oneness, Brahman. Therefore every act originates out of and arises from its source, which is God consciousness.

“The all pervading Brahman is eternally established in sacrifice.” The One sacrifices Its Oneness and takes on the temporal ‘appearance’ of multiplicity in order to create the Universe to play in.

Sacrifice is any act performed in the state of awareness that everything is sacred.

However, our actions lose their ‘sacred’ vibrational frequency when we forget and lose our inner connection to the Oneness within; when we forget that we are in fact a piece of God consciousness, as is everyone and everything in this universe. As our awareness sinks into differentiated perception and our real nature is concealed, so does the consciousness of our actions fall and move further into the external manifested five-sense hologram. Thus we are carried deeper and deeper into our self-created delusions.

The Sanskrit word YAGNA means sacrifice. The etymology of the word sacrifice is SACRED. The act performed in conscious awareness of our Union with the One is sacred. The act performed in the consciousness of self-interest will drive us further and further away from the awareness of the God-with us all.

This is “sin” – the only real sin is being unaware that you are the Oneness. As we forget our real nature and move deeper into illusory states of differentiated perception and delusion, we fall into sin - the miasma of amnesia that binds us in the temporal illusory hologram and entraps us in Samsara, the endless rounds of repeating birth and death.
Sacred acts would of necessity be altruistic.

When we come to know that we are the Oneness - and therefore understand that we are connected to every other man, woman, and child on the planet, and the planet herself as the oceans, rivers, flora and fauna, everything - then our actions with and for these beings, and the Earth, are actions taken for our own Self.

K.K. Nair says that the poet and author of the Bhagavad Gita, Vyasa wants man to be altruistic in whatever he does because such altruism would be derived from the very nature and structure of reality. The Creator lacks nothing, is compelled by no need, and yet works for the world. The enlightened know that they are united in God consciousness, and therefore whatever is done is seen as a sacred act performed in this understanding of Union with All.

K.K. Nair: “The man who does not help turn the wheel thus revolving wrecks the world system, and himself too, since he cannot survive in a wrecked world. On the other hand, his own security and progress are in no way endangered if he works altruistically. For his work for others, for the world, will yield benign results for all including him. The residual yield of altruistic action is ample for his genuine needs.”

The majority of people who are caught up in the whirlwinds of consumer capitalism have no respect for altruistic thinking. Self-interest and success are all that matter. Those who work for others and the good of the world are seen as contemptible fools. Success is equated with money, no matter how that money was obtained, amassed, or grabbed.

“The productive frenzy of the outlook which has contempt for soft-headed altruism and is wholly devoted to the hard-headed pursuit of self interest has led to a war on nature and a war on fellowmen, and both now point to race extinction. [KKN]”

The words altruistic and entrepreneur are rarely heard together. Of course the usual justification is that the successful entrepreneur provides people with jobs. But as K.K. Nair points out, these jobs daily mangle the spirits of men in meaningless labor.

K.K Nair quotes other maverick viewpoints: “Modern production periodically destroys men by heaps and piles in war” - and “the cult of development practiced by the affluent really means a war on the very
substance of the poor” - and “violates the inner limits of man and the outer limits of nature.”

The creed of the American entrepreneur now rules the world, so let us examine its origins and “its vast miscegenation of other equally non-human ideas. [KKN]”

In 1776 Adam Smith wrote the ‘Wealth of Nations’ and laid down the code of self-interest. The acceptance of this creed of self-interest is said to have influenced Darwin’s formulation of his theory of evolution on the basis of a competitive struggle for existence. Herbert Spencer developed the concepts of Smith and Darwin into a social Darwinism, and this became the philosophy of American entrepreneurship – which today is the economic philosophy of the whole world.

Self-interest quickly turns into selfishness and greed in the minds of lesser and more desperate fearful men. ‘Greed is good’? The mere egotist is worshipped and regaled as hero for the ephemeral acquisition of success based solely on wealth and fame – with little or no concern for integrity, wisdom, or concern for others and the planet.

Getting ahead means leaving others behind. This “creed has endorsed a psychology of unlimited desire and a theory that removed the onus from unlimited appropriation, reduced experience to instrumental terms, and encouraged a perception of the self … which defines its boundaries in competitive activity [KKN].”

Winning becomes everything. The etymology of the word ‘sport’ is play, mirth, merriment, jest. In the hands of the entrepreneur sport has become bottom-line business and the business of sports has become corporate. The ideals that once made the disciplined life of an athlete a source of character building and integrity are now mere means to profit. The owners of teams are successful in proportion to their ability to pay great athletes. These men and women have no allegiance to any team, but only to their own bank account. I can’t blame them really – their behavior is the consequence of the entire system and their career life expectancy is short.
Far more grave, sinister, and perhaps irreversibly destructive are the effects of this ‘creed of the entrepreneur’ on the planet. “Enthusiastically embracing a creed which appealed to his lower nature, man declared war on nature (thereby) threatening to pollute and use up its life support resources, and a war on his brethren in the form of exploitation through monopoly, colonialism, multinational economic imperialism and annihilation through nuclear armament. [KKN]”

Adam Smith preached the doctrine of self-interest – but when we reach God consciousness and enlightenment we realize that our own self-interest lies in the welfare of the world, because we are that. There is no ‘us’ and no ‘them’ – there is only the One. And my understanding is that we all knew this during the first cycle of time, the Golden Age or the Sanskrit Satya Yuga – and we will again.

The creed of the individual entrepreneur who has accepted self-interest as the primary motivation can only take place in the Kali Yuga, the cycle of time steeped in conflict and confusion. Far from making progress and evolving, in the last 6000 years we have progressively descended into five-sense differentiated perception, self-created delusion, and the miasma of amnesia.

This ‘forgetting’ our real nature and source is grounded in the ‘sin’ of feeling totally cut off from the God-within. We have distanced ourselves to the extreme of projecting deity out, up into some heaven, seated on a golden throne. The only functional relationship of this enthroned remote deity to us is the prospect of a terrifying final judgment on our ‘one’ life, which condemns us to an eternal hell, or some boring winged-harp heaven. This kind of thinking is ‘sin’ and a kind of madness itself.

Adam Smith’s creed of self-interest denies us the possibility of the “reciprocal respect for all individuals … to draw the closer to another in an ever more comprehensive association that would be regulated in accordance with the laws of harmonious liberty. [KKN]” This creed of self-interest and entrepreneurship has turned us into “the acquisitive society” and “has flattened man to one dimension, that of a consumer who, unlike the animals, always nurtures his appetites beyond possible satiety. [KKN]”
There was a joke in the USA you don’t often hear anymore: “He who dies with the most toys wins!” When is enough stuff enough? Giant conglomerate corporations have made useless stuff available to every level of society. Even the houses of the poor are found to be crammed with gadgets and doo-dahs. Credit cards made anything possible and now the day of reckoning may have arrived.

The future may offer an escape from this creed of the entrepreneur, which has like the proverbial wolf in sheep’s clothing kept a stranglehold on our consciousness and the planet. If the future brings about the collapse of the world consumer corporate economy, then perhaps we will find how little status-based consumption has served us.

You can’t be attached to material world when it is collapsing. Perhaps we will find our way Home, to the God-with us all - back to a higher way of living and the consciousness that perceives everything as everything and the world as the One. Real change will take place only when we have first changed our own consciousness.

In the Bhagavad Gita, Krishna does not repudiate happiness. “But happiness comes from inner serenity and this can only come from the ultimate knowledge of the Self, its role in the grand design of existence. Proliferating appetites wreck the world because while there may be enough for everyone’s need, there is not enough in the world for everyone’s greed. [KKN]”

In the Kali Yuga we have forgotten our primordial connection with the essence of all life that underlies this entire universe. We have forgotten the God within that permeates all beings and Gaia, the Mother Nature we have set out to conquer. Until we reconnect to the Oneness, even the most innocent of entrepreneurs will be vulnerable to the inevitable corrupting influence of self-interest and greed.

It has become apparent to all that this planet has crossed a line of toxicity and devastation perilous to the survival of humankind. Unsustainable levels of chemical and industrial pollution are contaminating the water we must drink, the air we breathe, and the farmable lands without which
there would be no food and no life. Surely the time has come for us all to look within our hearts and realize that the ideology of consumption, which was born of successful entrepreneurship, has reached a dead end brick wall.

What kind of species destroys its own planet? What will it take to wake us up? Now is the time to reconnect with our Source and realize that we are the Oneness, one people, one planet, one future. Each of us must look within, and by elevating our own individual consciousness and connecting to the God-within us, once again return to that primordial, innate, harmonious relationship with Nature and the Earth. It is up to us – each one.

The above article was inspired by, partially paraphrased, and quoted from the out of print work of K.K. Nair/Krishna Chaitanya – to whom I remain profoundly indebted:

We are all longing for our Source, our Home, the God-within, the Oneness.
Our longing is the inner musk that drives us back to Union with that which we always are.
Bhakti Yoga - The Yoga of Devotion

The Yoga of Devotion is not limited to Hinduism and is also a part of Christianity. The poems of St. John of the Cross and the writings of Saint Teresa of Avila are immersed in the Love of God. In his poem, ‘The Dark Night of the Soul’, St. John of the Cross reveals his ecstatic experience of Union:

One dark night,
fi red with love’s urgent longings
- ah, the sheer grace! -
I went out unseen,
my house being now all stilled.

In darkness, and secure,
by the secret ladder, disguised,
- ah, the sheer grace! -
in darkness and concealment,
my house being now all stilled.

On that glad night,
in secret, for no one saw me,
nor did I look at anything,
with no other light or guide
than the one that burned in my heart.

This guided me
more surely than the light of noon
to where he was awaiting me
- him I knew so well -
there in a place where no one appeared.

O guiding night!
O night more lovely than the dawn!
O night that has united
the Lover with his beloved,
transforming the beloved in her Lover.

Upon my flowering breast
which I kept wholly for him alone,
there he lay sleeping,
and I caressing him
there in a breeze from the fanning cedars.

When the breeze blew from the turret,
as I parted his hair,
it wounded my neck
with its gentle hand,
suspending all my senses.

I abandoned and forgot myself,
laying my face on my Beloved;
all things ceased; I went out from myself,
leaving my cares
forgotten among the lilies.

Saint Teresa of Avila (1515-1582) was the Spanish nun who founded the Carmelites. Her ecstatic mystical experiences of union are well known, and the famous Italian sculptor Giovanni Lorenzo Bernini carved one of the most magnificent of all his works in marble to immortalize her. Teresa was a beautiful woman with a keen intelligence and a sense of humor. Her love for God led her to a vision of an angel that pierced her heart with a golden spear - in others words opened her heart chakra.

‘Teresa described the soul's intense desire for God in the language of erotic passion. In this, she belongs to a long tradition of mystical experience that is known as bridal mysticism’ (aras.org/se_ecstasy.html). In her own words:

It pleased our Lord that I should see the following vision a number of times. I saw an angel near me, on the left side, in bodily form. This I am not wont to see, save very rarely.... In this vision it pleased the Lord that I should see it thus. He was not tall, but short, marvelously beautiful, with a face which shone as though he were one of the highest of the angels, who seem to be all of fire: they must be those whom we call Seraphim....
I saw in his hands a long golden spear, and at the point of the iron there seemed to be a little fire. This I thought that he thrust several times into my heart, and that it penetrated to my entrails. When he drew out the spear he seemed to be drawing them with it, leaving me all on fire with a wondrous love for God. The pain was so great that it caused me to utter several moans; and yet so exceeding sweet is this greatest of pains that it is impossible to desire to be rid of it, or for the soul to be content with less than God. (Peers, 197 - aras.org/se_ecstasy.html).

It is this possibility of ecstatic Union with the Creator that sets Hinduism apart from the Semitic religions. The Jewish faith and that of Islam are strictly monotheistic in the belief that the one God remains forever distinct from humanity (Triadic Mysticism - Paul E. Murphy). Mysticism was later reintroduced into Islam by ‘esoteric Shia and Sufi traditions’ (ibid.).

The Tomb in Kashmir

Christianity's departure from Judaism included ‘insights specific to the Indic religions’ (ibid.). This insight might be evidence of the stories that Jesus was trained in India and went back to Kashmir to die. There is a tomb known as the ‘Rauza Bal’ in the Kan Yar district of Srinagar Kashmir. This tomb is said to contain the body of Jesus who spent his later years in Kashmir as a respected teacher and healer.

The Indic insights that influenced Christianity, according to Paul E. Murphy are: ‘a belief of a plurality in the divine consonant with divine unity (interpreted by Christians as the Trinity); the humanization of God (the Incarnation); supreme bliss as union with the divine (for Christianity, the beatific Vision); the realization of this bliss through gratuitous divine election (grace); and the accessibility of the divine through numinous visible symbols (image cults - devotion to persons through their images)’ (ibid.).

The Dark Night of Shiva

Devotional Yoga is also found in the writings of Kashmir Saivism. Bhatta Narayana (855-83), Utpaladeva (900-950), and Lalla (14th century) are cited as Saivites who practiced devotion. Utpaladeva speaks of the mystical night of Shiva in his devotional songs.
Where the sun, moon, and all other stars
Set at the same time,
There rises the radiant Night of Shiva,
Spreading a splendour of its own.
- Utpaladeva’s Shivastotravali IV.22

The Kashmir Saivite Abhinavagupta ‘pays homage to the undifferentiated
and ineffable Shiva, the Mystical Night (Sivaratri): Light of all Lights,
darkness of all darknesses!’ (P.E.Murphy). God is the All and the ‘goal of
life prescribed by these Saivas is the recognition and direct realization of
the absolute Godhead as one’s own basic nature’ (Paramarthasara of
Abhinavagupta).

Poetry is often the consequence of mystical experiences and is written
after such blissful occasions. Those who directly experience God’s Love
are forever transformed by the force that purifies and ‘plays an essential
role in preparing the way to illumination and in stabilizing it once it has
been attained’ (P.E.Murphy).

Let me, without obstacles,
Behold only you, Lord,
Everywhere, all the time ...
- Utpaladeva’s Shivastotravali XII.14

In the lake of my mind, spilling over
With the bliss of the memory of your form,
May the lotuses of the pair of your feet
Ever bloom, effusing
Nectar most delicious and sublime.
- Ibid.IX.16

What else remains to be desired
By those rolling in the wealth of devotion?
- Ibid.XX. 11

As though saturated with the wine
Of the nectar of devotion,
With vital organs radiating with delight,
The adventurous ones dance through the night ...
- Ibid.XX.20

I have only touched on a few of the devotional writings which I love and
revere. There is Princess Meera (Mirabai), Kalidasa, Tukaram, and
Tulsidas, just to name a few from Hinduism. From the Sufis there is the lady Rabia al Basri, the well known Rumi, and Kabir’s couplets. And so many others who will guide you and inspire you, if you should decide to take the path that embraces devotional Love for the God within you that dwells in the secret cave in the Heart.

Hanging on Life’s Illusions
Excerpt from The MAHABHARATA Book 11.Section 5

Vidura said,
Having bowed down to the Self-create, I will obey thy behest by telling thee how the great sages speak of the wilderness of life.

A certain brahmana, living in the great world, found himself on one occasion in a large inaccessible forest teeming with beasts of prey. It abounded on every side with lions and other animals looking like elephants, all of which were engaged in roaring aloud. Such was the aspect of that forest that Yama [Death] himself would take fright at it.

Beholding the forest, the heart of the brahmana became exceedingly agitated. His hair stood on end, and other signs of fear manifested themselves, O scorcher of foes! Entering it, he began to run hither and thither, casting his eyes on every point of the compass for finding out somebody whose shelter he might seek. Wishing to avoid those terrible creatures, he ran in fright. He could not succeed, however, in distancing them or freeing himself from their presence.

He then saw that that terrible forest was surrounded with a net, and that a frightful woman stood there, stretching her arms. That large forest was also encompassed by many five-headed snakes of dreadful forms - tall as cliffs and touching the very heavens.

Within it was a pit whose mouth was covered with many hard and
unyielding creepers and herbs. The brahmana, in course of his wanderings, fell into that invisible pit. He became entangled in those clusters of creepers that were interwoven with one another, like the large fruit of a jack tree hanging by its stalk. He continued to hang there, feet upwards and head downwards.

While he was in that posture, diverse other calamities overtook him. He beheld a large and mighty snake within the pit. He also saw a gigantic elephant near its mouth. That elephant, dark in complexion, had six faces and twelve feet. And the animal gradually approached that pit covered with creepers and trees.

About the twigs of the tree (that stood at the mouth of the pit), roved many bees of frightful forms, employed from before in drinking the honey gathered in their comb about which they swarmed in large numbers. Repeatedly they desired to taste that honey, which though sweet to all creatures could, however, attract children only.

The honey (collected in the comb) fell in many jets below. The person who was hanging in the pit continually drank those jets. Employed, in such a distressful situation, in drinking that honey, his thirst, however, could not be appeased. Unsatiated with repeated draughts, the person desired for more.

Even then he did not become indifferent to life. Even there, the man continued to hope for existence.

A number of black and white rats were eating away the roots of that tree. There was fear from the beasts of prey, from that fierce woman on the outskirts of that forest, from that snake at the bottom of the well, from that elephant near its top, from the fall of the tree through the action of the rats, and lastly from those bees flying about for tasting the honey.

In that plight he continued to dwell, deprived of his senses, in that wilderness, never losing at any time the hope of prolonging his life.

Section 6

… Understanding this properly, a person may attain to bliss in the regions hereafter.
That which is described as the wilderness is the great world. The inaccessible forest within it is the limited sphere of one's own life. Those that have been mentioned as beasts of prey are the diseases (to which we are subject).

That woman of gigantic proportions residing in the forest is identified by the wise with Decrepitude, which destroys complexion and beauty. That which has been spoken of as the pit is the body or physical frame of embodied creatures.

The huge snake dwelling in the bottom of that pit is time, the destroyer of all embodied creatures. It is, indeed, the universal destroyer. The cluster of creepers growing in that pit and attached to whose spreading stems the man hangeth down is the desire for life, which is cherished by every creature.

The six-faced elephant, O king, which proceeds towards the tree standing at the mouth of the pit is spoken of as the year. Its six faces are the seasons and its twelve feet are the twelve months. The rats and the snakes that are cutting off the tree are said to be days and nights that are continually lessening the periods of life of all creatures.

Those that have been described as bees are our desires. The numerous jets that are dropping honey are the pleasures derived from the gratification of our desires and to which men are seen to be strongly addicted. The wise know life’s course to be even such. Through that knowledge they succeed in tearing off its bonds.

http://www.sacred-texts.com/hin/m11/m11005.htm

From the Internet Sacred text Archive:
The Ganguli English translation of the Mahabharata is the only complete one in the public domain.
http://www.sacred-texts.com/hin/maha/index.htm
The wisdom in the Sanskrit texts is not Hinduism, it is not Indian or Sanskrit wisdom.

It is WISDOM!

There is an eternal fundamental Wisdom-Knowledge that is the substratum of all this universe and all the beings in it.
I believe this primordial Wisdom came to Earth from other more evolved advanced inter-stellar civilizations.
During the Ice Age and the Floods, the eternal Wisdom-Knowledge was carried by the trusted Seers in memory to all parts of the planet.
Thus we see the same primordial metaphysical principles in the Celtic Druid, the Chinese Tao, the western Gnostic, etc.

The God-within already knows everything.
The Oneness within you and me is waiting patiently to reveal any and every thing to us.
Waiting for us to turn our attention from our self-created external temporal illusory holographic five-sense reality - back into our Source in the Heart and Remember who we are!

You are not the Doer ...

prakṛtyaiva ca karmāṇi kriyāmāṇāni sarvāśaḥ
yaḥ paśyati tathātmānam akartāraṃ sa paśyati 13.30

Everything you have come to identity with as you in this lifetime - is not you. The characteristics, qualities and habits you think of as yours, your likes and dislikes, quirks and compulsions, and every act you have ever engaged in were not done by the Real you.

You were never the Doer!
Seeing, he sees, indeed, who sees that works
Are Nature's wont, for Soul to practise by
Acting, yet not the agent;
- Ganguli XIII.29 (or 30)

All you have ever done, along with any quality of the small personality
go-self you falsely identified as you, was the performance of Prakriti’s
guna-maya, the Matrix. At the moment of death in your previous life,
your thoughts formed into a cumulative aggregate that generated a
direction. This directive force, which is created by your acts in that life
and others, moved your Consciousness (Purusha-Atman) into the body
you currently inhabit.

Your current corporeal form is the best available correlative frequency of
your cumulative thought in the moment of your death. This frequency is
described by what we now call DNA. Your personality ego-self does not
reincarnate. The Soul transmigrates to a resonance of being that correlates
in frequency and thus reflects the threads being pursued by the Soul, the
Real you. Your ‘now’ body is the perfect expression of your desires
(kama), for better or worse here in the Kali Yuga.

*You are not your body and you are not the Doer

You are the One, the Soul, eternal, pure and untouched by your 1000’s of
incarnational adventures, experiences generously provided for you by
Prakriti, the Unmanifest Nature who by the Shakti-power of Maya
manifests the universe. Atman in the body is called Purusha, and Prakriti
performs for Purusha.

Prakriti is also the one, but in the aspect of providing an endless array of
experiences in Time and Space. She is the One as the feminine principle.
She is the One as every goddess. She is the One whose qualities are the
forces of the three gunas.

Every being in the universe is subject to the three gunas. In our human
form the gunas operate through the five senses on their objects and
transmit what is perceived as the temporal illusory hologram back to the
brain as what is seen, heard, touched, etc. In the previous Cycles of Time
we were not limited to the five senses but enjoyed access to other means
of perception, such as telepathy, seeing at-a-distance, and the other
‘siddhic’ powers.
*Maya-Shakti*

Prakriti, the Matrix, is fueled by the Shakti-Power of Maya. Maya is also the One, but in the aspect of a power so great that it can Veil the One from Its Self and create the Appearance of Separation. This appearance is illusory because there is only the One - but Maya is far more than illusion. She is the creative power that as the ultimate artist, produces all the worlds in this universe.

The supreme self-dependence of the highest reality, the Oneness, Paramatman, through which He brings about even that which is not possible, is known as the deity named Maya-Shakti. It serves the Oneness, Paramatman as a veil to hide Himself.

Maya, the divine power of the Lord, reflected by Him externally, appears as Maya-tattva [tattva is the essence of things] ... The Lord, covering Himself with it, conceals His nature of absolute purity and divinity. Making a show of His involvement in it, He [as Purusha, the individual spirit in the body] sees everything through a viewpoint of diversity and forgets the divinity of His I-consciousness.

Besides, Maya-tattva serves as the inanimate objective substance out of which all other insentient elements evolve. It is thus the substantive cause of numerous universes floating in it like bubbles in an ocean.
- Paramarthasara of Abhinavagupta, Verse 15

The pure consciousness, having adopted Maya as a part and parcel of Its Self, becomes [takes on the temporal appearance] impure and appears as the finite subject known as Purusha who is bound like a beast with the chains of bondage...
- Ibid. Verse 16

Putting thus playfully the machine of the circle of divine powers in motion, I am myself the Lord, with purity as my nature, working at the highest post as the master hero of the infinite wheel of Shaktis or divine powers.

[Thus] ... the aspirant realizes that he is not a finite being, but the great Lord who is the only hero having multitudes of divine powers as His heroines. He feels that actually he is himself [or herself!] activating playfully the whole circle of such powers ... - Ibid. Verse 47
The Power of Music

Beneath the curtain of each
Atom lies concealed,
The Life increasing Beauty
Of the face of the Beloved.

- Mahmud Shabistari, 14th century Sufi

The manifest universe is only a temporal ‘appearance’ and the ongoing solidification of matter as we descend into and through the Cycles of Time towards another eventual inevitable Dissolution.

Beneath the ‘appearance’ of solidity is the ocean of waveforms. These frequency waveforms must be aligned to the Laws of Harmony or they will begin to destabilize.

Scalar wave technologies are aware of this reality beneath, which is ‘invisible’ to the five senses.

Music is sound.
Pop culture music produced by the fascist corporatocracy is serving the purpose of disharmony and destabilizing the temporal illusory holographic universe because it is in no way connected to the Eternal Harmony - the Sanatana Dharma, the spiritual laws which govern human existence.

Great music has the power to hold frequency waveforms that generate the apparent manifested universe back into Harmony.
It becomes a weapon, or rather an anti-weapon.
Music as sound has the power to destroy, evaporate, and break-apart demonic frequencies. This was understood in the previous Cycles of Time.

**The Inner Power**

There is no real power in the external. The temporal illusory hologram is the result of consciousness, not the source of it. As long as you continue to seek your fulfillment, pleasure, and completion in the external illusion, you will always be trapped into polarities. At first something will please you and then inevitably you will tire of it. You will always be caught up in the cycle of birth and death, pleasure and pain, hope and despair.

The Real Power from which everything emerges is the Bliss that lies beneath the Illusion, beneath the curtain of each atom – that which supports and sustains this universe. When you tap into that and realize that this is what you really are, this etheric bliss is your real nature, what you have always been, then you have power.

This etheric bliss is also the real nature of every being and every thing in this universe. There are no exceptions. God is everything – vAsudeva sarvam iti. Thus the problem of doing harm to any other does not arise as no one will wish to do harm to one’s self.

All is you.

Tuning into and becoming the power of etheric bliss will of its own force completely alter your hologram. Your oneness with this etheric bliss will
magnetize whatever your soul desires you to experience. But if you try to hold onto these experiences and become attached to them, you will find yourself trapped in the temporal illusion again. This will make you feel once again uncomfortable, incomplete, and that pain, the illusion of separation, will then push you back into remembering the Real, the Bliss consciousness that pervades all.

We never intended to trap ourselves for all eternity in this temporal illusory holographic universe. It is only one focus of our consciousness within which God, as apparent multiplicity, plays. That is why attachment to the illusion is painful – this is a safety mechanism we created. The four cycles of time are simply four stages of the play with four sets of frequency bands to experience.

In fact the Kali Yuga is considered by many to be the most exciting, because in the Kali we are bound in consciousness to the appearance of solidification and this temporal illusory state is very far removed from our real Bliss. It is a challenge we obviously enjoy and the Kali also has the advantage of offering the greatest reward for the least effort. What we achieve in consciousness in a day in the Kali Yuga would take many years in any other cycle if time.

By your own Efforts, You must lift your self by the Self: No one can enlighten you!

In the Bhagavad Gita V.14, Krishna confirms his profound conviction that in creating man and Nature (Prakriti, the Matrix), God gives autonomy to both. Nature, as part of the Matrix, moves in Time as a spontaneous mechanism - guna-maya’s yantra-rudhana (machine) - free to change and adapt, but always building on her matrices.

Man’s autonomy means that we are not predestined to those ‘slings and arrows of outrageous fortune’ and Fate. God has gifted us all with the
built in capability to transcend, by our own efforts, the guna-maya of Nature’s Matrix. Any of us may at any moment Become something finer in our being, and through this autonomous free will acquire a similitude (sadharmya) with God (Krishna Chaitanya/KK Nair).

The Lord of All remains untouched by the acts of anyone, whether they be good or evil (V.15). God does not receive the effects. As our consciousness moves down the spiral through the Cycles of Time, the Veils of Ignorance and Delusion fall around our Soul, the Self/Atma, and the eternal Knowledge is surrounded, enveloped and concealed by ignorance (ajnanena). We forget who we are. Lost in the Illusion of Separation, we sink into fear. Anger and greed are born of the fear frequency.

Self Luminous

Our Remembrance of the God-within has the power to destroy the delusion of Ignorance. Those who overcome doubt and delusion are said to ‘shine like the sun’ in the sense that they experience an inner illumination (V.16). Abhinavagupta says that such ‘self-luminosity’ is established spontaneously by the removal of doubt (B.Marjanovic).

When your entire being - your thoughts, intellect, and mind - is absorbed in the Oneness, the Self in the Heart, and you are entirely devoted to the God-within knowing that Supreme Being to be the highest, best, and the ultimate goal of all life, then you secure a state of consciousness that can never be lost and you are released from the rounds of rebirth (V.17). Your sins, meaning whatever wrongs you have committed in the Illusion of Separation, are shaken off by the power of Knowledge.

This state of enlightened Self-Luminosity does not mean that you curl up on a mountain, do nothing, and reside in inner bliss waiting to depart your body. The unshakable strength of your Self-illumination allows you to act in this world for the well-being of all creatures (sarbabhuta-hiterata) and yet remain unattached. You will not be drawn back into the webs of maya and the temporal illusory hologram that has kept you spell bound for eons.

The All is all God!

This non-attachment is not cold or aloof or irresponsible. It is
compassionate and Loving, the Love that does not need to possess or control another. When you see God in every Eye, and you Know that the All is all God, from the most brilliant beautiful talent to those who are damaged, broken, sad and lowly - you feel connected to others (V.18). You Know that they are you and you Love them as your Self. They are you as the Great Supreme Self moving through their ups and downs, now successful, now miserable, now young, now old. All are held by Time and its cycles.

Heaven on Earth

You do not have to leave your body and fly to any heaven to achieve this Self-Luminosity. Heaven is here on earth when you abide in consciousness with God (V.19).

In the enlightened realization that this universe is proceeding in the unending perfection of its cyclical unfoldment, you hold your consciousness in its primordial state of similitude with the Creator. That state is non-attachment. Just as the Creator remains untouched by our acts, so you too will find that you are not whirled around in confusion by the thoughts of others or by your own acts.

Knowledge of the true structural mechanics of the temporal illusory hologram will keep you from delusion and thus your consciousness will no longer ride the roller-coaster of giddy highs and depressing lows that have swept over you throughout all your lives.

You will find that balance of evenness that liberates you from being bound by the fleeting excitement in the pleasures of success, and the painful equally transient miseries of failure.

Keeping your consciousness firmly rooted in the Self that dwells in the Heart, you will remain clean and without delusion (V.20). When you are no longer tossed about by the external, which is transmitted to you through the five senses, you will at last reach that happiness (sukham) which is imperishable (aksayam). (V.21)

Pleasure is the womb of pain

Krishna now delves into the truth of this polarity universe which is completely ignored in the western consumer society. He spells it out for
Arjuna and says that all experiences of pleasure, born of contact with the external via the five senses, are wombs of pain. All experiences of the external hologram are temporal. What feels good now will inevitably be lost and bring pain. All things, including our bodies, have a beginning and an end. The wise are never content with what is temporal and by reaching in consciousness beyond the cycles, the wise seek the eternal (V.22).

Only those who are stolid fools and those who are master of their souls enjoy happiness here.
-The Mahabharata, Shanti Parva 25.28

At some point in my own personal history, as I foolishly kept trying to “find happiness”, I realized that the kind of shallow happiness I had been indoctrinated to look for in fact bears no resemblance to any kind of deeper reality. It is not that God wants us to suffer, it is that God never intended to trap Its Self in the temporal illusory hologram for all eternity. Experiences are meant to be created, savored, and released.

The concept that pleasure turns to pain just won’t sell!

Of course you cannot sell people mass quantities of things that promise them perpetual happiness, when there is no such thing. You can’t keep people buying disposable rubbish they don’t need by feeding them false dreams, when they finally do understand the real metaphysical mechanics of the universe. Krishna is saying that there is nothing in the external world that does not bring pain right along with pleasure.

Pain is intended to make us wake up and remember who we are. It is the Creator’s way of protecting all the Selves from sleeping interminably. Here in the Kali Yuga, the pain gets ever more intense, rather like an alarm clock that would ring louder and louder every time you roll over and go back to sleep.

Zombies

Tranquilizers and mood altering drugs are to my mind one of the most absurd and deadly aspects of our current consumer culture. Emotional pain is coming from your Soul in an attempt to tell you that something is very wrong and that you need to think, to be alone, and reason out the imbalances in your consciousness. But instead, here in the west, we
drown all our crucially important and key feelings in a mass of molecules that leave us befuddled, have consequential heinous long-term side-effects, and rob us of any opportunity to evolve and find our way Home.

How can we realize the transitory nature of pleasure and pain (sukha-duhkha) when we are permanently numb? There is something demonic here, some conspired plot to hold us in the hologram, enmeshed in the slimy spider webs of the Matrix, lost in Ignorance.

Cosmic Evenness

Real happiness is this Cosmic Evenness that is born when by discipline, you hold your consciousness in the truth of Knowledge and prevail unattached to either desire (kama) and greed, or to anger (krodha). Real happiness is Becoming in Union with the Self and Liberation (moksha) achieved while you are still in the body (V.23)

When you find your happiness within, you will no longer be dependent on people or things. Those transient feelings that you experienced with your lover or when you were crowned Ruler of the World, that later left you flat and wretched, will now be transformed into more subtle feelings that last, feelings of delight within (antararamas) and the radiance of light within (antarjyotis). You will attain the ultimate Bliss of Union with the God-within, the Source of All (V.24).

Jivan-Mukti: Liberation while still in the body

Those who have seen the Truth, the ‘seers’ (Rishis), who have conquered doubt by the sword of reason, whose wrongs have been washed away by the power of Knowledge, and who rejoice in the well fare of all beings (sarvabhutahite), return to the Source, the ocean of Bliss that is Home (V.25), and are liberated even while in the body (V.28).
You must lift your self by the Self

Acts that Deepen Union

Book VI begins with Krishna once again emphasizing that true liberation lies in non-attachment and is not, as some may believe, escapism into ascetic fantasy. Those who leave their families and responsibilities in this world to live in monastic towers, and yet still fail to renounce their selfish desires, will not find the union experienced by an authentic Yogin. Attachment to the compulsions of the small identity-self ego will hold your consciousness in a state of separation from the God-within (VI.1-2).

We can put on a great show; we can become teachers and sell $3000 workshops; we can wear purple robes and sit on a golden throne; we can starve the body or cover it with ashes; but if our costume is only a disguise and our acts are only motivated by the needs of ego to find approval and reward, then our consciousness is still attached to the external and we are little more than phony fools deceiving ourselves. The God-within knows the real story.

The considered and cultivated self-mastery of performing actions in this world, to make it a better place, without being concerned with the results of your actions is a sign of your union with the Creator. When you worry and fret over success and failure, you are merely attached to the consequences of your own frail ego; you are worried over what people will think of you, your concern is your own self esteem through their eyes. The God-within you does not need the approval of any.

Not a couch-potato sport ...

Enlightenment must be lived. As long as you are in a body, you must be
vigilant in observing your own consciousness. This is not a couch-potato sport. Indulgence in vain ego sprints will land you back in the gunas rajas and tama's. Many partially enlightened beings have fallen back into to webs of maya's desire and ignorance.

The way Home requires the greatest courage

uddhared ātmanātmānāṁ nātmānam avasādayet ātmaiva hy ātmano bandhur ātmaiva ripur ātmanaḥ 6.5

bandhur ātmātmanas tasya yenātmaivātmanā jītaḥ anātmanas tu śārūtve vartetātmaiva śārūvat 6.6

You must lift your self by the Self

The mind can be your friend and provide the razor-sharp intelligence required to discern the machinations of human consciousness. The mind can be your enemy and, serving temporal ego, the mind can twist, manipulate, and rationalize anything to justify its own existence (VI.5). Your free will gives you the power in each moment to choose.

No one can do this for you!

You have to lift the self by the Self (VI.6). No one can enlighten you. Certainly you can learn from anyone, from a great Master, from Nature, or the check-out girl at the supermarket. There are Masters who do have the siddhic power to give you a momentary experience and help you along your path. But your ultimate enlightenment can only emerge as the result of your own efforts.

Your release from the illusion of separation is between you and the God within you - and no one else. How 'liberated’ would you be if you relied on any external force to bring you Home?
I am not a scholar.
I have approached these Sanskrit texts with an aching, longing heart.
And they revealed themselves to me.

The wonderful Bhagavad Gita is the jewel synthesis of ALL the other Sanskrit texts. The composer must have been not only an amazing enlightened master, but also one who had complete knowledge and understanding of all the other Sanskrit texts, the Vedas, the Samkhya aphorisms, Samhitas, and Upanishads, etc.

The Bhagavad Gita, in several places, quotes famous verses from various Upanishads, which are more ancient texts than the Gita is. The Katha Upanishad is often sited as being quoted verbatim in the Bhagavad Gita.

This is why I always tell those I love, if you can only take one book - make it the Bhagavad Gita.

When you get to this "You ARE your reality", and actually stop the doubting phase we all go through, and Become, fuse into God-Consciousness, you begin to understand that this "You are not the Doer" idea that Krishna passes on to Arjuna in the Bhagavad Gita ... which at first sounds quite mad off-the-wall... what? --- is TRUE!
And you laugh and and laugh and laugh!!!!
When you are done laughing …
You get up, and like Arjuna, proceed to start kicking some demon butt,
and venture forth hoping to wake-up others, who are just like you were, a
minute in consciousness ago.

"I do not do anything," thus,
Steadfast in Union with the Oneness,
the Knower of Truth, thinks …
"It is merely the senses operating on their objects."

- Bhagavad Gita V.8 & 9

The wise see ‘inaction in action’ because they know that they are not the
Doer.
The wise, who have realized their union with the God-within that also
permeates All, see all actions of all beings as their own (IV.18).
The wise act without desire or motive, and thus their karma - the
accumulation of past actions done in attachment - is burned up in the
Fires of Knowledge (jñana-agni-dagdha-karmanam).
The wise are always satisfied and content, dependent on no one.
Even when they are engaged in actions, they in fact do nothing at all.
At One with God, they know they are not the Doer and therefore they
incur no fault, no guilt, no sin. (Bhagavad Gita IV.19-21). When you get
to this "You ARE your reality", and actually stop the doubting phase we
all go through, and Become, fuse into God-Consciousness,
you begin to understand that this "You are not the Doer" idea that
Krishna passes on to Arjuna in the Bhagavad Gita …
which at first sounds quite mad off-the-wall… what? --- is TRUE!
Shiva Sutras 1.5 & 1.6
Udyamao Bhairavah
Shakticakrasandhane vishvasamharah

In Kashmir Shaivism BHAIRAVA is the Sanskrit word for the Oneness. The Vedanta and other schools use Brahman, Paramatman, and Purushottama to name the Absolute Reality, the goal.

Bhairava is the combined three forces that constitute the universe:
BHA indicates the maintenance of the world,
RA the withdrawal of the world,
and VA the projection of the world. [Jaideva Singh]

Concealed within each of us is the right to become the One, or rather we in fact return to Oneness, the Bhairava state, which is our origin. For some there is the wondrous possibility of instant enlightenment. Great souls who by active effort and the heroic sheer intensity of their one-pointed focus can expand their consciousness instantaneously in a ‘flashing forth’ of Universal Consciousness and become Bhairava.

The seeker must be capable of “absorbing this kind of awareness” [Swami Lakshmanjoo]. The state of consciousness required is described as the ‘penetrative inescapable state of trance, which absorbs your individual being’ [Malinivijaya Tantra].

Bhairava merges the metaphysical principles of maintenance-withdrawal-projection of this universe into one word. Immersion into the state of Bhairava will carry you to the “highest state of consciousness” and there
you will find the power of absolute Free Will – the svantantrya Shakti. In this state there is “nothing to meditate on … There is no way to go, there is no traveling.” [SLJ]

You are Home.

The One expands into multiplicity, the many through the feminine principle (maya, matrika), the Shakti that is identical with the One; but for the purpose of our temporal ‘play’ appears to be separate. This Shakti power to create, protect, and destroy has absolute Free Will because ultimately she is united with - and not in any way different from - the Oneness.

A charming metaphorical tale in the Skanda Purana [1.i.34-35] describes this beautifully when Shiva’s consort Parvati says, “Without me he is formless; for him there can be no separation from, or conjunction with, me. I have made him formed or formless, as the case may be, just as I have created this entire universe with all its gods. I just wanted to play with him, for fun, for the sake of the game, in order to play with the causes of his emerging into activity.” [D. Schulman]

The ‘gods’ are our sense organs, the mechanism by which we generate our temporal hologram – the world.

Kashmir Shaivism does not reject the world. Seekers of Union with God do not have to isolate themselves and deny sense experience. After all, the Oneness is the All - and this path embraces the universe, everyone and everything in it.

“The freedom from all our miseries, [Abhinavagupta] very boldly and emphatically declares, can neither be obtained through the renunciation of the world, nor by hatred towards this world, but by feeling the presence of God everywhere, who [God] is the innermost centre of each and every object.” [foreword to SLJ’s Bhagavad Gita]

My feeling is that it would not have occurred to us to reject the world in the Satya Yuga. We were enjoying manifesting and expanding it.

The practice of rejecting the world may have evolved out of our human weakness in the latter cycles of time. Those ascetics and monks who could not imbue every moment of every day with God-consciousness simply rejected ‘worldly’ experience in the hope of self-mastery. But the human mind is polarity based. Whatever we reject will grow and fester in
the subconscious mind and find a way to overwhelm us.

Thus we come to the sweet understanding that every aspect of the world is in fact an entry point into the highest consciousness. Union with the Oneness, Bhairava state, allows us to feel the entire universe as that Oneness. We become the One who is this world and we are no longer feel separate, empty. What is not God?

“There is no difference between a mystical trance (Samadhi) and the world of action (vyutthana) when the world of dualistic perception is completely digested in one’s own consciousness.” [SLJ]

God Inside Out, Shiva’s Game of Dice, by Don Handelman and David Shulman; Oxford University Press, 1997.

**Only Wisdom Will Save the World**

In Book II of the Bhagavad Gita, Krishna has explained to Arjuna the essential value of the Knowledge of Wisdom. In Book III Arjuna is confused and asks why, if intelligent enlightenment is the better path, must he go to war against his own family and beloved teachers, Bhishma & Drona, and engage in terrible acts (III.1). Like any practical warrior or business man with a keen interest in efficiency, Arjuna demands that Krishna tell him ‘once and for all’ the correct way to reach the supreme good (III.2).

Krishna explains the two inseparable ancient paths to freedom (moksha)
which have been taught by him, as the God within us all, throughout the Cycles of Time. One is Samkhya, the Yoga of Knowledge as Wisdom (jnana-yoga), and the other is Karma Yoga, the Yoga of Action (III.3). In Abhinagupta’s commentary, the great Kashmir Saivite reminds us that knowledge and action are integral; they merge and fuse to operate as one coalescing system.

Krishna then makes the conspicuous point that no human being can remain for one single moment without being forced to perform some act, even if it is against our will (karyate hyavasah karma). We are all subject to the perpetually shifting gunas born of Prakriti, our material nature (III.5). How often we say, “Oh, that is just my nature!” when we need to excuse our behavior.

It is hypocritical (mithyacaras) of us to sit unmoving in some stunning yogic posture, pretending to be lost in nirvana, while thoughts of our suppressed desires are churning around the objects of the senses.

**Prakriti’s Three Gunas: Sattva, Rajas, & Tamas**

The gunas are the three forces of Nature (Prakriti), the Matrix. In Sanskrit, guna means ‘cord’ – as in a rope, that which binds, or as a bowstring that creates tension to compress waveforms. The gunas are forces that serve to distinguish you as an individual piece of God and therefore purposively ‘limit’ you from the infinite and immutable immensity.

In the first Cycle of Time, the Satya Yuga or Golden Age, the gunas would have served us well as instruments of exploration in time and space. But as the cycles move further into density and the solidification of the world, the gunas become – at least to my mind – more like goons! The Hindi word for thug, or the mafia guy who beats up the suckers, is ‘goonda’ and I can’t help amusing myself by associating these two words. These days the gunas compel more often than they serve.

Disconnected from our Source, as we are here in the Kali Yuga, the gunas have become those polarity limitations we all falsely identify as ‘who & what’ we are. Our gunas are those endlessly multiplying and repeating downward cycles of the same-old-same-old and by now, very boring experiences inevitably leading you to that infamous brick wall. There hopefully, you are at long last forced to think, to rethink, and confront the in-your-face factoid that you are in a heinous rut that is growing
progressively more unpleasant.

Your pain is a warning, an alarm, and you must confront the delusion – for it is delusional to imagine that you, as the small identity ego-self, can affect anything! As long as you believe and ‘think’ that you are separate from the Oneness, the God-within, the Self-Atma, then you have no power to control the wild-horse gunas – yours or anyone else’s! The gunas are on automatic.

The three GUNAS are:
SATTVA – illuminating, binds the souls by means of an attachment to joy and an attachment to knowledge.

RAJAS – are characterized by passion, arises from an attachment to craving and binds the soul by an attachment to action (activity, restlessness, enterprise and greed).

TAMAS – arises from ignorance and deludes the embodied souls and binds through absentmindedness, sloth, and sleep (obscurity, indolence, neglect and delusion arise when ‘tamas’ prevails). My intuition tells me that ‘tamas’ is the waveform generated by the EMFs coming off our TVs, which reportedly place most in a depressed state within 15 minutes!

For those of you who understand astrology, SATTVA is correlated to the mutable signs, RAJAS to the cardinal, and TAMAS to the fixed. The four elements of air (touch), fire (sight), water (taste), and earth (smell) play through the GUNAS in a multiplicity of variations. A fifth element, ETHER, pervades the other four, and corresponds to hearing and sound; thus the universe is emitted from sound as pulsating waveforms.

Yantra-Rudhani: Mounted on a Machine

The gunas are described as being like a machine - the Yantra-Rudhani (XVIII.61). As a function of Prakriti, they have been set into motion through imbalance. Their current configuration is a composite blueprint for this life and the result of our previous thoughts, which produced the events (acts) of our many lives.

Our individual human nature is said to be the result, in particular, of our thoughts just before we die - which are most likely to reflect the cumulative essence of whatever was of primal importance to us in that life. This metaphysical knowledge provides us with a reasonable
encouragement to practice disciplining the mind while we are healthy and not in distracting terminal pain.

We all are compelled to engage in actions. We have to eat and exercise, however moderately, to maintain the body and the mind is a category-five hurricane difficult to subdue. No one can escape the power of the gunas. They are created by God to veil Its Self in Time and Matter. They have to be powerful in order to make the God-within imagine that It is limited and identify with the small personal self as you and me.

In this Twilight of the Kali Yuga, as you may have noticed, the small identity ego-self you falsely imagine you are, is not in control of these gunas - which are in fact generating your temporal illusory hologram. Until you reconnect with the God-within you, the real Self-Atma, you will never control the gunas or Become the master of your thoughts, actions, and being.

Krishna tells us that no matter what we think we are doing, we in fact do nothing (V.9). Our perception of reality is only the reception of the impulse waveforms of the five senses operating on their objects. It is not a matter of a judgment call of right or wrong when it comes to being attached to the results or fruits of your actions. It is delusional! It is delusional to believe that the small ego-self is the ‘doer’ and such a belief will draw your consciousness further down into density. The wise Know they do nothing! The only ‘Doer’ is the God-within, the Self-Atma.

Yajna: Sacrifice as Altruism & the Regard for Others

The wise learn to control the gunas’ five senses with the mind and practice non-attachment. Krishna tells Arjuna that Yajna, meaning sacrifice, is the only act that does not bind us in the hologram (III.9-10). The Indian scholar, Krishna Chaitanya/KK Nair, interprets Yajna as altruism, meaning the regard for others that produces acts of selfless sacrifice, no matter how small, which are ‘free from narrowly personal attachment’ and carry no desire for reward or recognition (The Betrayal of Krishna). I like this understanding of the word Yajna - and in any case, it is certainly more applicable in our own times.

There is in Hinduism the subtle, enlightening, and intriguing thought that this universe is itself God’s Sacrifice. Everything is God, and God permeates All, therefore we are in effect breathing, eating, and standing on God. The universe is holographic and there is no thing that is not God.
Through the wonderfully illusive power of Maya, the Creator has transformed Its Oneness into Multiplicity in what must be the ultimate supernal altruism.

Perhaps it is true, as some have suggested, that God not only sacrifices Its Self into form for the enjoyment (bhoga) of experiencing Time and Space - perhaps God also in some deeply mysterious way needs us, you and me!

What brings us happiness ...

Krishna Chaitanya/KK Nair carries this ideal of sacrifice as altruism further by translating Krishna’s words (III.11-12) to mean that altruistic behavior to both deity and our fellow human beings will bring us the highest welfare (sreyas; also means bliss and happiness). We do however have the freedom to deny this ideal way of living, which Krishna plainly states will bring us the greatest happiness, and we may choose to behave selfishly. But if we make the choice to act altruistically in partnership with God, not only will we benefit, but the entire world will also share in the higher consciousness we Become.

My experience is that God loves surprise and when we work in an altruistic way, the God-within works with us in those, often quoted, mysterious ways. ‘Deity fulfills himself only when creation is helped to evolve to perfection, and this needs partnership and reciprocal support of both man and deity.’ (Krishna Chaitanya/KK Nair)

The hologram generated by such altruistic sacrificial acts is free from the sin of attachment. However your freedom to reject the tender offer of ‘partnership’ and live only for your own selfish needs, out of fear and greed, will lead you on the path of the adventure of delusion. In the illusion of separation, you slip further into unconsciousness, ignorance of your true nature, and bondage to your desires (III.13). That’s simply the way this universe, the mechanistic yantra-rudhana, and Prakriti’s gunas are programmed. Those are the rules.

Do as you please ...

My understanding is that in the same way no one would ever want to force another to fall in love with them, God would never make any of the pieces of Its Self return to their Source before they make the choice for themselves. It is always up to you. The choice to Remember who you are
is always waiting, and there is an intimately sweet dance between hard spiritual work and Divine Grace.

The God within you never abandons you. If the God within you left, your soul would have left your current body and you would be dead. God is always patiently waiting for Its bits of Self, you and me as apparent multiplicity, to turn and recognize our own divinity and come Home. This is our freedom. We always have this freedom to choose, no matter how low we go.

Later on in the Bhagavad Gita, Krishna will tell Arjuna that he must reflect upon and evaluate what he has been told for himself, come to his own decision - and then ‘do as you are pleased to do’ (J.A.B. van Buitenen, XVIII.63).

\[
\text{iti te jñānam ākhyātaṁ guhyād guhyataram mayā}
\]

\[
vimṛśyaitad aṣeṣeṇa yathecchasi tathā kuru 18.63
\]

This is a far cry from the finger-waging dogma and endless rules that threaten the excruciating torments of hell. In their unreasonable tyranny, these rigid and dire dictates have little lasting effect, beyond making us wonder in bewilderment if God is a being one would want to be with! Krishna is telling Arjuna to think for himself.

An Ecological Axiom

Beings live from food and food is produced from rain, rain from sacrifice and sacrifice from action (III.14). Krishna Chaitanya/KK Nair reads this verse as ‘the grand teleology of the natural processes that sustain life.’ Teleology means that all things in Nature have a purpose and happen because of that.

Krishna’s words might be interpreted as an ecological axiom in the sense that the right and balanced use of Earth’s resources is necessarily based on a considered intelligence that emerges out the regard for others living on the planet. Without this regard for the future needs of all, without acts of altruism, the thoughtless and selfish shortsighted consumption of our world’s precious natural resources is leading us to the brink of possible extinction.
God is perpetually ‘sacrificing’ Its Being, in the sense of transforming Its Oneness into multiplicity, to create the holographic universe - therefore the all pervading (sarvagatam) One remains ever in Yajna. God has set a precedence for us to emulate and Krishna tells Arjuna in no uncertain terms (III.16) that the one who does not contribute to the turning of the wheel, the ‘work of sustaining the world’ (Krishna Chaitanya/KK Nair), who lives only for his own pleasure and the sense-delights (indriyaramas), lives a useless life - lives in vain.

Running from your Dharma ...

After the catastrophic 18 day war is over, Arjuna’s brother, Yudhisthira, is overwhelmed by grief and a sense of deep regret. The battlefield is covered with the rotting dead, including his beloved teachers, Bhishma and Drona; and king Yudhisthira has learned for the first time that Karna, who was killed by Arjuna, was in fact his older brother and as Kunti’s first born son, had the legitimate right to the throne. Yudhisthira vows to abandon everything and go to the forest. His kingdom and wealth are bitter rewards to him now. He will become a beggar, a mendicant, and taking a vow of silence, ‘walk in the way pointed out by Knowledge’ (Shanti Parva; M.N. Dutt).

‘Like a person reluctant to forgive an insult,’ Arjuna tries to conceal his anger with a false smile and accuses his brother of ‘fickleness of heart.’ He reminds Yudhisthira that if he should abandon his duties as king, ‘dishonest men will despoil sacrifices’ and ‘That sin will certainly contaminate you.’

With the understanding of ‘sacrifice’ as altruism and a regard for others (Krishna Chaitanya/KK Nair), we can clearly identify what has become epidemic in our own time. When those with a sincere dedication to integrity do not take part in government, the ones motivated by their own personal self-interest and ego move in and take over. Like thieves rushing into an unguarded treasury, the egotistical crass and greedy prevail.

The further implication of Arjuna’s admonishment of Yudhisthira, which hopefully he learned from Krishna’s Gita, is - ‘That sin will certainly contaminate you.’ Those who are gifted with the ability to govern, to mediate in crisis, to inspire others through their integrity, and yet who run from the responsibility of their Dharma are as harmed as those they abandon. This applies, in my view, to all God-given talents and is the reason Krishna urges us all to live fully our own Dharma, meaning the
metaphysical Law we are born to. There is a similarity here to one of my favorite teachings of Jesus, the Parable of the Talents.

The Universe is Desire/Kama - Not Suffering

This universe - and there are many others - was not created so that we might endure endless suffering. Life is not only suffering. God is not so cruel and heartless as to give us only one life and on the basis of that one life, condemn us to an eternity of hell, or despite the disparity of the circumstances of birth, reward us with eternal heaven. The universe is a product of Desire/Kama.

Near the end of the Mahabharata (The Ashvamedhika Parva; M.N. Dutt), Krishna reveals again the way to liberation; this time to Yudhisthira. Krishna explains that it is Desire (Kama) that motivates all acts. Without desire there would be no actions, no will towards accomplishment, no motivation to perform deeds. This is the piece of the hologram that consumer capitalism has fully grasped; but its shallow understanding is skewed because it is partial and ultimately not based in metaphysical reality. This world can only return to the Satya Yuga when human consciousness is rooted in primordial metaphysics.

Krishna cites an ancient verse, the Kama Gita, to Yudhisthira. Kama, the entity, describes how amazingly powerful he is and how he is able to take any form to deceive those who seek to destroy him. To delude, he can appear as the ‘most virtuous creature’ or take the form of ‘asceticism in the mind’ or insinuate himself in our thoughts in subtle and imperceptible ways so that his presence is not perceived. Kama says that he is ‘the everlasting one without an equal, whom no creature can kill or destroy.’

Krishna ‘accepts that abiding nature of desire as the prior-existing dynamic of all action’ (Krishna Chaitanya/KK Nair). Desire motivates all acts.

Omniscient all-pervading God veils Its Self in the temporal illusory hologram through the powers of Kama (Desire) and Maya (creative
illusion), to enjoy (bhoga) the adventure of Remembrance, Self Realization, and Becoming in Mankind. The small personal identity self ego cannot overwhelm these powers, for Desire is ‘the limbs of the mind.’ However, you can realize that your desires are a function of the Veil and not the real you. Reconnecting to the Real, the God within you through the experience of Union (Yoga), you will master the control of your mind, your thoughts and desires, and acquire the skill of action without attachment.

**Lokasamgraha: The Well-Being of the World**

Our current world is desperate for men and women of integrity who understand sacrifice as the concern for others, and because they have realized that the Self within them is the very same Self that dwells within all beings (sarvabhatatma-bhatatma; V.7), they would find their greatest happiness in working for the well-being of the world (lokasamgraha). Such men and women would rejoice in the welfare of all creatures (sarvabhattathite ratah; XII.4), and the world would begin to heal and flourish once again.

Lead me from the unreal to the Real
Lead me from the darkness to the Light
Lead me from the temporary to the Eternal
[literally from repeated death & birth, to the nectar of immortality]

Aum Asato mā sad gamaya
Tamaso mā jyotir gamaya
Mṛtyormā mṛtam gamaya

- Bṛhadāraṇyaka Upaniṣad I.iii.28
**The Battle Within & The Grace of God**

The following passage in the Mahabharata made me smile because it resonated with my own inner struggles.

Krishna is speaking to his friend Yudhishtira, the Pandava king who has just won the great internecine war that is the primary plot structure of the epic Mahabharata.

Yudhishtira is depressed, ‘afflicted in mind’ and mourning the losses on both sides those who have died in the terrible battles, ‘bereft of his relatives and kinsmen’. Krishna seeks to comfort his friend and urges him to prepare for the real battle – the one that will take place within Yudhishtira.

This is the very same ‘struggle’ that every human being must face as we move toward enlightenment and freedom.

The Mahabharata – Ashvamedhika Parva

Chapter 11

Verse 4: All crookedness of the heart brings on destruction, and all rectitude leads to Brahman [the Oneness]. This and this only is the aim and object of all true wisdom. What can mental distraction do (to him).

Verse 5: Your deed [karma] has not yet been destroyed nor have your enemies been subjugated, for you do not yet know the enemies that live within your own body.
Chapter 12

Verse 13: Therefore, O chief of Bharata’s race [Yudhishthira], you must now prepare to carry the struggle against your mind, and by dint of abstraction and the merit of your own Karma [his acts/deeds], you must reach the other side of the mysterious and unintelligible (mind).

Verse 14: In this war there will be no need for any weapons nor for friends or attendants. The battle, which is to be fought alone and single-handed, has now arrived for you.

Verse 15: And if defeated in this struggle, you shall find yourself in the most wretched condition, and, O son of Kunti [Yudishthira’s mother], knowing this, and acting accordingly, shall you attain success.

A few years ago I wrote an article that has been very popular, The Real Armageddon: Learning how to be Alone!

The process of Remembering is something you have to do alone. No one can do it for you. It is your return in complete solitude to the God-within you that reconnects you with the entire universe.

The individual personality-self, that God created to hold its infinite consciousness within the temporal illusory holographic matrix, is not so easily defeated. Often just as we think we have conquered everything, some bits of our old compulsions come forth and raise their hungry dragonheads! As Krishna says, we have to come to know and conquer “the enemies that live within your own body.”

The great masters, who have achieved enlightenment, say that in the end it is the Grace of God that will bring you Home. The battle is to arrive at a state of being that resonates with the higher realms, with the Absolute, the One. Your own efforts will raise your consciousness to a frequency that will permit God’s Grace to intervene. Loving God in all Its forms will enhance this process.
... a refined understanding, which I have come to in reading the great Kashmir saint Abhinavagupta and related texts, such as the Shiva Sutras.

The Shiva Sutras tell us that we don’t have “to lock ourselves in a room and plunge into a trance in order to realize the delight of the Self (the God-within). He can find delight in the ordinary, normal course of life if he is mindful…”

In fact often what we see in cases of people who deny themselves any ordinary joy, there is a terrible rebellion that ensues and is often sadly destructive to the otherwise dedicated soul. Instead of forcing our mind and the five senses to reject every aspect of the Life we ourselves have created for our own enjoyment, perhaps it is better – even more masterful – to live in such a way that we see God in every act. As they say in India: “God is the cooking pot!”

Surely the higher state of consciousness and self-mastery is to be found in embracing every moment knowing that it is God. When you wash the dishes, know that they are God. When you embrace your love, love the God-within them. When you are kind to a stranger, see them as God and realize that you are being kind to God. Thus the highest challenge is to be profoundly aware of God in EVERYTHING at all times.

This will not be so easy and it may prove to be more arduous than giving
things up. Consider the thought that the rejection of Life is more Kali Yuga confusion. Would we have even needed to meditate in the Satya Yuga? Would we not have simply continuously been in the highest state of consciousness.

When you know you are everything in this universe and that you as the God-within created it all, then what is there to be afraid of? What attachment can possibly bind you? What remains to desire?

“… if on the occasion of every bit of knowledge, he looks within, he will have a feel of the Self which alone makes that knowledge possible. In that feel of the Self, he will experience the perennial joy of I-consciousness. This is the ever-present joy of samaAdhi … His delight is infectious.” (Shiva Sutras I.18)

If we can live in this way, constantly aware that God is everywhere, ubiquitous, then perhaps we will not make our consciousness vulnerable to blowback. The very mechanism that we created to explore this amazing Earth plane will not overwhelm us and leave us in pain, once again lost.
Destroying our ignorance

Who is Shiva? - and the Shiva Sutras 1.16, 1.17 & 1.18

Shiva Sutra 1.16
Suddha-tattva-samdhanadva’pashushaktih

The Sanskrit term suddha tattva “refers only to the supreme Shiva [Swami Lakshmanjoo].”

The hero yogi who takes aim at the highest state of God-consciousness will experience everything in this universe as divine. In the Absolute Principle there are no impurities, no polarities, nothing right and nothing wrong.

Entrance into this absolute supreme state releases you from “the entangling energy that binds you with the wheel of differentiated perception [SLJ].” You feel that your body and all this universe are one with God-consciousness. This experience is said the make any yogic powers pale in comparison.

Who is Shiva?

In Kashmir Shaivism the Oneness, the Absolute Supreme totality of God Consciousness is conveyed by the sacred word Shiva. Brahman (Vedanta), Paramatman (Samkhya), and Purushottama are used in other systems. The etymology of the Sanskrit word Shiva is ‘auspicious’ and ‘good’ – so we understand that Shiva is that which will benefit.
Shiva is also seen as the Destroyer. He destroys ignorance that stands in the way of the seeker of enlightenment. The path to enlightenment is arrayed with pain when we hang on to illusions that bind us in the temporal illusory hologram. In his form Shiva is the consummate ascetic, he is draped with snakes as ornaments and he enjoys the company of ghouls and demons. Everything is the One, even the darkside.

In the Mahabharata, Krishna is said to have performed intense great austerities to Lord Shiva so that the Pandavas - Yudhishtira, Arjuna, Bhima, and the twins - will be protected and win the battle at Kurukshetra. When these austerities were exhausted and used up, Shiva responded to the offerings of the other side. The propitiating enemy warrior impressed Lord Shiva by placing his own body into the sacrificial fire to Shiva. Thus in a terrible night massacre the children of the Pandavas are slaughtered in their sleep.

The stories of Lord Shiva are numerous, inspiring and fascinating. In one tale, Shiva plays the game of dice with his consort beautiful brilliant Parvati. The dice game symbolizes the pouring forth of the universe as manifestations of the Creator’s Being throughout the Cycles of Time. The creator ‘sacrifices’ oneness into multiplicity for the purpose of Play. This pouring forth of the temporal illusory hologram is the original sacrificial act.

Shiva is everything. Shiva as the metaphysical principle of the universal power of destruction is purely “the centrifugal inertia, the tendency toward dispersion, toward disintegration and annihilation [Danielou].” When we turn within and want to come Home, a multitude of self-created obstacles (impurities) require annihilation. Lord Shiva, in the image of Nataraja, dances upon the demon-dwarf MOHA delusion.

Sutra 1.17

Vitarka atmajnanam

The one who reaches God-consciousness thinks, “I am Lord Shiva, one with the universe [SLJ].”

When we return Home, we merge back into that which we always are. We find that we have never been the small personal individual selves we
falsely identified with through countless lives. We have always been the Oneness, which in Kashmir Shaivism is termed Lord Shiva.

Sutra 1.18

Lokananda samadhisukham

“The joy of his Samadhi is said to be bliss for the whole universe [SLJ].” The Sanskrit word SAMADHI here does not describe some kind of physical orgasmic bliss or ecstatic trance. The Oneness is not experienced through the five senses. You are lost when your mind is directed to sense-object consciousness.

Rather this Samadhi is the “maintaining continuous awareness of knowership [JDS].” The hero yogi is able to remain in an uninterrupted state of Knowing that he/she is the Oneness, Lord Shiva. This is the goal, which is achieved in an instant for a few lucky ones - and for most over a lifetime of focused discipline.

This Samadhi infuses the entire world with the bliss experienced by the yogi. “This yogi doesn’t have to do anything. He has only to remain in Samadhi and he will carry the whole universe into that supreme bliss [SLJ].”

How do we reach Samadhi?

The Mundaka Upanishad III.ii.3: “This Self is not attained through study, nor through the intellect, nor through much hearing. The very Self which the aspirant seeks is attainable through that fact of seeking: this Self of his reveals Its own nature.”

After reading 100s of books on the path to enlightenment, I have come to understand that in the end only the Will of the God within us all has the power to lift the Veils. These Veils are the creation of our God-consciousness in order to conceal Its real nature so that we as portions of
the One can journey through Space/Time.

Read the Sanskrit texts. They will purify your knowledge and hone your consciousness into a higher frequency where you will be able to listen to the God-within you. Understanding your experiences in the context of your buddhi-intelligence will allow you to hold onto them and place them firmly beneath your feet as a foundation to further growth. If you do not understand your spiritual experiences, you will lose them; they will be wasted.

Go to teachers and learn from each one of them, the great ones and even those a bit confused. These men and women are also pieces of God on their own journey.

Meditate and chant the ancient sacred Sanskrit mantras as these practices will purify your being. Sanskrit does have a special power of frequency to elevate your being. Meditation will teach you to concentrate and observe the roller-coaster nature of the mind and the endless fluctuations of the gunas, which on ‘auto’ control your data-collecting vehicle.

However, it is your love for God that will serve you above all else. Loving God and wanting God more than anything in your life will be the powerful magnetic connector that embraces you with a kind of subtle sweet ‘remembrance’ that nothing in the external hologram can match.

Speaking as the Oneness in the Bhagavad Gita Chapter XII, Krishna tells Arjuna that the ones who are devoted are dear to him. Those whose thoughts have entered into the Oneness, he soon delivers from the ocean of birth and death, SAMSARA. Krishna says that it is more arduous to fix the mind on the abstractions of the unseen and the unmanifest. “Endowed with faith, devoted and intent on Me as the Supreme; they are exceedingly dear to me. [XII.20]” Love is the key.

It is a simple practical formula. In your own life, what do you think about? The foremost thoughts in your mind center and flow around those you love. Make God your Beloved, the most loved and valued object in your consciousness - and God will respond.

The Matrix and the Sanskrit Texts

God Inside Out, Shiva’s Game of Dice, by Don Handelman and David Shulman; Oxford University Press, 1997.


The Matrix and the Sanskrit Texts
Space Invaders for Real!

Rene Guenon: ‘The Fissures in the Great Wall’

Was there a specific period of time during which the ETs were supposed to keep their hands off our planet and did that time come to an end?

This is a polarity universe and as a temporal illusory hologram, our universe exists only because both positive and negative forces hold it in time and space. This means that along with the Light, there is also the other – the Darkside. In the first cycles of time the Light is manifest and in full view, while the Darkside is cloaked, hidden, the underneath, which is still there doing its job, but not apparent.

As we move through the Four Cycles of Time, the Dark begins to emerge and reveal itself – while the Light withdraws. By the time we arrive at the Kali Yuga (our current cycle or age), the Light has become more veiled, and the Darkside begins to rule. By the Twilight of the Kali Yuga – which began in 1939 with atomic fission – the Darkside rules and goodness, although it still exists with us, is hard to find.

One element of the rule of the Darkside Tyrants in the Kali Yuga is the entry of entities into our third dimensional earth plane world.

In Rene Guenon’s the chapter on ‘The Fissures in the Great Wall’ in his book The Reign of Quantity, Guenon warned that our world was being threatened by what he called unanticipated interferences. As we have come to accept matter as the only reality, meaning as the solidification of the world has progressed, we have come near to the limits to that
solidification. And because the world can never become a completely closed system, what Guenon calls fissures have occurred in the protective barrier that surrounds our world. This protective barrier is known in metaphysics as the Great Wall and it exists to protect us.

When I first read this idea of fissures forming in the Great Wall, what immediately came to mind were the infamous Montauk Experiments. Those of you who are familiar with this story will recall that when the time warp was achieved with their Tesla-like frequency emissions there was a tear, as in a rip, in the time field and whatever protects the 3rd dimensional planet Earth from ETs and what I call astral cooties was opened. It was reported that through this tear many ETs - friendly or not - slipped into this dimension. An increase in sightings and abductions might be considered as evidence.

Guenon points out that the Great Wall is, as he terms it, a shell and as such not only keeps energies out to act as our protection, it also serves as a limitation, a container. This may explain why so many have said that 3rd dimensional planet earth is under some sort of quarantine. Was there a specific period of time during which the ETs were supposed to keep their hands off the planet and our consciousness – perhaps in compliance with the Law of Non-Interference? Has that agreement been recently broken over and over? Is even that formal and supposedly ‘legal’ limitation is coming to an end?

As Guenon says, the Great Wall exists to ensure that we are protected from being attacked by enemies from below. I assume this implies that many of these entities are not particularly evolved and may have a somewhat Darkside consciousness.

Apparently in previous cycles of time before the current solidification of the world, there existed openings in the top of this protective shell that allowed us to communicate with the higher realms. Such communication was the purpose of the ancient Spiritual Centers clustered all over the planet which function as time portals. Most of these are now abandoned and have been intentionally taken over by the Darkside, so that they may feed off the residual frequencies once generated there. Think of how many once sacred sites are the focal point of ongoing wars and human misery.

Our current acceptance of the doctrine of materialism allows us to believe only that which comes to us through the 5 senses. Our own limited way of thinking has shut us off from communication with the higher more
evolved domains and access to the higher realms through these sacred centers is now closed.

More than ever before, we are on our own here!

Realize how strategically clever it has been for our controllers to emphatically deny the existence of the so-called ‘occult’ and the Invisible Realms. As anyone who has ever had an ET sighting or abduction knows well the disproportionate amount of ridicule that will be heaped upon you by close friends, lovers, and family - enough to shake even the strongest will. The painful and heart breaking, implied threat is clear – you will be ostracized to a world of crazies, whackos, and candidates for the loony bin.

Certainly I am not the only one to suggest that there has been an out and out propaganda war raged against us, especially psychics and empaths. We are taught to fear anything unseen or occult as the work of the devil.

If you don’t acknowledge the very existence of your enemy – who is unerringly undermining your will and poisoning your entire planet – then how can you fight? It’s a brilliant strategy --- for a coward!

Esoteric traditions in every religion are aware of these tears in the protective shield that surrounds our world. Many religions in accordance with their own esoteric doctrines are well aware of that we are in the final phases of this cycle of time.

Once again let me emphasize the key factor in our vulnerability to these pernicious influences is that we are not aware of their existence and this has been intentional.

This also explains why so many, who have only the best of intentions to
fight the Darkside, fail miserably. This is not to say that I don’t respect and admire their bravery – but they simply do NOT understand what is going on. More often than not the self-righteous anger so many live within, sadly makes them into resources for the Darkside. People with the best of intentions become used as innocent dupes because they have no awareness of the mechanics of the energies they are interacting with.

In the purely physical and material sense we humans are completely powerless against these beings. If as has been reported there is a faction of our military, which is laboring day and night to build weaponry – based on back-engineered alien technology – to fight these entities, then I understand their heartfelt efforts. But I consider these desperate endeavors to be ultimately useless.

First of all, the Darkside ETs would never allow us to possess any technology capable of defeating them. Secondly and even more importantly, this final battle, this war for our souls, is taking place far beyond the domain of the five senses, beyond the realm of quantified material surfaces - which is the deluded basis of our current intellectually myopic science.

We cannot fight them on their level!

Our only real weapon is to realize what is actually occurring here in 3rd dimensional planet Earth and raise our own frequencies by shifting our consciousness above theirs to a vibratory plane wherein they have no power over us.

Many of you, I’m certain, have noticed how time itself seems to be speeding up – even the young feel and comment on this phenomena. It is as if the day begins and evaporates. This is a known effect of the Twilight of the Kali Yuga. The cycles of time are not made up of equal durations and in fact decrease in length in a prescribed ratio.

This increase in the speed of time you are experiencing is NOT just your imagination. It is a sign that time is progressively contracting in duration – a portent sign that we are close to the end of a cycle within this illusory holographic matrix.
First and foremost, work on your own consciousness. When you have achieved a level of consciousness and an understanding that frees you from the Gunas, when you realize that what you once thought was the only ‘real’ is in fact the temporal illusory hologram, you will have no fear.

You will become truly free.

As Rene Guenon says: “...it can be said in all truth that the ‘end of a world’ never is and never can be anything but the end of an illusion.”

The Reign of Quantity & the Signs of the Times
Rene Guenon
Originally published in French, 1945
Sophia Perennis, 2001, Ghent, NY

Tat Twam Asi
You are That!

Every piece of Sanskrit wisdom, knowledge and metaphysical truth is expressed in these three words. It will always be so.

We are the Oneness.

"Beneath the curtain of each atom, lies concealed the face of the Beloved."
- Mahmud Shabistari, 14th century Sufi poet
The bright folks who created the Matrix films were, as I suspected, very familiar with the Upanishads and wove the timeless metaphysics of the ancient Sanskrit teachings into what became a modern film classic.

_The Wisdom-Knowledge that emerged and was preserved in India and Kashmir is beyond any language, Sanskrit or other, beyond the borders of any country. I have heard the wise Indian scholars say that the Bhagavad Gita is not just for India._

_The Bhagavad Gita is meant for the whole world._

There is only the Oneness - and we are That.
Remember ... ...
Truth lies within each of us 'concealed' in all our multiplicity and regardless of our individual differentiated perception.
So it is today and so it will always be.

As Rene Guenon says in his book 'The Reign of Quantity' … "The end of a Cycle of Time is merely the end of an Illusion"!

Indeed, the end of yet another temporal illusory universe in the unending stream of Divine Creation and Manifestation of the Imperishable Immutable Eternal Oneness that we all are.

The wise know this.
As Krishna says to his beloved friend, the great warrior Arjuna, towards the conclusion of the Bhagavad Gita XVIII.63:

_Thus the Knowledge that is secret, the mystery of mysteries, has been expounded to you by Me [the God-within]._

_Having reflected on this fully, Do as you please._
This is why the demons always lose. They operate in the realm of the temporal. They have a "shelf life"!

Only the Oneness is beyond Time and Space. Those who worship and serve the demonic in any form are said to be fools. The wise Become the One, beyond any and all temporality.

After Knowing this, nothing remains to be Known ...

Krishna begins Book VII of the Bhagavad Gita by telling Arjuna that without any doubt we will Know the God-within when we take refuge, and the mind is absorbed in the Supreme One, the Oness (VII.1). Krishna now teaches his dear friend the Knowledge of discriminating understanding that brings Wisdom. When Arjuna has learned this there will be nothing left on this earth for him to know (VII.2).

This last statement always rather astounded me. Krishna is saying that once we truly understand his teaching in the Bhagavad Gita, we will Know all there is to know here in our earthly existence as corporal beings. The wisdom that Krishna offers has the power to give us the understanding of the Whole. As we acquire similitude (sadharmya) with the God within our Heart, we approach the larger View. We may grok the hologram in its entirety.
Only the very few

Krishna admits that most are lost in the temporal illusory hologram and that very few stretch and expand their consciousness to achieve perfection. Out of those few, even less ever truly Know the God-within (VII.3).

This Universe as a Work of Art

The Creator manifested this universe out a the desire to enjoy Its Self in myriad forms. In his book on the Mahabharata, Krishna Chaitanya/KK Nair makes the case for this world to be understood as a work of art. Only those with the most hardened of hearts would deny the exquisite beauty of this universe. The night sky alone should be enough to prove that God is Beauty, and that aesthetics do play a role in the reason for Life. Surely the Creator resides in the illusion of so many separate Selves so that those beings may enjoy the plethora of beauty so splendidly arrayed all over this planet.

Relish

Krishna Chaitanya/KK Nair uses the word ‘relish’ and as a lady born in the south, I had some difficulty relating to relish as anything beyond a condiment which hopefully disguises the taste of scrambled eggs. But I am forming a relationship with this word.

Relish is defined in the Oxford Etymological Dictionary as an ‘after taste’; to have a pleasing taste, or to taste with pleasure.

The implication is that the Creator desires to taste (rasa) what has been created, and that we are the instruments of that joy of tasting. We are born to taste what emerges, what is produced, in the temporal illusory hologram. The trick or Key is not to become attached to these tastes so that we lose memory of our Real Being. The act of relishing the world is performed in the consciousness of non-attachment - or we soon find our consciousness bound in the ropes of guna-maya.
The universe would collapse

I once suggested to a friend of mine from India that if everyone on the planet woke up and became God-Realized, the entire world would be wonderfully changed. She, who is named after a goddess, sagely replied that the entire universe would collapse.

I thought about her words of wisdom, and concluded that in every cycle of time there has to be a balance between those who are veiled in the Illusion of Separation and those who are awake and enlightened as their true Self. Perhaps those who are deluded and attached do hold the illusion together in the sense that their consciousness allows the multiplicity of forms to emerge and stand for a time in the hologram. The hologram is the product of mass consciousness and reflects the thoughts in flux of the entire planet.

The Matrix - Prakriti’s Eight Parts

Ahamkara is the Sanskrit word for the small identity ego-self and ahamkara is perceived as being quite distinct from the Soul (Atman). Ahamkara evolves out of Nature (Prakriti) and there are two forms of Prakriti:

Apara Prakriti is the lower, and takes the form of the ego (ahamkara), the mind (manas), and intelligence (buddhis). Apara Prakriti has the choice to be autonomous.

Para Prakriti is made up of the elements - earth (bhumis), water (apas), fire (analas), wind (vayu), and ether or space (kham).

Krishna Chaitanya/KK Nair says that Para Prakriti is Logos, which he defines as divine intentionality. The Oxford dictionary defines Logos as the principle of divine reason and creative order. This Para Prakriti is the
Nature that moves inexorably through the four seasons. Nature whose tides and ocean currents, winds of gentle caress or hurricane destruction, and earth upheavals lie beyond man’s control.

Man’s autonomy can only hope to guide Nature’s earth, water, fire, and wind to our advantage. Man has free will and thus we may work with Nature, but it is perilous indeed to tyrannize Gaia.

Thus the Creator’s material nature is divided into eight parts; earth, water, fire, wind, ether, mind, intelligence, and the the ego-self, ahamkara, which is the instrument that allows the One to veil Its Self in the temporal illusion of Separation to experience it all. The divisions are only appearances, for the Self is the Supreme (param) that sustains this universe (VII.4-5).

*Like pearls strung on a thread*

The Bhagavad Gita is filled with poetic images of such brilliant illumination that one is often in sweet awe of Vyasa’s enormous talent to encode the most profound metaphysical principles in superb words. Krishna tells Arjuna that all beings emerge from the womb of the Creator, who is also the origin and dissolution of this universe. The All (sarvam) is strung - like pearls on a thread - on God (VII.7).

*Maya* parataram nānyat kimcid asti dhanamjaya

mayi sarvam idam protaṃ sūtre maṇigaṇā iva 7.7

Abhinavagupta suggests that just as the thread that connects pearls together is invisible, so ‘in a similar way God exists in the universe’ (B.Marjanovic). Here we have the perfect metaphor for the hologram and for many of the recent theories in quantum physics, such as string theory. The spheres of light, the luminous pearls, are clustered and connected within their Oneness as God. What an extraordinary and beautiful image!

Param

As the manifestation of the God-within fully Realized, Krishna then begins to compare himself with all things bright and beautiful in the
universe. The verses that follow are a prime example of Krishna Chaitanya/KK Nair’s idea that God creates for aesthetic relish. I am certain that no translation can accurately convey the rhythmic perfection of Vyasa’s Sanskrit lines, but even in English one cannot help but be moved by this expression of Glory to God.

As a painter, I love art and music. Some consider this universe as the ultimate Work of Art. The world is not only suffering, the world is also great beauty. Who among us does not perceive God in beauty? Who does not, in the very depths of the soul, long to create beauty and perfection.

Eternal Flux

Even though Krishna teaches that pleasure (sukha) is the womb of pain (duhkha), there is so much more in this grand universe that transcends suffering. The primordial secret is to never become attached to what you create and in delusion imagine that your creation can prove to be eternal in what can only ever be a temporal realm. The Art of this universe is in flux.

Krishna praises the beauty of the God within Him as the taste (rasa) in the waters (apsu), and the radiance of the Sun that in splendor lights up the Moon. The Supreme Self is the sacred syllable AUM. It is the manhood in men, and the sound (sabda) in the ether (VII.8).

Sabda

Hindu metaphysics has an elaborate and highly illuminating theory of sound. Sabda (pronounced shab-dah) is the more subtle inner-sound behind the audible sound. This sabda - also called sphota - is vibrating with meaning and the power of Shakti. The Logos or Divine Sound is formed into words that have power to create. This power of Word is called Vac and is the basis of mantras. Anahata is the unstruck sound which exists in the cavity of Brahma, the principle of Creation, and can be heard by those yogins who are able to sustain the highest concentration (B.Marjanovic).
The fragrance of the earth

In identifying with the Supreme Being that dwells within, Krishna tells Arjuna that He is the pure, sacred, and auspicious fragrance of the earth (VII.9). Now and again in Bollywood films, the hero or heroine will reach down into the dirt, and with their eyes filled with tears, lift up a handful of earth to passionately demonstrate their reason for living or their motive within the plot of the story.

*God dwells in the Heart*

Krishna says that He is the life of all beings (jivan sarvabhutesu). This echoes what he later says, that God dwells in the Heart of everyone (XV.15).

As God fully Realized in man, Krishna says that He is the strength that is free from desire and passion. He is desire (kama) which is not opposed to Dharma, to law, justice, and duty (VII.11). Here again we see that desire figures predominantly in the metaphysics of this universe. Not all desire is sinful.

Krishna Chaitanya/KK Nair translates this verse as - ‘In all beings I am the desire (kama) which is not contrary to integrity (dharma).’ Abhinavagupta writes this as icchasakti, a term used in Kashmir Saivism to denote to power of Shiva ‘which is intent on manifestation’ (B.Marjanovic). It is the Desire of the Creator that brings this world into existence. Sin is the attachment that produces delusion.

*The Rig Veda*

Krishna Chaitanya/KK Nair observes that Plato shared the perception of those ancient poets who wrote the Vedas. In Plato’s philosophy truth, goodness and beauty were the ultimate values which emanate from the transcendental Being. The Rig Veda sees the Creator as the supreme architect of beauty and ‘the total design of the world’ (The Mahabharata, A Literary Study).

*Firm-seated are the foundations of Eternal Law. In its lovely form are many splendid beauties.*
By Eternal Law they give us long-lasting nurture.
By Eternal Law have the worlds entered the universal order.
- Rig Veda IV.23.9 as translated by Krishna Chaitanya/KK Nair

Here the poet clearly conveys his vision of this universe being rooted in the Eternal Law. There is a structural order to everything and this order is not only the very foundation of our world, it is also Beauty. ‘In its lovely form are many splendid beauties.’

The things of this Earth belong as much to others as to me

As the eyes and ears of the God-within, we are here to ‘relish’ our creation. Because there is only the One, beneath the illusion of Separation and apparent multiplicity, the world belongs to no one in particular. The world belongs to All.

In the Mahabharata, the poet-author of the text Vyasa takes on the character role of a seer of great wisdom who is master of the Vedas. In the Shanti Parva, after the great war is over, Vyasa advises the King Yudhisthira and says:

‘This body is not mine. Nothing in the Earth is mine. The things of this Earth belong as much to others as to me. Seeing this, the wise do not allow themselves to be beguiled.’
- Mahabharata, Vol.7, Ch 25.19; M.N. Dutt.

‘The things of this Earth belong as much to others as to me.’ This is not a declaration of tyrants who seek to forcibly redistribute wealth as an excuse to keep what they like for themselves. This is a metaphysical reality, a fact based in the enlightened conscious awareness that there is only the One.

When you Become the world, why would you need to possess any part of it? You are all the parts and you see them as they truly are. You perceive the external as the cyclical manifestations of the temporal illusory hologram, which are forever in flux moving towards peaks and slipping down into troughs, hope and despair, youth and old age, birth and death.

The gunas are in God, but God is not in them ...
Continuing his enumeration of the glories of God, Krishna - as a man who is fully God-realized - reveals that He, as the God-within, is the source of the gunas (sattva, rajas and tamas). He says mysteriously that the gunas are in God, but God is not in them (VII.12). Once again Krishna teaches us that even though all this entire universe is within the ‘body’ of God and Vasudeva sarvam iti, meaning God is All (VII.19), the Creator remains forever untouched by its fluctuations.

The whole universe (sarvam idam jagat) becomes deluded by guna-maya, the Matrix. Confused in the delusion (mohitam), the pieces of God who have veiled themselves in the illusion of Separation, forget and do not recognize their real identity as the God-within, that which is forever beyond and above the temporal. The God-within is avyayam - the imperishable (VII.13).

God made the gunas...

Krishna then reveals that God made guna-maya. God is the source of the creative power of maya that moves through the gunas to produce the temporal illusory hologram. By the power of the three gunas - rajas, sattva, and tamas - the Creator veils Its Self in the Illusion of Separation.

What God has created, man's deluded ego cannot undo.

Only by uniting our consciousness with the God-within and by our own efforts earning similitude (sadhramya) can we attain liberation (moksha) from guna-maya (VII.14). Never underestimate the deceptive powers of guna-maya. The only real freedom we posses is to Become the SELF!

This universe is permeated with the highest consciousness of the One, and yet those who have no Knowledge of this truth and the workings of guna-maya remain in ignorance. The ones who are so confused, foolishly allow the guna tamas to attach their consciousness to the demonic frequencies (VII.15).
Priyas: The ones who are dear

Krishna says that there are four kinds of the good who honor and worship their Creator. There are the ones who are bereft, afflicted, and suffering. There are those who seek wealth, those who desire Knowledge, and then there are those who have Become Wise (VII.16).

God dwells within the Heart of All and as the All, God is partial to none. Yet Krishna says that the one who is of Wisdom is dear (priyas) to the Creator. The wise (jnani) one who is joined in Union with the God-within and is solely devoted to the One in the All, also finds God exceedingly priyas dear (VII.17).

All who honor God are noble, but the wise who have Become enlightened are considered by the Creator to be as Its very Self. They have achieved similitude (sadharmya) and abiding in Union, they remain in that Path which is the Supreme Goal (anuttamam gatim). There is nothing higher (VII.18).

VAC: The Concept of the Word in Selected Hindu Tantras
Andre Padoux; Translated by Jacques Gontier
State University of New York, 1990
Sri Satguru Publications, a Division of Books Center; 1992, Delhi
The Only Refuge is Within

Go within, into the Heart, and allow the ever-present patiently waiting God-within to expand, filling your consciousness with the highest frequencies of eternal Love, Wisdom, and Knowledge. Forming this precious adamantine bond with our real Being is the only lasting treasure we take with us, ever. Everything else is temporal and illusory - the manifestation of mistaken attachment to our individual five-sense differentiated perception, which creates our delusional bondage in this holographic universe.

You are eternal.
These absurd demonic forces are having their day here as we see the feeding frenzy of confusion and delusion increase into a cacophony of contradictory madness.
All unreal. Unplug. Go within.

We are not the body.
Wisdom is the only lasting wealth we take with us.
This dark period of transition is a rare opportunity to Become the God-within, that imperishable Oneness we are and have always been.
All the rest is fluctuating, transitory, and inevitably perishes.

Our courage, real strength, and power of discernment will come only from that which always dwells in the Heart.
Go there. Listen to that.
That is our only Refuge.
Come Home.
Invisible, enveloped in the Power of Illusion

The Bhagavad Gita is the very essence of all the wisdom in all the Sanskrit texts in 700 brilliant verses. The writer of the Bhagavad Gita was a man of limitless wisdom and literary skill without equal. I never tire of reading from the Gita and I always learn something new. I will read it until the day I die – delighting in every fresh new understanding, each deeper layer of truth revealed, every gem that lights the way Home to freedom.

The many paths by which we seek God reflect our individual proclivities and inclinations, our accumulated impressions (samskaras) from 1000s of lifetimes. These days many worship the material things that wealth can bring them, in the ephemeral and fading delusion that money and power will grant immortality. Deities come in endless forms, while God remains invisible – unmanifest, yet permeating all.

Bhagavad Gita VII.24:
The unenlightened unintelligent ones imagine Me, the unmanifest and invisible, as being manifest. Not being aware, they do not know My higher being, which is imperishable and unsurpassed.

God’s real nature has no concrete form, but takes on any form in response to the desires of those who worship (BhG IV.11). These forms of the creator are merely appearances, temporal holograms. The Oneness has no name. It is nameless and formless, as It weaves Itself through time and space.

BhG VII.25:
Concealed and enveloped by My yogamaya, I am not visible, shining to
all. This deluded and confused world does not recognize Me, the unborn, the eternal and imperishable (avyayam).

We will only ‘see’ the God-within us when we have purity of mind (BhG XV.11). Those who reach for this purity, who strive to become innocent again, to look at the world with the heart of a child, to “see the world in a grain of sand” – they alone will perceive the Self abiding in them, in the Heart.

There are no words to describe this invisible, imperishable, eternal Oneness that permeates the entire universe. The Sanskrit texts are merely attempts at leading us there. Each Seer has his or her own Realizations and writes them down for others. The texts are clues in the great mystery, trails to follow to the ultimate Wisdom.

As Abhinavagupta says:

“All such theories are merely some dialectical speculations useful in discussion and debates. None among such entities has any real existence, as all these are mere suppositions and imaginary concepts of thinkers.” (Essence of the Exact Reality or Paramarthasara of Abhinavagupta)

You will experience the Oneness permeating everything around you when you come into the sacred Silence. It is always all around you, in you, beside you, in your every breath, waiting in your Heart ready to whisper the Truth to you.

Withdraw your attention from the Unreal, from the external world, which is a form of death itself. Understand that the five senses are merely tools to explore the world, unreliable tools that delude you, tools you must learn to move beyond when you are ready to come Home.

All forms are temporal illusory holograms – real only to the five senses. Withdraw your attention from the five senses. The eternal Oneness is all forms and has no form, no name. You are That!

Abhinavagupta’s Commentary on the Bhagavad Gita
GITARTHA SAMGRAHA
Translated from Sanskrit with Introduction & Notes by Boris Marjanovic
Indica Books; 2004, Varanasi India
We all have the ability to stretch our thoughts back in time to the Satya Yuga, the Golden Era, before we had forgotten our Real identity as the God-within. The memories of this Golden Age are in the DNA and the subtle body. Anyone can access them in pure contemplation and with the Knowledge that Time itself is an Illusion created to set the rate of vibratory pulsation, the beat or ‘tempo’ in the holographic Matrix.

In the Satya Yuga we were all still consciously connected to the One, our Source. The Immeasurable Immutable Immensity ‘dreamed’ Its illusory appearance of Separation. The Supreme Soul (Paramatman) created the multitude of living souls (atman) and the Atman became Purusha in subtle luminous forms. These forms were complete in themselves and had not yet begun to take on the appearance of solidity.

The living souls (atman) that existed in the Satya Yuga were in no lack
and did not ‘need’ relationships to fulfill them. Conscious that they were the expression of the One, they were filled with the Power of Love. The Sanskrit texts, the Puranas, say that these Golden Era beings did not have to labor for their food. When on the rare occasion they required sustenance, there were abundant ‘honey-cups’ on trees.

What happened ...?

So how did we get from this state of bliss, purity, and fulfillment to where we are now? As Time (kAla) “cooked” our Consciousness (Purusha) down through the ensuing cycles, we made choices in our Free Will polarity universe. It is said that there are other kinds of universes, however we are here now in this one and our polarity world is made up of waveforms which carry frequencies of consciousness available from the spectrum of positive to the negative.

Whatever waveform frequency of consciousness we move toward and become connected with through our thoughts and actions, eventually seeps and spills and merges into our being, and alters our hologram. In Book XVI, Krishna enumerates the various polarity states of consciousness that will, as the result of your choices, magnetize you to either the divine or the undivine, the demonic.

The Virtues that lead to a divine destiny

Krishna lists the virtues which are destined to be acquired by those beings who are born into the consciousness that is ‘divine’ (XVI.3). In case you want to, as the country & western song goes, ‘get right with God’!

XVI.1

abhayaṃ - the fearlessness which emerges when doubt is overcome; secure and beyond danger

sattva saṃśuddhir - purity of heart & being

jñānayoga vyavasthitih - persevering & abiding in the Yoga of Knowledge which is Self-Realization, the Recognition of That which you are

dānam - being charitable; giving according to your ability; you give what you can, you do not give everything away as this would make you a
dependent on others; dāna - the act of giving

damaś - being restrained, having self-control; taming and subduing (the gunas)

yajñaś - sacrificing the illusions of external world and performing altruistic acts

svādhyāyas - reciting sacred texts, scriptural study

tapas - generating the 'inner heat' through austerity and self-denial; penance

ārjavam - becoming that which is Righteous; ārjava - straight, honest, sincere

XVI.2

ahīṁsā - adhering to nonviolence, harmlessness; not causing injury to any others

satyam - being truthful, telling the truth, being honest

akrodhas - without anger (krodhas); anger is a primary cause of delusion and clouds the discerning judgment that allows for the Knowledge of Discrimination between the eternal Real and the temporal unreal

tyāgaḥ - renunciation

śāntir - abiding in peaceful serenity and tranquility; calm, gentle, free from passions

apaiśunam - not gossiping or speaking ill of others

dayā bhūteśv - having compassion for all beings, all creatures

aloluptvaṃ - being free from the snares of desire and lust, because you understand all too well that sukha (pleasure and happiness) is inevitably followed by duhkha (pain and the loss of happiness)

mārdavaṃ - being kind and gentle
hrīr - possessing modesty to the point of shyness

acāpalam - having discretion over fickle impulses; controlling that 'restlessness' that so often takes the form of mindless chatter or other nervous habits

XVI.3

tejaḥ - having personal vigor as health, energy and enthusiasm; also the maturity that can remain calm in the presence of foolishness

kṣamā - being patient and forgiving

dhṛtiḥ - courageous; which includes that effort and fortitude that overcomes weariness and even physical exhaustion

śaucam - the internal purity in the mind and the external purity of the body

adroho - hating none

nātimānitā - without a perilous pride; those who have Realized the One in the All lose the false arrogance of the small identity ego-self and are inclined to a dignified modesty

(Winthrop Sargeant, M. Monier-Williams & Gambhirananda)

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Krishna:
Fearlessness, singleness of soul, the will
Always to strive for wisdom; opened hand
And governed appetites; and piety,
And love of lonely study; humbleness,
Uprightness, heed to injure nought which lives,  
Truthfulness, slowness unto wrath, a mind  
That lightly letteth go what others prize;

And equanimity, and charity  
Which spieth no man's faults; and tenderness  
Towards all that suffer; a contented heart,  
Fluttered by no desires;

a bearing mild,  
Modest, and grave, with manhood nobly mixed,  
With patience, fortitude, and purity;  
An unrevengeful spirit, never given  
To rate itself too high;

- such be the signs,  
O Indian Prince! of him whose feet are set  
On that fair path which leads to heavenly birth!  
- Ganguli XVI.1-3

None of these should turn you into a rigidly sanctimonious, humorless prig, judgmental of others, flaunting your superior spirituality. These ‘virtues’ are simply the result of Knowing that everyone and everything is God. We are all the One Veiled in a multitude of beings, who are all struggling within the bonds of delusion and ignorance through a plethora of cyclical stages.

How can you judge what is you, but in another form and yet another phase of their awakening? There but for the Grace of God, go you. How can you harm your own Self?

Waking up from delusion or enjoying it!

When you Know that all Beings are in this process of awakening from their delusion or enjoying it, you will quite naturally have Compassion for them all - no matter how they ‘see’ you or how they treat you. As Jesus said, ‘Forgive them, for they know not what they do.’ Whatever they do in ignorance returns to them, not to you - unless you interfere and judge them in a way that attaches their frequency of consciousness into yours, meaning their consciousness becomes yours.
There is a big difference in discerning and making the distinction between what is right, sattvic, and truth from what is demonic delusion - and being ‘judgmental’ of others in an attachment to a false sense of arrogant superiority. On the Path Home you must utilize the Wisdom of Discernment to perceive what is the Real, and in the consciousness of non-attachment learn to discriminate and discern what is the Imperishable Real from the temporal unreal. Such discrimination is not priggish ‘judgment’ of the others - who are All the One.

What is a saint and how do they behave?

In the west we have an ideal of the life of a saint that is probably false. I don’t believe that Krishna is telling Arjuna to be a self-effacing saccharine pill. In fact if you recall, they are still standing in the middle of the battlefield while two massive armies await the signal to slaughter each other.

Krishna wants Arjuna to act, to kill all the ‘bad guys’ - but he wants Arjuna to act in the Knowledge of Wisdom that incorporates the frequency of non-attachment. Krishna is helping Arjuna to understand that all these warriors are God Veiled as the personality selves of the arrogant wicked Duryodhana, his blind father blind Dhritarashtra, and the others who have thrown in their lot on the side of the demonic in the form of greed and ruthless acquisition.

A sense of humor, please!

One writer says that in India saints spend their time composing poetry and songs praising God. Krishna Chaitanya/KK Nair emphasizes the idea that the person who is a master of the gunas need have no fear of the five senses. Saint Teresa of Avila is said to have wanted only nuns who possessed a sense of humor in her order.

The Saint Teresa in Kolkata (Calcutta) who took care of the lepers, the sick and the poorest of the poor was an amazing stellar inspiration to us all. However we may not all find our own expression in that way. We are all different, and when we Remember who we are and awaken to our true identity, who can say what Path we will take? It is obvious to me that the Creator loves surprise and revels in the unique gems that lie within each human heart. Who can say what you will do? Whatever that will be, I
assure you it will not be boring. God is Love!

It’s their job!

In the Mahabharata, Vishnu's bird Garuda (Suparna) shows the ascetic student Galava, who is worthy, the Invisible Realms which lie in the Four Directions beyond the ‘end of the world.’ In the southern quarter Dakshina, the student is shown the demonic, the Rakshasas whose job it is to assail those who have not perfected their souls (J.A.B.van Buitenen).

Here are many thousands of Rakshasas [demons] who have been created to stand in the way of men coming to these [higher] regions [of the gods and Rishis/Seers] and who can be perceived by those who have not brought their souls under control.
- The Mahabharata, Udyoga Parva, Ch.109.8; translated by M.N. Dutt

Sinking into demonic frequencies

Returning to the demonic and how we fell from Knowledge and Grace, Krishna now enumerates those qualities which propel us along the slippery slopes of consciousness, like water spiraling down the drain into the demonic realms. Say someone is good and the conversation is often over; say someone is bad and the story just begins, for the ways of the darkside are numerous and tend to take on an endless permutations. As they say, the devil is in the details.

Deceitfulness, and arrogance, and pride,
Quickness to anger, harsh and evil speech,
And ignorance, to its own darkness blind,-
These be the signs, My Prince! of him whose birth
Is fated for the regions of the vile.
- Ganguli XVI.4
XVI.4

dambho - hypocrisy and fraudulence; religious ostentation, the hypocrite who displays virtue to feel superior

darpobhimānaś - is the combination of two words (darpah & atimanah) meaning the arrogance and insolence of those who are hostile in their conceit and haughtiness (which Duryodhana epitomizes).

krodhaḥ - anger that deludes

pāruṣyam - that which is harsh or rough, also applying to rude language; reproach, insult

ajñānaṃ - this is ignorance, the absence of Knowledge and therefore a lack of Discrimination

āsurīm - the demonic; those multitude of inauspicious tendencies which arise from the combinations of the gunas rajas and tamas

(Winthrop Sargeant, M. Monier-Williams & Gambhirananda)

These are the qualities possessed by those who are born with a demonic (asuric) nature (sampadam) and destiny (XVI.4). The guna tamas is said to be the source of ignorance. Abhinavagupta uses the words ‘demonic particles or elements’ to describe the nature of ignorance (B. Marjanovic). This brings to mind the now familiar idea in quantum physics that light and matter can be considered as both waves and particles.

An osmotic immersion in vibrational rates ...

When Abhinavagupta describes ignorance as ‘particles’ I suggest he is pointing to the idea that consciousness itself may be considered as waveforms which carry specific frequencies. These frequencies of say
ignorance or enlightenment may enter our holograms, either individually or as groups, and alter our consciousness for better or worse. Thus it is by an osmotic immersion in vibrational rates of frequencies that we are drawn closer to the Divine, our Home, or further away from our Source to the demonic.

The waveforms/particles that resonate with the guna tamas draw our consciousness into those frequencies which bind us in ignorance (XVI.5). While the waveforms produced by the guna sattva allow us to cultivate the Knowledge of the Real in a state of non-attachment and contentment. It is through the nurturing energies of sattva that we may acquire a similitude (sadharmya) with the God-within that simultaneously permeates the All. The guna sattva opens the door to our Liberation (vimokshaya).

The Heavenly Birth brings to deliverance,
So should'st thou know! The birth with Asuras
Brings into bondage. Be thou joyous, Prince!
Whose lot is set apart for heavenly Birth.
- Ganguli XVI.5

Krishna assures his friend that Arjuna was born with a divine destiny. The reader might hope that Arjuna’s sattvic nature will empower him to inevitably overcome and defeat the demonic, who are represented on the battlefield of Kurukshetra by Duryodhana, Dhritarashtra, Bhishma, Karna, Drona, and their assembled armies.

Two stamps there are marked on all living men,
Divine and Undivine; I spake to thee
By what marks thou shouldst know the Heavenly Man,
Hear from me now of the Unheavenly!
- Ibid.XVI.6

Kurukshetra, the battlefield that is the setting for the Bhagavad Gita and Krishna’s discourse to his friend Arjuna, is in fact symbolic of the war that rages in us all. Consider that the wars which are waged in the external world are reflections of our own personal struggle between good and evil. Just as the temporal illusory hologram is projected from our consciousness, wars on earth are the projections of the human heart and mind in conflict.

*The War within ...*
Krishna fully understands this inner war when he says that there are two types of beings in this world - the divine daivas and the demonic asuras (XVI.6). Each of us has these qualities in our gunas. Sattva relates to the divine and tamas to the demonic; rajas serves to activate them both. When you think of the deity Shiva as the principle connected with tamas, keep in mind that Shiva has both the power to delude - and that power which destroys and annihilates delusion.

They comprehend not, the Unheavenly, How Souls go forth from Me; nor how they come Back unto Me: nor is there Truth in these, Nor purity, nor rule of Life. - Ibid.XVI.7

The souls who have allowed the demoniacal (asuric) frequencies to dominate their consciousness are ignorant of the underlying metaphysical Truth (satyam) of this universe. Abhinavagupta says that they do not know the source from which ‘this universe emerges’ (pravritti), nor are they aware of its cyclical Dissolutions (B.Marjanovic). How many people are aware today of the Cycles of Time or that we are now in the Kali Yuga?

Deluded by the appearance of Separation, those who have aligned with the demonic frequencies have no Knowledge of the Cosmic Laws that formulate the structure of our world. In such ignorance there is little motivation for goodness (acaras) and purity (saucam). They have forgotten the God-within and therefore there is no Truth (satyam) to be found in them (XVI.7).

"This world Hath not a Law, nor Order, nor a Lord," So say they: "nor hath risen up by Cause Following on Cause, in perfect purposing, But is none other than a House of Lust." - Ganguli XVI.8
Without the experience of feeling ‘connected’ with the Greater Reality, these demonic types claim that there is no truth (asatyam) in this world (XVI.8). For them there is no God on which to stand, no solid ground to build their lives on with integrity and honesty. The demonic are limited to the perceptions of the five senses, and their gratification. They say that this world is only motivated by desire (kama). Perhaps the current axiom ‘sex sells’ sums this up perfectly.

And, this thing thinking, all those ruined ones -
Of little wit, dark-minded - give themselves
To evil deeds, the curses of their kind.
- Ibid.XVI.9

These souls who have temporarily lost their way and exist in the consciousness of Separation from the One, become the enemies (ahitas) of the world. Once we lose awareness of the Real Self (atman) within, our intelligence diminishes into deeper delusion and ignorance. The men and women who have no Knowledge are driven to commit selfish acts which are destructive to the world (XVI.9).

I do not believe that there is any one person who is all bad. Perhaps there are some who come close to being ruled by the darkside; but until they die, their soul remains within them waiting for recognition. However as they old saying goes, ‘the road to hell is paved with good intentions’ and many have lost their integrity, their wholeness, their soul trying to ‘do good’ only to find themselves mired in webs of evil.

Our broken hearts & minds ...

I don’t think the businessmen who wanted better lives for their families, and who saw themselves as doing good by providing jobs for others, were intent on poisoning our land, air and water. How many idealistic determined young men and women have made their way to the power centers of civilization to make the world a better place, only to find themselves mired in hypocrisy, mendacity, and a corrupt system that relies on favors and favoritism. How many of us even now sit bewildered, broken hearted, head in hands, wondering how it could have all gone so wrong.
Consciousness is Everything!

Without the Knowledge of Discrimination, without an adamantine connection to the God-within, and an understanding rooted in primordial metaphysics, none of our endeavors can succeed. The only way we can conquer the ‘darkside’ is to shine the Light of Truth on the thick miasma of ignorance and delusion, and Remember who we are.

When we achieve similitude (sadharmya) with the God within us, we can in confidence work for the well-being of this world - lokasamgraha. Even then we have to face the warp and weave of a multitude of holograms. Krishna does not promise Arjuna that he will succeed against the demonic.

In the Kali Yuga, the consciousness in which actions are performed is of greater value than successful results. Krishna does not guarantee that non-attachment will bring success, only that it purifies and sets us free!

'Strangled with Hundreds of Nooses of Expectation’

... the fate of these demonic bloodlines:

Puffed up by their egos, arrogant, drunk with wealth and pride, they offer up...[charity]...out of sheer vanity. Embracing egotism, overbearing strength, pride, desire, and anger… Those hateful, cruel, vile, and polluted men I hurl ceaselessly into demonic wombs… birth after birth…
- Bhagavad Gita XVI.19 & 20
Krishna tells Arjuna that because these people resonate with the negative polarity, they have no understanding of their relationship to the universe. Their lives are not built on Eternal Truth – on DHARMA. They are lost, living in a demonic hologram with little enlightenment and, as is all too evident from the poisoning of the planet, ‘their dreadful actions capable of destroying this world.’

Compulsively moving from one insatiable desire to the next, these sad beings are intoxicated by their ephemeral delusions of power. Think tanks daily produce new false doctrines to support the misdeeds of greed and avarice. Notions such as the bottom line, the trickle down theory, and the end justifies the means are spun into fresh webs of confusion to justify any action and bewilder the herd.

Lies are truth and truth is a lie – and so it goes spiraling down. One of the predicted symptoms of the Kali Yuga from the Sanskrit Linga Purana is that – ‘People will prefer to choose false ideas.’

Don’t imagine that these ones who are puffed up with their self-importance are happy and at peace with themselves.

Addicted to power with the hounds of hell ever at their backs, they are always aware that another warrior will one day come along and conquer their kingdom. So they worry, to remain in the lead they become workaholics. There is no escape, never enough money, and no relief for their fears. Indulging in consumption for relief, for reward, they buy yet another villa, another yacht. Will one more do it for them? How many deals, takeovers, and whores will it take to make them relax, to forget, to satiate their desires for a New-York-minute? And all the while, Death is silently coldly breathing down their necks.

Krishna says in their desire and anger, they are – ‘Strangled with hundreds of nooses of expectation…’

Every day they count their victories – as the saying goes, Money is the scorecard. Every act is justified by their delusional sense of power and importance over others. As masters of this world, they deserve what others do not. When they give, it is most often to bolster their own self-esteem, to give more than their rivals. This is not charity – as Krishna says, this is vanity.

Magnetism is the Law in the Invisible Realms where like is drawn to like.
Krishna tells Arjuna that he ‘hurls [them] ceaselessly into demonic wombs.’ Meaning they are drawn to similar bloodlines to be born into. Thus they are brought up with the same values, a reverence for power and control, and a lack of love that leaves them empty, craving.

Following the path of self-delusion, these unfortunates may, according to Krishna, eventually ‘lose their wits’ and fall into the temporal illusory holographic matrices of various Demonic Worlds, such as the Rasatala and Patala Lokas --- but not for all eternity.

Remember these LOKA Worlds are temporal and thus, along with the rest of the hologram, will be dissolved at the end of the Kali Yuga. The Creator is Love and never so cruel as to doom any being forever. These arrogant deluded ones are after all playing their part. They are in their way holding the temporal illusory hologram together until the time of dissolution.

But in the Twilight of the Kali Yuga, there most assuredly is no need to envy these who are strangled with the hundreds of nooses of expectation.

The Matrix and the Sanskrit Texts

The world is bliss

There is nothing but bliss
Every moment is a chance for bliss
Beneath the curtain of each atom
Under and within the illusion
Between breaths
Between endings and beginnings
In pleasure and pain
The Illusion is nothing more than an offering of bliss
God is bliss
Everything is bliss
There is nothing but bliss
This illusory world offers you bliss
In the taste of anything
When you touch any thing
In the golden path of sunlight
The clear bright blue sky
The shadows in a dark night
A falling whirling spinning leaf
The flame in a bird song
The stars that pierce your soul
A headache
A heart ache

There is nothing anywhere but bliss
The illusory world is made up of bliss

There is nothing anywhere but bliss
We made it this way
Remember …?
You never left Home
Remember who you are …
Identify your consciousness as the God-within you – not the external multiplicity.
Know that you are that – the God-within you.
Know that is the only Real.
Everything in the external world is temporal and illusory – a hologram generated by our thoughts and feelings.
Know that you created this world.
Know that you are infinite consciousness pretending to be bound by the illusion of matter, those surfaces that appear to be solid – the playground of the five senses.
Know that Love is the Field that holds and unifies everything.
Wake up from your self-induced Dream.
You are the God-within you.
You are not whatever temporal illusory identity and data collecting vehicle you are currently experiencing.
You are eternal.
You are the Oneness.
Switch your consciousness from the endless multiplicity of appearances that continually emerge on the Ocean of Consciousness and know that you never left Home.
You always were and always will be the One.
Remember who you are …
Churning the Ocean of Consciousness
Shiva Sutra 2.3
Vidyasarirasatta mantrarahasyam

The essence of all mantras is “the supreme knowledge of oneness” [Swami Lakshmanjoo]. The word mantra in this sutra does not mean those chanted sequences of traditional Sanskrit words. Here mantra refers to the supreme God, that God consciousness that permeates the universe and is the point of the formation of the collection of all sounds. “Mantra, in the real sense, is that supreme I consciousness [SLJ].”

There is only the One. The One takes on the appearance of two as Lord Shiva (in Kashmir Shaivism) and the Mother, who is the symbolic essence of the creative manifesting feminine principle. The Mother – matrika shakti, womb, matrix, yoni – is one with mantra and mantra is one with all letters, which are sounds that generate the temporal holographic universe.

Shaivite texts often take the form of Shiva speaking to his consort Parvati, who asks him questions and his replies provide the reader with eternal wisdom. In this sutra Shiva explains to Parvati that those people who are hypocrites and do not sincerely perform their spiritual practices, “because of these misdeeds” he has “extracted the splendor from their mantras” and thus their mantras become useless [SLJ]. It is your consciousness alone that makes a mantra successful.

This Mother Shakti pervades the entire universe. In the body, the Mother takes the form of kundalini in the center of the Heart. The Heart is not physical, rather it is “a center of awareness found everywhere in the body [SLJ].”
The Mother goddess as kundalini is asleep in the body and in order to awaken her as our internal awareness, we must raise the frequency of our consciousness so that it is in harmony and resonating with hers. This process is described as “churning” and it is said, “the yogi has to churn his point of one-pointedness in the heart, without break, again and again. [SLJ].”

This sutra extensively quotes from the Tantrasadbhava on the experience of getting the kundalini to rise – and then declares “the energy of kundalini…puts obstacles in the way in the journey of final liberation [SLJ].” Those yogis who are satisfied with lights, visions, and limited yogic powers will not reach the supreme God consciousness that is the One. The God within seems to delight in deceiving Itself as us and placing distracting tempting trinkets on the way Home.

The Sanskrit texts build on one another, meaning texts that were written in later periods contain reflections of older texts. This idea of “churning” consciousness reminded me of the story of the gods churning the ocean, (which is in the Ramayana, the Mahabharata, and the Puranas). This story has always fascinated me because I believe that these so-called ‘myths’ are not myths at all. They are the eternal wisdom of the previous cycles of time encoded as metaphor in histories.

If linear thinking doubt leaves you skeptical, wondering if these events actually took place, and attempting to date them, then in my view you miss the point. You will miss the great eternal wisdom embedded within these wonderful inspiring tales of grand heroes and timeless spiritual knowledge. The clock enslaves our consciousness. India wasn’t much bothered about time and dates before the English arrived.

The Churning of the Ocean of Milk, from the Ramayana, Canto XLV — in my words:
In a previous Satyayuga, meaning a golden era in the four cycles of time, the sons of Diti and Aditi wanted immortality. Reflecting on their dilemma, they decided to obtain an immortalizing drink from the ocean of milk by churning it.

The sons of Diti were demons and the sons of Aditi were gods. They were not strong enough to accomplish this herculean task alone. They needed each other. Using the giant snake Vasuki, the king of serpents, as a rope and the mountain Mandara as the churning rod, they began to churn the ocean of milk. For one thousand years the gods and demons together churned the ocean of milk.

Now the serpent king Vasuki had many heads. Those heads began to bite the rocks on Mount Mandara, and their fangs were spewing copious venom. The churning for immortality was thus creating a deadly poison all over the surface of the ocean. This poison was called Halahala and it began to consume the entire universe – gods, demons, and humans.

Using telepathy the gods beseeched Lord Shiva for protection from the poison, because Shiva is the Lord of the principle of Destruction. Lord Shiva appeared before them – and soon thereafter Lord Vishnu, the principle of the Preservation of the universe.

Vishnu honored Shiva saying that because Shiva is the Jewel among gods, who takes the lead among the gods, then whatever has appeared first from the churning of the ocean is by rights the share that belongs to Shiva. Vishnu urged Shiva to accept the poison as tribute offered in precedence over others.

Hearing the praise of Vishnu and aware of the fear felt by the gods, Lord Shiva, Destroyer of the universe, swallowed up the treasure known as Halahala poison as though it were nectar. Shiva kept the poison held safely in his throat, which turned blue, and then departed for his own realm.

The gods and demons intent upon their immortality went on churning and Mount Mandala fell down into the Patala Loka, the lowest of all subterranean regions. The gods begged Lord Vishnu to lift up the mountain out of the darkest depths.

Vishnu, the Preserver is also the Ruler of the senses. To lift up the mountain he became the divine Tortoise and supporting the mountain on
his back, helped the gods and demons to continue churning the ocean of milk.

Eventually their churning produced the nectar of immortality, among other things. The story does not end here, but for our purposes one might see the metaphors of consciousness in this primordial tale. The snake is the kundalini latent within the human body.

The ocean of milk is the ocean of consciousness, which must be churned by those who aspire to immortality in God consciousness. The human body is a microcosm of the universe, made up of both gods and demons, meaning positive and negative forces. The darkside will take over, poison and cover our own ocean of consciousness if we do not destroy it – thus we need Shiva as the power of Destruction.

Shiva destroys (self-created) ignorance of our Oneness with God. Shiva, as the principle of destruction, swallows the poison and keeps it in his throat until he requires it for the Dissolution of the current universe.

Our senses are said to be the gods. In Sanskrit the senses are termed indriya – pertaining to Indra, the king of the gods. Vishnu as the principle of Preservation becomes a tortoise, a creature that can withdraw into its shell - as we must withdraw our senses from the temporal hologram in order to realize our true identity.

Well, this is nothing I have read elsewhere. This is just my intuitive imagination running wild with a favorite story from the Sanskrit texts, connecting it to the verse in the Shiva Sutras – a bit of fun. You can draw your own conclusions. For me, the journey into Sanskrit is marvelous and unending!

**Metaphysical Musing Introduction**

*These musings are dedicated to the God-within each and every one.*

My metaphysical writings have emerged from a lifetime of meditation, reading, wandering, and research. Who am I? I am anyone whoever sought the truth, whoever felt themselves to be a ‘stranger in a strange land’, whoever longed for their freedom. I was born in 1945 in the wild wild west. From the very first time I remember feeling, I felt misplaced, born out of family, out of time, from another planet. In 1964 I began to seriously study what I now collectively call metaphysics – the search for truth ‘beneath the curtain of each atom’.

Over the years I have read hundreds of books on metaphysics, spirituality, and religion. I have found the Sanskrit texts of Hinduism, Lao Tzu, and the writings of the Sufis to speak clearly - at least to me. This website will include many sources, but since 2003 I have been focusing on translations of the Sanskrit texts and more recently teaching myself Sanskrit, and thus what is written here will reflect these ancient timeless eternal teachings.
Nothing is set in stone. Nothing. These words are only meant to inspire you and invite you to wander through your own holographic reality, and there create an inimitable, private, personal relationship with the God-within you. Question everything and never believe anything that does not resonate with your own inner being.

Your path Home is unique to you and solely yours. Why would Isness/God, The One who is infinitely diverse in It’s manifestations, want us all to realize our Oneness in the same way? Clones are only useful to the mechanisms of control and consumption; with little or no imagination, they are disposable. Find your own Way. That is the future of Truth.

The basics of my current understanding:

God is everything and everyone – meaning The Oneness, the IS-ness/God pervades this entire universe, everything, you, and every other living being, and the myriad other universes.

God pervades this and every universe, and simultaneously dwells in our Heart – meaning God dwells within the Heart Chakra of every living being waiting for us to turn to That, ‘the With-in’ and in Rembrance of what we have always been, become The One again.

You would not be alive if The One did not abide in you, in the Heart.

God/Isness is LOVE - not elusive personal human love as attachment, but LOVE as the entire Field of Creation, the force that unifies all others.

We are currently living in the Twilight of the Age of Conflict & Confusion - the Kali Yuga, as it is known in Sanskrit. We
humans are like supercomputers with no user’s manual. Through the power of time, the frequencies of the Kali Yuga have literally cooked our consciousness, reducing our awareness to the limited five senses.

There is only The One, only ONE SOUL! We are all that One Soul!

Access to the myriad worlds beyond the prison of the five senses is our God given Right, because we are and have always been that Oneness. Whatever is perceived via the five senses is temporal, what I call the temporal illusory hologram.

The paranormal is normal in other Cycles of Time. The so-called secret, veiled and hidden teachings are only secret because 99% of the inhabitants of this planet are currently so shut down that they are no longer capable of understanding the Real.

Sex is not physical. Sex is sacred and can allow you to achieve specific states of higher consciousness. These states of consciousness can serve to enlighten you. Or if it is your intention to bring children into this world, attract souls.

ETs are in fact the diverse inhabitants of what is known as the Loka Worlds, or Myriad Realms, or in the west the astral planes. The etymology of the word ‘astral’ is star - and the ETs are merely the beings within the myriad layers of multidimensional realms that have always existed all around us.

We humans are genetically linked to these various hyper-dimensional ET races. Some are evolved and friendly – others are not. They may have amazing technological abilities and grand, however limited wisdom. But they not yet liberated from differentiated perception and the ‘appearance’ of multiplicity - they are not enlightened. They cannot enlighten you because you must enlighten yourself.
Everything is consciousness. There is nothing that is not consciousness. Matter is merely the ‘apparent’ solidification of consciousness as perceived by the five senses.

Location is the result of consciousness. Thus the beings within the Myriad Realms and extraterrestrials that you contact are the beings you resonate with – some see demons, others see angels.

The countless heavens and hells so vividly described in every religion are illusory temporal realms created over the Four Cycles of Time (only one MAHA-YUGA of 71 within a MANVANTARA) by the mind of man. They are temporal, and not eternal.

We are blinded-by-science. Science has given us many comforts, but it is also leading us to our own extinction. Why? Because modern science is based solely on the mathematical tools of the five senses. It virtually ignores the invisible-to-us realms that support the visible world, because most scientists simply do not have the consciousness to grok these nested and intertwined implicate metaphysical realities.

The Truth isn’t ‘out there’ – the Truth is within, through the Heart. Now is the time for us all to wake up, to REMEMBER who we are, to return to our Home within, and to open the Gate on the Path for the next Cycle of Time.

"This whole universe has come into existence just to carry you to God consciousness." - Swami Lakshmanjoo, The Shiva Sutras
In the Kali Yuga the Darkside rules and the Light is veiled, hidden, submerged. Blinded by greed, the actions of the ignorant, the deluded, and the foolish bring about the inevitable dissolution of the world - so that the next four cycles of time may begin. The existence of a polarity universe requires light and darkness, good and evil, truth and falsehood. The Darkside is playing its part. You might say it is their job, their dharma. Some do it very well - and here is the story of one…

The Prince of Darkness Meets His World Elite

Appropriating Planet Earth

Hovering over the city, the Prince of Darkness sat in his black helicopter. He glanced at his Italian shoes and noticing a scuffmark, summoned one of his servant girls. A beautiful Oriental child approached him on her knees and, her eyes cast down, began to polish the rich dark leather on his $1000 shoes. He looked out the helicopter window, thinking how he enjoyed these yearly meetings with the elite technocrat managers he had created. These men were the top executives in their fields. For him, the term executive had a particularly delicious connotation, meaning he allowed them to execute his will.

These men all had the same characteristics in common: they each were consumed by personal ambition and their intelligence was infected with an imbalance that could be skewed to his
demands. Each of these disposable corporate giants was trained to focus on implementing efficient managerial solutions that did not reflect simple human needs. Individualism, imagination, and creativity were sacrificed at the altar of profit, statistics, and the oh-so-holy bottom line. Each of these harbored deep insecurities that allowed them to ignore any pesky nagging conscience. Their fears of insignificance left them dysfunctional and easily manipulated. Genetic alteration had left the human species vulnerable to mind control and the Prince of Darkness was most certainly a master of mind control.

The helicopter landed on the top of a skyscraper and he was escorted to a private elevator that took him to a meeting room where his technocrats awaited him. The room was mahogany and glass with views of the vast polluted city spreading out beneath them.

Democracy is slipping away

The people on planet Earth had not experienced true liberty in a long time. The last remnants of their beloved democracy were slipping away from them, just as planned.

A servant offered him the central chair and the attending executive technocrats sat down in their respective places. In their everyday lives these men controlled vast empires of industry, communications, finance, and world trade. But in his presence, they became the clay every tyrant is made of. They became vulnerable dysfunctional children, and their weaknesses amused him.

Each powerful executive wore the almost identical dark suit, the tailoring of which gave the appearance of extreme wealth, but the uniform-like similarity of all the suits robbed a man of his individuality. There was no freedom of expression; even their ties were similar. Each face had the same look of aggression,
power, and emptiness. The men were not loved; in fact, they had come to prefer fear to love and prostitutes to their wives.

The "Mix": mixing truth with lies

The Prince of Darkness first addressed the head of propaganda, as this was truly his favorite endeavor. The infamous "Mix", the process of mixing truth with lies, or even more challenging, simply passing total boldface lies off as truth was endlessly titillating to him. The gullible humans generally were easy to fool especially after the invention of television and mass communications. Television had the added convenience of being hypnotic by the very nature of its technology requiring only the addition of endless repetition to make even the most intelligent and curious human being passive, numb, and unconscious. In a state of perpetual trance, the willing audiences had even taken to calling themselves couch potatoes, a term he enjoyed.

The bewildered herd

"Stewart," he addressed his propaganda minister, "how are things going in the domain of engineering consent?"

"Oh, Sir!" Stewart Bernays replied, "We are moving forward in a most efficient manner. There are now thousands of lawyers and lobbyists living in the Washington D.C. area manipulating elected officials to pass laws in favor of corporations and the One World Order. These men and women consider themselves to be the elite of the world and their narcissism of superiority leaves them pliable to our will. They enjoy the arts influence peddling, making sure the will of the common people has been silenced.

"The bewildered herd of individual voters is convinced that participation in their democratic elections is virtually useless. Thanks to our massive and pervasive lobbying techniques, they are correct in considering themselves rendered ineffective. We
have succeeded in accessing taxpayer dollars to fund our lobbying along with the corporate profits that also come from consumers and lucrative corporate tax benefits. Corporations pay a fraction of all the taxes in the country!

They do not think for themselves

"Excellent! And are the public relations firms succeeding?" The Prince of Darkness asked.

"Splendidly, Sir! We are moving into a 96% influence range. The population at large imagines that the programming they watch on their televisions is independent reporting, when in fact most of what they see is totally produced by our public relations firms to teach them how to think. Of course they cannot think for themselves. There have been a few pathetic attempts by the maverick fringe to educate the viewer that they are being manipulated; but as usual, the masses are so passively hypnotized that they ignore any warnings."

"Excellent," said the evil prince. "And you, Atherton Spleek, how goes it with you?"

The tentacles of the conglomerates

"Sir, everything is going quite well." Atherton was terrified of his master. His voice began to tremble and he mumbled, "There are now very few major corporate conglomerates controlling almost all the major information services on the planet. The small independent newspapers and book publishers are being squeezed out of existence and their voices go unheard. Journalistic integrity has been reduced to profit. Sensible common sense queries into the nature of life and political dialogues have been replaced by talk-show propagandists, who broadcast sensationalistic scandals and trials, that dull the mind and the basic need to engage in questioning and doubt."
"Practically no one reads anymore and if they do, they do not read literature or history. With no knowledge of the past, they have no memory with which to compare their current state. The dream of individual freedoms and of all men being created equal will soon die. Many young people do not know any past history or even the names of their elected officials."

The Prince of Darkness was pleased and turned to the minister of chemical engineering and food production, A.D. Lowland.

Short-term memory loss
"So A.D., how goes it with your administration?"

"Our plans are moving forward in a timely and effective manner, Sir," A.D. Lowland replied. "The food now contains massive amounts of chemicals, hormones, and antibiotics. We believe that we are succeeding in aggravating short-term memory loss, which will make the humans ever more accepting of control. Some of the chemicals are affecting the endocrine system and will help curtail the burgeoning population within this generation. Their water is slowly poisoning them and their homes are made with building materials that continually weaken their immune systems.

"Around the world all countries are rushing to duplicate the toxic follies of the West. Even if the protests in Europe and America were listened to, they could not stop China, Indonesia, and others.

"Further more we have been successful in altering the molecules of banned chemicals so that we may continue selling a similar variety of pesticides and fertilizers which had been banned as toxic. This is very cost effective. We also shipped banned chemicals to other countries; they apply them to the fruits and vegetables they grow, and ship them back into the USA. Our armies of lawyers, propagandists, paid-for-scientists, and public relations geniuses are masterfully convincing the public that the
environmentalists are totally wrong and that global warming is unscientific foolishness.

Who gets planet Earth after ‘the winds’?

"No one will realize until it is too late that the Earth is in an uncontrollable spiral toward destruction. No one will realize until ‘the winds’ begin their destruction in earnest, that they have exchanged their lives in a delicate ecosystem for consumer goods and shopping malls. No one will know that they have given the Inter-Galactic Council all the evidence it needs to prove once and for all that the human race is incapable of the guardianship of the small green planet Earth."

The Prince of Darkness took a deep breath of satisfaction and turned to his financial and economic engineer, Milton Galbraith. "And how are the mergers proceeding?" he asked.

Individual thinkers becoming extinct

Milton had a large pile of papers in front of him covered with systems analyses statistics which, however viewed, could be shown to prove that his economic engineering technologies and managerial skills were consummately productive. He fervently desired to go over all the relevant statistics with his master - but noting the already bored glare coming toward him, Milton Galbraith wisely chose a shorter reply.

"Sir, a massive network of corporate tentacles encircles the globe. Individual thinkers are becoming extinct. Local governments cannot compete with corporate agendas and can barely control their own lands or destiny. In the One World Order they will not exist. The world is ours!

"There is an ever increasing gap between the rich and the poor. The middle class, with its habits of democracy, is being destroyed. Tension between the classes is increasing daily. The
rich are so consumed with their right to enjoy the profits of their
greed, they refuse to believe that more and more people, even
children, are becoming homeless, destitute, and hungry.

"The banks are being merged worldwide. International loans,
financial trading frenzies, and the inter-dependencies of
corporate hierarchies have inextricably woven the planet
together. The stage is set for a world economic crash that will
allow us to create the One World Order we desire, to eliminate
all currencies and initiate the world debit card. Nations will be
replaced by feudalistic corporate states. No individual private
enterprise will be allowed to exist. Everyone will be enslaved to
corporate employment and will be paid digitally. Ever
increasing taxes will be automatically taken from their salaries.

Mind Altering Drugs for Slaves of the Corporatist States

"Those who have trouble adjusting to the One World Order of
the Corporatist States will be given mind-shaping drugs, or be
subjected to the other forms of mind control we have
successfully developed that render such losers permanently
passive. They will accept what we - the social engineers,
managers, and statisticians - have proven in our flow charts to
be what is best for them. The world is ours!"

Milton Galbraith's hands began to tremble as the thought of so
much power coursed through his flabby gray body. Sweat
formed on his cruelly thin upper lip and a strange smile worked
its way over his face enhancing his beady eyes. Shuffling the
papers in front of him in a meaningless way, he began to laugh
uncontrollably.

"Shut up, you imbecilic fool!" the Prince of Darkness coldly
commanded. "Now all of you, place your hands upon the table."
On the table in front of each executive technocrat was placed a
strange metallic plate that all of the men were painfully familiar
with. Each squirmed in his chair apprehensive of the inevitable
excruciating agonizing jolt they would willingly submit to. It was true however that some of these men had grown to enjoy such pain.

"Place your fingers on the plates!" their master shrieked. They did so and a burning, piercing, unbearable amount of electrical voltage passed through their bodies shocking them into obedience and forgetfulness. Thus they were programmed in fear and pain, and rewarded in power and wealth, the age-old recipe for tyranny.

The Prince of Darkness left them in their shock - dazed and docile.

*The Prince of Darkness Meets His Nemesis*

In this particular universe there are layers and layers of hierarchies in the Invisible Realms. Submerged as waveforms in an Ocean of Consciousness, all are connected in the holographic web of this Totality.

Even the Prince of Darkness is only consciousness in one layer, one level of a specific frequency within a vast spectrum that adds to and upholds the temporal illusory holographic matrix of our polarity universe. In his egoistic self-absorption, he has not
noticed another who silently watches and influences him – for reasons and purposes known only to her.

Layers in the Phantasmal Hierarchies

Somewhere in space high above the Earth, the Prince of Darkness was enjoying a very dry martini and having a manicure. Two delicate, beautiful young girls of oriental descent were buffing his quite long nails. One of the girls found an errant cuticle and timidly began to trim it, when accidentally she cut too deeply.

“Ouch!” the pitiless Prince exclaimed. A tiny amount of blood oozed from his cuticle and he licked it up quickly, finding it delicious. “You half-witted idiot! Are you trying to kill me? Watch that!”

He was in a very irritable mood. He looked at the girls at his feet with disinterest and remembered a time when he would have enjoyed a fling with all of them, using them for his own pleasure. But these days sex and women in general totally bored him.

The Deal

He sipped his gin and sneered. He could not understand how the ‘deal’ had gotten so totally out of his control. The original terms he had made with the earthling governments were simple: ET technology for human DNA. The ambitious impatient scientists and greedy business tycoons never realized that the dazzling technology they received was in effect barbaric, inefficient, and crippling to the planet Earth's environment.

But then as if from nowhere, what seemed like hoards of rogue ET races also eager to procure human DNA managed to negotiate trade agreements with other governments, anti-governments, and international criminal organizations. These
numerous clandestine agreements were made behind his back, without so much as even informing him - much less asking for his royal permission, as would have been proper. These ET aliens were themselves nothing more than criminals who had begun to successfully intercept his deliveries and upset his trade agreements.

Chaos ruled. The Prince of Darkness himself had lost control over the entire operation. How was he to know that the dang human genome would be so popular, so valuable, so in demand. It was completely beyond him.

Feelings, argh!

Why anyone in the universe would want to experience a wide spectrum of emotions was a mystery to the heartless Prince. He detested feeling anything and lately he been having really revolting dreams about a strange woman. He knew he had a soul of sorts, but he never wasted his time thinking about such things.

As his mind drifted back to his gin, suddenly out of thin air there appeared before him six uninvited guests in the room. Shocked by the intrusion, he dropped his martini glass on the floor and it shattered into fragments of crystal shards.

“Who in Hades are you?” he said.

Those were to be the last words to issue from the Prince’s rather reptilian lips, at least for a while. He found himself completely paralyzed - frozen and unable to move any part of his hard perfectly formed body. He struggled against the ice hex, but to no avail.

“Hello,” a woman's sickly sweet, shrill voice slowly echoed inside his brain.
The lady was dressed in a suit of gold armor and she looked splendid, if somewhat sinister. She seemed to be the leader of the five male warriors who accompanied her and showed her total deference. Not that she needed any protection. She was certainly in control of the situation and the now frozen Prince. Her statuesque perfect body was adorned with semi-solid jewels that were not jewels at all, but rather some sort of plasma technology, which apparently she controlled with her thoughts. Her arms and legs were long and muscular, but in the most elegant feminine way. She had no hair, but rather wore a golden-jeweled triangular plate upon her forehead that was embedded into her skull. She was entirely self-confident.

The Prince of all Darkness – so he thought - felt himself boil with anger. He wanted to rip her throat out. She laughed at him.

“Well, well, now that is a nasty thought, my prince,” she smiled menacingly. “And from you - you who have performed for us so nicely all these many years.”

“You shrew, you can read my thoughts.”

“Read your thoughts?” she replied still smiling as if the moment was of little importance. “From where do you think your thoughts, as you so freely term them, have originated all these centuries?”

“From my brilliant brain, where else!” said the infuriated Prince.

“Oh! That's a good one!” And she began to laugh in earnest, her five warriors joining in. Their laughter entered into his body, his nervous system, and his psyche in some unspeakably insidious manner, cutting like a knife. He felt totally degraded.

“Who are you?” he demanded!
“Hmm. Who..... are..... you.....?” she sang complacently. “The Prince of Darkness wants to know who we are. Perhaps, oh great tyrant, terror of the universe, you should ask yourself - who you are, or rather who you have ever been.”

He hated riddles, unless of course he had made them up. But he was still paralyzed and had no choice other than to listen to this termagant.

“So just tell me what you want!” he said testily.

“Ah, my prince, I have always had exactly what I wanted from you. You have always been, shall we say, my perfect pawn,” she was smiling again.

“Your pawn?” he repeated incredulously.

“Mmmhmm…” she replied. “And you are quite good at it actually - so completely obedient to my will.”

“How can that be? I am the Prince, the Lord of the Darkside, ruler and tyrant over all my dominion,” he asserted.

“Fool, you have been programmed from the beginning of your hatred. Once you allowed the frequencies of fear, hate, and envy to take over your consciousness - you became my slave, a blank page for me to write my programs of tyranny upon. Your hatred of goodness and freedom made you an ideal dupe. Do you really imagine that you could have thought of such ingenious methods to enslave an entire planet on your own?” Her laughter derided him.

“In point of fact, you are by our standards rather ordinary - even stupid,” she added cheerfully, as if she needed to gouge him with the point.
Though still paralyzed from head to toe, he felt as though he might explode. The word dupe drove him mad. He was deflated, demoralized, and insulted by her utter scorn for --- for, well, his genius, his strategies, and obviously his unparalleled physical beauty. He wondered vaguely if she had read his poetry. He felt an overwhelming urge to kill her.

“That will never happen,” she said. “You are as powerless against me now as you have ever been.”

“Why have you come? Why are you telling me this now?” he asked.

The Laws of Magnetism

“Because the end of this little game is near, and it amuses me,” she said with no feeling, “to see you like this - to make you understand that you are nothing.”

With that, she and her guards vanished into the air from which they had come. As he regained control of himself, miraculously the broken martini glass reformed itself in his hand as if to further insult him with her powers. Dazed and exhausted, he fell in a heap on the floor.

He knew that the Laws of Magnetism allowed beings from the Phantasmal Hierarchies to attach themselves to the earthlings they resonated with. The frequencies of a living being attracted like beings throughout all the nested layers of dimensional realities.

But it had never occurred to him that he himself was a carrier.
We are here for a vacation from boundless unfettered Infinitude - to enjoy the intriguingly curious experience of Limitation in a polarity universe. Everything we do, and all we have ever done throughout unending Cycles of Time, serves the one sole purpose of leading us to God-Consciousness. Whatever we create in the temporal illusory hologram inevitably inexorably crumbles and dissolves.

Offer everything you do, say, think and feel to the God-within. It belongs to the God-within anyway. There is only The One.

We meet in the Heart
V. Susan Ferguson - New Zealand